



Children's Education Society (Regd.)

The Oxford College of Pharmacy

(Recognised by the Govt. of Karnataka, Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka;

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Activities to Promote Inclusive Environment

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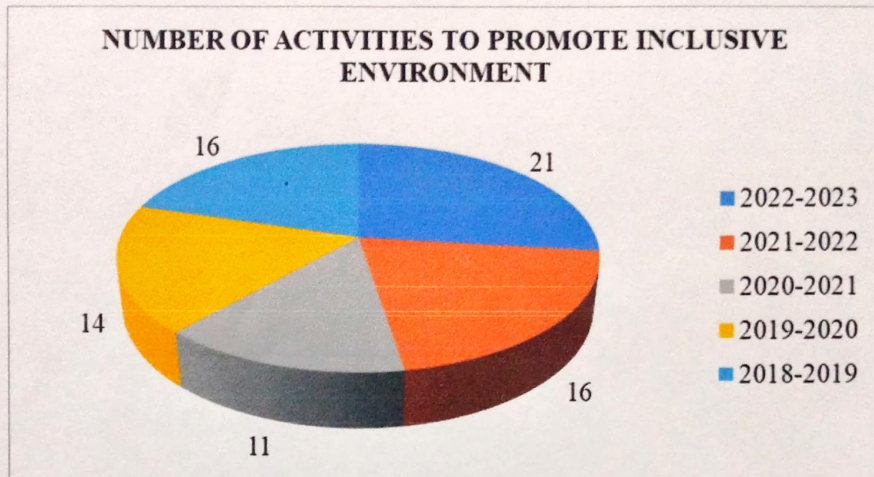
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NUMBER OF ACTIVITIES TO PROMOTE INCLUSIVE ENVIRONMENT



Academic year	2018-19	2019-20	2020-21	2021-22	2022-23
Number of Activities	16	14	11	16	21

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LIST OF THE ACTIVITIES

2022-23

S.No	Name of the Activities
1	National Girl Child Day
2	Independence Day
3	International Women's Day
4	Water Conservation Day
5	International Yoga Day
6	Swatch Bharath Abhiyan
7	World Environment Day
8	Republic Day
9	National Unity Day
10	World Blood Donor Day
11	National Science Day
12	Teachers Day
13	No Smoking Day
14	World Asthma Day
15	Indian Constitution Day
16	Sadh Bhavana Diwas
17	Gandhi Jayanthi
18	National Voters Day
19	Ambedkar Jayanthi
20	Awareness on Cyber Security & Safer Usage of Social Media
21	World Cancer Day

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LIST OF THE ACTIVITIES

2021-22

S.No	Name of the Activities
1	National Girl Child Day
2	Independence Day
3	International Women's Day
4	World Menstrual Hygiene Day
5	International Yoga Day
6	Sahaja Yoga
7	COVID Vaccine Drive
8	World AID's Day
9	Gandhi Jayanti
10	World Environment Day
11	World No Tobacco Day
12	Republic Day
13	Awareness on Irrational Usage of Antibiotics
14	World Mental Health Day
15	Awareness on Non-Communicable Diseases
16	Swatch Bharath Abhiyan

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2020-21

S.No	Name of the Activities
1	Independence Day
2	Pulse Polio Programme
3	World No Tobacco Day
4	Republic Day
5	World Environment Day
6	Saraswati Pooja
7	Swatch Bharath Abhiyan
8	Karnataka Rajyothsava Celebration
9	International Yoga Day
10	Meditation & Pranayam
11	International Women's Day

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2019-20

S.No	Name of the Activities
1	Independence Day
2	Sadbhavana Diwas
3	Fit India Movement
4	World Pharmacist Day
5	Gandhi Jayanti Celebration
6	Saraswati Pooja
7	National Unity Day
8	Karnataka Rajyothsava Celebration
9	National Youth Day
10	National Girl Child Day
11	National Voter's Day
12	Republic Day
13	Observing Mask Day
14	International Yoga Day

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2018-19

S.No	Name of the Activities
1	Independence Day Celebration
2	Kerala Flood Relief Drive
3	Sadbhavana Diwas
4	Swatch Bharath Abhiyan
5	World Pharmacist Day
6	Gandhi Jayanti Celebration
7	Saraswati Pooja
8	National Unity Day
9	Karnataka Rajyotsava Celebration
10	Republic Day
11	International Women's Day
12	Pulse Polio Campaign
13	Work on Cashless India-Digital India
14	World Environment Day
15	Go Green Program
16	National Girl Child Day

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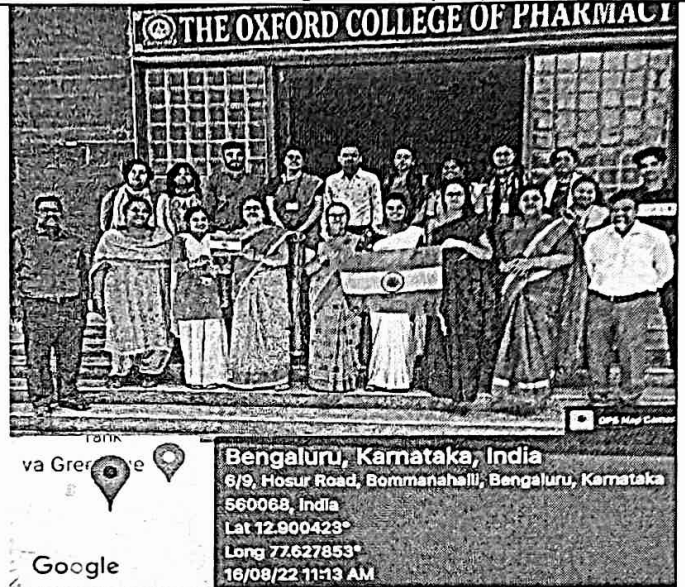
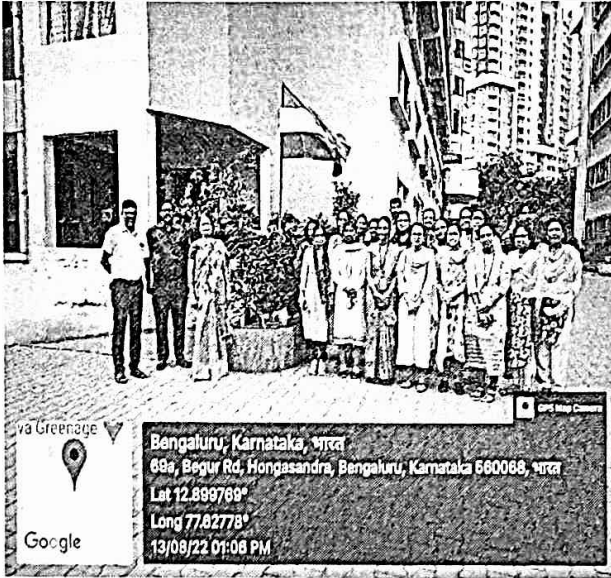
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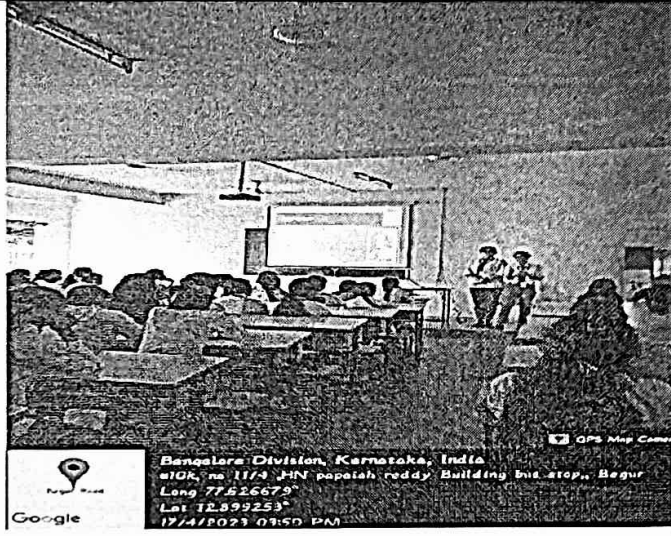
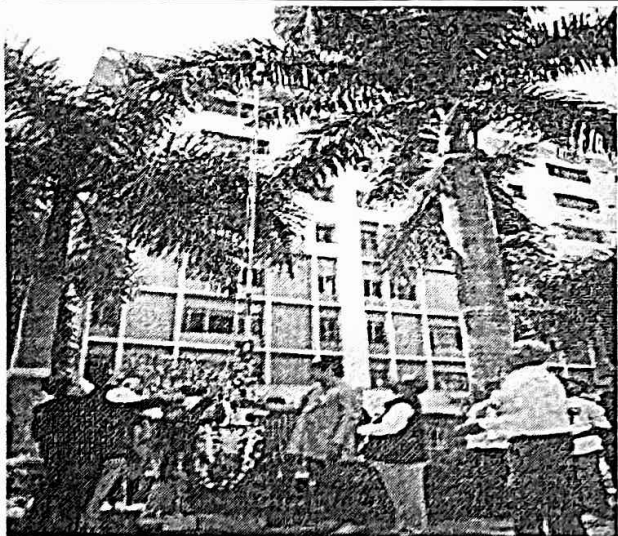
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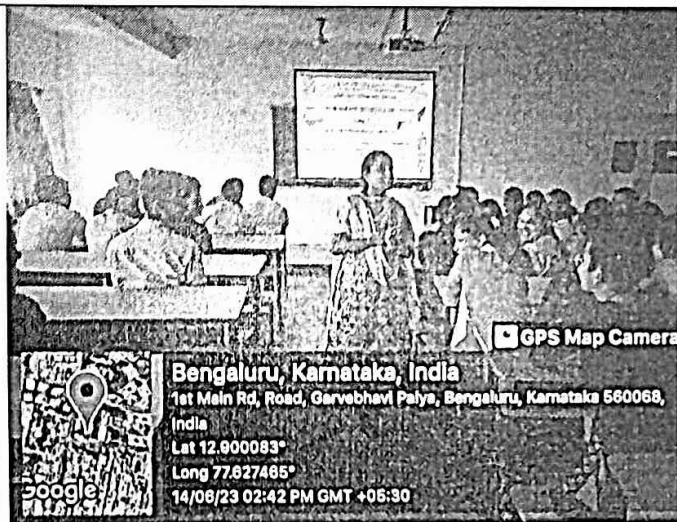
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#10K, no 11/4 JHN papatah reddy Building bus stop., Begur
Long 77.526679°
Lat 12.899253°
17/4/2023 09:50 PM



Bengaluru, Karnataka, India
1st Main Rd, Road, Garvabhavi Palye, Bengaluru, Karnataka 560068,
India
Lat 12.800083°
Long 77.827485°
14/08/23 02:42 PM GMT +05:30



Attibele, Karnataka, India
B, Vani layout, Attibele, Karnataka 562107, India
Lat 12.78298°
Long 77.770419°
14/06/23 11:24 AM GMT +05:30



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No 6/9, 5th Floor, 1st Cross, Begur Rd, Hongasandra, Hongasandra,
Bengaluru, Karnataka 560068, India
Lat 12.900196°
Long 77.62775°
02/05/23 10:49 AM GMT +05:30



Bengaluru, Karnataka, India
WJ2H+384, Salarpuria Greenage Internal Rd,
Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.900347°
Long 77.62836°
01/03/23 11:36 AM GMT +05:30



Bengaluru, Karnataka, India
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Hongasandra, Bengaluru, Kamataka 560068, India
Lat 12.900133°
Long 77.627782°
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Bengaluru, Karnataka, India
No 6/9, Ground Floor, 1st Cross, Begur Rd, Hongasandra,
Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.900193°
Long 77.627762°
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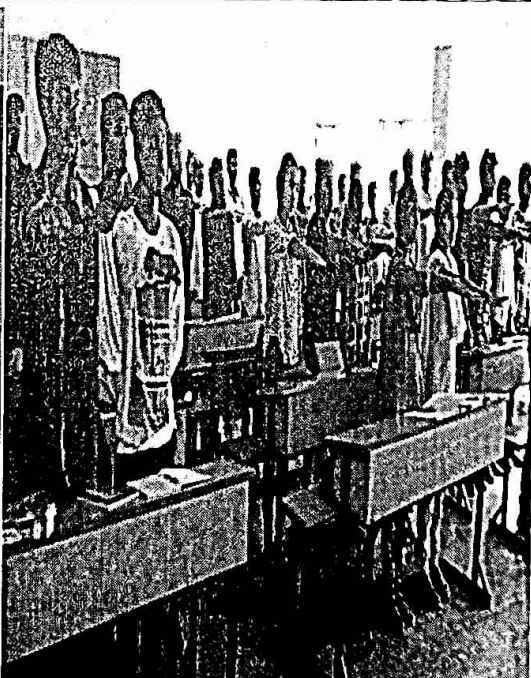
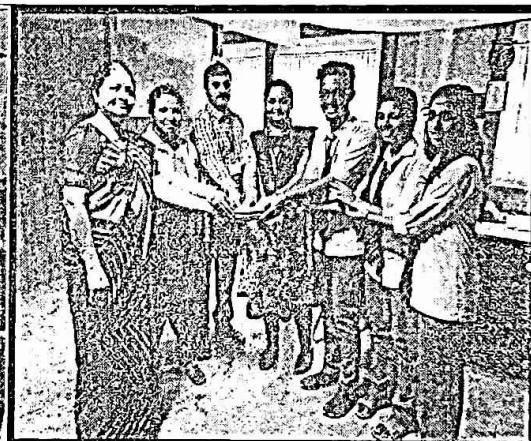
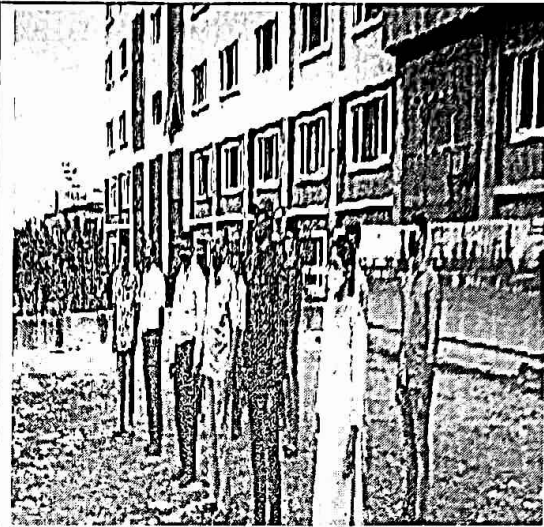
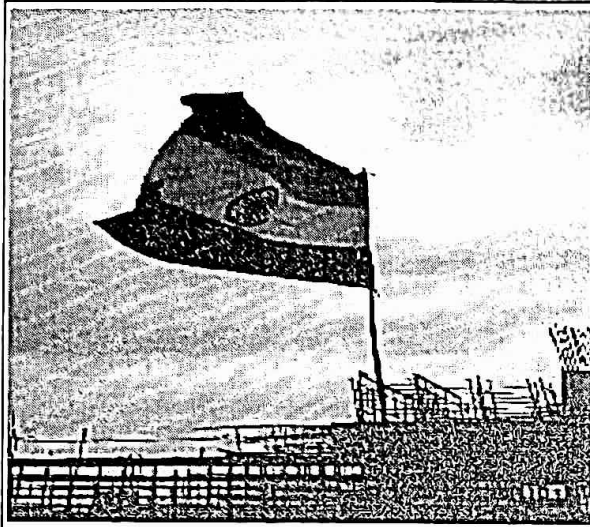
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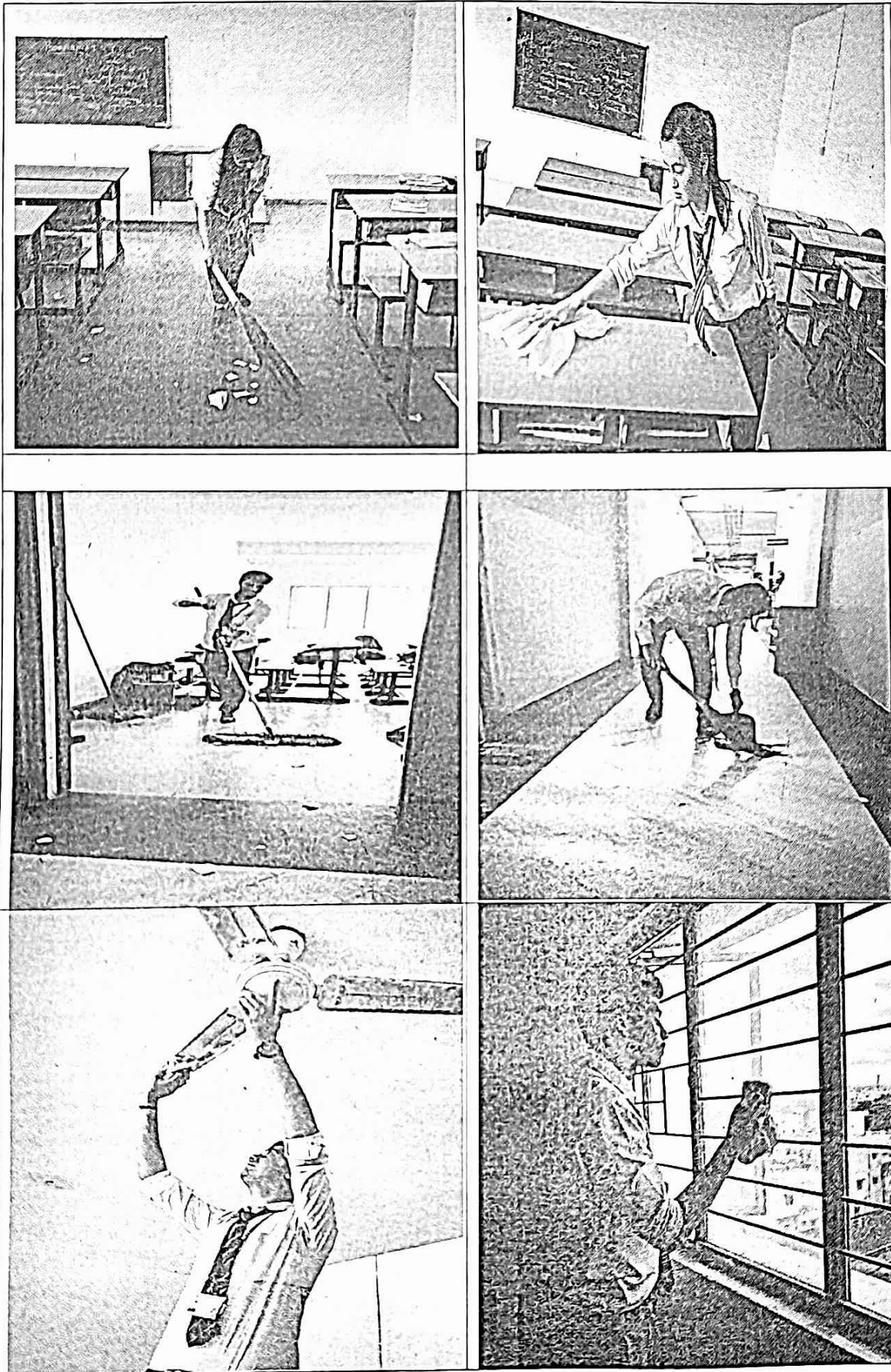


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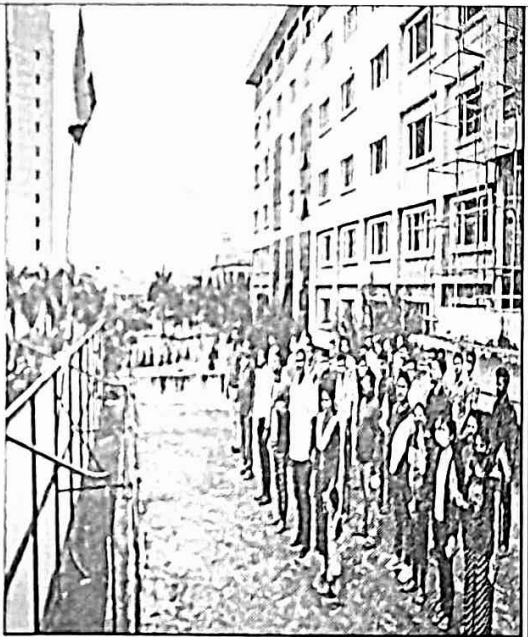
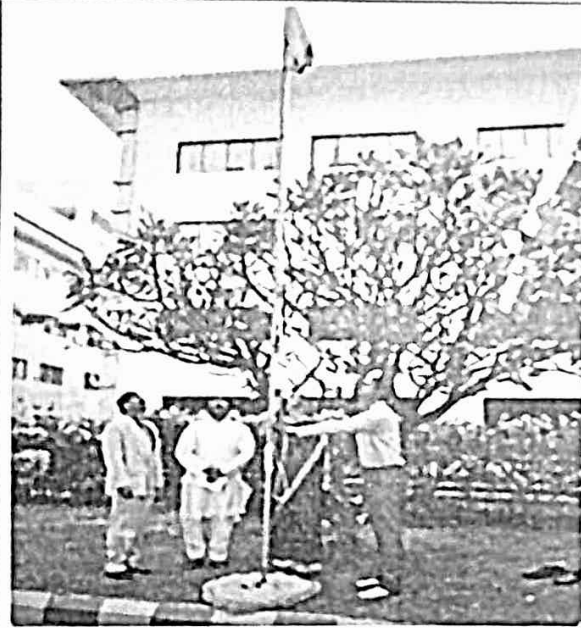
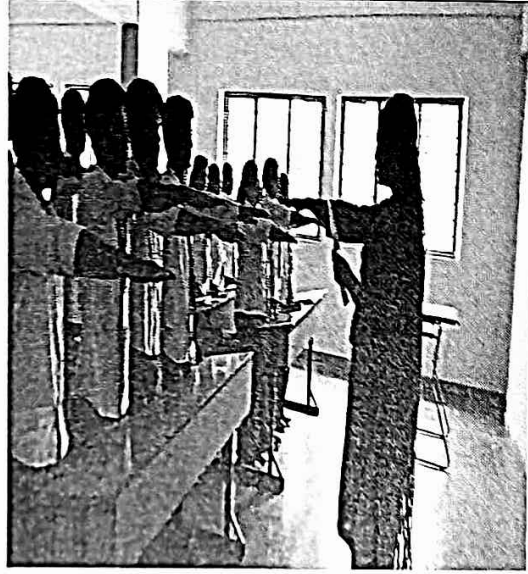
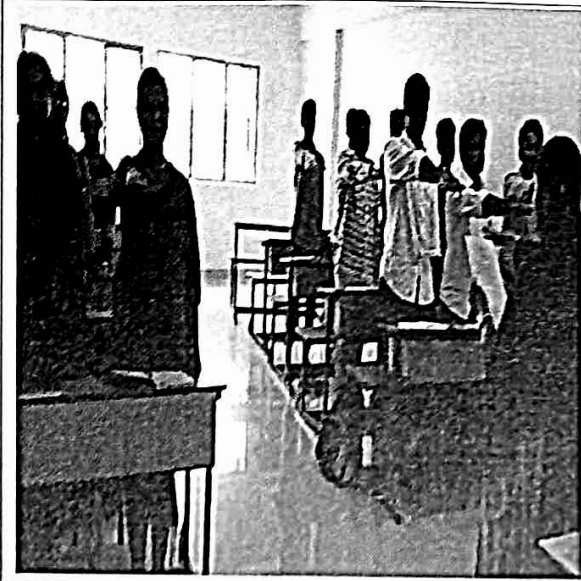
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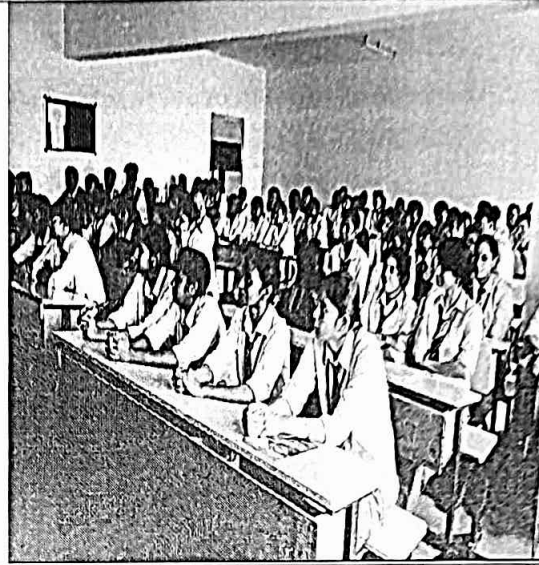
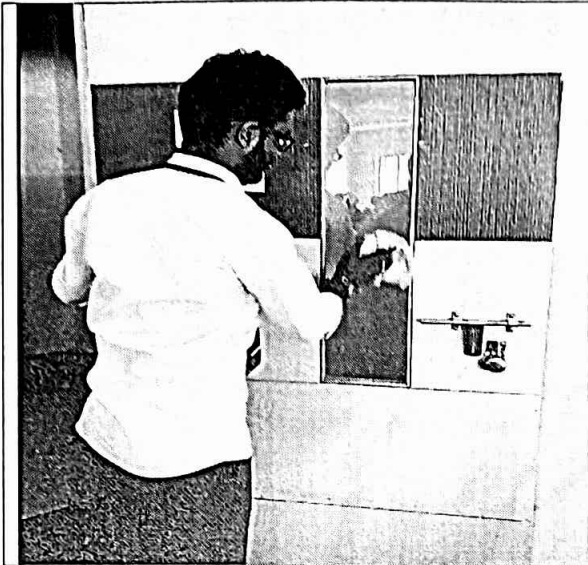
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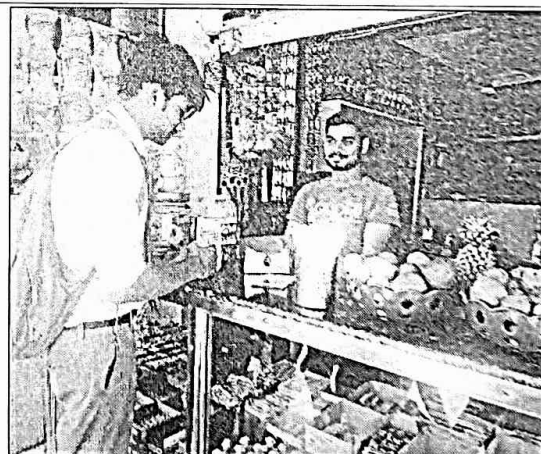
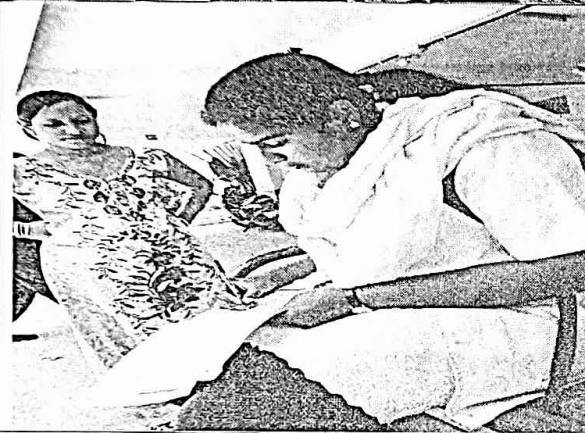
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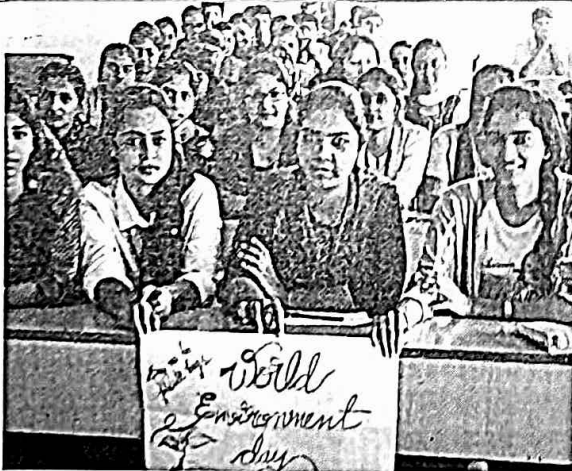
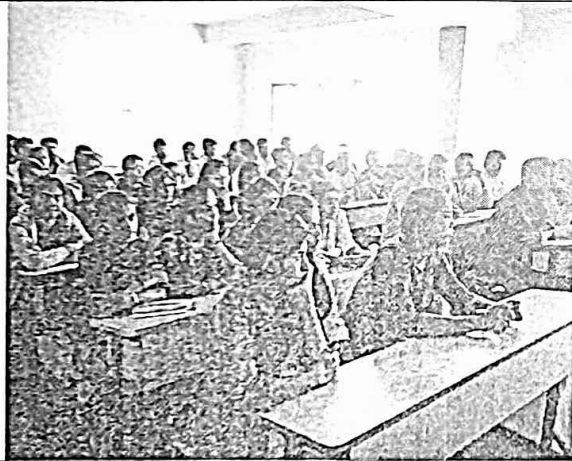
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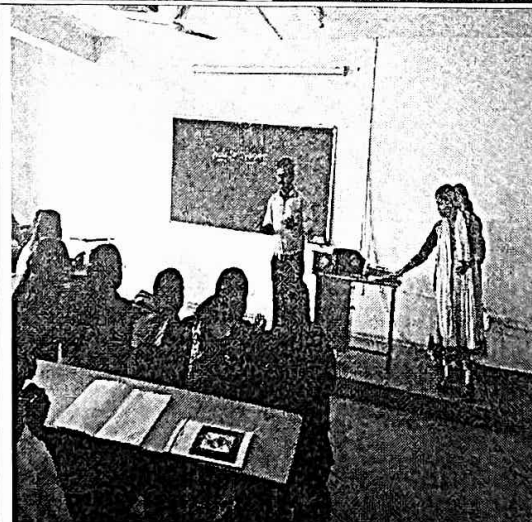
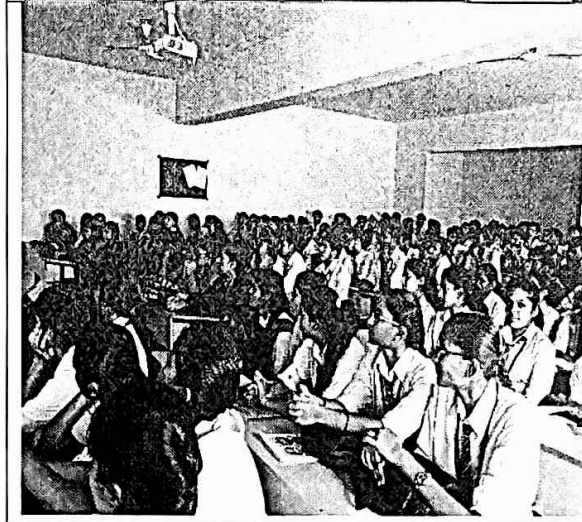
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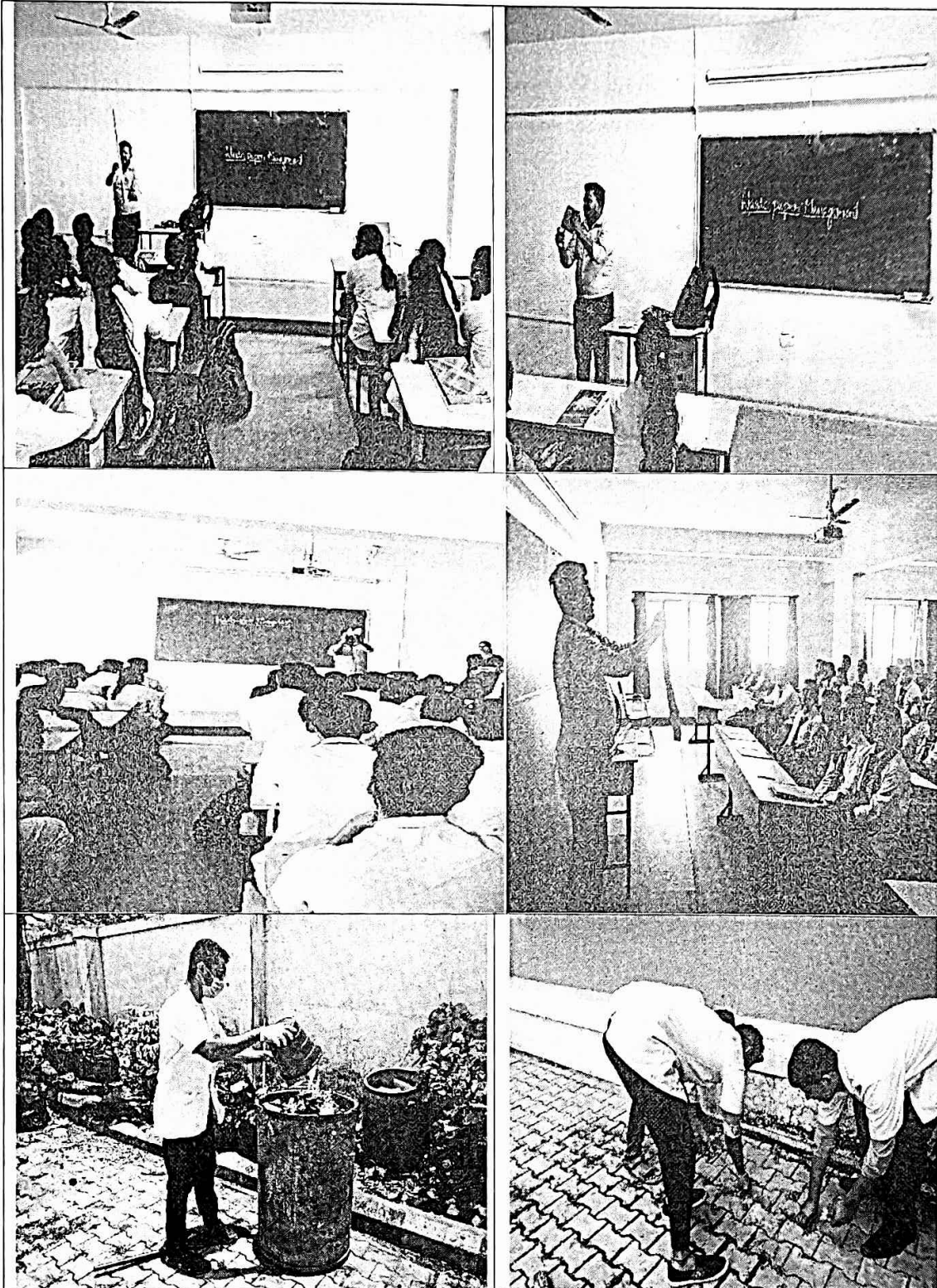
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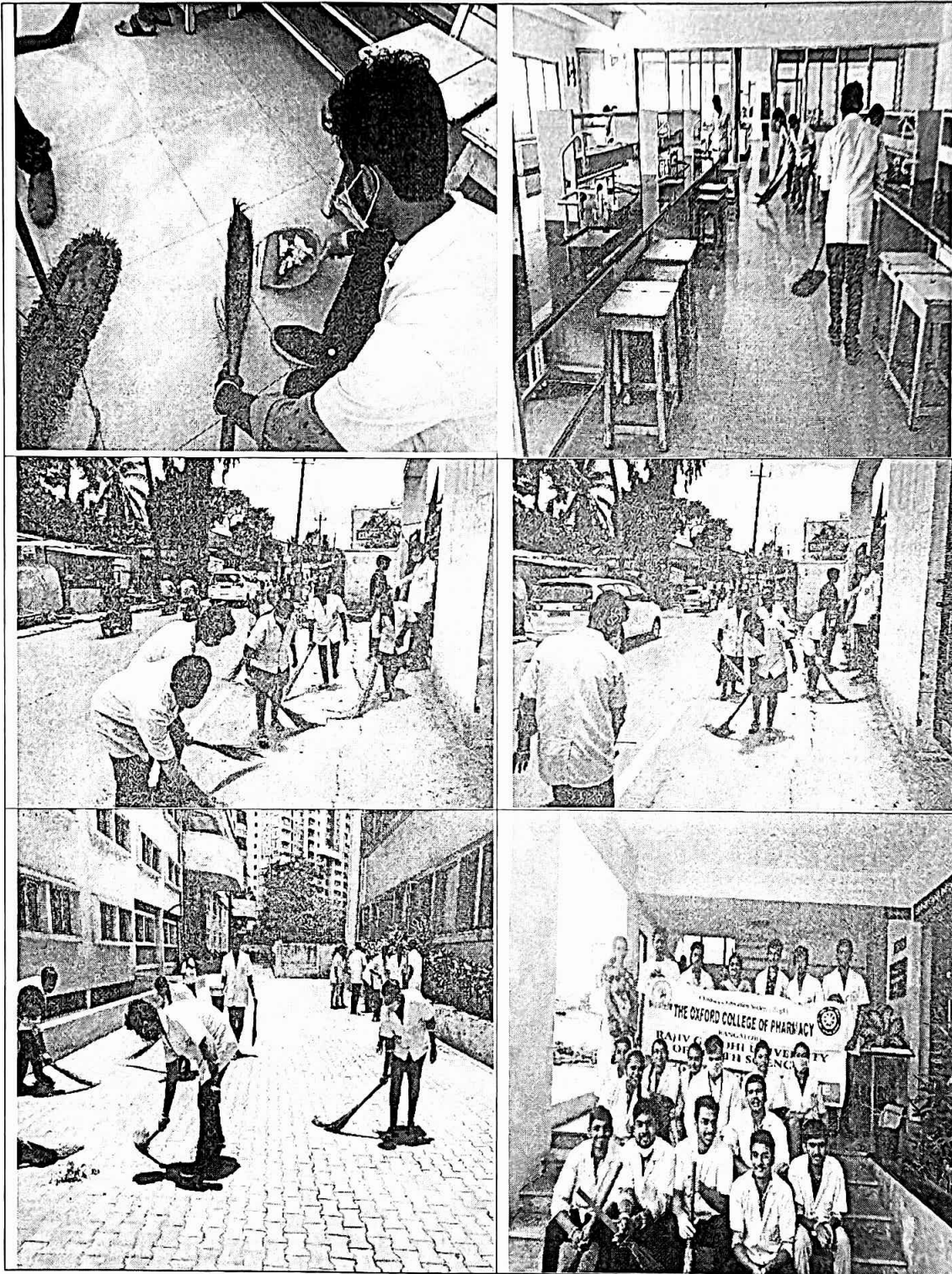
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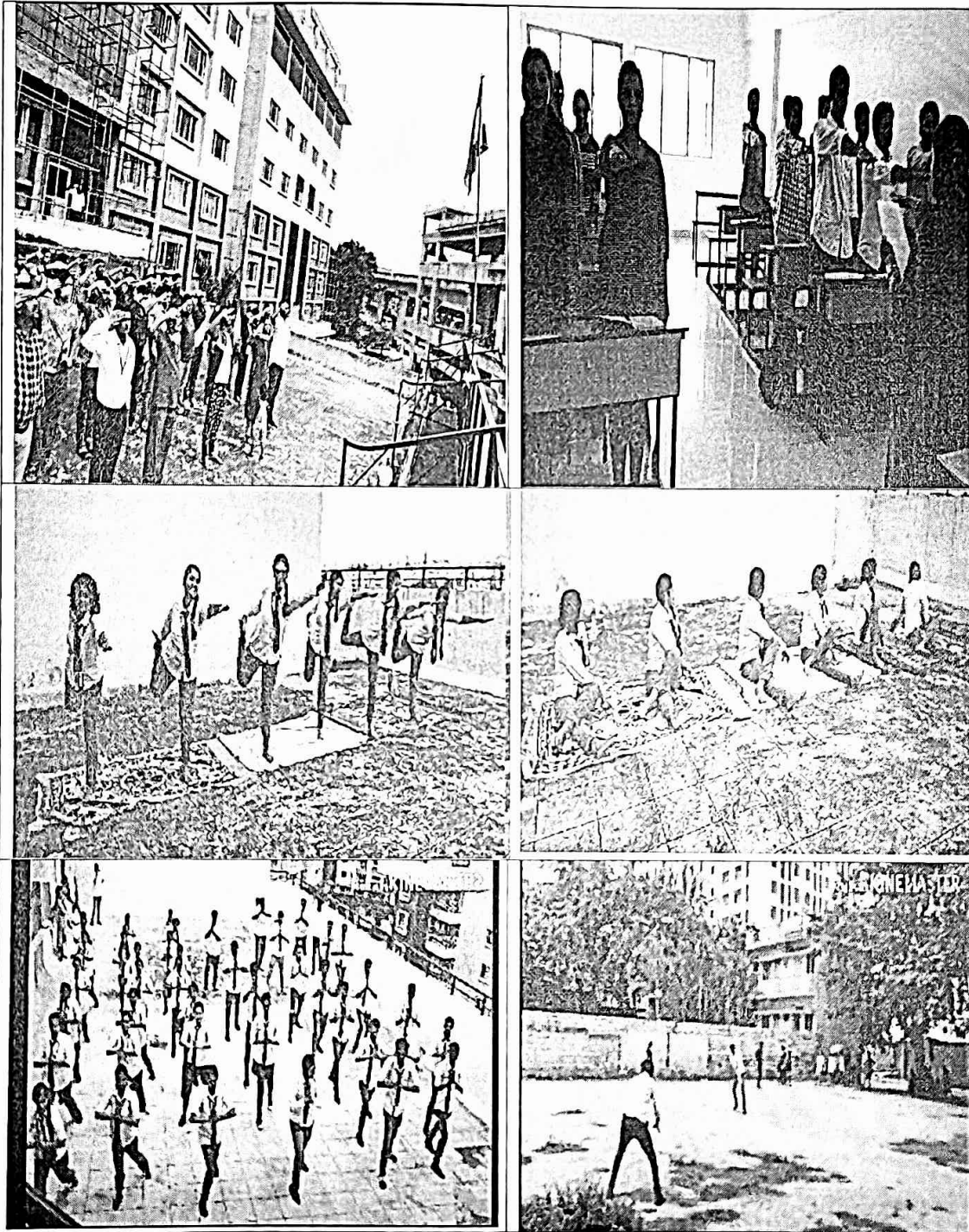
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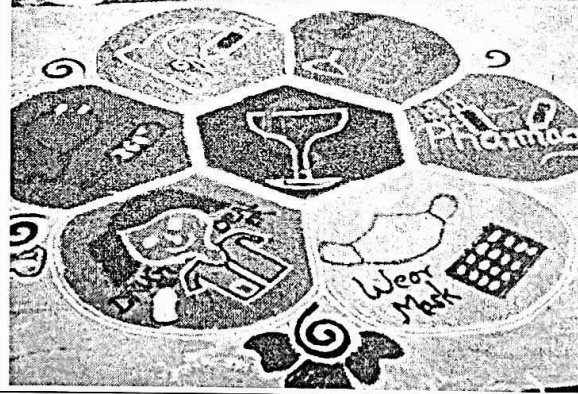
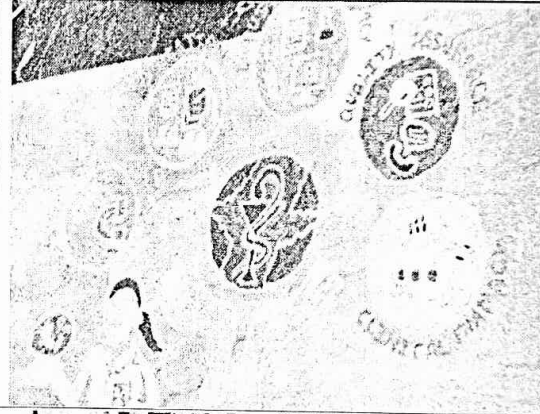
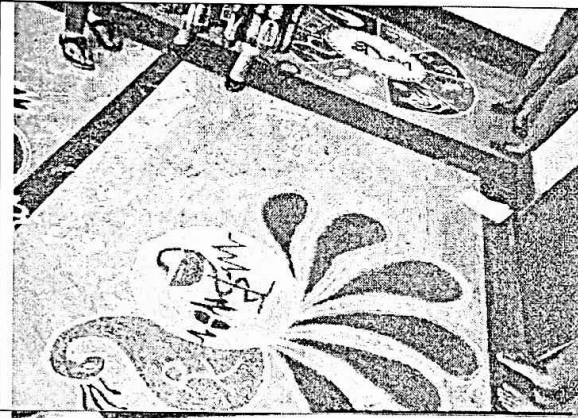
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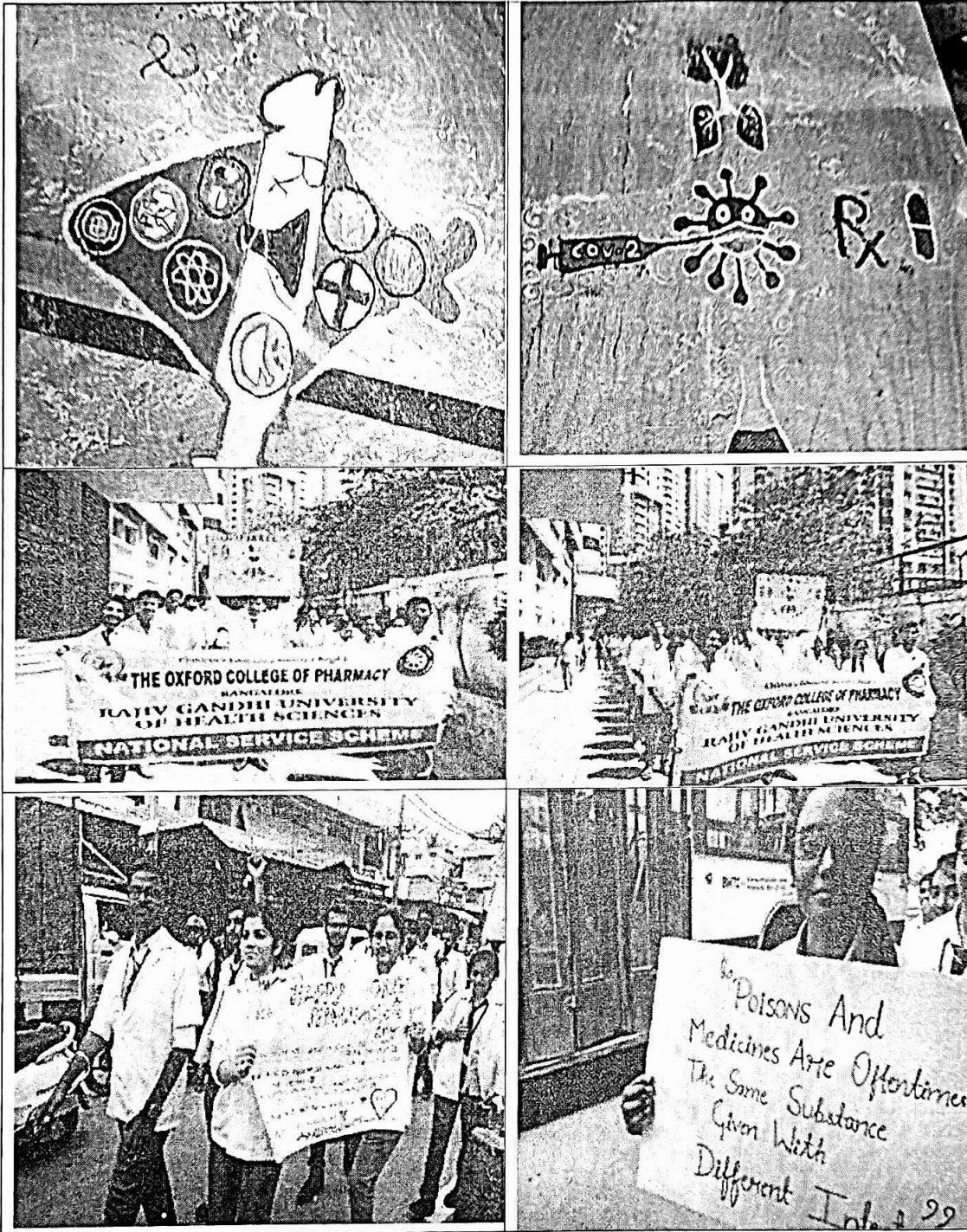
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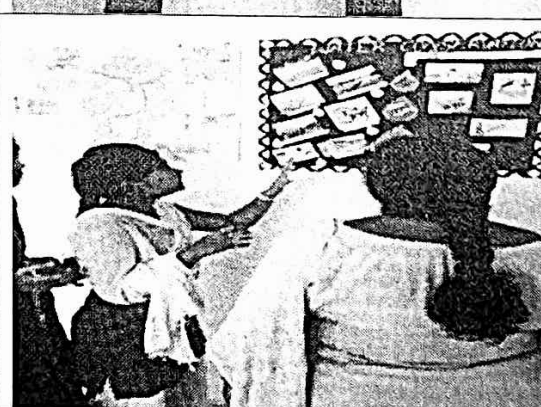
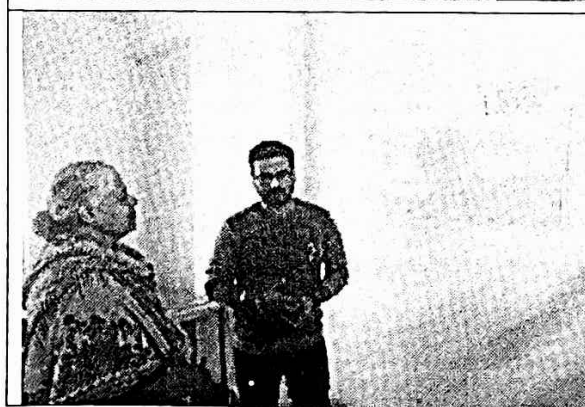
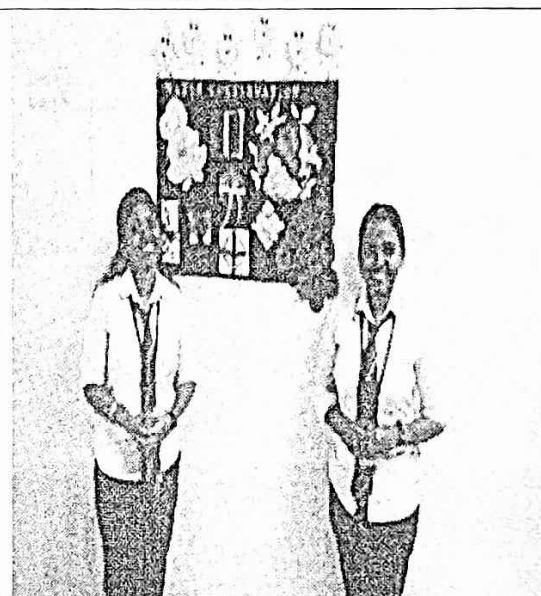
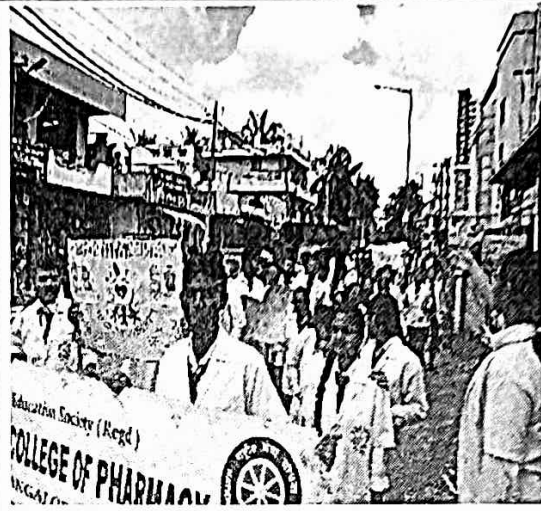
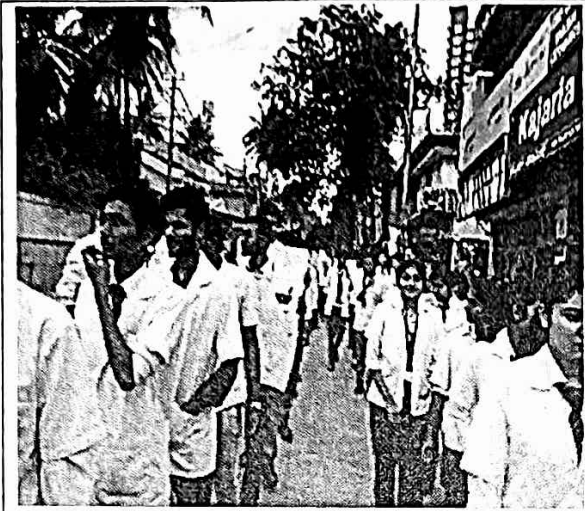
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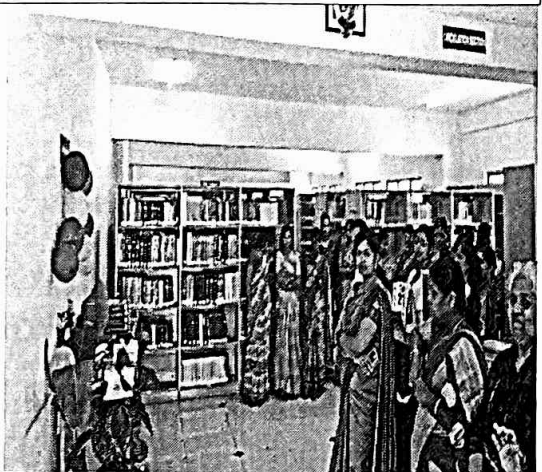
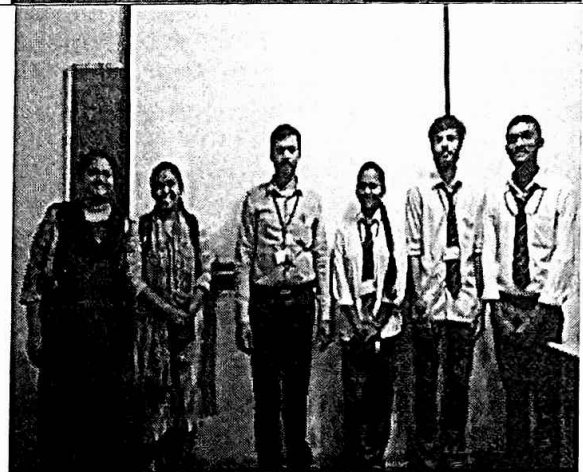
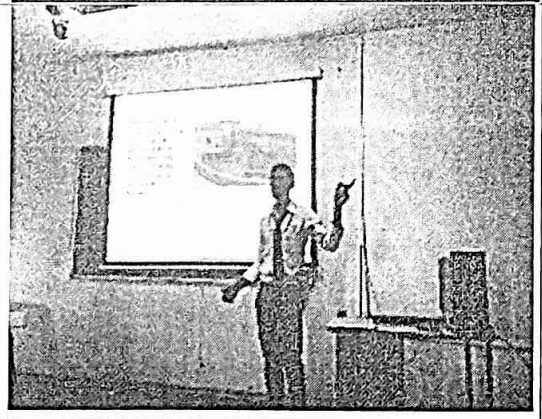
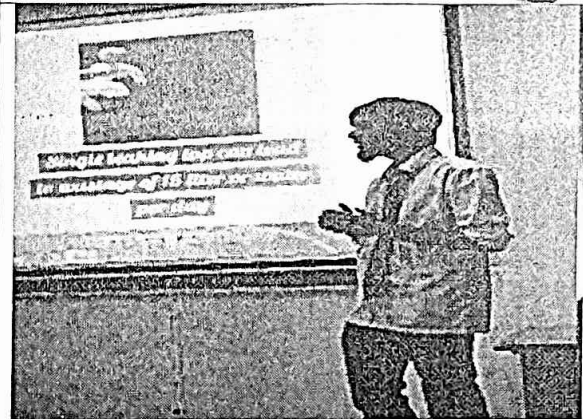
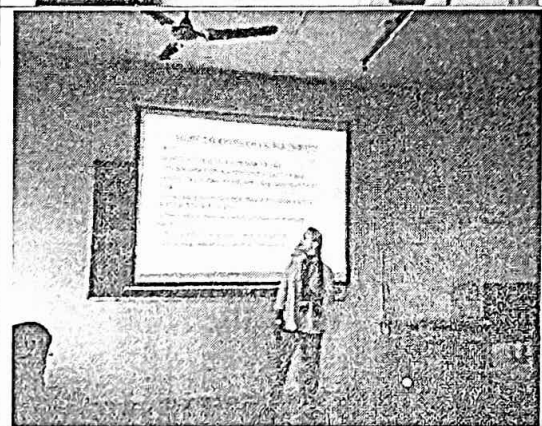
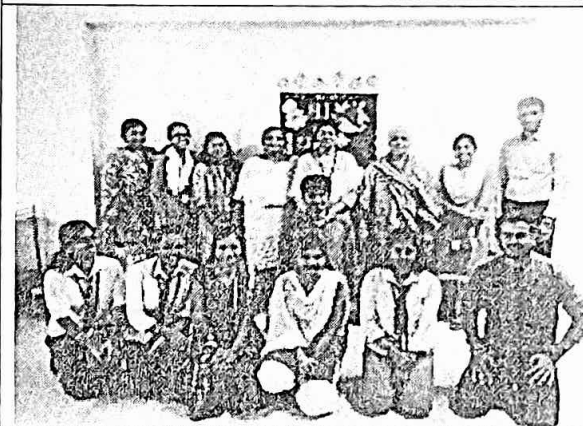
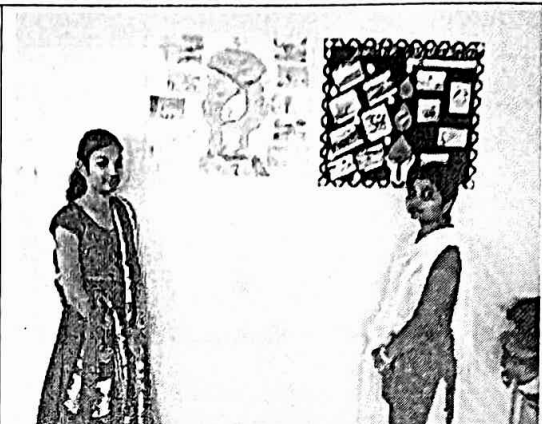
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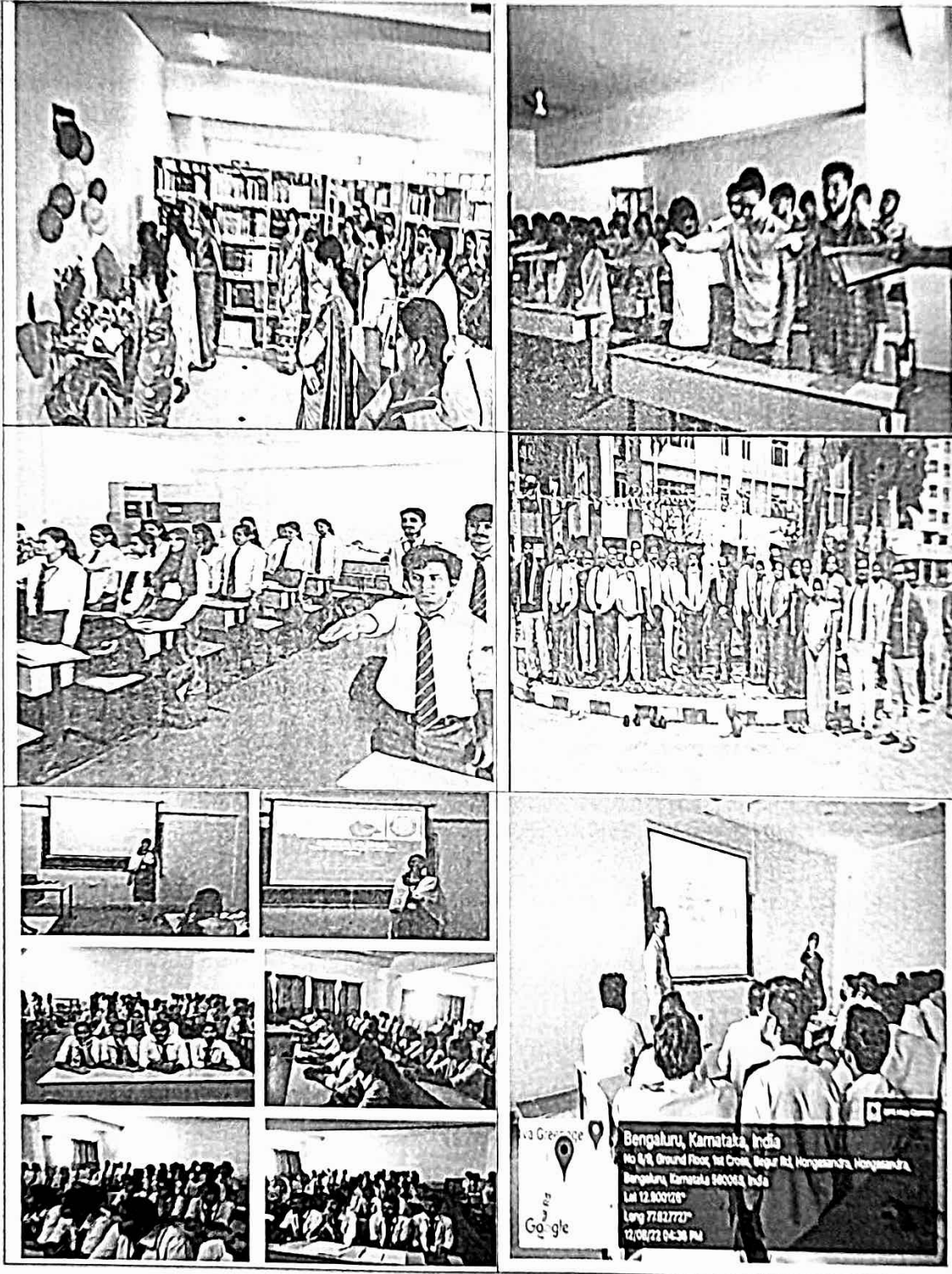
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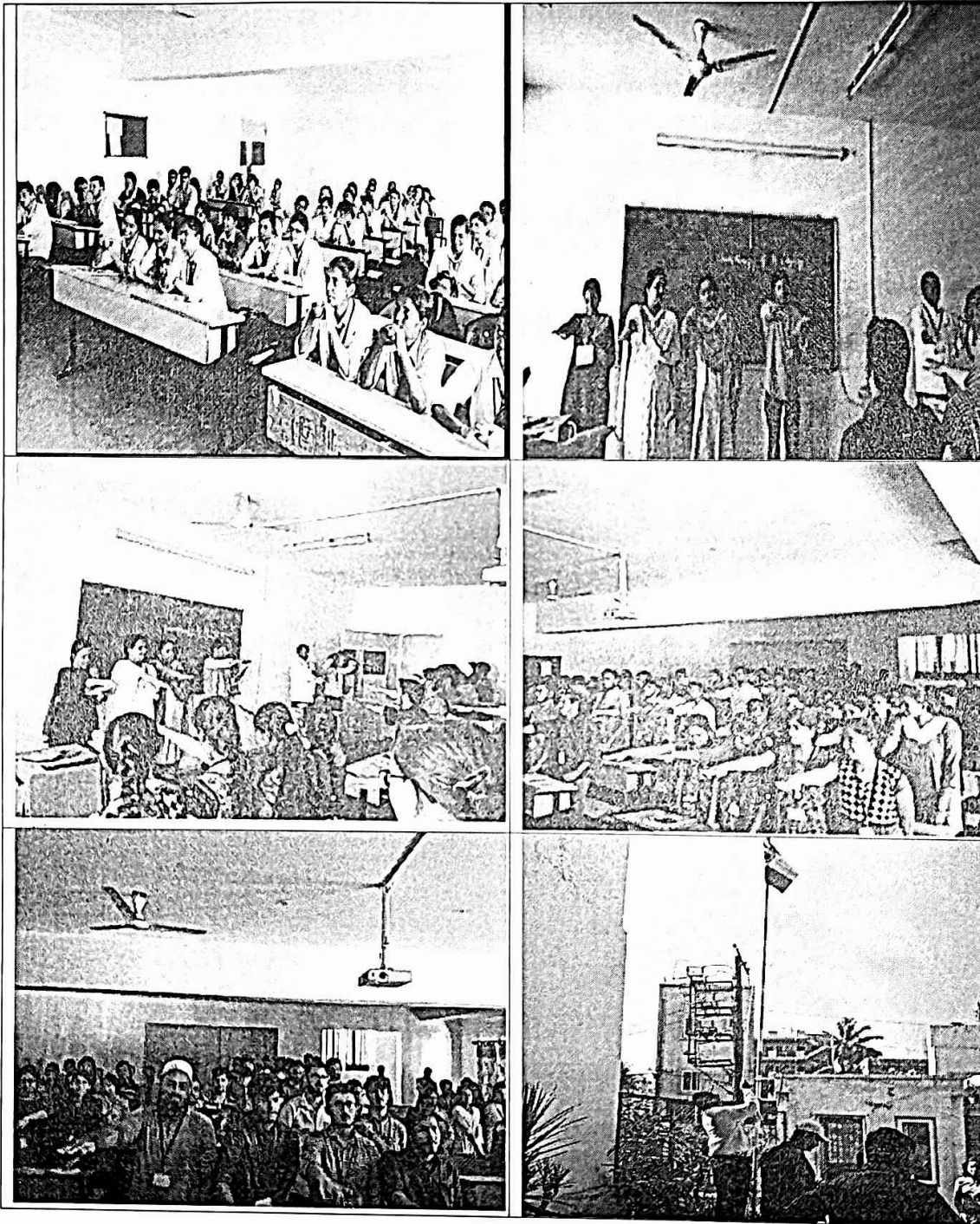
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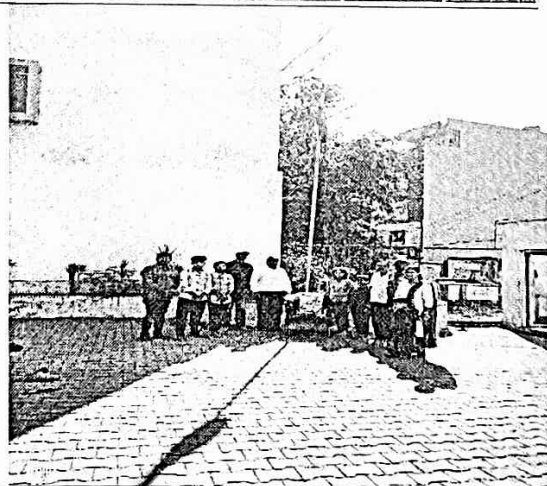
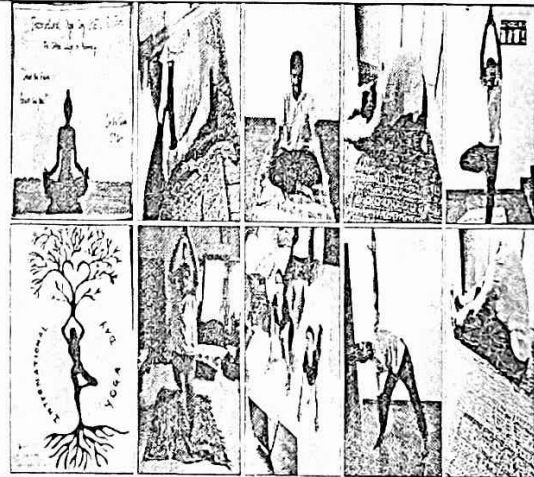
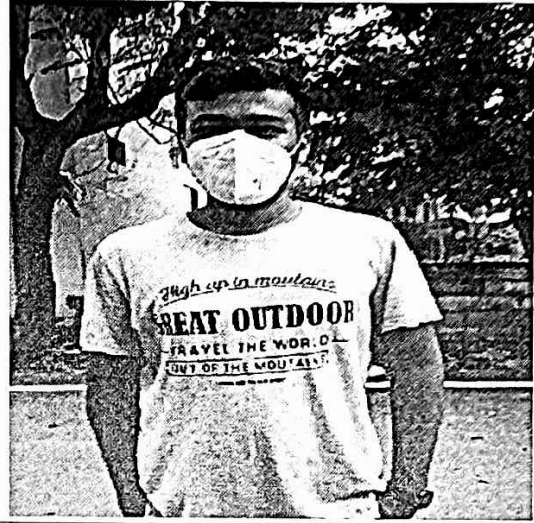
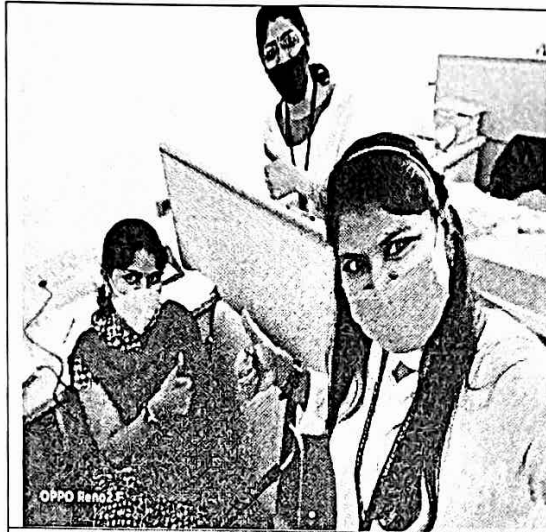
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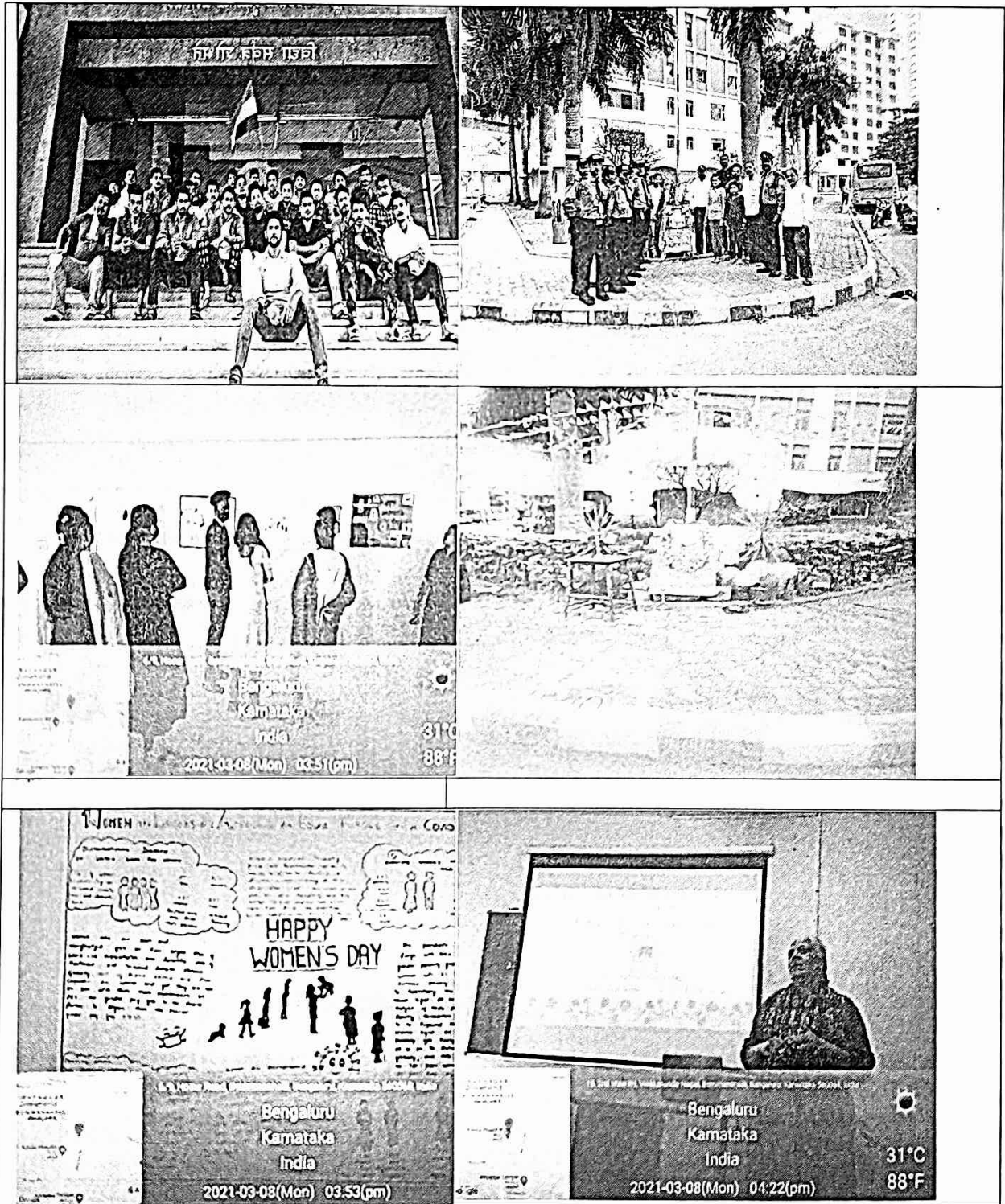
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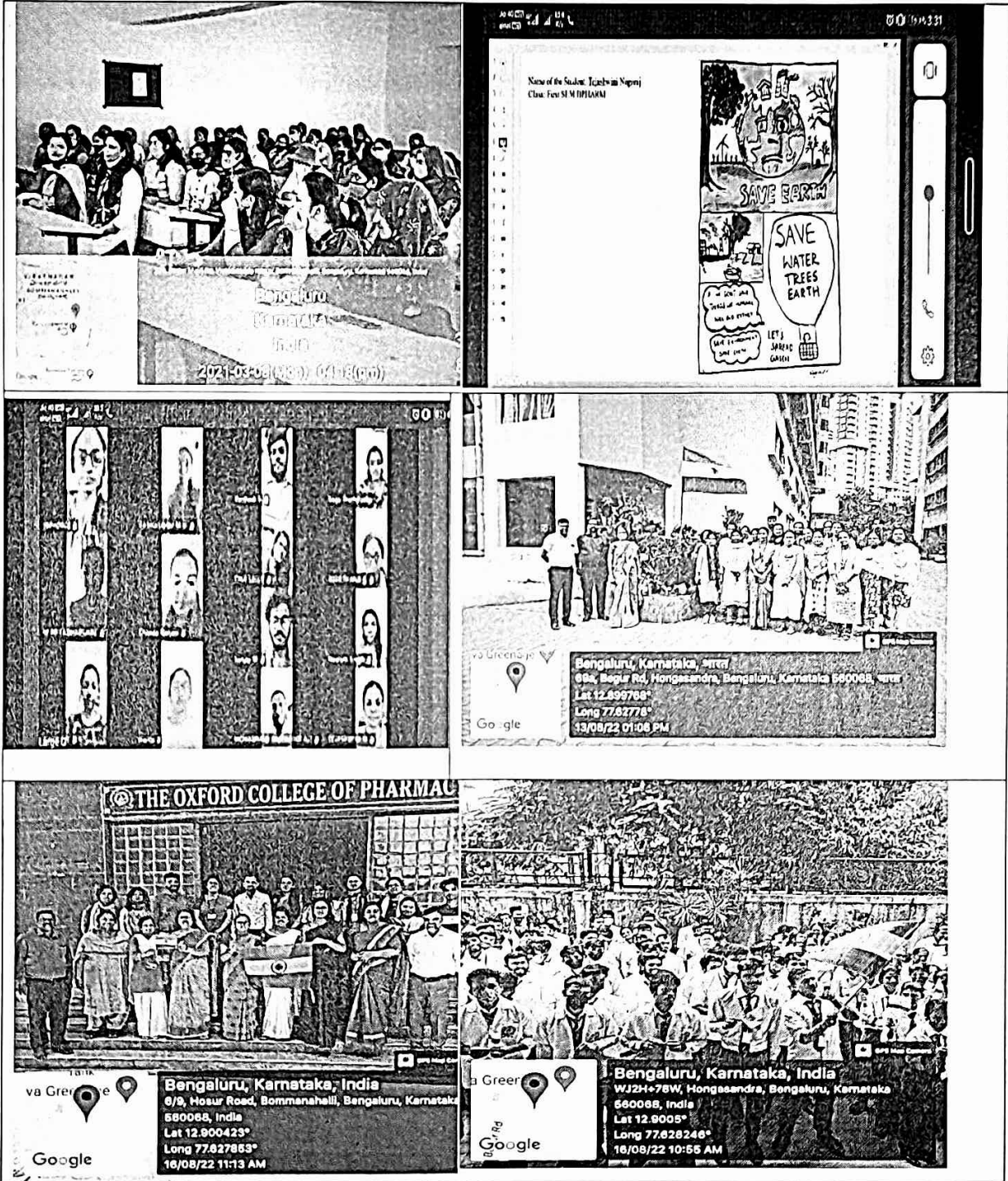
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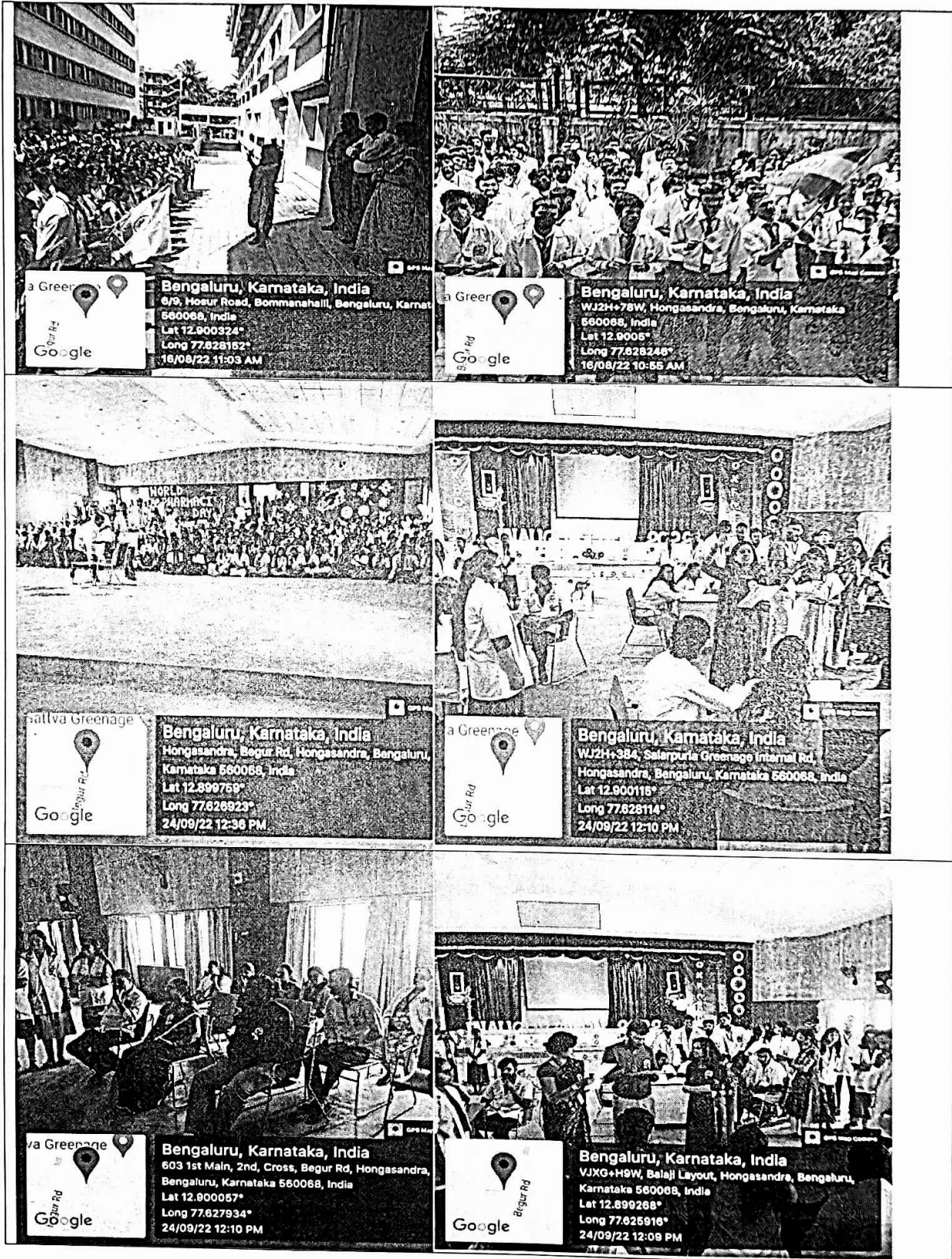
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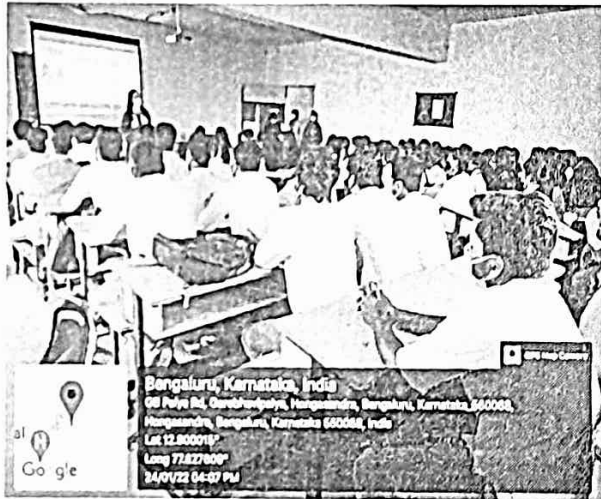
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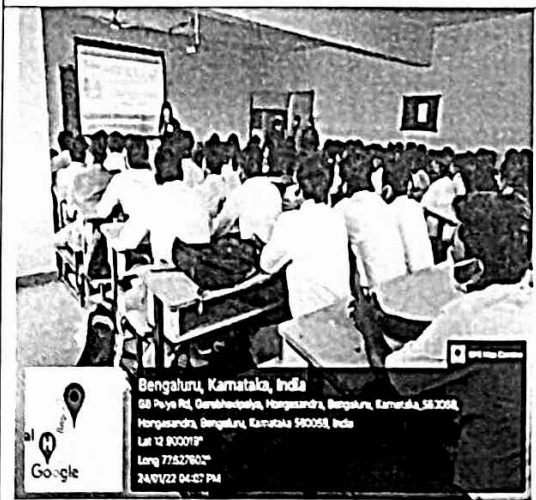
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Hongasandra, Bengaluru, Karnataka 560068, India
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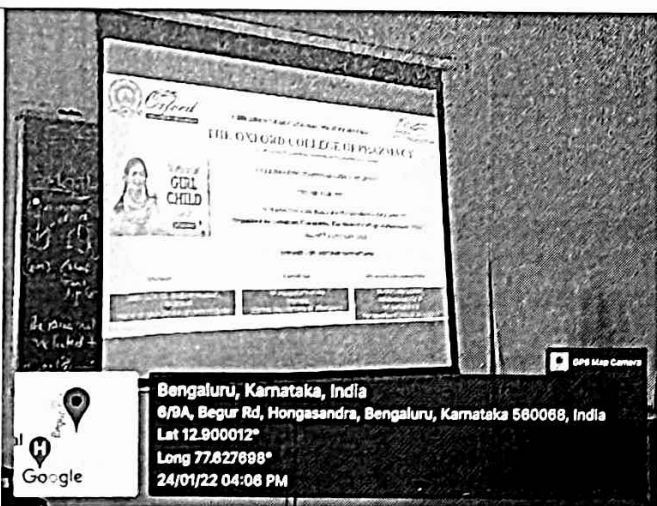
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68 Palya Rd, Gansahempalya, Hongasandra, Bengaluru, Karnataka 560068,
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Bengaluru, Karnataka, India
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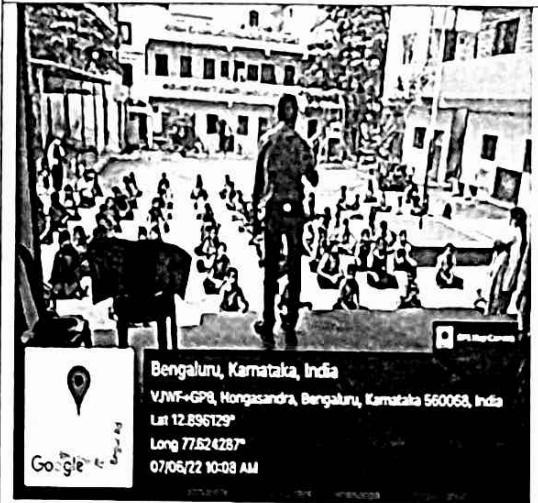
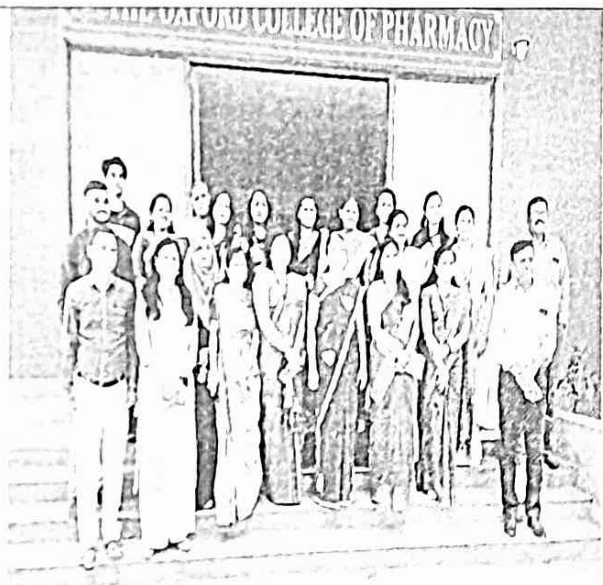
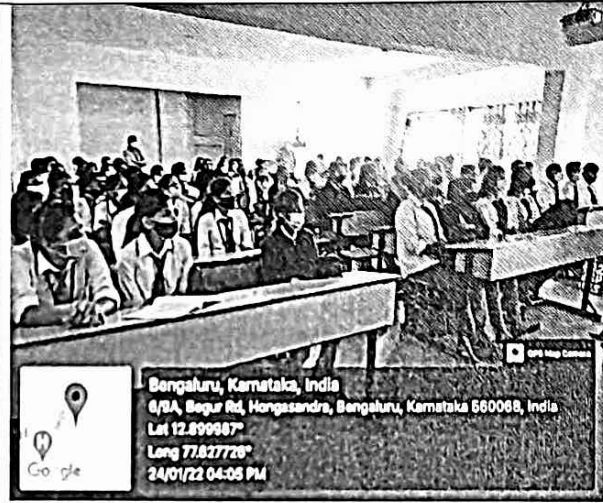
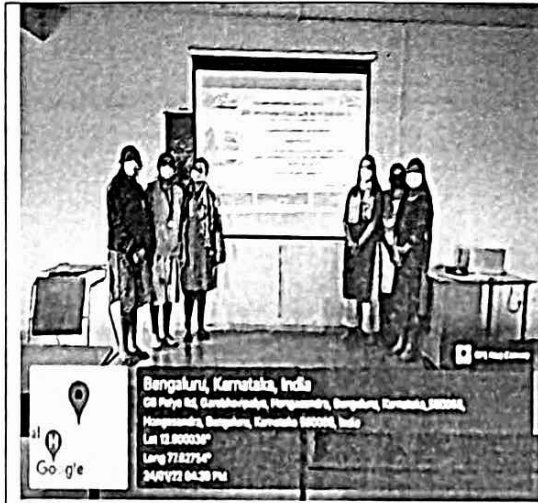
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806, Begur Rd, Hongasandra, Bengaluru, Karnataka
560068, India
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Long 77.824319°
10/06/22 11:53 AM



Bengaluru, Karnataka, India
VJWF+G06, Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.898176°
Long 77.824319°
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Bengaluru, Karnataka, India
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Long 77.824319°
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Bengaluru, Karnataka, India
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Lat 12.898176°
Long 77.824319°
07/06/22 10:02 AM



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806, Begur Rd, Hongasandra, Bengaluru, Karnataka
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Long 77.824319°
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India
Call to Whatsapp
Link to Instagram
04/05/2023 11:43 AM



Bengaluru, Karnataka, India
No 6/9, Ground Floor, 1st Cross, Begur Rd, Hongasandra,
Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.900133°
Long 77.627762°
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Bengaluru, KA, India
Ghara Palva Main Road, Bommanahalli,
Bengaluru, 560068, K.A., India
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Bengaluru, Karnataka, India
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Long 77.627762°
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Bommanahalli, Bengaluru,
India, 560068
Lat 12.900244 Long 77.627043
2023/06/18
76 °F
77%



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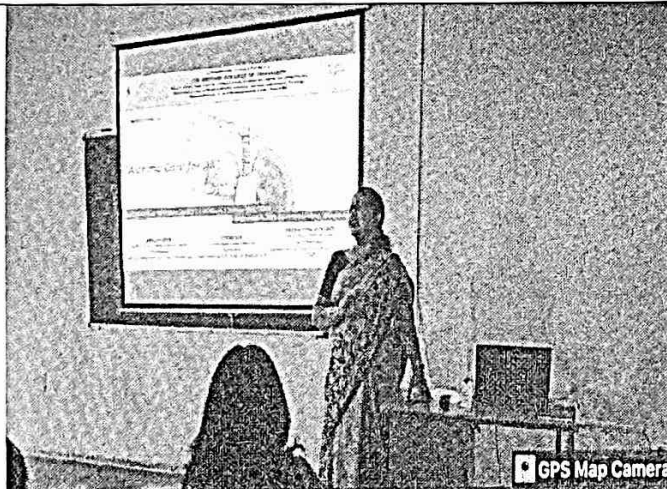
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603 1st Main, 2nd Cross, Begur Rd, Hongasandra,
Bengaluru, Karnataka 560068, India
Lat 12.899948°
Long 77.627924°
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 GPS Map Camera
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Note: Captured by GPS Map Camera



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LIST OF THE ACTIVITIES

2022-23

S.No	Name of the Activities
1	National Girl Child Day
2	Independence Day
3	International Women's Day
4	Water Conservation Day
5	International Yoga Day
6	Swatch Bharath Abhiyan
7	World Environment Day
8	Republic Day
9	National Unity Day
10	World Blood Donor Day
11	National Science Day
12	Teachers Day
13	No Smoking Day
14	World Asthma Day
15	Indian Constitution Day
16	Sadh Bhavana Diwas
17	Gandhi Jayanthi
18	National Voters Day
19	Ambedkar Jayanthi
20	Awareness on Cyber Security & Safer Usage of Social Media
21	World Cancer Day

P. Padma

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DATE: 16/01/2023

CIRCULAR

This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that program on "NATIONAL GIRL CHILD DAY 2023" will be conducted on 25/01/2023. We request for the active participation for the same.

P. Padma
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DEPARTMENT OF PHARMACEUTICS

ORGANISED PROGRAM

ON

“NATIONAL GIRL CHILD DAY 2023”

WEDNESDAY 25 JANUARY 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

MRS. DIVYA S KUMAR

ASSISTANT PROFESSOR,

DEPARTMENT OF PHARMACEUTICS.

RESOURCE PERSON:

MS RAJESHWARI,

ASSISTANT PROFESSOR,

THE OXFORD COLLEGE OF NURSING SCIENCES



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PREAMBLE

The Oxford College of Pharmacy, Bangalore celebrated "National Girl Child Day" on 25th January 2023, Mrs. Divya S Kumar, Assistant Professor, Department of Pharmaceutics, initiated the celebration of the program along with students. There were around 70 participants.

The content of the Session:

"National Girl Child Day" celebration was organized by The Oxford College of Pharmacy, Bangalore on 25th January 2023" with the theme "Empowering Girls for a Brighter Tomorrow". The program started with the welcoming of the audience and introduction of the Speaker of the day Ms Rajeshwari, Asst. Professor, The Oxford College of Nursing Sciences. The speaker briefed about the history and significance of observing this day. The National Girl Child Day was first observed on January 24, 2008 by the Ministry of Women and Child Development. It was decided to observe the day to tackle issues related to inequalities that girls face in society. The main objectives for observing this day are to provide support and opportunities to girls from around the country, by raising awareness regarding inequalities faced by girl children, regarding the importance of female education, health care and nutrition and also to raise awareness regarding the importance of their empowerment. The main objective of National Girl Child Day 2023 is to promote the welfare of girl children in India. However, there are various factors that need to be taken into consideration which is being emphasized on National Girl Child Day 2023 were also briefed by the speaker such as

- To create awareness among people to protect and raise girl child with equality in terms of education, health and other opportunities in life.

- To promote the idea of the elimination of any form of discrimination against the girl child at home or outside world.

- To accept girl child/children and welcome them into homes and live with respect and love and abandon the evil ideology of killing girl children in the womb and female infanticide.

- To educate people at large about the importance of girl children and the declining sex ratio in India and eventually to change their mindset.

- To create a safe environment for girls to live safely inside and outside their homes.



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Additionally the speaker conveyed and emphasized to pass the message of Beti Bachao Beti Padhao(BBBP) in their neighborhood

Dr Gururaj S Kulkarni, HOD, Department of Pharmaceutics, The Oxford College of Pharmacy, also shared his views regarding the role of students in spreading awareness and achieve the goal of celebrating the National Girl Child Day. In the session, students too actively shared their thoughts and taken the pledge to have a better society for girls. after the session students went outside the campus along with faculties to create awareness to the public.



CHILDREN'S EDUCATIONAL SOCIETY (REGD.)



THE OXFORD COLLEGE OF PHARMACY

6/9, 1st CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE - 560068

CELEBRATING NATIONAL GIRL CHILD DAY 2023

“Empowering Girls for a Brighter Tomorrow”

Conducted On 25th JANUARY 2023

SPEAKER: MS RAJESHWARI, ASST PROFESSOR,
OXFORD COLLEGE OF NURSING SCIENCES

PATRON

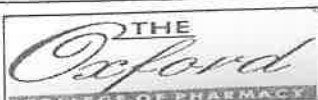
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ORGANIZING MEMBER

MS.DIVYA S KUMAR
ASST. PROFESSOR
THE OXFORD COLLEGE OF PHARMACY



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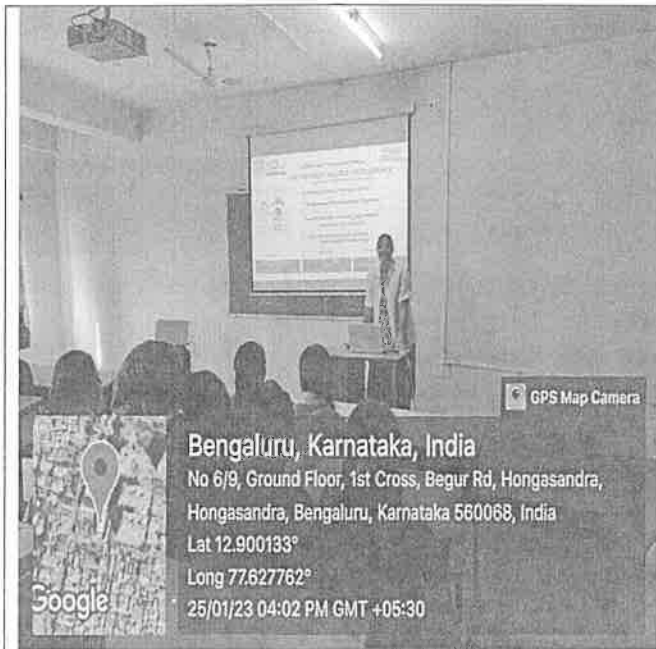
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National girl child day celebration at College



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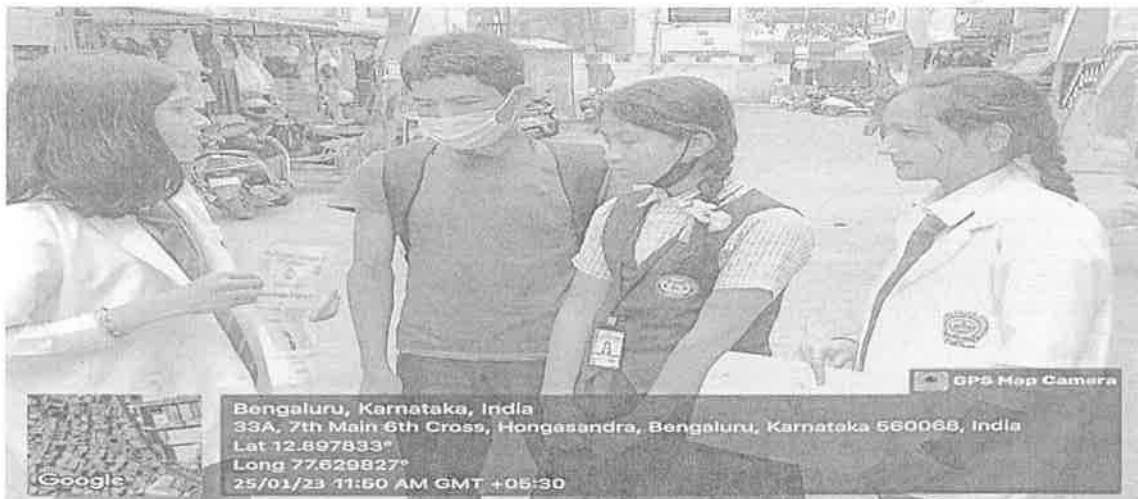
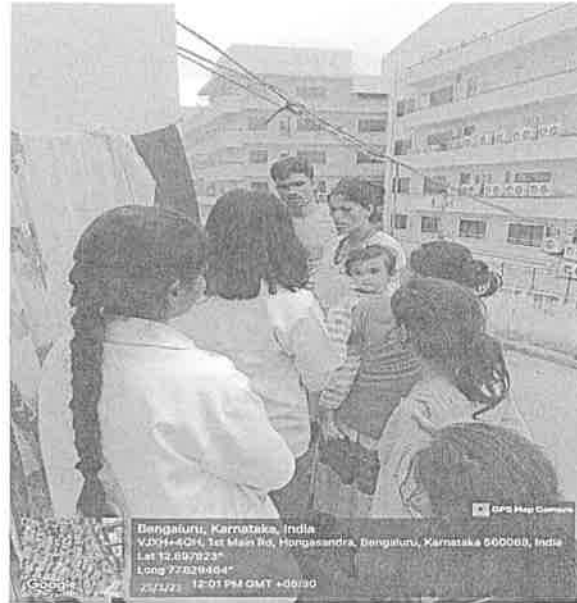
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Students creating awareness in the local community- National girl child day



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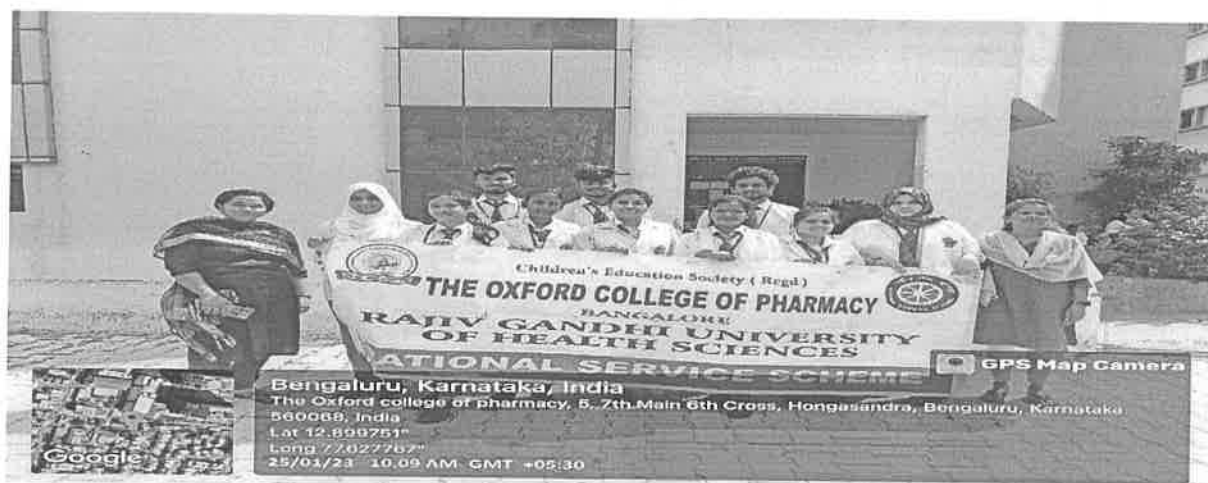
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NSS Volunteers involved in – National girl child day

OUTCOME

This program invoked a spirit of awareness among the listeners and participants. Investing in girls' education improves their lives and creates a brighter future for our communities and world. The college also initiated outreach program on creating awareness and sensitization on BBBP to reach out communities for National Girls Child Day awareness. The awareness program was highly appreciated by the public which motivated the students and gave awareness about the power and strength of a girl child. Additionally the students emphasized on BBBP through which girl child can get proper education. There were around 70 participants participated in this program.

END OF REPORT



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DATE: 12/08/2023

CIRCULAR

India celebrating their 77th Independence Day on August 15, 2023. The theme for this year's celebration is "Nation First, Always First". In line with the government's focus on national unity & development. The Oxford College of Pharmacy invites all the faculty members and students to showcase their creativity and activity with the selfie, alone or with family members or with friends posted in their official group. The platform of creativity can be shown by any means such as a skit video, Paintings, Rangoli, etc. All are requested to participate actively.

P. Padma

PRINCIPAL

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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

ORGANISED PROGRAMME

ON

“INDEPENDENCE DAY 2023”

ON

15th AUGUST 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

DR. JYOTI SHRIVASTAVA

HOD,

DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE

Independence Day is one of the proudest and prestigious day for every Indian and it is celebrated throughout India in every corner of the country on 15th August every year. The theme for this year's celebration is "Nation First, Always First". This theme is in line with the government's focus on national unity and development. Independence Day is celebrated by every citizen of India irrespective of caste, creed and religion. The Oxford College of Pharmacy, Bangalore celebrated 77th Independence Day, which is themed "Nation First, Always First" with great enthusiasm on 15th August 2023.

In line with the government's focus on national unity & development. The Oxford College of Pharmacy invited all the faculty members and students to showcase their creativity and activity with the selfie, alone or with family members or with friends posted in their official group.

All the faculty members and the students uploaded the selfies and photographs with their family while hoisting the flag and celebrating the Independence Day.

Our Principal Dr Padmaa M Paarakh appreciated the effort of making "Har Ghar Tiranga" concept and congratulated the faculty members for uploading the photos and enjoying the Independence Day with the family and cheering for India in the Photos. There were 42 participants.

Dr Jyoti Shrivastava, Head of the Department from Pharmaceutical Chemistry also appreciated the effort taken by the faculty members in celebrating the Independence Day in the Tiranga theme.

Dr Noopur Srivastava also motivated by uploading the selfies with the flag to celebrate the Independence Day with full enthusiasm and Josh to make India Proud.



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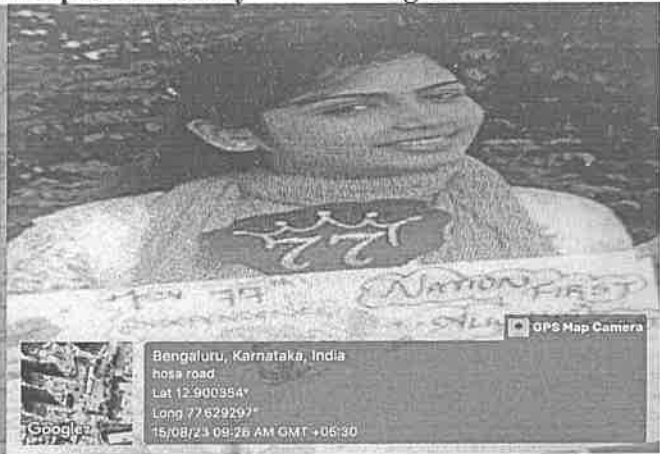
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Dr Gururaj Kulkarni, Head of the Department, Department of Pharmaceutics, wished everyone Independence Day and shared the Flag hoisting from his Residence and motivated others also to go and celebrate the Independence Day in public gathering.

Many students also uploaded the Posters in the group.

Some Photos from the celebration of 77th Independence Day on 15th August 2023.



Students actively celebrated Independence day



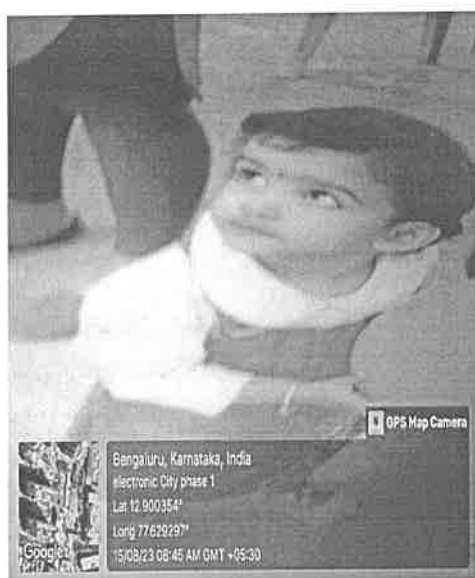
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Teachers celebrated Independence Day with family



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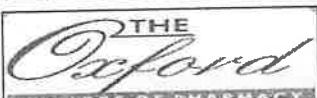
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OUTCOME

India's 77th Independence Day celebration on August 15, 2023, themed "Nation First, Always First," is set to bolster patriotism, unity, and progress across the nation. The event reflects the government's commitment to national unity and development, encouraging collective efforts towards sustainable growth. For students, it instills national pride, broadens their educational horizons, fosters community connection, and inspires innovation for future contributions. The celebration aligns with the government's developmental goals, promoting unity, enhancing India's global image, and engaging the youth ready to innovate for India's future. It is a poignant reminder of India's journey, values, and collective responsibility toward forging a prosperous tomorrow. There were around 72 participants.

END OF THE REPORT



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Date: 04/03/2023

CIRCULAR

All the teaching, non -teaching and students of The Oxford College of Pharmacy are hereby informed that the “**International Women`s Day**” will be celebrated on the 8th of March 2023. All are requested to assemble in the room number 505 by 3pm. We look forward for the active participation for the same.

P. Padua

PRINCIPAL
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DEPARTMENT OF PHARMACEUTICS

ORGANIZED

AWARENESS PROGRAM

ON

“INTERNATIONAL WOMEN'S DAY”

ON

WEDNESDAY, 08TH MARCH 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Mrs. SURINDER KAUR

ASST PROFESSOR,

DEPARTMENT OF PHARMACEUTICS,

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE

The Oxford College of Pharmacy, Bengaluru celebrated "Women's Day" on 08th March 2023. There were both teachers and students who attended it from different classes. Mrs. Surinder Kaur, Assistant Professor, department of Pharmaceutics organized the celebration on the occasion of "Women's Day" and Dr. G. Venkata Karthik, Assistant Professor of Pharmacology Department gave a talk on Women's Day.

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The organizer Mrs. Surinder Kaur concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L. Narasimha Raju, The Oxford Group Of Institutions, Dr. Padmaa M Paarakh, principal, the Oxford college of pharmacy for organizing such an event and Dr. Guru Raj S Kulkarni, HOD, Department of Pharmaceutics. There was a poster presentation competition in the program.

No of participants: 70 participants

Schedule: On 8th March 2023

Time Schedule	Program me
3-4pm	"INTERNATIONAL WOMENS DAY 2023"



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CHILDREN'S EDUCATION SOCIETY (REGD.)



THE OXFORD COLLEGE OF PHARMACY
6/9, 1ST MAIN, BEGUR ROAD, HONGASANDRA,
BENGALURU - 560 068



MARCH
International
Women's Day

THEME: "INNOVATION AND TECHNOLOGY FOR GENDER
EQUALITY"

CHIEF PATRON
Shri S N V L. Narasimha Raju
Chairman
The Oxford Educational
Institutions

CONVENER
Dr Padmaa M Paarakh
Principal
The Oxford College of
Pharmacy

ORGANIZING COMMITTEE
Department of
Pharmaceutics
The Oxford College of
Pharmacy



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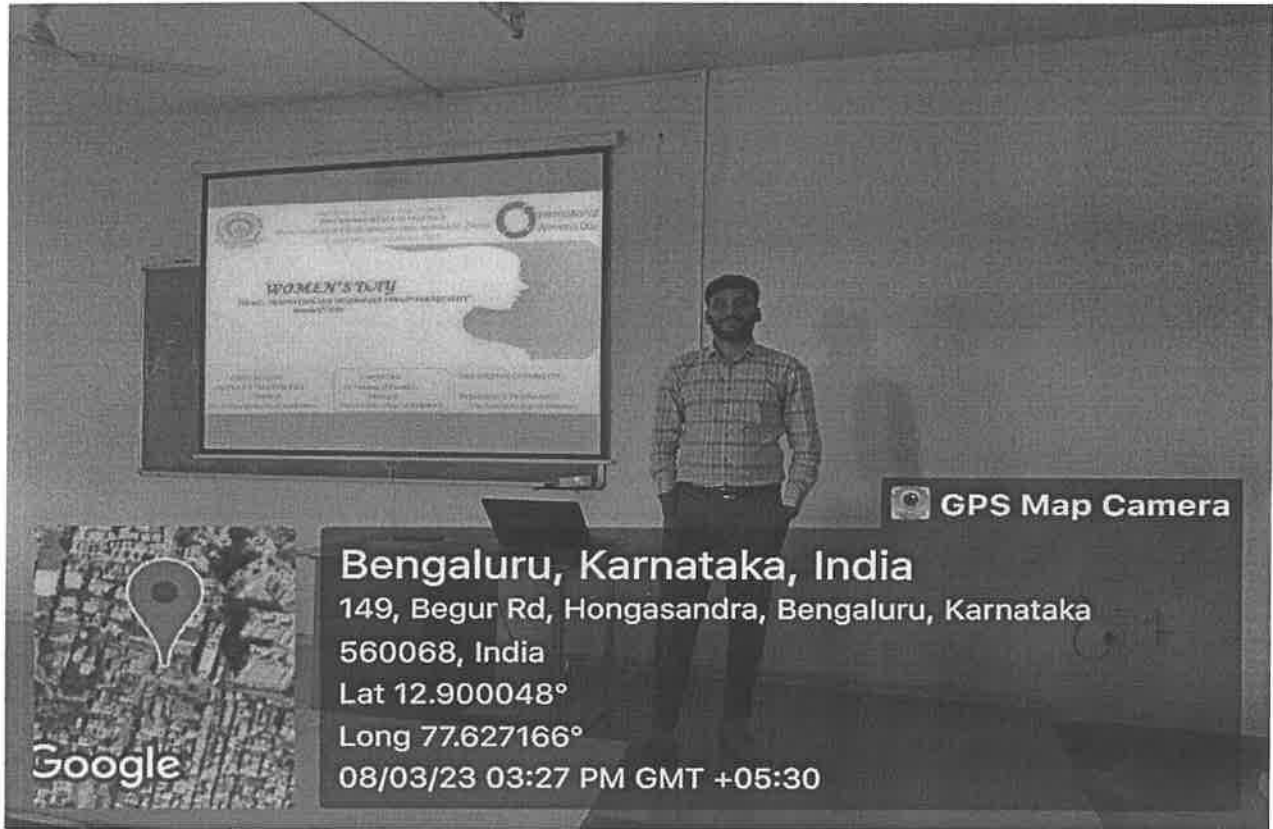


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Dr. G, Venkata Karthik, Assistant Professor of Pharmacology Department

giving a talk on Women's Day.



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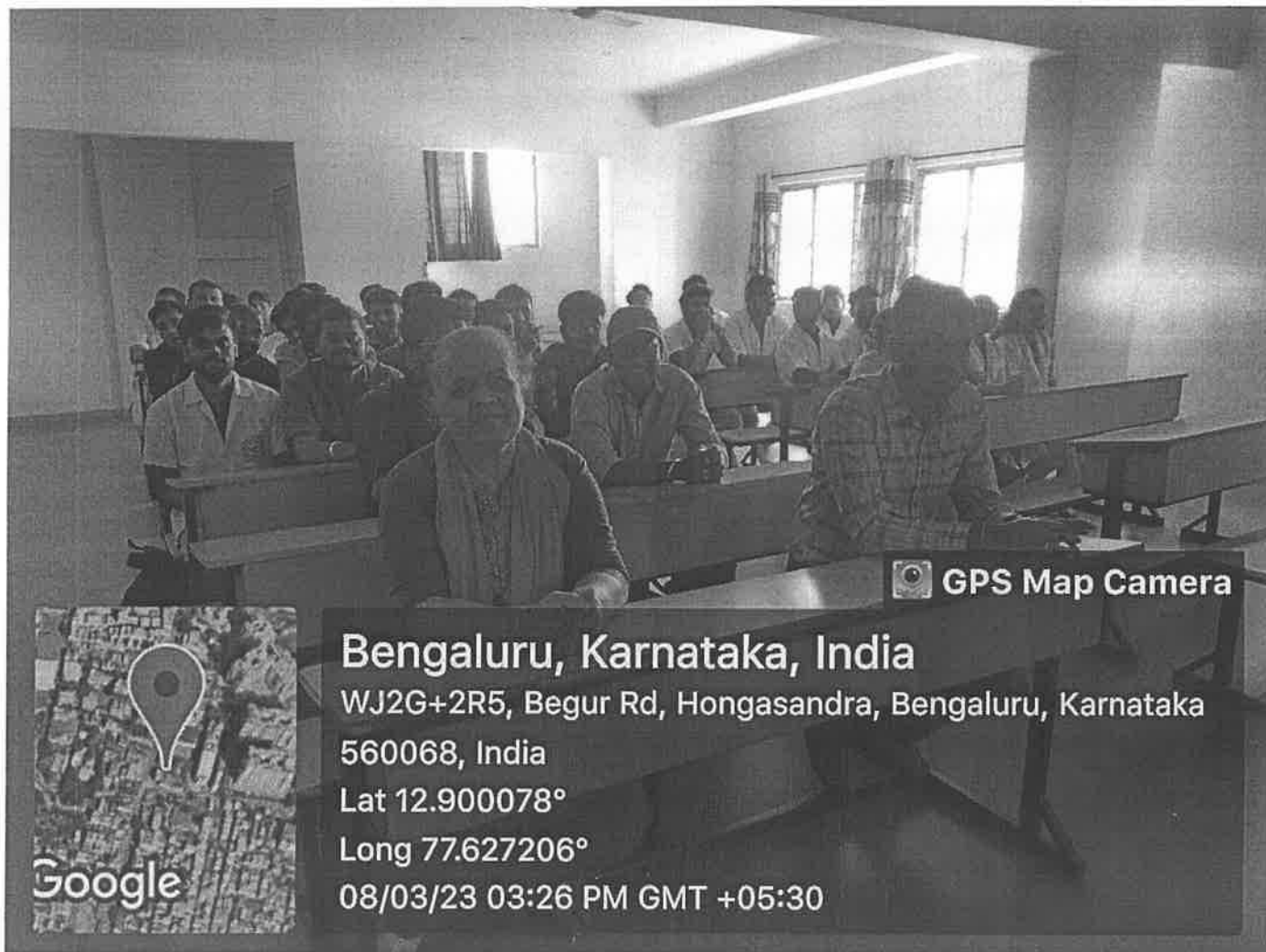
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GPS Map Camera



Bengaluru, Karnataka, India

WJ2G+2R5, Begur Rd, Hongasandra, Bengaluru, Karnataka

560068, India

Lat 12.900078°

Long 77.627206°

08/03/23 03:26 PM GMT +05:30

BOY STUDENTS SHOWED UP IN MORE NUMBERS TO ATTEND THE WOMEN'S DAY



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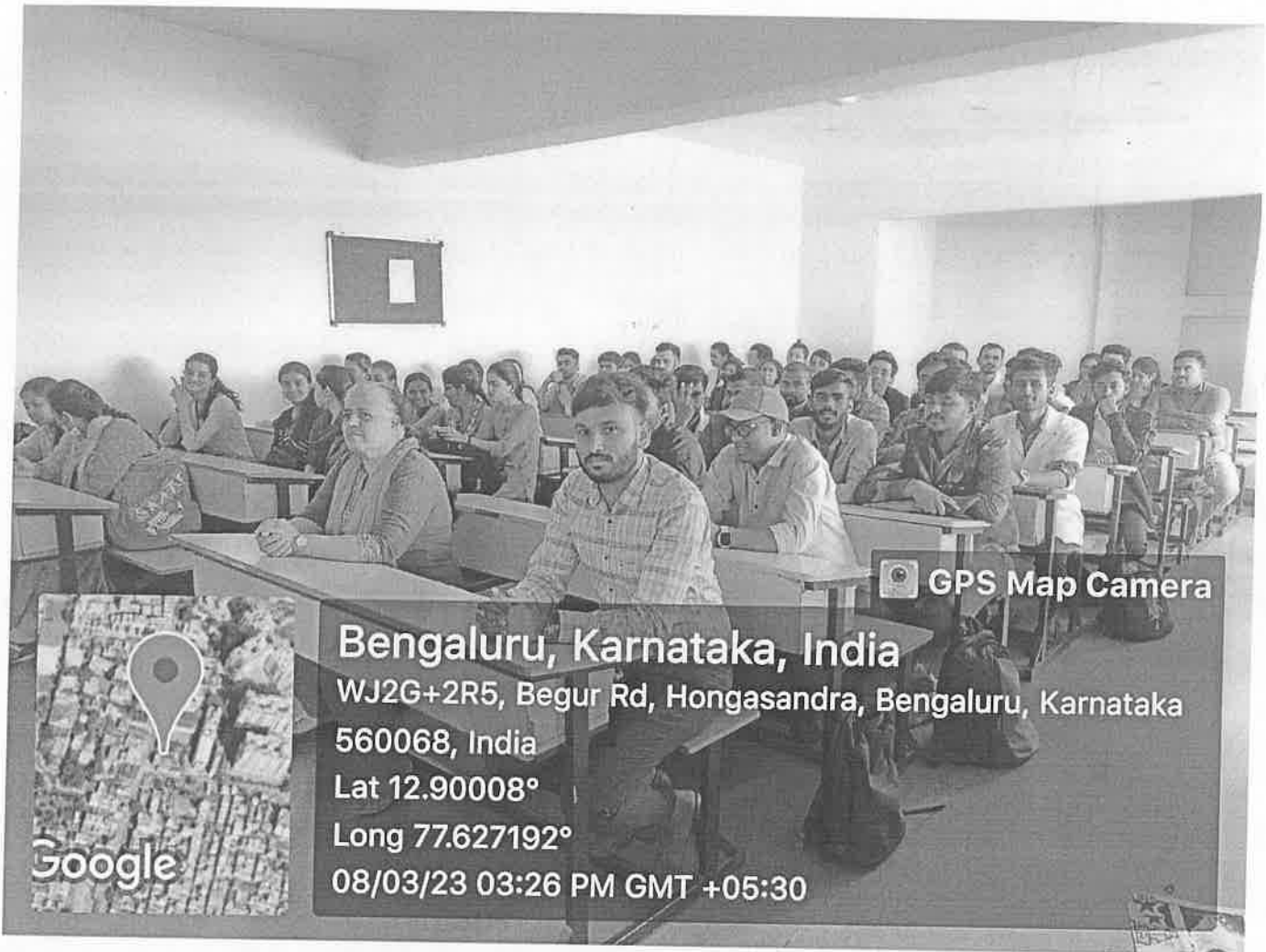
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Participants while attending the program



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POSTER PRESENTATION ON WOMEN AND TECHNOLOGY JUDGES MRS. JOYCE & MRS NAGALAKSHMI



STUDENTS PARTICIPATED IN POSTER PRESENTATION



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BEST POSTER OF THE DAY



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Adavi Sengenahall, Karnataka, India
Q732+6H4, Adavi Sengenahall, Karnataka 577515, India
Lat 13.751885°
Long 76.252098°
08/03/23 12:06 PM GMT +05:30



Bengaluru, Karnataka, India
VJXG+MXR, 2nd Main Rd, Hongasandra, Bengaluru, Karnataka 560068, India
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Long 77.627284°
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STUDENTS INTERACTING WITH SOCIETY ON THE IMPORTANCE OF WOMAN'S DAY



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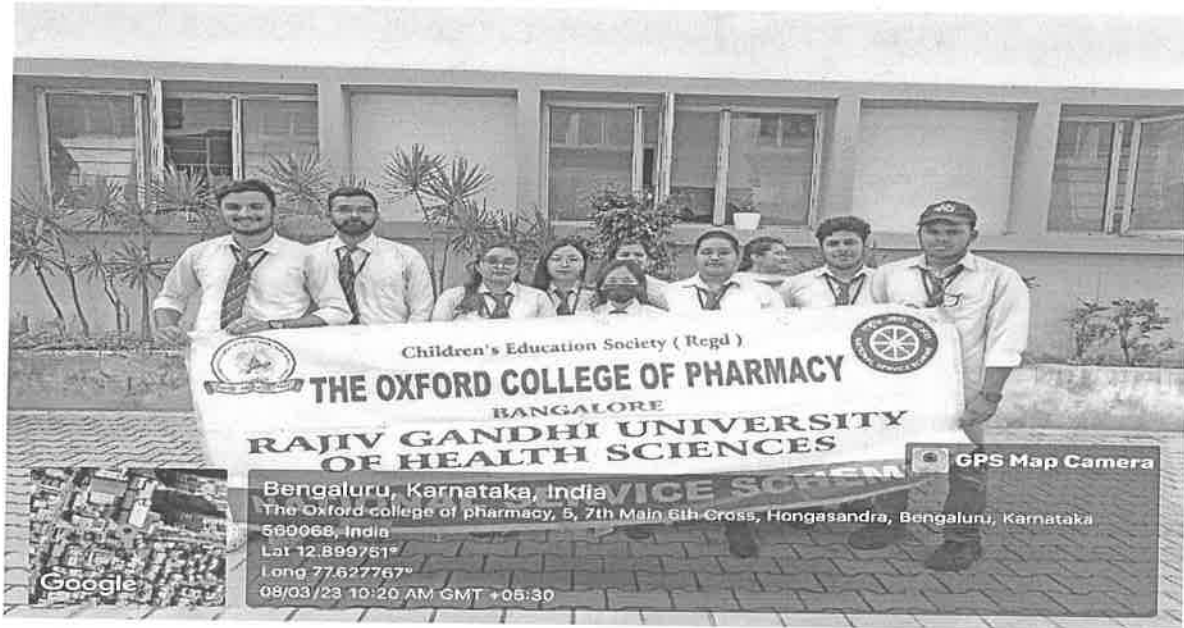


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STUDENT VOLUNTEERS INVOLVED IN THE PROGRAM ON WOMAN'S DAY

OUTCOME

The program emphasized on the empowerment of the women in Indian society. The painting of the students depicted the vulnerable condition and plights of the women in the society. The program boosted the participants to stand against every injustice that a woman goes through in the Society. Additionally, do's and don'ts with good behaviour while interacting with girl students were also conveyed. Further, students and faculty joined together and visited local community to promote awareness among the women about their rights, equality and privileges in the society with emphasizing on Beti Bachao, Beti Padoo (BBBP) scheme, a Government of India initiative. The efforts taken for the awareness of empowerment of the woman by the college was appreciated much by the society. There were around 70 participants in this program.

END OF REPORT



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Date: 29/11/2022

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a session on “**CONSERVATION & MANAGEMENT OF WATER RESOURCES**” for the academic year 2022-2023 will be conducted on 30/11/2022. We look forward for the active participation for the same.

P. Padme

PRINCIPAL



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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE

ORGANISED PROGRAMME

ON

“CONSERVATION & MANAGEMENT OF WATER RESOURCES”

ON

WEDNESDAY 30TH NOVEMBER

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

PATRON

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

MRS. NAGALAKSHMI

ASSISTANT PROFESSOR

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE

The Oxford College of Pharmacy, NSS Committee, Bangalore conducted the session on "Conservation & Management of Water Resources" for the students. There were total 50 participants who included faculties and students. A special session on Menstrual Conservation & Management of Water Resources was organized by NSS Cell, The Oxford College of Pharmacy on 30/11/2022. The talk was addressed to all students of The Oxford College of Pharmacy. The entire program was coordinated by Assistant professor Mrs R. Nagalakshmi. Mrs. Nagalakshmi R gave a warm welcome to Principal Dr. Padmaa M Paarakh, staff and students. The session was very informative which gave them a comprehensive understanding on the what, why and how to conservation & management water resources. Speaker spoke about some crucial aspects related to crisis of water and explained the simple steps to be followed by each and every person to save water. She gave information regarding different ways of conservation of rain water and utilization of tap water in proper manner. The talk was very effective, as it gave more importance to how conserve water. This programme was arranged to share the knowledge on the topic "conservation & management of water resources" by Dr. Padmaa M Paarakh. The overall organization and deliverance of the session was helpful and satisfied the participants.

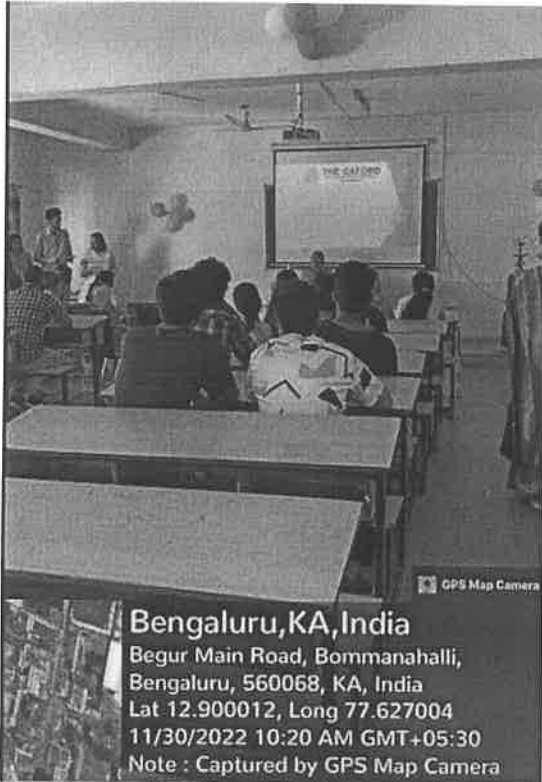


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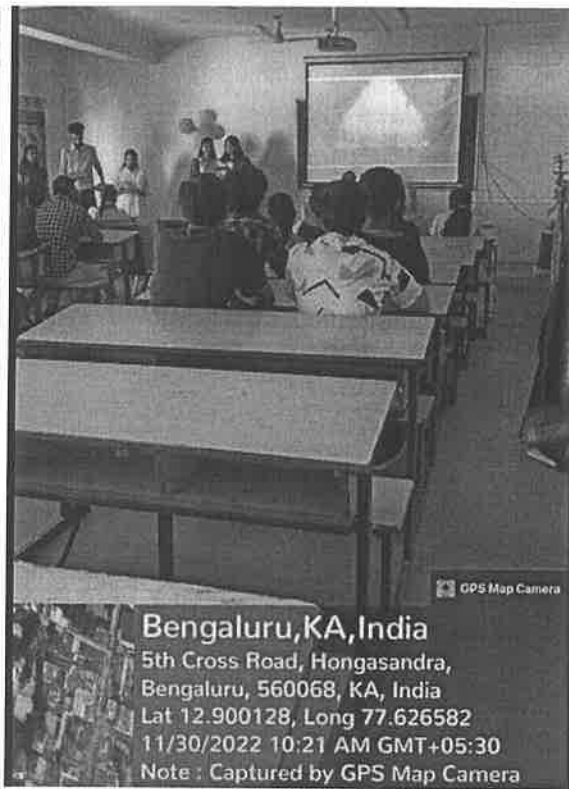
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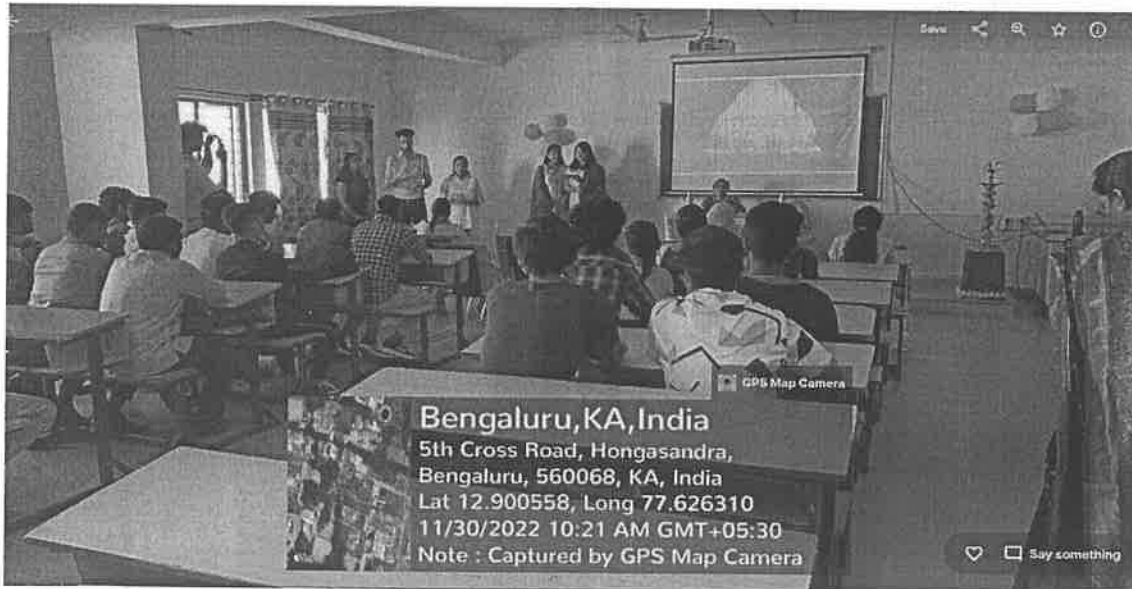


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Note : Captured by GPS Map Camera



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Bengaluru, 560068, KA, India
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Note : Captured by GPS Map Camera

Students giving warm welcome to the participants



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Bengaluru, 560068, KA, India
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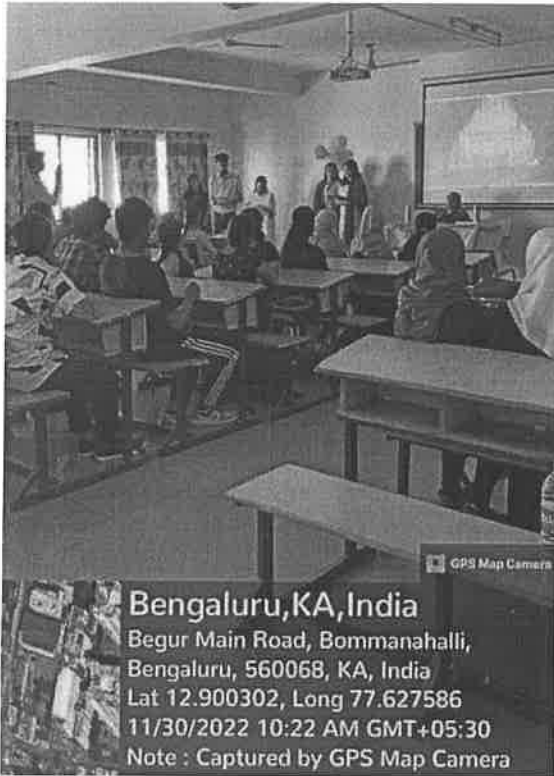
Students actively participated in the program



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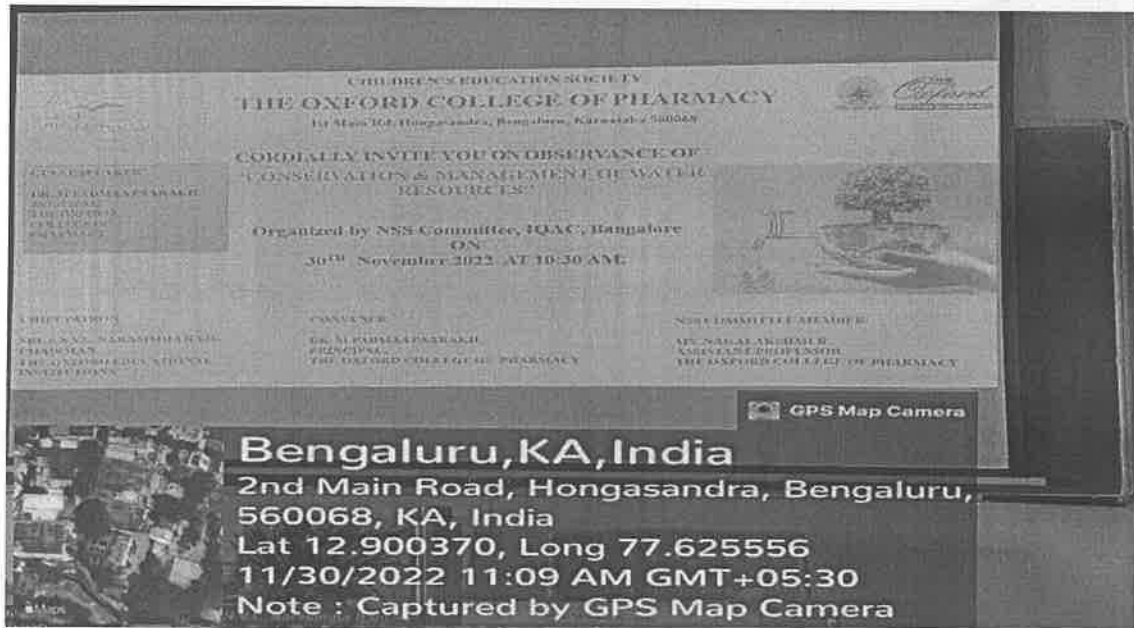


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Note : Captured by GPS Map Camera



Bengaluru, KA, India
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560068, KA, India
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Note : Captured by GPS Map Camera

Principal maam addressing the gathering



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560068, KA, India
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Water conservation day program at the college



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Students interacting with local community- water conservation day



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Student volunteers involved in the programme – water conservation day

OUTCOME

The Oxford College of Pharmacy conducted the session on “Conservation & Management of Water Resources” for the students. Session gave knowledge to the students to realizing how mismanagement and careless habits in the use of resources leads to chaos and disasters. Session promoted sustainable water management practices that bring benefits such as increased agricultural productivity and enhancing ground water levels. There were around 50 participants. Students created awareness in nearby community about water conservation and management practices such as judicious use of water, importance of rain water harvesting, STPs etc., Response of the community was positive and they appreciated the initiative of students and institution.

END OF REPORT



Children's Education Society (Regd.)

The Oxford College of Pharmacy

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Date: 17/06/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a Session on "INTERNATIONAL YOGA DAY" for the academic year 2022-2023 will be conducted on 21/06/2023. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

P. Padma

PRINCIPAL

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The Oxford College of Pharmacy
No.6/9, 1st Cross, Begur Road, Hongasandra,
Bangalore - 560 068



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SESSION REPORT ON
"INTERNATIONAL YOGA DAY"
NSS COMMITTEE, BENGALURU

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

PATRON

DR. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

MRS. NAGALAKSHMI
ASSISTANT PROFESSOR
THE OXFORD COLLEGE OF PHARMACY

RESOURCE PERSON:

VIVEKANAND SAWARKAR
SAHAJA YOGA TRAINER
HEAD CORPORATE QUALITY, STRIDES
PHARMA SCIENCE
BENGALURU.

DATE: 21 JUNE 2023

TIME: 10:30 AM - 11:30 AM



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e-mail: pharmacyprincipal@theoxford.edu; info@theoxford.edu;



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PREAMBLE

The Oxford College of Pharmacy, NSS Committee, Bengaluru conducted the session on “International Yoga Day” for the students and teaching faculties. As offline session became a part of the process, the event was organized in 4th floor health center. There were 23 students for this event from The Oxford College of Pharmacy. Mr. Vivekanand Sawarkar, Sahaja yoga trainer, Head Corporate Quality, Strides Pharma Science, Bengaluru delivered lecture on “Sahaja yoga and meditation technique”. The content delivered in the webinar is as follows: He thanked Mataji Nirmala Devi for rediscovering Sahaja yoga as holistic health care for people and this session helped us to focus on awakening the dormant primordial energy (Kundalini energy), whereby a flow of subtle cool cosmic vibrations in the body was achieved which nourished and rejuvenated each and every cell of the body. The event was ended with Q & A session where the participants asked few doubts regarding the Do's and Don'ts. This programme was arranged to share the knowledge on the topic “Sahaja yoga and meditation technique” by Mr. Vivekanand Sawarkar. The overall organization and deliverance of the session was helpful and satisfied the participants.



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Brochure "INTERNATIONAL YOGA DAY"



"Sahaja yoga and meditation technique" taught by Mr. Vivekanand Sawarkar



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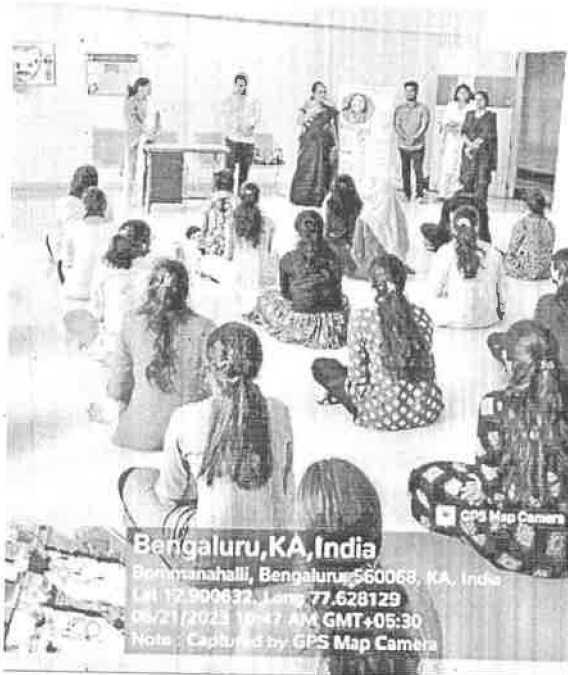
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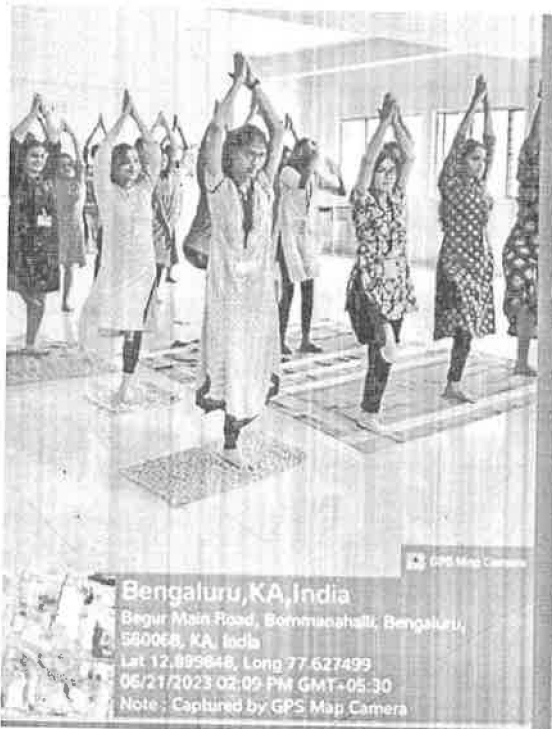
Bengaluru, KA, India

Bommanahalli, Bengaluru, 560068, KA, India
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Note : Captured by GPS Map Camera



Bengaluru, KA, India

Bommanahalli, Bengaluru, 560068, KA, India
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Note : Captured by GPS Map Camera



Bengaluru, KA, India

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560068, KA, India
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Note : Captured by GPS Map Camera



Bengaluru, KA, India

Bommanahalli, Bengaluru, 560068, KA, India
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Note : Captured by GPS Map Camera

Students performing Yoga Poses



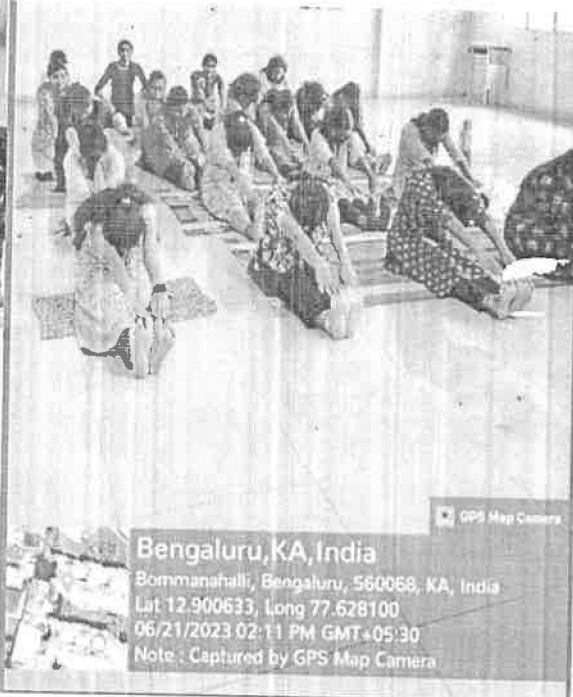
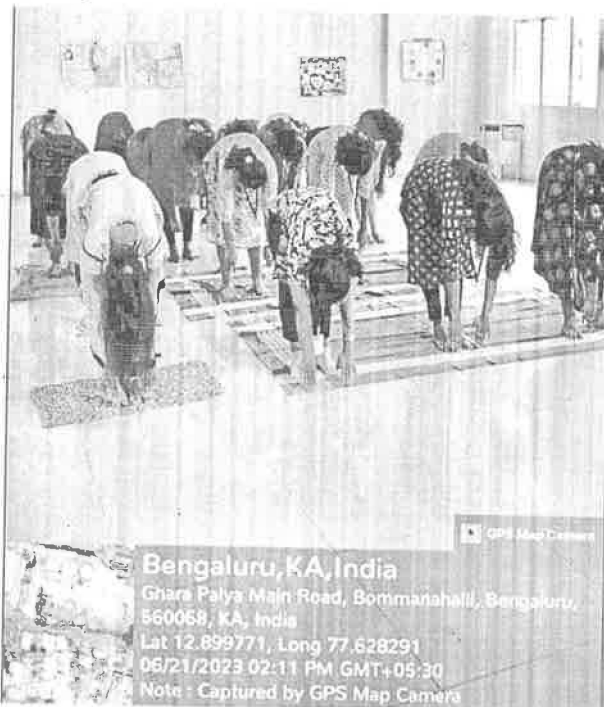
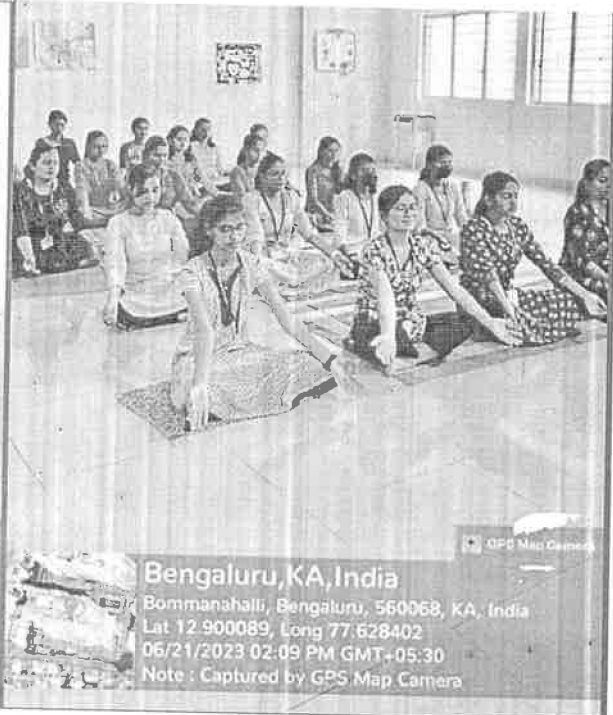
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Students performing Yoga Poses



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OUTCOME OF THE PROGRAMME

The programme was observed to create awareness regarding importance of Yoga and Meditation. 23 students were made to experience and feel the changes throughout the session. Sahaja Yoga as holistic health care for people and this session helped students to focus on awakening the dormant primordial energy (Kundalini energy), whereby a flow of subtle cool cosmic vibrations in the body was achieved which nourished and rejuvenated each and every cell of the body. The celebration of World Yoga Day has the potential to create a positive societal impact by promoting health, well-being, cultural understanding, and community engagement.

END OF REPORT



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DATE: 17/04/2023

CIRCULAR

This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that “Swatch Bharat” will be organized for the academic year 2022-2023 will be conducted on 24/04/2023. We request for the active participation for the same.

P. Padua
PRINCIPAL

PRINCIPAL

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Bangalore - 560 068



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DEPARTMENT OF PHARMACOLOGY

ORGANISED

PROGRAMME ON

“SWATCH BHARATH”

24th APRIL 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZED BY:

MRS KESERLA BHAVANI

ASSISTANT PROFESSOR,

DEPARTMENT OF PHARMACOLOGY.

Date: 24th April 2023

Time: 10:00 AM- 11:00 AM



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PREAMBLE

The Oxford College of Pharmacy, Bangalore organized "Swatch Bharat" on 24th April 2023. Mrs Keserla Bhavani, Assistant Professor, Department of Pharmacology, initiated the program. There were around 79 participants who took part in the session.

THE CONTENT OF THE SESSION:

"Swatch Bharat" campaign was organized by The Oxford College of Pharmacy, Bangalore on 24th April 2023. Mrs Keserla Bhavani acknowledged that Swatch Bharat Abhiyaan- is not just about cleaning surroundings but also seeking the participation of people in planting tree, creating trash-free environment, providing sanitation facilities and paving a way for Swatch Bharat eventually. A Clean India is of utmost importance for promoting the nation as an ideal destination for tourists from across the world. Images of unclean India often become a matter of embarrassment for Indians therefore this is the right time and opportunity to participate towards Swatch Bharat. She told that campaign will not only help citizens adopt good habits of cleanliness but also boost our image as a nation, sincerely working towards cleanliness. She reinforced students about significance of sanitation, simultaneously addressed the health problems. She encouraged the people to join the cleanliness drive and the public to take part into the session. Students actively took part in the session and showed keen interest in keeping surroundings clean by cleaning their corridors doors, windows, desks, benches and grills in the verandah. She briefed about the objectives of the mission and ushering in a behavioral change among people, for healthy sanitation practices, by educating them about the damaging effects of open defecation, the environmental dangers spreading from strewn garbage. She also insisted the students to pledge for a neat and cleaner India and garbage lying outside our premises will be reported to the municipality or authority concerned for removal. Taking the broom to sweep the streets, cleaning up the garbage, focusing on sanitation and maintaining a hygienic environment have become a practice after the launch of the Swatch Bharat Abhiyan. The program also highlighted about providing sanitation facilities at work, education and other public spaces are important.



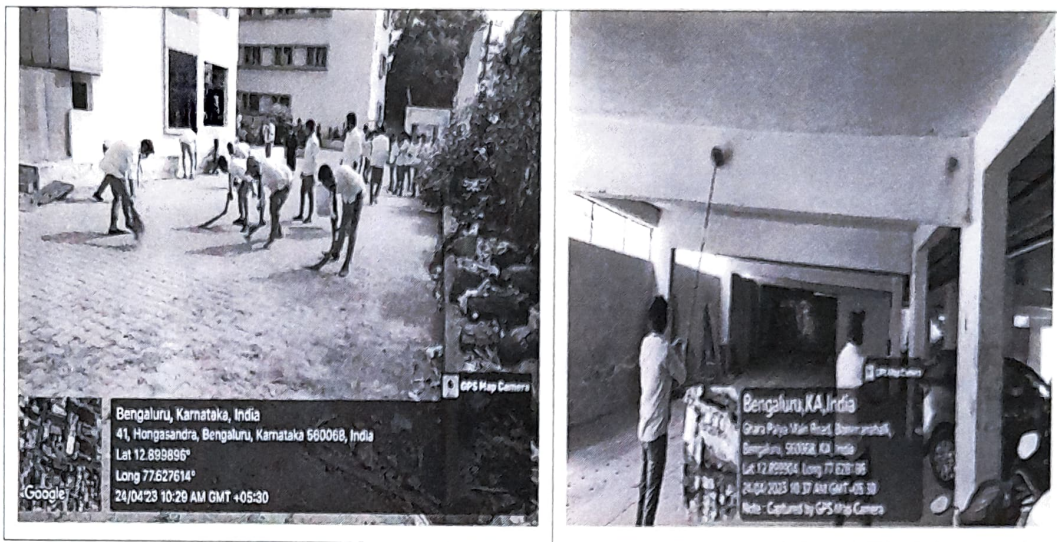
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OUTCOME OF THE PROGRAM

The program nurtured a sense of ownership, making students feel connected to their college environment, it also emphasised the students about the importance of clean and hygienic environment and how creating a healthier environment helps in development of nation. Around 79 participants took part in the session and showed enthusiasm in cleaning the premises. The speaker also insisted the students to pledge for a neat and cleaner India. The program ensured proper waste disposal and promoting cleanliness in classrooms and common areas. The speaker briefed on Biodegradable waste management through composting plants and talked about the adverse effects of unclean environment on people. A cleaner campus will directly translate to improved health outcomes.

END OF REPORT



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DATE: 02/06/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on “**WORLD ENVIRONMENT DAY 2023**” will be conducted on 05/06/2023. We request the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL

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Bangalore - 560 068



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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

ORGANIZED

AWARENESS PROGRAM

ON

“WORLD ENVIRONMENT DAY”

ON

MONDAY, 05th JUNE 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Mrs. VISHNUPRIYA S

ASSISTANT PROFESSOR

DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized "WORLD ENVIRONMENT DAY 2023" with an aim to raise an awareness program to educate our students about the protection and preservation of the environment. The program was conducted on June 5th 2023

The history of world environment day can be tracked back to 1972 when the United Nations Conference on the Human Environment was held in Stockholm, Sweden. As a result of this conference, the United Nations Environment Programme (UNEP) was established on June 15, 1972. The UNEP proposed a special day for the environment. In 1972, the UN General Assembly designated June 5 as World Environment Day (WED). The first World Environment Day was observed on June 5, 1973, with the slogan "Only One Earth." World Environment Day 2023 marks the completions of 50 years of its establishment. This year, the theme of the WED 2023 is "#Beat Plastic Pollution." The environment has suffered a lot due to industrialization. World Environment Day encourages people to adopt eco-friendly practices to have a greener and clear environment and then focused on solutions to plastic pollution under the campaign.

The condition of our environment is getting declined day by day because of the pollution and global warming. We should celebrate and promote eco-friendly development in our country in order to save the environment for better future.

THE AWARNNESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Mrs. Vishnupriya S, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

It is a day that reminds everyone on the planet to get involved in environment friendly activities. Keeping this aim in view, The Oxford College of Pharmacy celebrated World Environment Day on 5th June 2023. Students of various branches from department participated and celebrated world

Environmental day enthusiastically. All the students were asked to plant a sapling to create a green corner around the college campus and their home gardens, as well as all the teachers also helped the



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students in planting. A lot of enthusiasm was seen in the students. After the plantation program the students assembled in 506 room, our Principal mam, Dr Padmaa M Paarakh, gave a very good and well-researched speech about how the condition of our environment today is and why we need to be aware. She also told us what steps we should take immediately so that we can make our environment healthy. At the end, she took a promise from all the students that no one will pollute the environment and will not allow anyone to do so and the event was conducted successfully with whole hearted participation and awareness about green environment.

The organizer Mrs. Vishnupriya S concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, the oxford college of pharmacy for organizing such an event and Dr. Jyoti Srivastava, HOD, Department of Pharmaceutical chemistry. And to all the other faculties and students who participated in the event and helped in its successful completion of the event. After the program students went to local community and conveyed the message of importance of implantation.

No of participants: 50 participants

Schedule: On 5th June 2023

Time Schedule	Programme
10 am	"WORLD ENVIRONMENT DAY 2023"



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CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

6/9, 1st CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE-560068

CELEBRATING WORLD ENVIRONMENT DAY-2023

"#BEAT PLASTIC POLLUTION"

Organized Under The Oxford College of Pharmacy

Conducted On 5th JUNE 2023



PATRON

SHRI S. N. V. L. NARASIMHARAJU
CHAIRMAN,
THE OXFORD GROUP OF
INSTITUTIONS

CONVENER

Dr. PADMAAM PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING MEMBER

Mrs. VISHNUPRIYA S,
ASSISTANT PROFESSOR,
THE OXFORD COLLEGE OF
PHARMACY

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

THE OXFORD COLLEGE OF PHARMACY
BANGALORE



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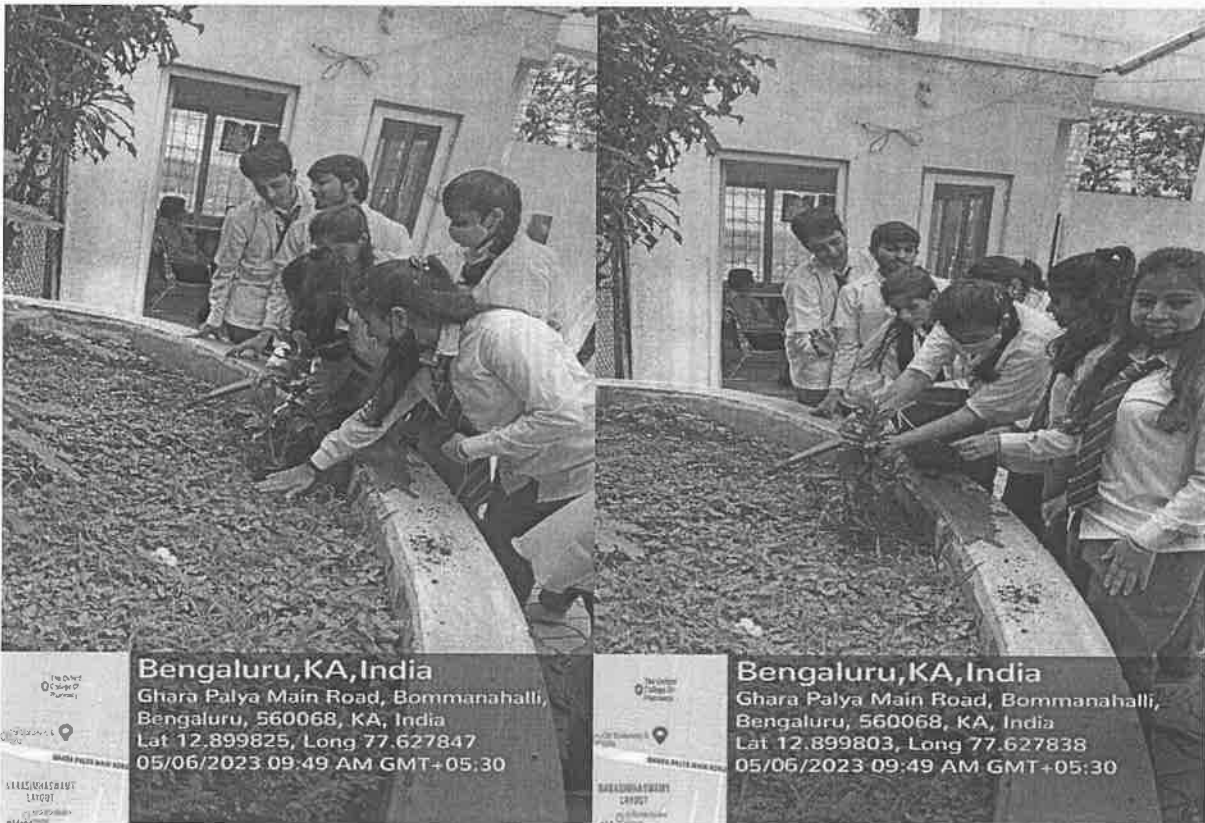
Bengaluru, KA, India

Ghara Palya Main Road, Bommanahalli,

Bengaluru, 560068, KA, India

Lat 12.899840, Long 77.627855

05/06/2023 09:50 AM GMT+05:30



Bengaluru, KA, India

Ghara Palya Main Road, Bommanahalli,

Bengaluru, 560068, KA, India

Lat 12.899825, Long 77.627847

05/06/2023 09:49 AM GMT+05:30

Bengaluru, KA, India

Ghara Palya Main Road, Bommanahalli,

Bengaluru, 560068, KA, India

Lat 12.899803, Long 77.627838

05/06/2023 09:49 AM GMT+05:30

Students Planting different plants in the college campus on World environment day



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Students Planting the trees at home and celebrating world environment day



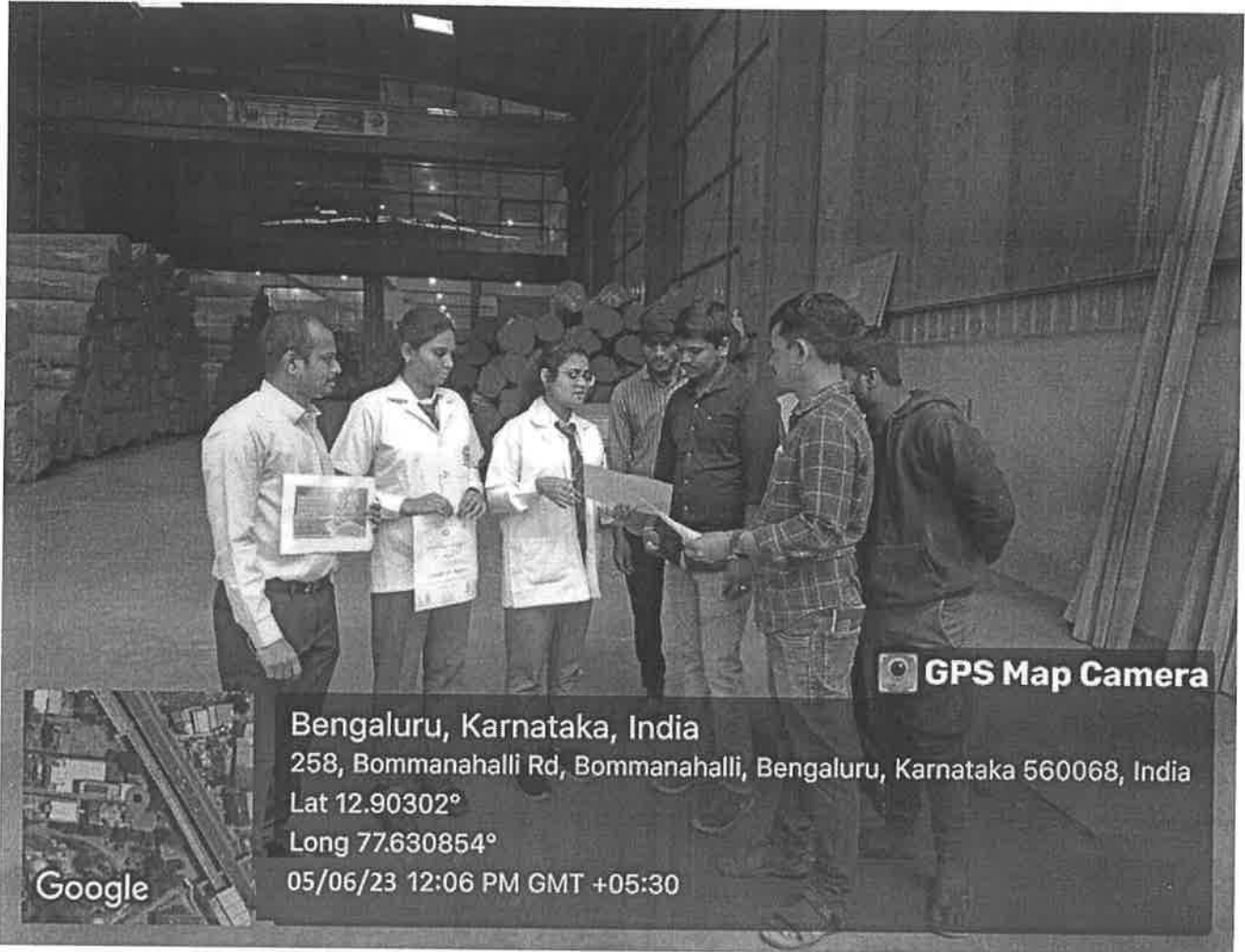
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Students conveying the message of implantating trees in the local community



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Student volunteers involved in the programme of world environment day

OUTCOME

On the eve of World Environment Day, the institution has organized a sensitizing session on developing sense of responsibility and commitment towards environmental sustainability. The programme aimed at promoting the importance of judicious use of natural resources, afforestation, adhering to various environmentally sustainable practices in line with SDG-30. Students planted various plants in and around the college premises and interacted with local community creating awareness about the role of every individual in keeping the environment safe and healthy, keeping society free from pollution and planting more trees so as to protect society from environmental degradation. Overall, it is an important event that promotes a healthier and more sustainable future for ourselves and future generations. There were around 50 participants in this program.

END OF REPORT



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DATE: 23/01/2023

CIRCULAR

Celebration of 74th Republic Day.

India celebrating their 74th Republic Day on January 26, 2023. The Oxford College of Pharmacy invites all the students to showcase their creativity and activity. Following are the list of events is going to be conducted on January 26, 2023.

- Face Painting
- Slogan Competition
- Extempore

P. Padma

PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy
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Bangalore - 560 068



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DEPARTMENT OF PHARMA CHEMISTRY

ORGANISED PROGRAMME

ON

“REPUBLIC DAY 2023”

ON

26th JANUARY 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

DR. JYOTI SHRIVASTAVA
HOD,
DEPARTMENT OF PHARMACEUTICAL CHEMISTRY
THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE

On the auspicious morning of 26th January 2023, The Oxford College of Pharmacy, Bangalore celebrated 74th Republic Day in the college premises. It was the matter of great pride for all of us. The principal, teachers and the students didn't want to leave any stone unturned in making this monumental day a memorable one. Republic Day is always a proud moment for every Indian to celebrate, which is celebrated throughout India and every corner of the country on 26th January every year irrespective of caste, creed and religion. The Oxford College of Pharmacy, Bangalore celebrated 74th Republic Day, which is themed as **75th Azadi Ka Amrit Mahostav** with great enthusiasm on 26th January 2023. While India gained independence from the British Raj in 1947, it wasn't until January 26, 1950, that the Indian Constitution came into effect, and India became a sovereign state, declaring it a republic. Dr. BR Ambedkar headed the Drafting Committee of the Constitution. Additionally, Constitution Day is celebrated in India on November 26 every year, as on November 26, 1949, the Constituent Assembly of India adopted the Constitution of India.

On the special occasion, we also mark the festival of Basant Panchami. To celebrate the festival, faculty and students gathered to pay homage to the goddess of knowledge and wisdom, Saraswati, with a traditional Aarti and Bhajan ceremony. The simultaneous celebration of two important events added to the cultural richness and diversity of the day's festivities. The university community came together to celebrate India's constitutional values and rich cultural heritage, making the day a truly memorable one.

The campus was beautifully decorated with flags and rangoli to commemorate the day. All the students, teachers, and non-teaching staff gathered in the college premises at 8.15 a.m. The programme started at 8.30 a.m. Our beloved principal Dr Padmaa Paraakh welcomed all the members present for the function. She motivated our college students for various patriotic performances and shared with everyone to be good citizen of India by showing sincerity and punctuality in development of our nation. All must work hard and should not postpone their duties. She appreciated the consistent endeavours of our armed forces in protecting our country bravely. She urged students to realize, understand and cherish our coveted freedom and work towards a progressive nation. She extended her warm greetings on the occasion. After that our principal madam hoisted the Flag and we sang flag song and National Anthem together.

After that Dr. Jyoti Shrivastava, HOD, Professor, Department of Pharm Chemistry, The Oxford College of Pharmacy, gave an in-depth speech on how we got freedom.



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Children's Education Society (Regd.)

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Dr Parthasarthy, Professor, HOD, Department of Pharmacy Practice, The Oxford College of Pharmacy, also gave a speech on the importance of Republic Day to Indians. He talked about the date was specifically chosen as it marks the anniversary of Purna Swaraj Day, which was held on January 26, 1930. The Purna Swaraj resolution made on January 26, 1930, called for "complete freedom from the British rule".

Dr. Noopur Srivastava, HOD, Department of Pharmacology, The Oxford College of Pharmacy, gave the vote of thanks. The function was concluded by thanking teachers, students, and non-teaching staff.

The program ended with the message to create a great nation through collective efforts from all individual. Sweets were distributed amongst all.

To celebrate the day four programs were conducted in the Auditorium- Extempore, Slogan Competition, Face Painting and Sudoku.

The Face painting competition was organised in the Room no 404 and other events in the Auditorium. The judges for the Face painting were Mrs Divya S Kumar, Mrs Sravani T, Mrs K Bhavani and Dr Noopur Shrivastava. There were over all 75 participants.



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OVERALL RESULT

Name of the Event: Face Painting

Total points:15

S.No.	Name of the Participant	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total	
1.	TEAM A	11.5	12.5	10	13		11.75	III Position
2.	TEAM B	11.5	11	9	11		10.62	
3.	TEAM C	9.5	9	10	11		10	
4.	TEAM D	9	8.5	14	10.5		10.5	
5.	TEAM E	12.5	13.5	12	13.5		12.87	II Position
6.	TEAM F	6.5	9.5	11	13.5		10.12	
7.	TEAM G	10.5	10	12	11.5		11	
8.	TEAM H	13.5	13	13	12.5		13	I Position

The judges for the Face painting were Mrs Divya S Kumar, Mrs Sravani T, Mrs K Bhavani and Dr Noopur Shrivastava.

RESULT:

I Position: TEAM H- Ms Umme Habiba and Yaseen (I MPH)

II Position: TEAM E- Ms Athamja Shetty and Monisha KC (II MPH)

III Position: TEAM A- Ms Swathi and Ms Kruthika (III BPH)



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OVERALL RESULT

Name of the Event: Slogan Competition

Total points:15

S.No.	Name of the Participant	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total	
1.	TEAM A	13	12	12	12		12.25	II Position
2.	TEAM B	11	9	9	9		9.5	
3.	TEAM C	10	8	9	8		8.75	
4.	TEAM D	14	13	11	13		12.75	I Position
5.	TEAM E	11	10	10	9.5		10.12	
6.	TEAM F	12.5	11	11	9		10.87	III Position

The judges for the Slogan competition were Mrs.Uma Prabha, Mrs Keerthana CK, Mrs Vishnupriya S and Dr Parthasarthy G.

RESULT:

I Position: TEAM D- Mr Shailesh (III BPH)

II Position: TEAM A- Ms Keerthana K (II BPH)

III Position: TEAM F- Ms Deepti Choudhary (III Pharm D)



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OVERALL RESULT

Name of the Event: Extempore

Total points:20

S.No.	Name of the Participant	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total	
1.	TEAM A	11	19	15			15	I Position
2.	TEAM B	16	14	14			14.6	II Position
3.	TEAM C	9	14	15			12.6	
4.	TEAM D	12	17	16			15	I Position
5.	TEAM E	17	12	10			13	

The judges for the Slogan competition were Mrs Surinder Kaur, Dr Vikram, Dr Karthik and Dr Parthasarthy G.

RESULT:

I Position: TEAM D- Ms Kavya (IV BPH)

I Position: TEAM A- Ms Deepthi (III Pharm D)

III Position: TEAM B- Mr Udaya Kumar (II BPharm)

Name of the Event: Sudoku

Participants- All the students participated.

I Position: Ms Kavya P Reddy (V SEM BPH)

II Position: Mr Prem Raj T (V Pharm D)

III Position: Mr Deepak Choudhary (IV Pharm D)



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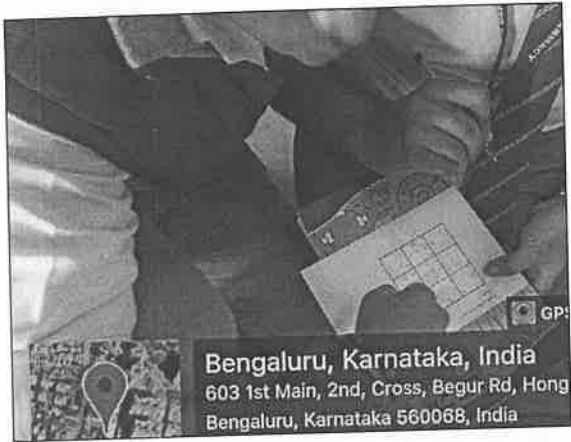


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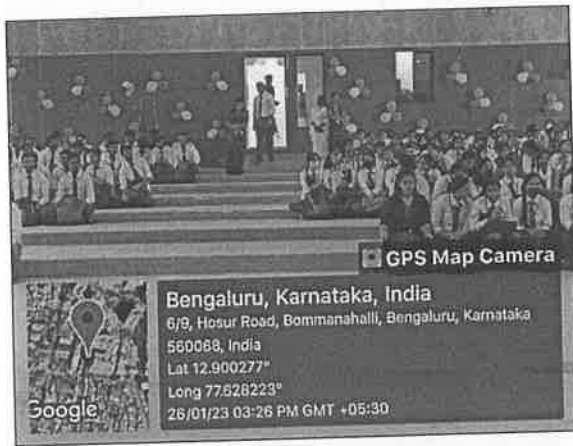
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Some Photos from the celebration of 74th REPUBLIC DAY on 26th January 2023.



Sudoku and face painting competition



Poster presentation by students



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OUTCOME

Various competitions like face painting, slogan competition and Extempore were held on Republic Day. There were around 75 participants actively participated in this program. This day is celebrated every year as on this day India's constitution became effective in 1950, thereby formally India got its identity as a Democratic Republic Country. Celebration of Republic Day is a tribute to the visionaries who crafted constitution including the rights and duties of every citizen. This day signifies that the strength of the nation lies by the involvement of the people. It's a call for each individual citizen to engage themselves in the democratic process, thereby which nation can progress towards a brighter and inclusive future. Beyond just observing holiday on this day, it is a celebration of the shared identity and unity in diversity.

END OF REPORT



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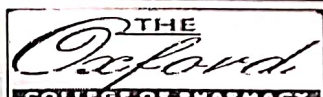
Date: 25/10/2022

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that programme on 'NATIONAL UNITY DAY 2022' will be conducted on 31/10/2022. We look forward for the active participation for the same. All interested students are requested to give your name to the event co-ordinator.

P. Padma
PRINCIPAL

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DEPARTMENT OF PHARMACY PRACTICE

ORGANIZED

PROGRAMME

ON

NATIONAL UNITY DAY

ON

MONDAY, 31 OCTOBER 2022

CHIEF PATRON

SHRI. S.N.V. L. NARASIMHARAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENOR

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

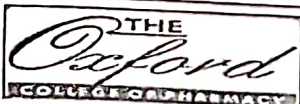
ORGANIZING SECRETARY

Ms LIJI JOY

ASST PROFESSOR,

DEPARTMENT OF PHARMACY PRACTICE

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE:

The Oxford College of Pharmacy, Department of Pharmacy Practice, Bangalore celebrated "National Unity Day" on 31 October 2022. There were totally 60 participants of students of different classes.

Ms Liji Joy, Assistant Professor, Department of Pharmacy Practice organized the celebration on the occasion of "National Unity Day" and Dr. G Parthasarathy, Professor and Head of the Department of Pharmacy Practice emphasized the importance of the day.

Rashtriya Ekta Diwas or National Unity Day was introduced by the government of India in 2014 to pay tribute to great man who unified the country. While declaring October 31 as National Unity Day, the government said in an official statement that this occasion "will provide an opportunity to reaffirm the inherent strength and resilience of our nation to withstand the actual and potential threats to the unity, integrity, and security of our country."

THE PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Ms Liji Joy, Programme organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy.

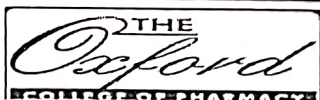
Dr. Parthasarathy G, HOD, Department of Pharmacy Practice, was invited to talk about National Unity Day /Rashtriya Ekta Diwas. The birth anniversary of Sardar Vallabhbhai Patel—the first home minister of Independent India—is celebrated as National Unity Day or Rashtriya Ekta Diwas. Vallabhbhai Jhaverbhai Patel also dubbed as 'Sardar Patel' was born on October 31, 1875, into a landowning family of the Leva Patidar caste.

Sardar Patel achieved the incredible feat of persuading almost every single one of the 565 self-governing princely states, that had been released from British suzerainty, to accede to the Union of India. For his commitment to the national integration of the newly independent country, Sardar Patel earned the sobriquet "Iron Man of India".

The event was organized by the Department of Pharmacy Practice in Room No.505 of The Oxford College of Pharmacy, Bangalore in between 11:30 to 12:30 PM headed by Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy.

A Pledge was taken by the students headed by Dr Sripriya C, Asst Professor as follows- "I solemnly pledge that I dedicate myself to preserve the unity, integrity, and security of the nation and also strive hard to spread this message among my fellow countrymen. I take this pledge in the spirit of unification of my country which was made possible by the vision and actions of Sardar Vallabhbhai Patel. I also solemnly resolve to make my own contribution to ensure the internal security of my country."

A total of 60 students from both B Pharm and pharm D were participated in this session.



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The organizer Ms Liji Joy concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L. Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, Dr. Parthasarathy G HOD, Department of Pharmacy Practice for encouraging to organize such an event and extended all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 60 participants
Schedule: On 31 Oct 2022

Time Schedule	Programme
11:30-12:30 PM	"National Unity Day 2022"

P. Padma
Principal

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National Unity day 2022 is celebrated on behalf of the birth anniversary of Sardar Vallabhbhai Patel



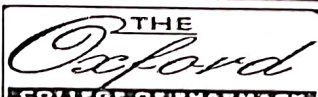
Organised by:

The Oxford College of Pharmacy
BENGALURU, KARNATAKA

Alone You are a drop, but in a Team,
We form an ocean

Resource Person:

Dr. G. Parthasarathy
Professor & HOD
Department of Pharmacy Practice,
The Oxford College of Pharmacy



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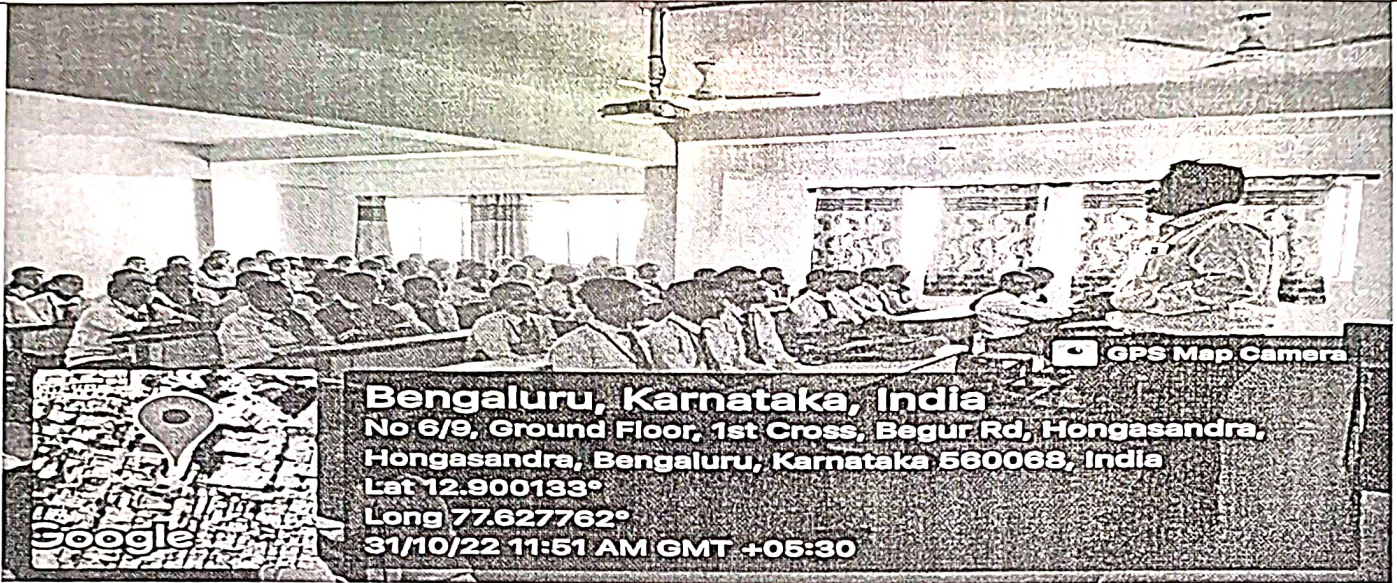
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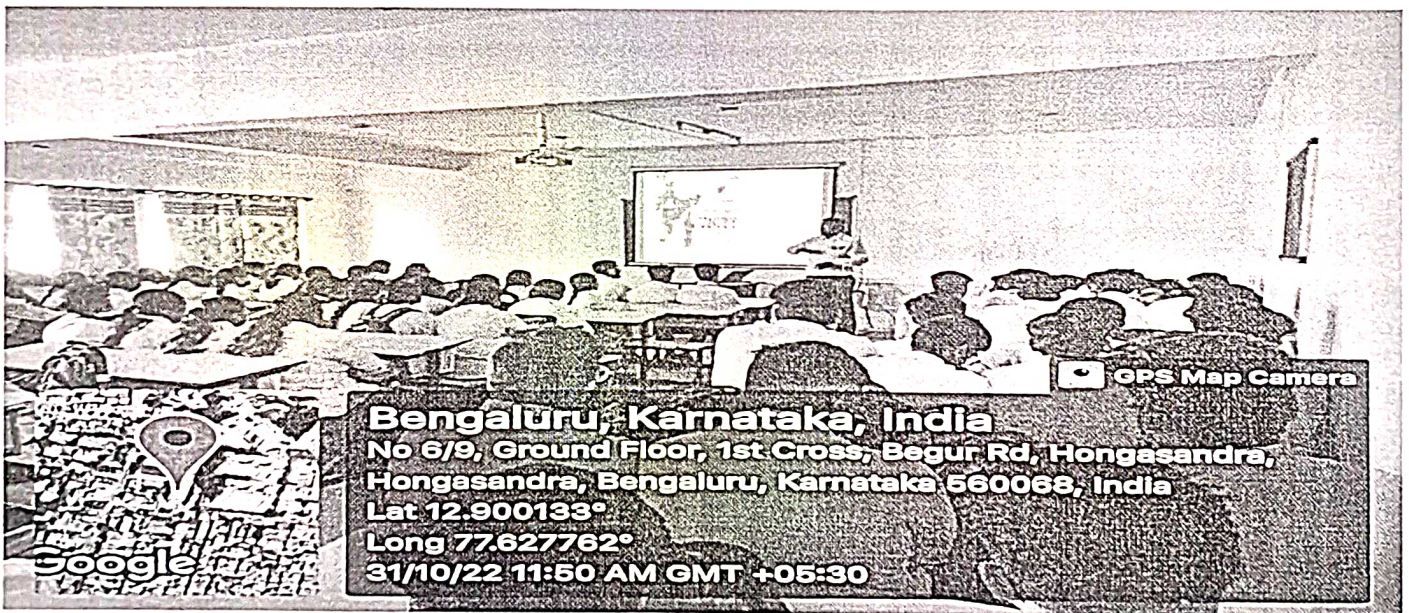
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Hongasandra, Bengaluru, Karnataka 560068, India

Lat 12.900133°

Long 77.627762°

31/10/22 11:51 AM GMT +05:30



Bengaluru, Karnataka, India

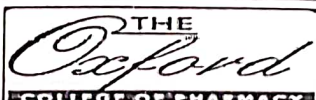
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31/10/22 11:50 AM GMT +05:30



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OUTCOME OF THE PROGRAMME

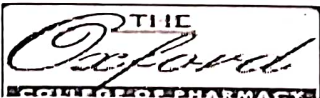
The programme made students realize that National Integration helps in keeping the stability of the country and helps in the development. It nourishes communal harmony and fights casteism, regionalism and linguistic differences. It enhanced the feeling of loyalty towards the nation and aims at unifying people. This programme is anticipated to positively impact their future interactions with diverse populations and contribute to a more compassionate environment.

END OF REPORT

P. Padma

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Date: 10/06/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on 'WORLD BLOOD DONOR DAY 2023' will be conducted on 14/06/2023. We look forward for the active participation for the same.

P. Padma
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Bangalore - 560 068



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DEPARTMENT OF PHARMACY PRACTICE

ORGANIZED

AWARENESS PROGRAMME

ON

“WORLD BLOOD DONOR DAY”

ON

WEDNESDAY, 14TH JUNE 2023

CHIEF PATRON

SHRI. S.N.V. L. NARASIMHARAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr SRIPRIYA C

ASST PROFESSOR,

DEPARTMENT OF PHARMACY PRACTICE

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized "WORLD BLOOD DONOR DAY 2023" with an aim to raise an awareness program to educate our staffs and students about the need for safe blood, blood products and to thank voluntary, unpaid blood donors for their life saving gifts of blood. The program was conducted on June 14th 2023. This day is celebrated on the birthday anniversary of Karl Landsteiner on June 14, 1868. Landsteiner was awarded the Nobel prize for his discovery of ABO blood group system.

In 2004, World Blood Donor Day was first distinguished by WHO. In 58th world health assembly, 2005 it was declared as annual global event to raise awareness about the importance of blood donation.

The Theme for 2023 World Blood donor day campaign is '**Give Blood, Give Plasma, Share Life, Share Often**'. This theme reflects the important role blood donors play in maintaining the health and well-being of communities around the world.

Blood and plasma are essential in surgery and for treating many conditions such as trauma, cancer, immune disorders and coagulation disorders. They are also crucial for responding to emergencies and fighting against infectious diseases. However, many countries face challenges in ensuring adequate and safe blood supply for patients because of insufficient medical infrastructure and personal conflict or ongoing humanitarian crisis. On world blood donor day, we celebrate blood donors. Every single donation can make difference for someone's life by giving blood or plasma you are not helping a patient but also their family and community.

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr Sripriya C, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Dr. Parthasarathy G, HOD, Department of Pharmacy practice, was invited to talk about the Blood Donor Day. He was delivered about the importance of Blood donations.



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The program has different sessions which is delivered by Dr Sripriya C. The first includes the objectives of the World Blood Donor day followed by who can give blood and what is the criteria for it as prescribed by WHO. Then follows what happens to the collected blood, explains the working of blood bank and last explains the benefits of blood donations. Blood donation motivates the students to create awareness among society around them and encourage for active participation in life saving act.

The program was attended by students of Pharm D, B. Pharm and D. Pharm. 60 participants including staffs and students of The Oxford College of Pharmacy were attended the program. After completing the program in campus students went outside the campus to create awareness in the society.

The organizer Dr Sripriya C concluded the program with vote of thanks. She thanked Chairman Shri S. N. V. L Narasimha Raju, The Oxford Group Of Institutions, Dr. Padmaa M Paarakh, Principal, The oxford college of pharmacy for organizing such an event and Dr. Parthasarathy G HOD, Department of Pharmacy Practice. And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 60 participants

Schedule: On 14th June 2023

Time Schedule	Programme
02:00 PM	"WORLD BLOOD DONOR DAY 2023"



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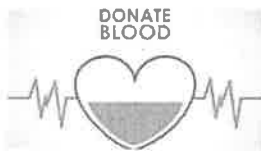


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DEPARTMENT OF PHARMACY PRACTICE



WORLD BLOOD DONOR DAY 2023

14-06-23

“GIVE BLOOD, GIVE PLASMA, SHARE LIFE, SHARE OFTEN”



Chief Patron

Shri. S N V L Narasimha Raju
Chairman
The Oxford Educational
Institutions

Convener

Dr. Padmaa M Paurakh
Principal
The Oxford College of
Pharmacy

Organizing Secretary

Dr Sripriya C
Assistant Professor
Dept of pharmacy practice
The Oxford College of
Pharmacy



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GPS Map Camera



Bengaluru, Karnataka, India

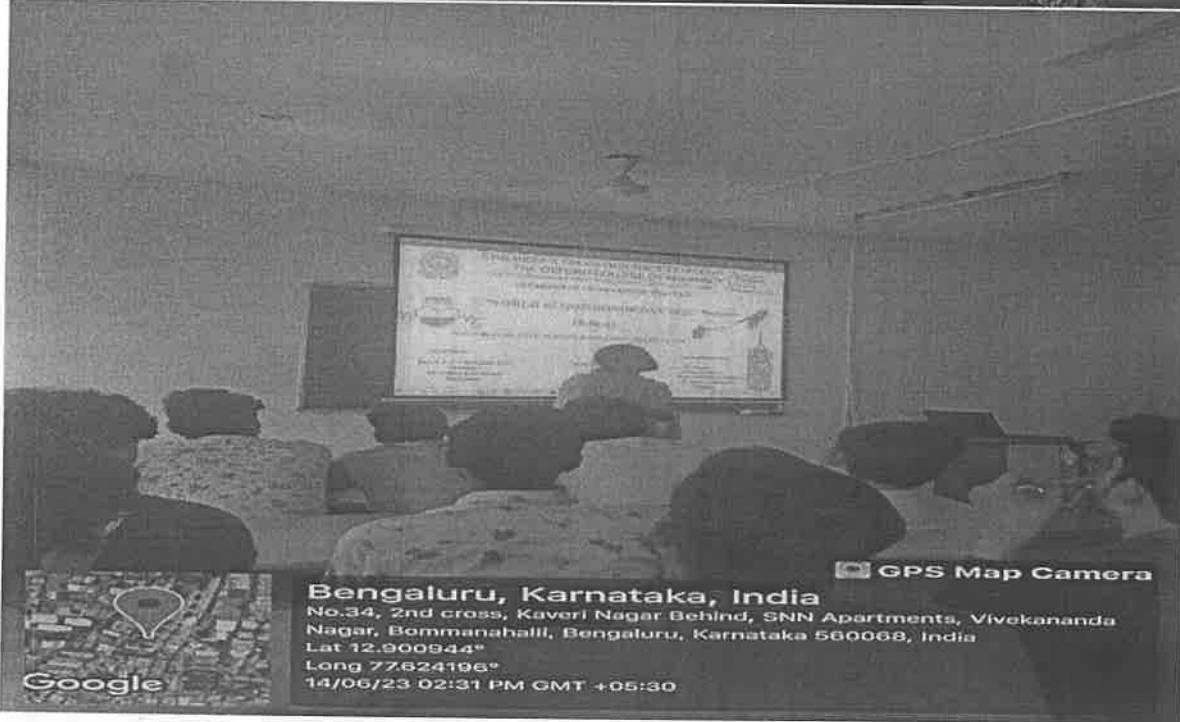
41, Hongasandra, Bengaluru, Karnataka 560068, India

Lat 12.899911°

Long 77.627619°

14/06/23 02:29 PM GMT +05:30

Google



GPS Map Camera

Bengaluru, Karnataka, India

No.34, 2nd cross, Kaveri Nagar Behind, SNN Apartments, Vivekananda Nagar, Bommanahalli, Bengaluru, Karnataka 560068, India

Lat 12.900944°

Long 77.624196°

14/06/23 02:31 PM GMT +05:30

Google

Speaker giving awareness to students regarding importance of blood donation



No.6/9, 1st Cross, Begur Road, Hongasandra, Bengaluru -560 068

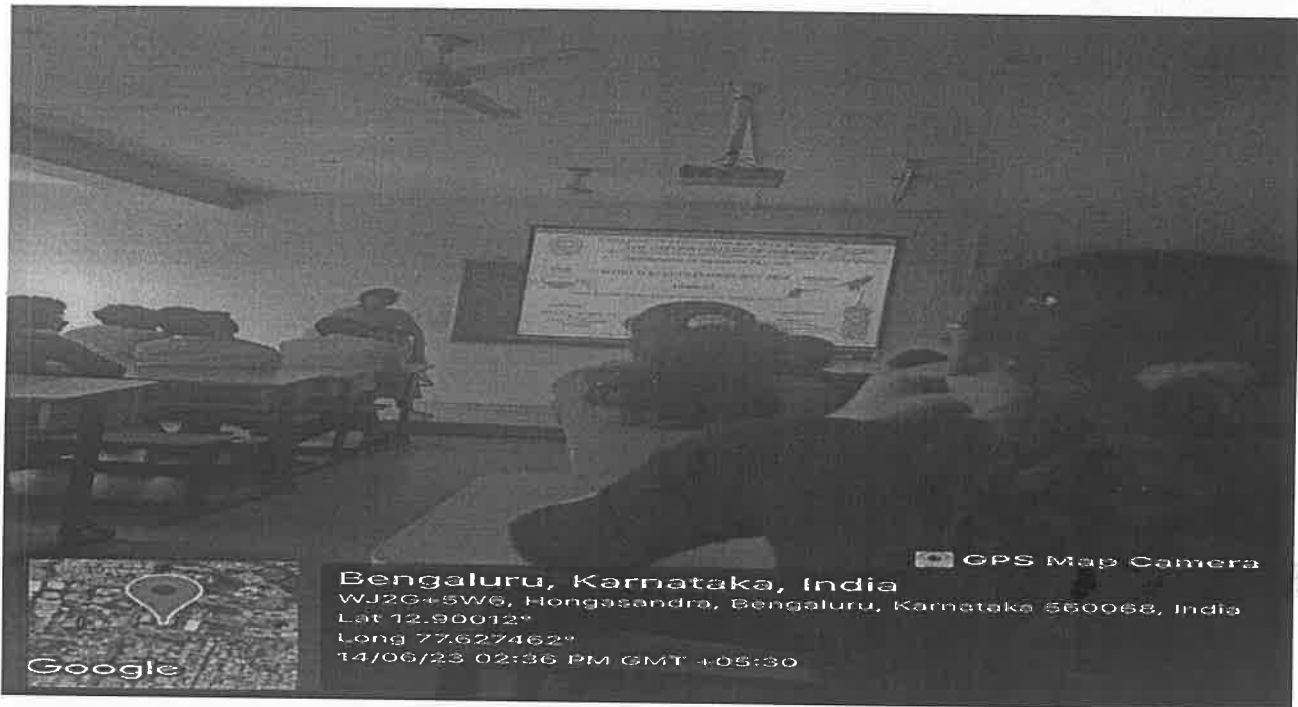
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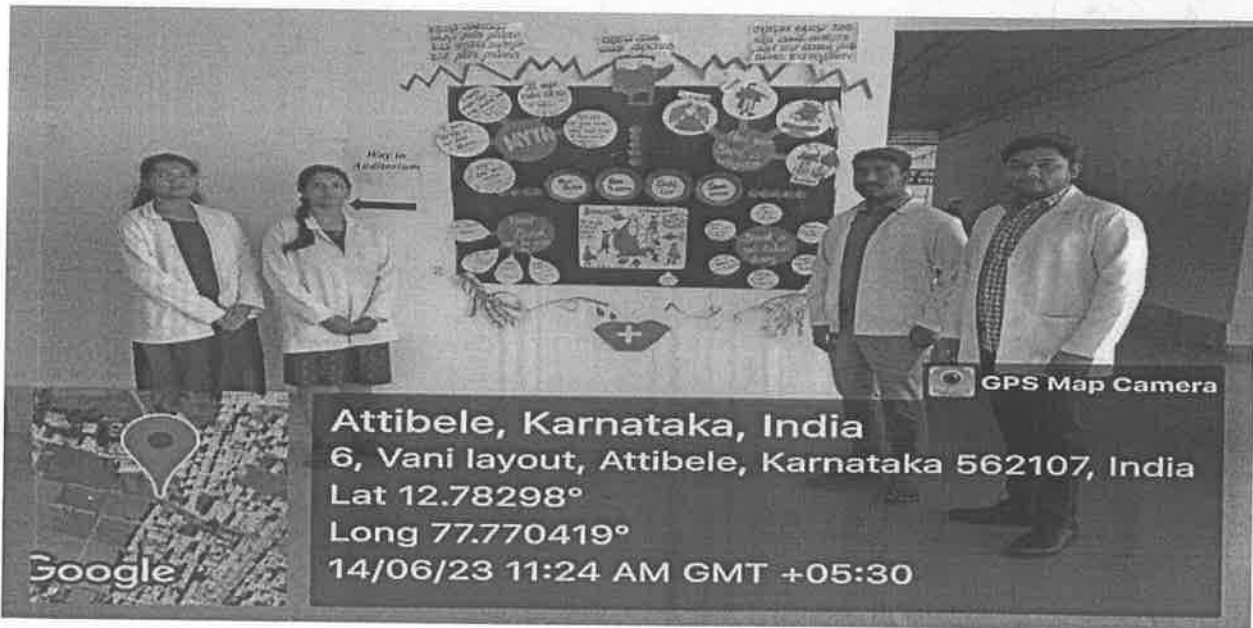
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WJ2G+5W6, Hongasandra, Bengaluru, Karnataka 560068, India
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Long 77.627462°
14/06/23 02:36 PM GMT +05:30

Speaker explaining students regarding importance of blood donation



Attibele, Karnataka, India
6, Vani layout, Attibele, Karnataka 562107, India
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Long 77.770419°
14/06/23 11:24 AM GMT +05:30

Poster presentation by students regarding blood donation



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Students giving awareness to society about blood donation



Students interacting with local community – Blood donor day



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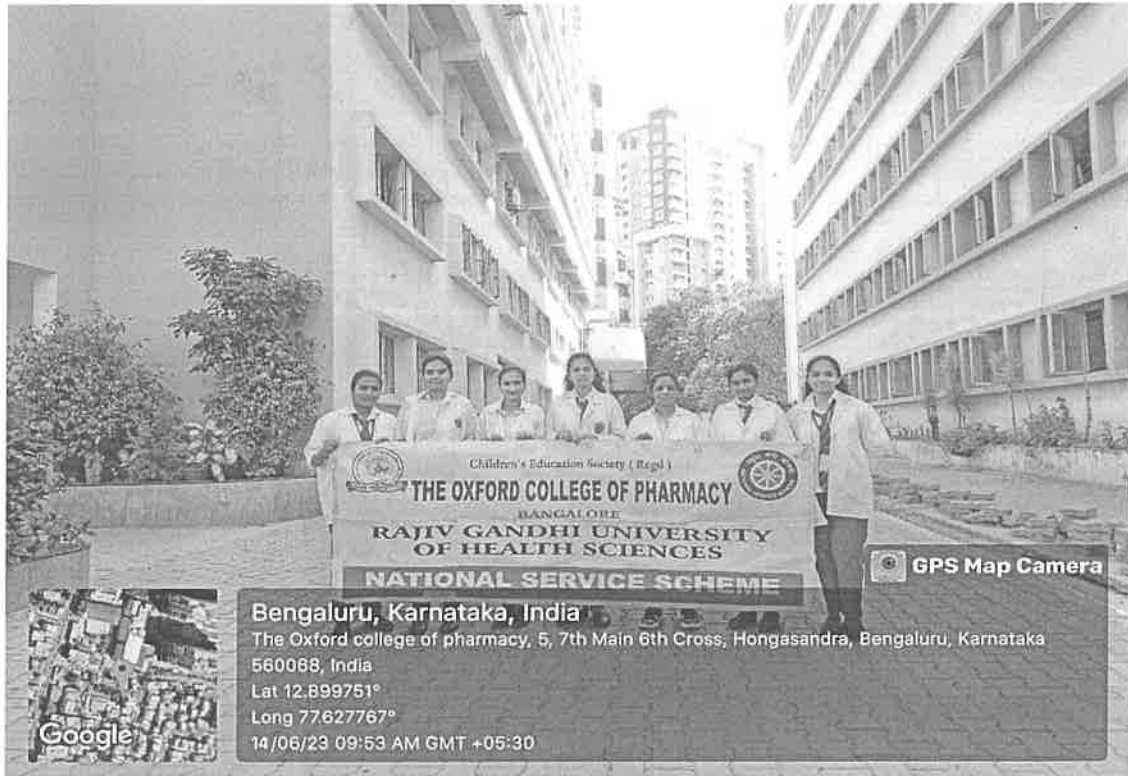
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Student Volunteers providing awareness about blood donation

OUTCOME

The outcomes and benefits of World blood donor day include saving lives, promoting health, raising awareness, fostering community spirit. The Oxford College of Pharmacy has organized the awareness programme which helped the students to understand the importance of blood and its donation and encourage more people to donate blood. The students have visited the community in regard with the same to promote awareness on need and importance of blood donation. The students also got an opportunity to interact with common people and educate them about the blood donation. The public response was fascinating and welcoming. There were around 60 participants in the program.

END OF REPORT



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Date: 25/02/2023

CIRCULAR

The NSS unit of The Oxford College of Pharmacy is organizing the "National Science Day" in The Oxford College of Pharmacy on 28/02/2023. We request the active participation of the staff and students for the same.

P. Padma

PRINCIPAL

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DEPARTMENT OF PHARMACOLOGY

ORGANIZED PROGRAMME

ON

“NATIONAL SCIENCE DAY”

ON

TUESDAY, 28th February, 2023

CHIEF PATRON

DR. S. N. V. L NARASIMHARAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M

PAARAKHPRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr. NOOPUR SRIVASTAVA

ASSOCIATE PROFESSOR

DEPARTMENT OF PHARMACOLOGY,
THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized " **National Science Day**" with an aim to recognize and appreciate the contributions of scientists and researchers to the field of science and to create awareness among the students about the importance of science and its applications in everyday life as well as to promote and nourish interest in science and technology. The program was conducted on February, 28th 2023.

Ever since 1987, our country has been celebrating the National Science Day on 28th February to commemorate the discovery of the 'Raman Effect' by one of the renowned Physicist of India- Sir CV Raman. This year, the theme was 'Integrated Approach in Science and Technology for Sustainable Future'.

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr. Noopur Srivastava, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

On the occasion there were Poster, Working Models and Origami Models competitions. There was enthusiastic participation for all the competitions from the students. Students from various under graduate and post-graduate courses had participated enthusiastically in the event. Students were shown their creative ideas and knowledge in posters and models. Dr. Parthasarthy Prof. & HOD, Pharmacy practice formally welcomed all the participants gathered for the celebration and spoke on the importance of National Science Day and the life and works of noble laureate Sir C V Raman. Dr. Padmaa M Paarakh Principal, The Oxford College of Pharmacy emphasized the need to go beyond textbooks and imbibe the knowledge from all the spheres for the overall development of any pharmacist. She encouraged and motivated students to take up challenges and put efforts to achieve excellence in their life. Dr. Gururaj S Kulkarni Prof. & HOD, Department of Pharmaceutics reflected on how Science and Technology should walk hand in hand to solve the current societal problems. Honorable Principal, HODs and faculties appreciated the science projects exhibited by the students in the science fair.



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The students of M. Pharm (Pharmacology, Pharmaceutics), Pharm D, B Pharm and D Pharm were participated in the programme. At the end of it, the results of various competitions like Working Science Model Competition and Origami Model Competition were announced by Dr. Noopur Srivastava Associate Professor Department of Pharmacology. Students were shown their creative ideas and knowledge in posters and models. Fresh ideas in a competition got opportunity to win prizes in the occasion. The higher authority congratulated all the prize-winners. Finally, Mrs. Bhavani, Assistant Professor, Department of Pharmacology concluded the program with vote of thanks. She thanked Chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford college of pharmacy for organizing such an event and Dr. Noopur Srivastava, HOD, Department of Pharmacology. And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 50 participants

Schedule: On 28th February, 2023

Time Schedule	Programme
3:10 P.M-3:30 P.M	Display of Models (Working models, Origami Models)
3:30 P.M-4:00 P.M	Presentation for Models by Students




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CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY
6/9, 1ST MAIN, BEGUR ROAD, HONGASANDRA, BANGALORE-560068



DEPARTMENT OF PHARMACOLOGY, IIC
NATIONAL SCIENCE DAY
28TH FEBRUARY 2023

THEME: Integrated Approach in Science and Technology for Sustainable Future

PATRON SHERI S. N. V. L. NARASIMHARAJU CHAIRMAN THE OXFORD GROUP OF INSTITUTIONS	CONVENER DR. PADMA M. BAARANI PRINCIPAL THE OXFORD COLLEGE OF PHARMACY	ORGANIZING SECRETARY DR. NOOPUR SRIVASTAVA DEPARTMENT OF PHARMACOLOGY THE OXFORD COLLEGE OF PHARMACY BANGALORE
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Students Presenting the Models



Student explaining the model to the evaluator



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Students with their presentation



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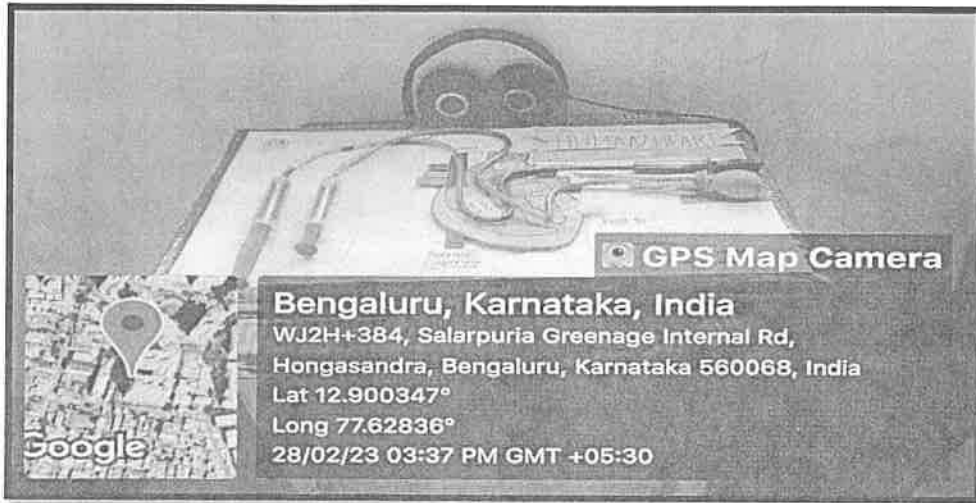
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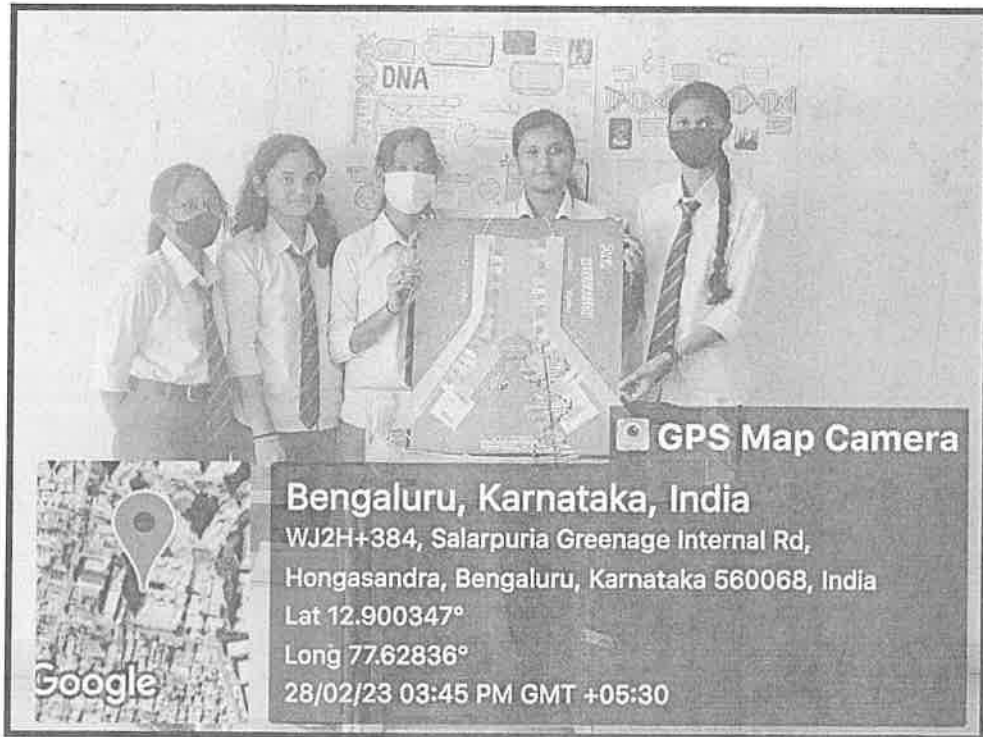
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Students with their Models



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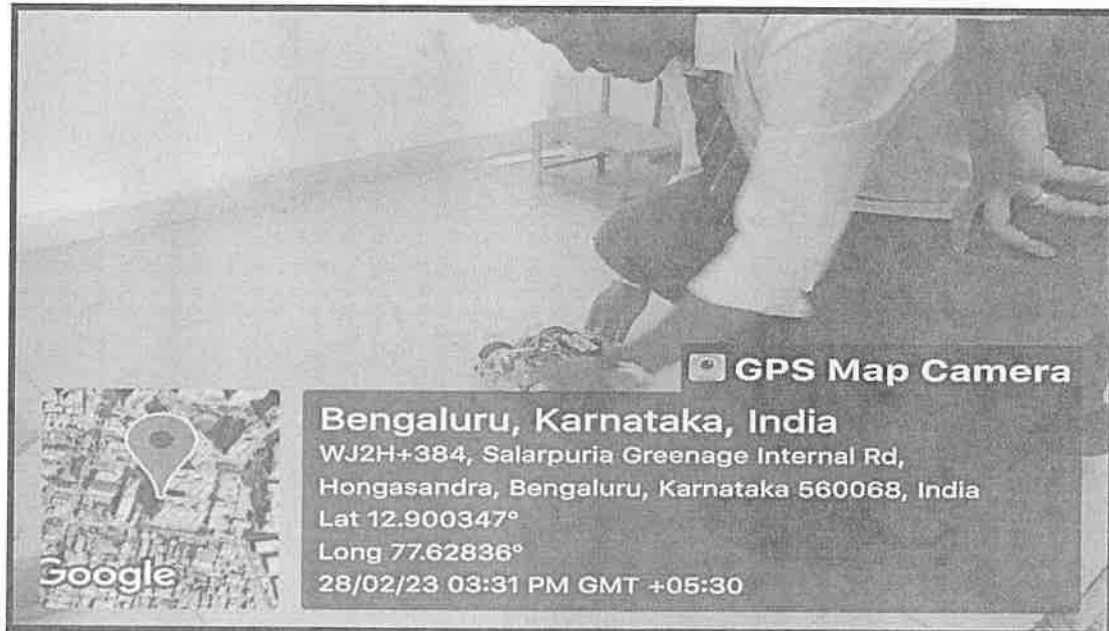
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Students Explaining the model



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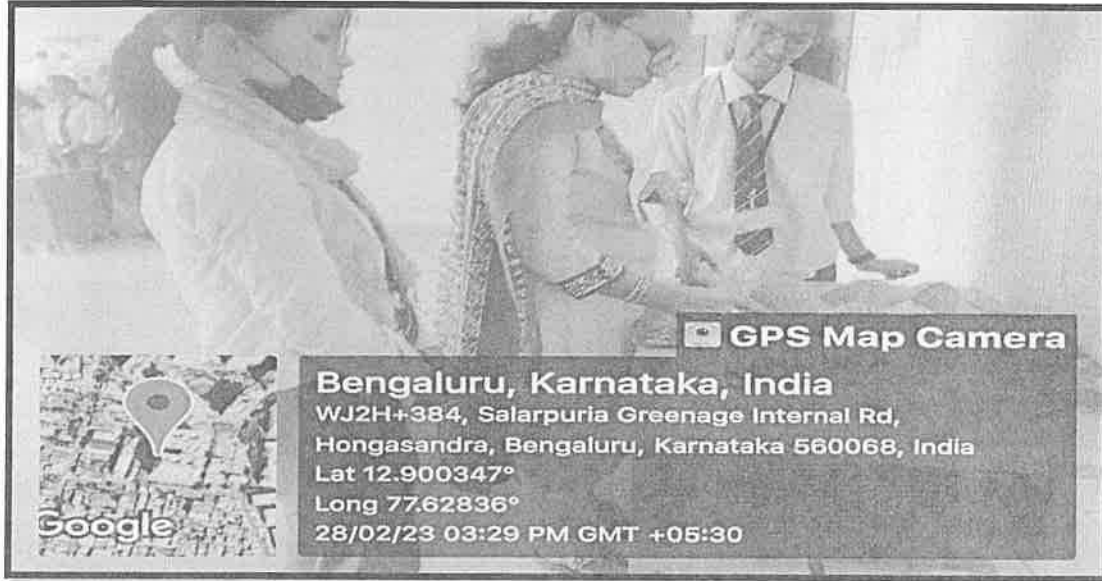
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Evaluator evaluating the Model



Students with their Models



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OUTCOME

National Science Day's was conducted to ignite an interest in to the students, to perform new experiments, and make them aware of the latest developments in science and technology. At the end of it, the results of various competitions like Working Science Model Competition and Origami Model Competition were announced. Students were shown their creative ideas and knowledge in posters and models. Fresh ideas in a competition got opportunity to win prizes in the occasion. The higher authority congratulated all the prize-winners. There were 50 participants in this program.

END OF REPORT



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Date: 02/09/2023

CIRCULAR

All the teaching, non -teaching and students of The Oxford College of Pharmacy are hereby informed that the Teacher's Day for the academic year 2022-2023 will be celebrated on the 5th of September 2023. All are requested to assemble in the Auditorium by 3pm. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

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The Oxford College Of Pharmacy
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Bangalore - 560 068



Bengaluru -560 068

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DEPARTMENT OF PHARMACEUTICS

ORGANISED PROGRAMME

ON

“TEACHER’S DAY CELEBRATION 2023”

5TH OF SEPTEMBER 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

MRS. SURINDER KAUR

ASSISTANT PROFESSOR,

DEPARTMENT OF PHARMACEUTICS

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE

The Oxford College of Pharmacy, Cultural Committee, Bangalore celebrated "Teachers Day" on 5th September 2023. Mrs. Surinder Kaur, Assistant Professor, Department of Pharmaceutics. Initiated the celebration of the program along with students.

The content of the Session:

"Teacher's Day 2022" celebration was organized by The Oxford College of Pharmacy, Bangalore on 5th September 2023. On this day, students around the country pay their respects and express gratitude, love and respect to their teachers and professors. Many cultural events are also organized by the students to entertain and give their teachers a day to remember. Speeches on why we celebrate Teachers' Day and how Dr. Sarvepalli Radhakrishnan contributed to society was given by UG and PG students belonging to department of pharmacy.

The teacher's day celebration started with inviting the Principal and the teachers for the function through an invitation card. The function started with a welcome speech by Mr. Kushan Raj P the class representative of final B Pharm. It was followed by a devotional song sung by Padmashree of 2ND year Pharm D and Yeshashwani of 2nd year B Pharm. The students of different classes spoke in the appreciation of their teachers. The teachers also spoke about their experiences during their teaching tenure and remembered many students for their good behavior, naughtiness, being in good positions, etc. IT was followed by a group activities for the teachers which was filled with enthusiasm. Principal including the other teachers spoke about the co-faculty members about their work ethics, etc. Few students from the PG spoke about their teachers and the HODs Dr. Guru S Raj Kulkarni, Dr. G Parthasarathy also took the initiative to appreciate their teachers and thank the students for conducting the function.

Convener, Dr. Padmaa M Paarakh, Principal of The Oxford College of Pharmacy, spoke about her teachers, the good qualities she observed in the teachers and appreciated all the students for taking the initiative in celebrating and remembering their teachers on the Teacher's Day. She thanked all the teachers for being a wonder full team and inculcating overall discipline in the students and for giving their 100% in the academics. Dr. Noopur Srivastava, HOD of Pharmacology, The Oxford College of Pharmacy, gave the vote of thanks. The function was concluded by giving gifts to the teachers as a token of appreciation and thankfulness. There were around 50 participants.



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Warm Welcome to the Teaching Faculty



Main entry Decoration by students



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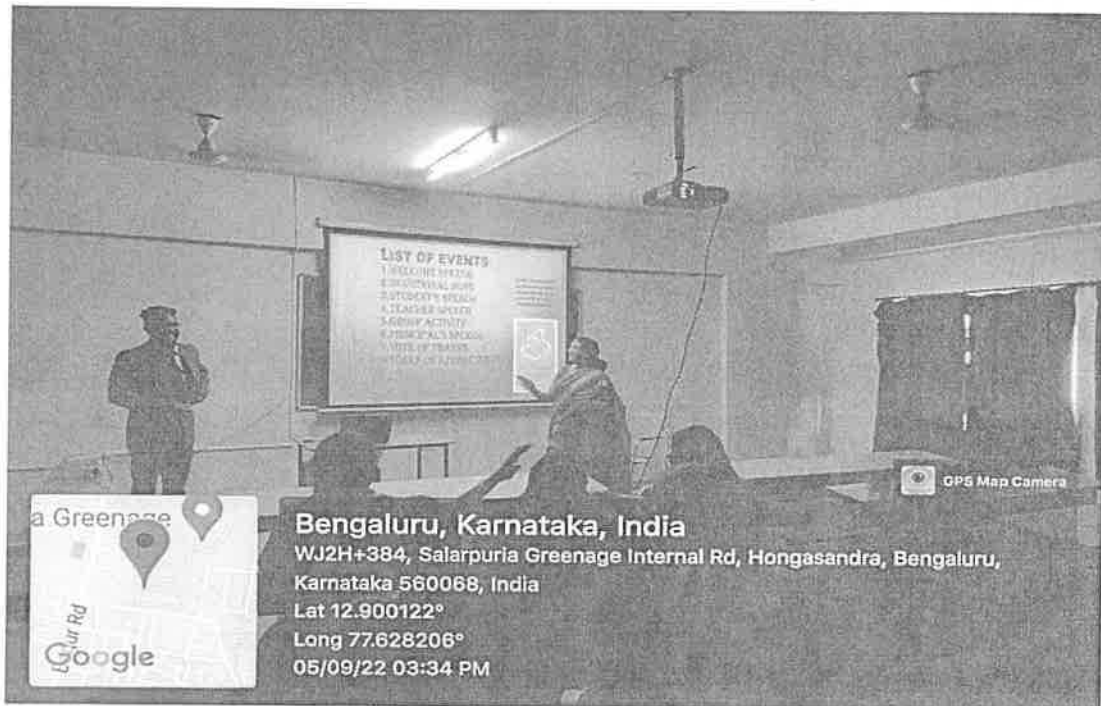


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Interaction between Principal and the Students



Views of Dr. Noopur S Madam on Teaching as a profession



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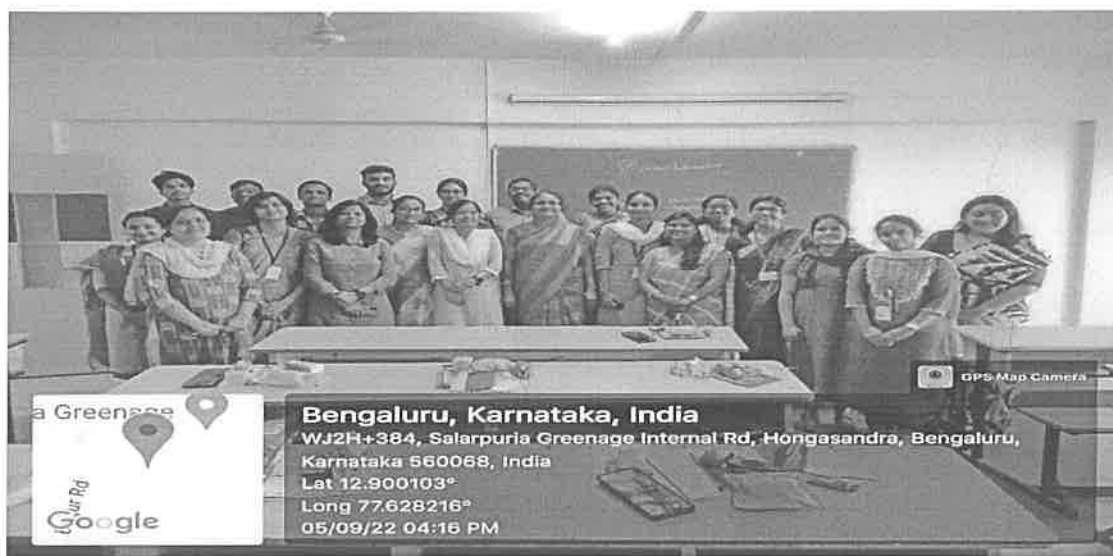
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Memories of the Teacher's Day Celebrations

OUTCOME

The day was marked for the celebration as Teachers' Day since 1962 in respect and in memory of Dr. Sarvepalli Radhakrishnan who was born on 5th September, 1888. The day is celebrated as a tribute to the dedication and commitment of the teachers who play a pivotal role in imparting education and social values to the students. Additionally, it stresses on the need for providing quality education to the students. The celebration started with devotional song (Vandana) followed by the speech from the students. An inspirational lecture on the topic Priority management for individual (to become a better teacher), was given by the Principal, and followed by this exciting games and group activities were organized for both the Teaching & Non-Teaching Staff and gifts were distributed for the teachers. There were around 50 participants in this program.

END OF THE REPORT



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Date: 03/03/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on 'NO SMOKING DAY 2023' will be conducted on 09/03/2023. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

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DEPARTMENT OF PHARMACEUTICS

ORGANIZED

AWARENESS PROGRAMME

ON

“NO SMOKING DAY”

ON

THURSDAY, 9TH MARCH 2023

CHIEF PATRON

SHRI. S.N.V. L. NARASIMHARAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr. VIKRAM.T

ASSISTANT PROFESSOR

DEPARTMENT OF PHARMACEUTICS

THE OXFORD COLLEGE OF PHARMACY

RESOURCE PERSON

MR. THIRUMALA RAO

LECTURER

THE OXFORD COLLEGE OF PHYSIOTHERAPY



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PREAMBLE

The Oxford College of Pharmacy, Bengaluru, organized “NO SMOKING DAY 2023” with an aim to spread awareness about the harmful health effects of tobacco consumption through cigarette and other modes. Dr. Vikram.T, Assistant Professor, Department of Pharmaceutics initiated the programme along with students. The utmost intention of the program is to help smokers to get rid from the habit of smoking. The programme was conducted on 9th March 2023.

The history of No Smoking Day dates back to the early 1980s when a small group of individuals in the United Kingdom decided to launch a campaign to raise awareness about the harmful effects of smoking. The first No Smoking Day was observed in the UK in 1984, and since then, it has been observed annually on the second Wednesday in March.

The idea behind No Smoking Day was to encourage smokers to quit smoking by creating awareness about the risks associated with smoking. The campaign aimed to provide smokers with the support they need to quit smoking and to create a smoke-free environment for non-smokers.

The content of the session

No Smoking Day 2023 was organized by The Oxford College of Pharmacy, Bengaluru on 9th March 2023 with the theme “Quit and Win”. The programme started with the welcoming of the audience and introduction of the speaker of the day Mr. Thirumala Rao, Lecturer, The Oxford College of Physiotherapy, Bengaluru.

No. of Participants: 60

Schedule: On 9th March 2023

Time Schedule	Programme
12 PM-1 PM	NO SMOKING DAY 2023



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Mr. Thirumala Rao addressed the students about sources of tobacco, consequences and harmful effects of tobacco to students through video. The programme was attended by students of B.Pharm. Around 60 participants including staffs and students of The Oxford College of Pharmacy attended the programme. The organizer Dr. Vikram concluded the programme with vote of thanks. He thanked Chairman Shri. S.N.V. L. Narasimha Raju, The Oxford Group of Institutions, Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy for encouraging to organize the event. After the inside campus program students went outside the campus along with faculties and aware the public about the risks associated with smoking.



CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

68, 2nd MAIN, BEGUR ROAD, HONGASANDRA, BANGALORE-560068

DEPARTMENT OF PHARMACEUTICS



NO SMOKING DAY-2023

MARCH 9th 2023, 12 PM

THEME: QUIT AND WIN

GUEST LECTURE BY

Mr. Thirumala Rao

Lecturer

THE OXFORD COLLEGE OF PHYSIOTHERAPY



PATRON

SHRI S. N. V. L. NARASIMHARAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

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PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

DR. VIKRAM T
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THE OXFORD COLLEGE OF PHARMACY
BANGALORE



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Providing awareness to students about the consequences of smoking



Providing awareness to students about the consequences of smoking



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e-mail: pharmacyprincipal@theoxford.edu; info@theoxford.edu;

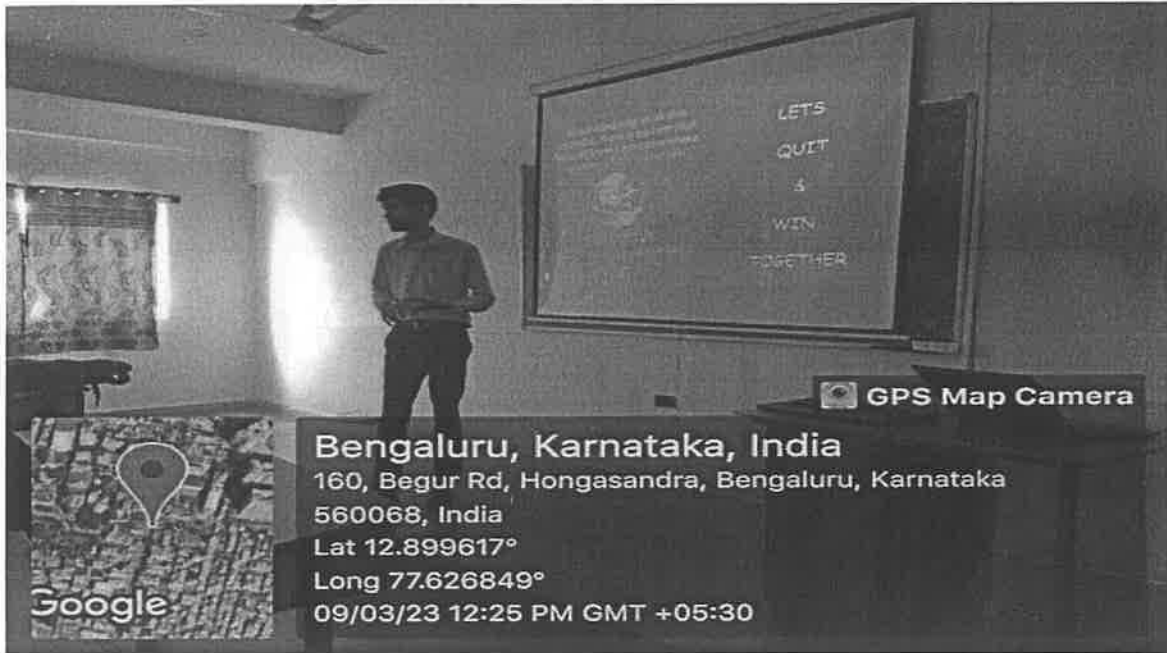


Children's Education Society (Regd.)

The Oxford College of Pharmacy

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Providing awareness to students about the consequences of smoking



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Students creating awareness in society- No smoking day



NSS Volunteers involved in no smoking day programme



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Date: 25/4/2023

CIRCULAR

All the teaching, no-teaching and students of The Oxford College of Pharmacy are here by informed that "WORLD ASTHMA DAY 2023" an awareness program to educate our staffs and students about the asthma condition, the medication, treatment and its first aid. The program will be conducted on May 2nd 2023. We request your active participation for the same.

P. Padma
PRINCIPAL



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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

ORGANIZE

AWARENESS PROGRAM

ON

“WORLD ASTHMA DAY”

ON

TUESDAY, 02ND MAY 2023

ON

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETAR

Mrs. PRADEEPA PRASAD

ASST PROFESSOR,

DEPARTMENT OF PHARMACEUTICAL CHEMISTRY,

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized "**WORLD ASTHMA DAY 2023**" with an aim to raise an awareness program to educate our staffs and students about the asthma condition, the medication, treatment and its first aid. The program was conducted on May 2nd 2023

GINA (global Initiative for asthma) a World Health Organization collaborative organization founded in 1993 has chosen "**Asthma care for All**" as the theme for the 2023 World Asthma Day. Its global healthcare event which is observed on the first Tuesday in May every year in a bid to spread awareness about the chronic respiratory disease. This year, the day is being marked on May 2, 2023. The day was chosen to correspond with the summer seasons, when allergies and weather changes might aggravate asthma symptoms. If asthma is not adequately managed, it might result in numerous other health problems. Chronic asthma may lead to breathing issues, sleep disturbances, exhaustion and poor focus in the long run. **The Asthma care for All** message promotes the development and implementation of effective asthma management programs in all resource countries.

According to a study conducted by the Global Asthma Network (GAN), India is responsible for over 42% of the world asthma-related deaths. Asthma is a medical condition that causes the airways to narrow and become inflamed, leading to the accumulation of mucus, resulting in difficulty breathing. World Asthma Day is a significant occasion that seeks to increase awareness about asthma and its treatment.



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THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Mrs. Pradeepa Prasad, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Dr. Jyoti Srivastava, HOD, Department of Pharmaceutical chemistry, was invited to talk about the Asthma Day. She was delivered about the management of asthma by various breathing techniques like Anulom Vilom Pranayama, and educate the participants to stay healthy by Making the necessary lifestyle adjustments to maintain a healthy mind and body by avoiding behaviors that can impede your mental and physical growth. By keeping yourself active and involved in something constructive. The program has three different sessions which is delivered by students of III Pharm D. The first session was "Know the condition" which provides all information about the disease condition, its causes and importance of the condition. The second session was "The Treatment and First Aids" includes all the possible treatment plans, medications and how to perform the first aids in an emergency situation.



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The third session was "How to use an Inhaler", which is a demonstration of medicated metered Inhaler by Miss. Dimple, student of III Pharm D. The program was attended by students of Pharm D, B. Pharm and D. Pharm. Around 100 participants including staffs and students of oxford college of Pharmacy were attended the program.

The organizer Mrs. Pradeepa Prasad concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, The Oxford College of Pharmacy for organizing such an event and Dr. Jyoti Shrivastava, HOD, Department of Pharmaceutical Chemistry. And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 100 participants

Schedule: On 2nd May 2023

Time Schedule	Programme
10:00 AM	"WORLD ASTHMA DAY 2023"

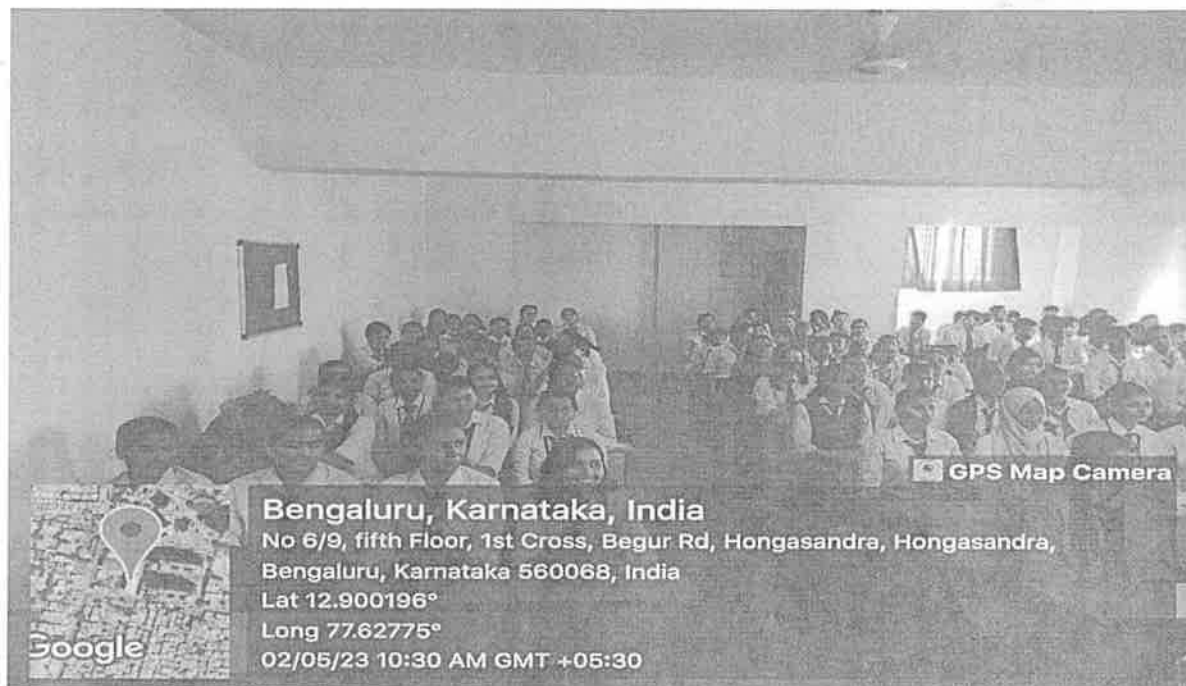


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Speaker delivering the speech



Students actively participated in the program



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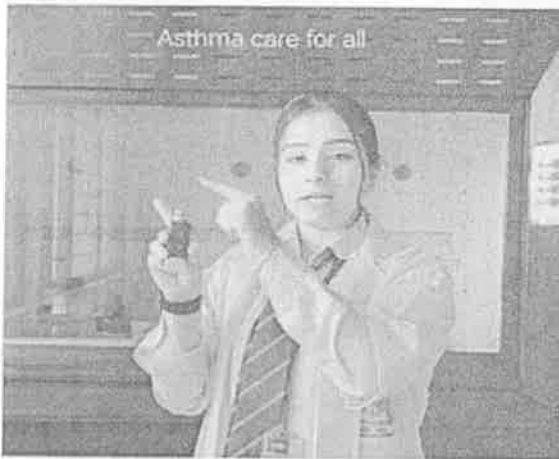
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Demonstration of Inhaler by student volunteer



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 **THE**
Oxford
COLLEGE OF PHARMACY

CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY
6/9, 1ST CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE - 560068 (Recognized by the
Govt. of Karnataka, affiliated to RGHS, Karnataka, and Drug control Board, Karnataka.
Approved by A.I.C.T.E and Pharmacy Council of India, New Delhi)


Azadi Ka
Amrit Mahotsav

INVITES YOU TO

WORLD ASTHMA DAY 2023
AWARENESS PROGRAMME

"Asthma Care for All"

Date: Tuesday, 02nd May 2023 | Time 10am | Venue 505, TOCP

CHIEF PATRON SHRI S. N. V. L. NARASIMHA RAJU CHAIRMAN THE OXFORD GROUP OF INSTITUTIONS	CONVENER Dr. PADMAA M PAARAKH PRINCIPAL THE OXFORD COLLEGE OF PHARMACY	ORGANIZING SECRETARY Mrs. PRADEEPA PRASAD Asst Professor, Department of Pharmaceutical Chemistry, TOCP
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Estd, 1974

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Bengaluru, Karnataka, India

No 6/9, fifth Floor, 1st Cross, Begur Rd, Hongasandra, Hongasandra,
Bengaluru, Karnataka 560068, India

Lat 12.900196°

Long 77.62775°

02/05/23 10:30 AM GMT +05:30



Bengaluru, Karnataka, India

No 6/9, fifth Floor, 1st Cross, Begur Rd, Hongasandra, Hongasandra,
Bengaluru, Karnataka 560068, India

Lat 12.900196°

Long 77.62775°

02/05/23 10:28 AM GMT +05:30

Interaction of participants with the speaker



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"ASTHMA CARE FOR ALL"

- World Asthma Day is an annual awareness day that is organized by the Global Initiative for Asthma (GINA).
- Its main goal is to raise awareness about asthma and improve asthma care around the world.
- The event is held on the first Tuesday of May every year and aims to promote understanding of asthma and encourage individuals to take control of their asthma by seeking appropriate medical care.

HOW TO USE AN INHALER

- **STEP 1: Remove the cap**
- The cap is a small covering located over the mouthpiece of the inhaler to prevent foreign objects from getting in the inhaler. Pull the cap to remove it and set it in a safe place. ⁽¹⁾An uncapped inhaler can pick up germs and debris, which you will then pump into your lungs.
- Make sure that you don't lose your cap while you're using your inhaler.



SYMPTOMS OF ASTHMA TO LOOK OUT FOR

- Wheezing, a whistling or squeaky sound when breathing.
- Shortness of breath or difficulty in breathing.
- Chest tightness or pain.
- Chronic coughing especially at night or early morning.
- Rapid breathing or panting.
- Trouble sleeping.
- Fatigue or tiredness due to difficulty of breathing.
- Anxiety or panic due to sudden onset of symptoms.



FIRST AID FOR ASTHMA

- **Step 1: Sit the person upright**
- Be calm and reassuring.
- Do not leave them alone.
- **Step 2: Give 4 separate puffs of blue/grey reliever puffer**
- Shake the puffer.
- Put 1 puff into the spacer.
- Get the person to take 4 breaths from the spacer.
- Repeat until 4 puffs have been taken. (If you don't have a spacer, give 1 puff as they take 1 slow, deep breath and hold breath for as long as comfortable. Repeat until all puffs are taken.)
- Remember: Shake, 1 puff, 4 breaths.





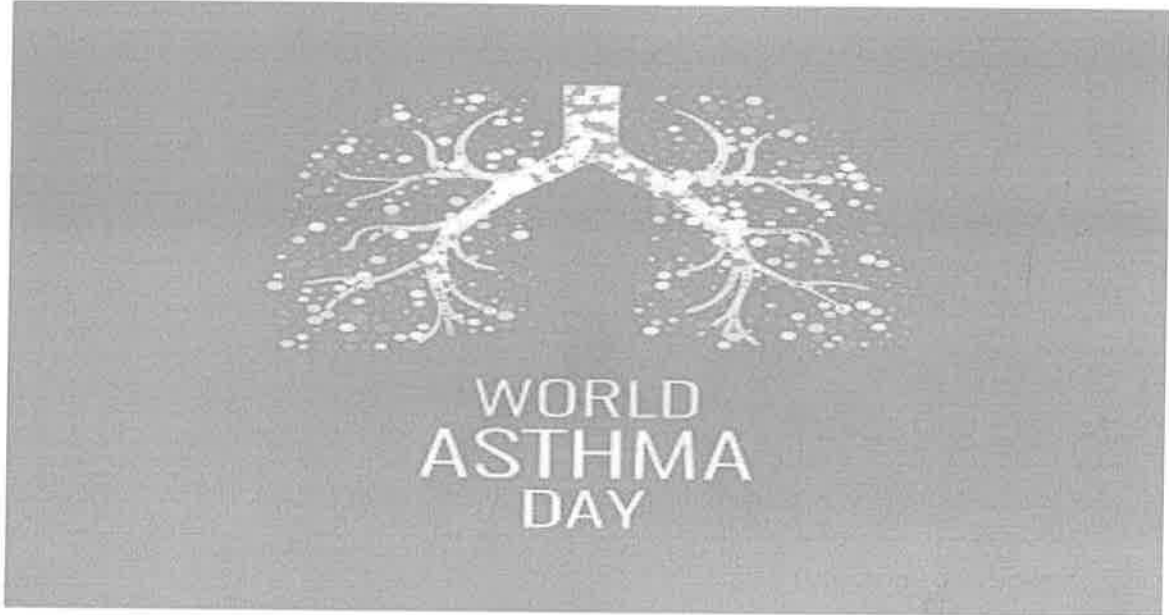
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"BREATHE IN, BREATHE OUT AND KEEP CALM"

OUTCOME

The program was conducted with an aim to raise an awareness and to educate our staffs and students about the asthma condition, the medication, treatment and its first aid. Students practiced various breathing techniques for management of asthma that to be practiced in daily life. The demonstration of medicated metered Inhaler created a good knowledge among the students. Additionally, the symptoms, causes and treatment were also taught to the students to become aware of the disease condition so that the same can be conveyed in their neighborhood community. There were around 100 participants in this program.

END OF THE REPORT



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Date: 21/11/2022

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a programme on 'INDIAN CONSTITUTION DAY 2022' for the academic year 2022-2023 will be conducted on 26/11/2022. We look forward for the active participation for the same. All interested students are requested to give your name to the event co-ordinator.

P. Padma
PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy
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Bangalore - 560 068



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DEPARTMENT OF PHARMACY PRACTICE,

ORGANIZED

PROGRAMME

ON

INDIAN CONSTITUTION DAY

26 NOVEMBER 2022

CHIEF PATRON

SHRI. S.N.V. L. NARASIMHARAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr SRIPRIYA C
ASST PROFESSOR,
DEPARTMENT OF PHARMACY PRACTICE
THE OXFORD COLLEGE OF PHARMACY

Date: On 26th November 2022

Time: 12:30 pm



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized "INDIAN CONSTITUTION DAY 2022" to mark the adoption of Indian Constitution by the constituent assembly on 26 November 2022. Constitution Day, also known as Samvidhan Divas or National Law Day, is celebrated in India on November 26th each year. This day commemorates the adoption of the Constitution of India on November 26, 1949. The Constitution came into force on January 26, 1950.

The celebration of the Constitution Day and subsequent activities aim to spread awareness on the importance of the Indian Constitution and to acknowledge the contributions of its architect, Dr B R Ambedkar.

The content of the Session:

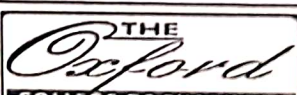
The program was started with a welcome note by Dr Sripriya C, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy.

Dr. Parthasarathy G, HOD, Department of Pharmacy Practice, was invited to talk about the Constitution Day. He emphasized about the significance of Indian Constitution Day. He made students to understand the fundamental rights, fundamental duties as a citizen of India.

On this occasion different sessions were arranged by the organizing member Dr Sripriya C. The first session included briefing of students with the background of the day followed by the oath taking on this occasion. An open quiz session about the interesting Facts about Indian Constitution was also conducted by Dr Sripriya C. The Constitution Day was first celebrated as a mark of tribute to India's first Law Minister Bhim Rao Ambedkar, who played a pivotal role in the drafting of the Indian Constitution. The Constitution is a set of written principles and precedents of the Government of India that frames fundamental political principles, procedures, rights, directive principles, restrictions, and duties of the government and the citizens of the country.

The program was attended by students of Pharm D, B. Pharm and D. Pharm. Around 80 participants including staffs and students of The Oxford College of Pharmacy had attended the program.

The organizer Dr Sripriya C concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford



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College of Pharmacy for their support in organizing event and Dr. Parthasarathy G, HOD, Department of Pharmacy Practice for his constant encouragement and thanked all the faculties and students who participated in the event and helped in the successful completion of the event.

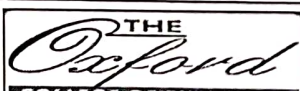
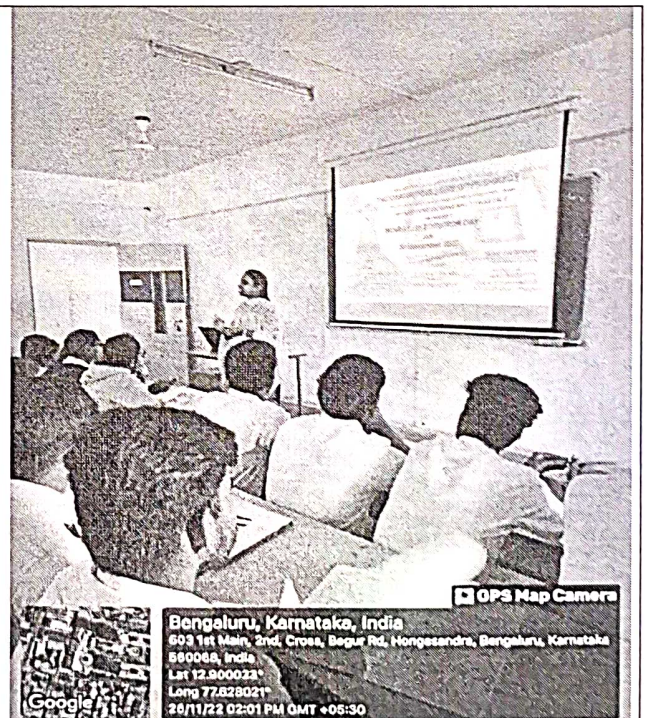
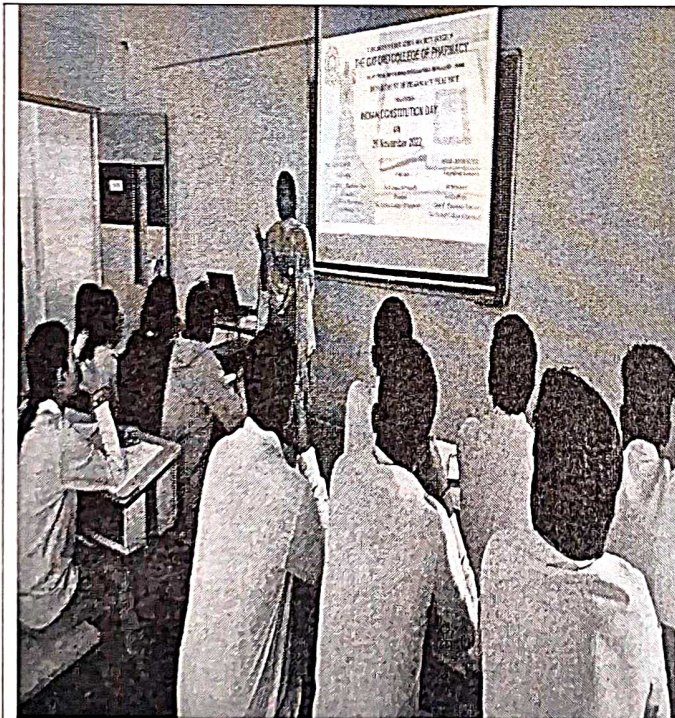
CHILDREN'S EDUCATION SOCIETY (REGD.)*
THE OXFORD COLLEGE OF PHARMACY
69, 1ST CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU - 560068
DEPARTMENT OF PHARMACY PRACTICE
ORGANIZES
INDIAN CONSTITUTION DAY
on
26 November 2022

TIME - 02:30 - 03:30 PM

Chief Patron
Shri. S N V L Narasimha Raju
Chairman
The Oxford Educational
Institutions

Convener
Dr. Padmaa M Paarakh
Principal
The Oxford College of Pharmacy

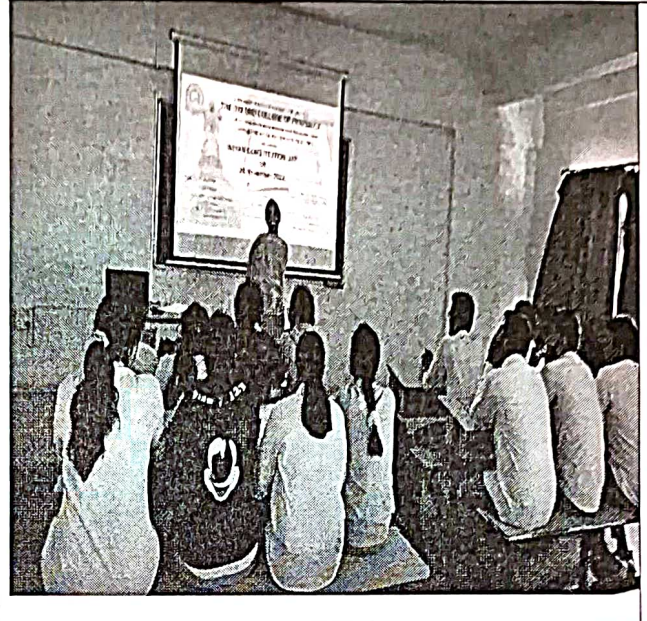
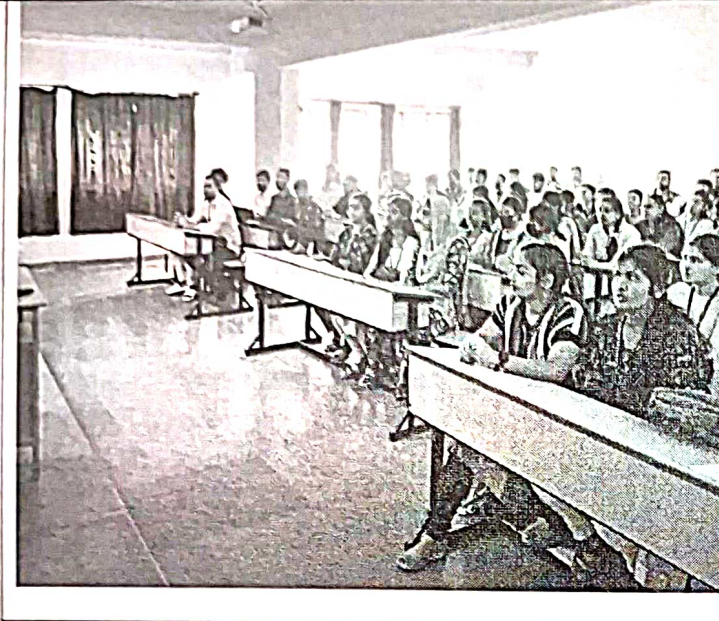
VENUE - ROOM NO 506
Organizing Secretary
Dr. Sripriya C
Asst professor
Dept of Pharmacy Practice
The Oxford College of Pharmacy



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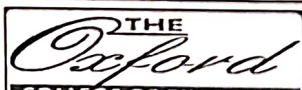
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OUTCOME OF THE PROGRAMME

The programme made students to understand the fundamental rights, fundamental duties as a citizen of India. To always remember November 26, 1949, which marks the historic day when the Constituent Assembly of India, after years of deliberation, formally adopted the Constitution. This day gives a sense of responsibility to the students as responsible citizen of the nation. This joyous occasion signified the culmination of the constituent assembly's dedicated efforts in crafting a document that would become the backbone of India's democracy.

END OF REPORT



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P. Padma
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The Oxford College Of Ph:
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Date: 17/08/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a session on "OBSERVANCE OF SADBHAVANA DIWAS" for the academic year 2022-2023 will be conducted on 18/08/2023. We look forward for the active participation for the same. All interested students are requested to give your name to the event co-ordinator.

P. Padma

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NSS COMMITTEE, BANGALORE

ORGANIZED

"OBSERVANCE OF SADBHAVANA DIWAS"

ON

FRIDAY 18 AUGUST 2023

CHIEF PATRON

SHRI S. N. V. L. NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

PATRON

DR. PADMAAM PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

MRS. NAGALAKSHMI R

ASSISTANT PROFESSOR

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE

The Oxford College of Pharmacy, NSS Committee, Bangalore Observed "Sadbhavana Diwas" on 18th August 2023 in college campus. Sadbhavana Diwas, also known as Harmony Day, is an annual celebration observed on 20th August in India. 20th August 2023 marks the 79th birth anniversary of former Prime Minister Rajiv Gandhi. This day commemorates the birthday of former Prime Minister Rajiv Gandhi, a visionary leader who championed the cause of national integration, pence and public harmony among the diverse population of India. The term "Sadbhavana" in English refers to "goodwill and bonafide". Being the youngest Prime Minister, Rajiv Gandhi's thought process was modern and different from others. He had the vision of a developed nation via many national as well as international projects that he pioneered. The main theme of Sadbhavana Diwas is to promote national integration and communal harmony among people of all religions and languages Rajiv Gandhi, born on 20th August 1944, is the former Prime Minister of India. He held office from 1984-1989 and made significant contributions to the development of the country. He introduced several progressive policies aimed at modernizing India's education system and economy. Some of his notable achievements include: National Policy on Education: Rajiv Gandhi introduced a National Policy on Education in 1986 to modernize higher education plans and promote intellectual growth.

Jawaharlal Navodaya Vidyalaya System: Rajiv Gandhi founded a central-government- based institution namely Jawaharlal Navodaya Vidyalaya System in 1986 for the upliftment of the rural section of the society providing them free residential education from 6th to 12th class.

Telecommunications Development: Due to his efforts, MTNL (Mahanagar Telephone Nigam Limited) was established in 1986 and also created public call offices (PCOs) for spreading telephones in rural areas. Economic Reforms: In past-1990, he introduced measures for reducing License Raj allowing businesses and individuals to purchase capital, consumer goods and import bureaucratic restrictions. Youth Empowerment: Rajiv Gandhi introduced the voting age as 18 to encourage the youth involvement in the voting process. He emphasized the potential of the country's youth and introduced schemes like the Jawahar Rozgar Yojana to provide employment opportunities. Sadbhavana Diwas serves as a reminder of Rajiv Gandhi's aspirations for India's



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development and progress. The celebration emphasizes the promotion of national unity, peace, empathy and communal harmony among people of different faiths and cultures. The central theme of the day is to foster goodwill and understanding among diverse communities, creating an atmosphere of mutual respect and coordination. Sadbhavana Diwas' Pledge "I take this solemn pledge that I will work for the emotional oneness and harmony of all the people of India regardless of caste, religion, region or language. I further pledge that I shall resolve all differences among us through dialogue and constitutional means without resorting to violence." The Rajiv Gandhi National Sadbhavana Award was established in 1992 by the All-Indian Parliamentary Commission of the Indian National Congress to commemorate the former PM Rajiv Gandhi. This award is given annually to those who have devoted their lives to understanding and promoting the spirit of harmony. The awardees are provided with a prize of Rs.10 lakh and a certificate. Some of the awardees are: Lata Mangeshkar, Shubha Mudgal, Sunil Dutta, Amjad Ali Khan, Mohammad Azharuddin, Gopalakrishnan Gandhi and more.



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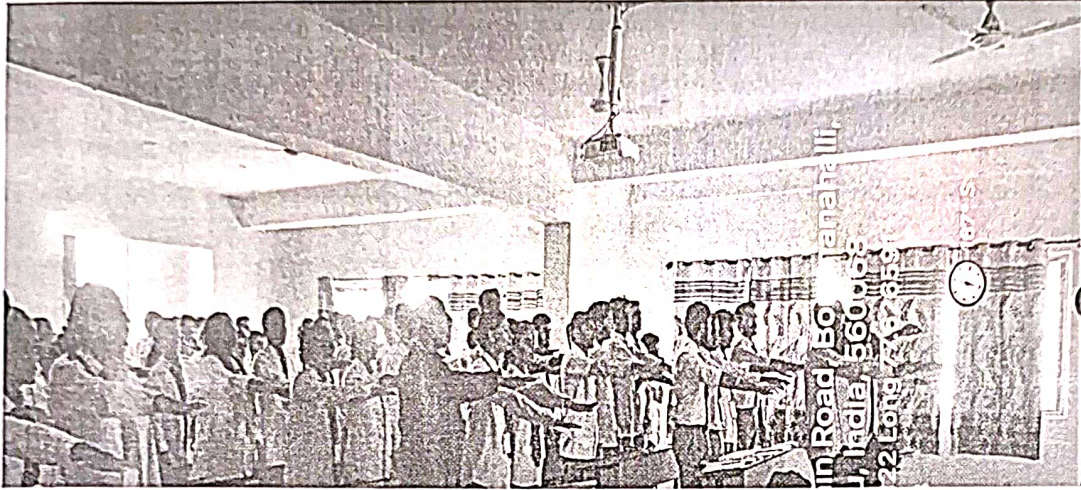


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OUTCOME OF THE PROGRAMME

The programme was observed to create awareness regarding importance of Sadbhavana Diwas is to promote national integration and communal harmony among people of all religions and languages. the event made students to be aware about several progressive policies aimed at modernizing India's education system and economy.

END OF REPORT

P. Padma

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Date: 30/09/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that programme on 'GANDHI JAYANTI 2023' for the academic year 2022-2023 will be conducted on 03/10/2023. We look forward for the active participation for the same. All interested students are requested to give your name to the event co-ordinator.

P. Padma

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DEPARTMENT OF PHARMACY PRACTICE

ORGANIZED PROGRAMME

ON

MAHATMA GANDHI JAYANTI

ON

TUESDAY, 03RD OCTOBER 2023

CHIEF PATRON

SHRI. S.N.V. L. NARASIMHARAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr SRIPRIYA C
ASSISTANT PROFESSOR
DEPARTMENT OF PHARMACY PRACTICE
THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE:

The Oxford College of Pharmacy, Department of Pharmacy Practice, Bangalore celebrated "Gandhi Jayanti" on 03rd October 2023. There were around 50 participants from different classes.

Dr.Sripriya C, Assistant Professor, Department of Pharmacy Practice organized the celebration on the occasion of "Gandhi Jayanti" and Dr. G Parthasarathy, Professor and head of the Department of Pharmacy Practice gave a talk about Mahatma Gandhi Jayanti.

Gandhi Jayanti, celebrated annually on 2nd October, marks the birthday of Mohandas Karamchand Gandhi, revered as Mahatma Gandhi. He is considered an eminent leader in India's struggle for independence against British colonial rule. This day holds profound historical significance and serves as a tribute to the man who championed non-violence, civil disobedience, and truth as powerful means for social and political transformation.

THE PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr Sripriya C, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Dr.Parthasarathy G , HOD, Department of Pharmacy practice, was invited to talk about the Gandhi Jayanti . It holds a great importance as it reminds us of the extraordinary contributions of Mahatma Gandhi Ji. The significance of Gandhi Jayanti lies not only in commemorating his birthday but also in recognizing his indomitable spirit, leadership, and unwavering commitment to social justice and peace.

The event was started by the Department of Pharmacy Practice in Room No.505 of The Oxford College of Pharmacy, Bangalore in between 03:30 to 4:00 PM headed by Dr. Padmaa M Paarakh, Principal, The oxford college of pharmacy. A Presentation was taken by Dr Sripriya C explaining the importance of the day and the history of birth anniversary of Mahatma Gandhi. A total of 50 students from both B Pharm and pharm D were participated in this session.



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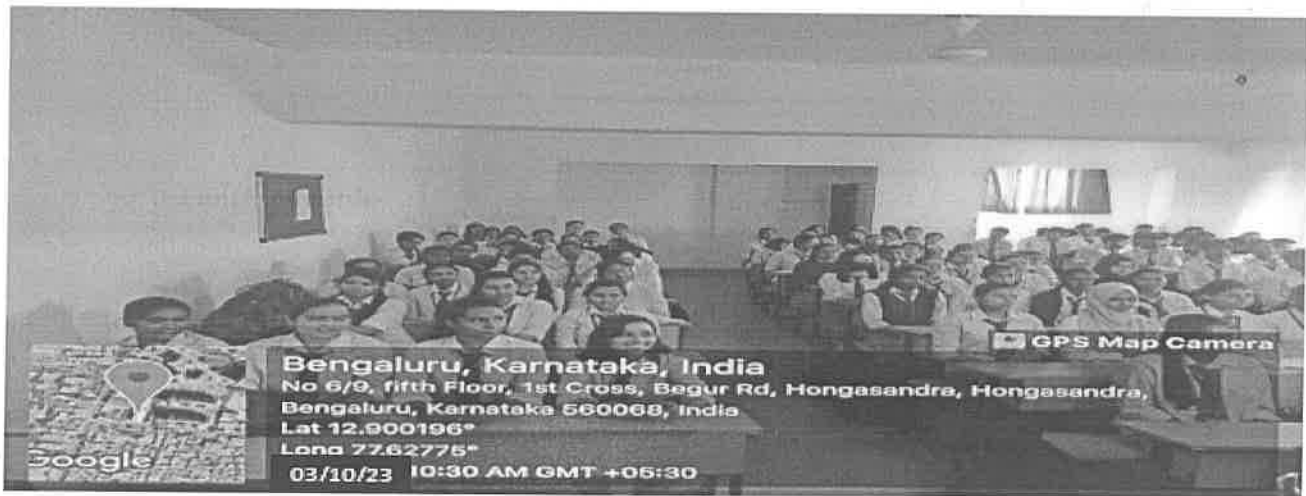
The organizer Dr Sripriya C concluded the program with vote of thanks. She thanked Chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy for organizing such an event and Dr. Parthasarathy G HOD, Department of Pharmacy practice and to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 50 participants

Schedule: On 3rd Oct 2023

Time Schedule	Programme
03:30-04:00PM	"Mahatma Gandhi Jayanti 2023"

Principal



Students participated in the program



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OUTCOME

The celebration of Mahatma Gandhi Jayanti serves as a dual-purpose initiative, enriching students with Gandhi's teachings on non-violence, peace, and civic responsibility while inspiring broader societal benefits. Students gain invaluable insights into moral integrity and the power of peaceful activism, which fosters character development and a strong sense of global citizenship. Society, in turn, benefits from a rejuvenated commitment to unity, cultural preservation, and social welfare. This program deepens the collective understanding of Gandhi's legacy and encourages a hands-on approach to community service and environmental sustainability, echoing Gandhi's vision of a harmonious and inclusive society. There were around 50 participants in this program.

END OF REPORT



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DATE: 12/01/2023

CIRCULAR

This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that program on "NATIONAL VOTERS DAY 2023" will be conducted on 25/01/2023.

We request for the active participation for the same.

P. Padma

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DEPARTMENT OF PHARMACEUTICS

ORGANISED PROGRAMME

ON

“NATIONAL VOTERS DAY 2023”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

MRS. KEERTHANA C K

ASSISTANT PROFESSOR

DEPARTMENT OF PHARMACEUTICS.

DATE: 28/01/2023

TIME: 3:30- 4:00PM



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PREAMBLE

The Oxford College of Pharmacy, Department of Pharmaceutics, Bangalore celebrated “National Voters Day” on 25th January 2023. The program was organized for 100 participants of students of different classes. Mrs. Keerthana C.K Assistant Professor, Department of Pharmaceutics organized the event on “National Voters Day.”

The content of the Session:

The program commenced with Prayer by the students. Ms. Surinder Kaur, Assistant Professor, Department of Pharmaceutics welcomed all the attendees of the program and emphasized about the importance of celebrating voters' day. The National Voters' Day has been celebrated on January 25 every year since 2011, across the country to mark the foundation day of Election Commission of India, i.e., 25th January 1950. Theme for this year's national voters' day is ‘NOTHING LIKE VOTING, I VOTE FOR SURE’. The main purpose of the NVD celebration is to encourage, facilitate and maximize enrolment, especially for the new voters. Dedicated to the voters of the country, the day is utilized to spread awareness among voters and for promoting informed participation in the electoral process. She emphasized about the significance of Voting. Every citizen has the basic right to vote. He or she has the right to select his leader to whomever they think can lead the nation, solving the problems of common people, bringing about change, etc. National Voters Day is a significant root of India as the future of the country lies in the leader that we choose. The objectives and purpose of the celebration on occasion of National Voters Day celebration is to encourage, facilitate and maximize enrolment, especially for the new voters. National voters' day 2023” celebration was organized by The Oxford College of Pharmacy, Bangalore by a live event on theme “NOTHING LIKE VOTING, I VOTE FOR SURE”. The program was arranged on 25th January 2023. There are totally 100 participants of students of different classes.

This event was arranged on 25th January 2023 in Room No.505 of (The Oxford College of Pharmacy, Bangalore) in between 03:30 to 04:00PM.

At last, Mrs. Keerthana C K thanked to every participant who actively participated in this event and encouraged to take part in such events in upcoming days too.



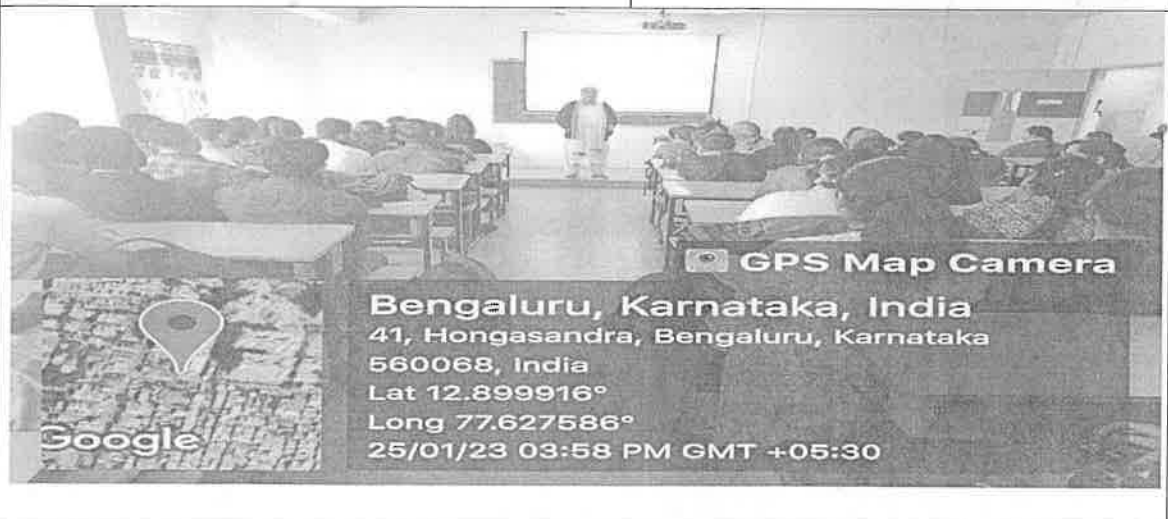
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Speaker addressing the participants



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OUT COME

The importance of National Voters Day and its significance successfully reached the students. The students took pledge to use their vote judiciously taking into account for the betterment of nation. The young voters of the country, also utilized the day to spread awareness among voters and for promoting informed participation in the electoral process. There were around 100 participants in this program. The students also went to nearby places and locality near college to spread awareness regarding Official Election Commission of India App for voter registration and elections, importance of voting.

END OF REPORT



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Date:10/4/23

CIRCULAR

The NSS unit of the Oxford college of pharmacy is organizing the Dr.B R Ambedkar Jayanti at The Oxford college of pharmacy on 14/04/2023 at 9.30am. We request the active participation of the staff and students for the same.

P. Padma

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DEPARTMENT OF PHARMACY PRACTICE

ORGANIZED

AWARENESS PROGRAM

ON

“Dr. B R AMBEDKAR JAYANTI”

ON

14TH APRIL-2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

MRS.LIJI
ASSISTANT PROFESSOR,
DEPARTMENT OF PHARMACY PRACTICE
THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized "Dr B R AMBEDKAR JAYANTI" with an aim to raise an awareness program to educate our staffs and students about the contribution of Dr B R Ambedkar to our nation. The program was conducted on April 14th 2023.

The major contribution by Dr. Ambedkar was helping Dalits to get equal authority, status and respect in society as others. He is one of the greatest leaders in Indian history. He always fought against the discrimination happening against the Dalits. He forms new laws in support of Dalits and gave them education and equal rights as other caste. We should pay him respect and tribute on what he had contributed to Indian law and constitution. Because of him, many students are able to get quality education in India at lesser fee.

There are people who are economically backward and cannot afford education in high level institute, but because of B R Ambedkar even they are able to get high quality education for their children which will secure the future of India.

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program started with a welcome note by Mrs Liji, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy. The program started with a lamp lighting ceremony.

Dr. G Parthasarathy HOD, Department of Pharmacy practice, was invited to talk about the B R Ambedkar day. He delivered message about the importance of the day. One of the reasons of celebrating Ambedkar jayanti is to inspire the youth by reminding them of the heroic deeds of Dr Ambedkar.

The program has three different sessions which is delivered by students of III PharmD. Around 100 participants including staffs and students of oxford college of Pharmacy were attended the program.

The student staged a play on the role of Dr. Ambedkar which was witnessed by all staff members. III PharmD students organized a programme on "Role of Dr. Ambedkar in framing Indian constitution. Dr Padmaa M Paarakh Principal highlighted the contributions of Ambedkar in framing and designing the Indian constitution. Students and faculty members of the college paid tribute to Dr Ambedkar who was a social reformer, Jurist, Economist, Author and a great Scholar and thinker.



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On this Occasion, A documentary on life and contribution of Ambedkar was shown to students. The achievements and contributions of Ambedkar was highlighted and his major contributions to uplift the lower caste people were also highlighted. Dr. Ambedkar was a strong advocate of social justice, equality and human rights.

The organizer Mrs. Liji concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy for organizing such an event , Dr. G Parthasarathy HOD, Department of Pharmacy practice and to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 80 participants

Schedule: On 14th April 2023

Time Schedule	Programme
9:30 AM	Dr B R Ambedkar Jayanti



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INVITES YOU FOR DR. B R
AMBEDKAR JAYANTHI



DATE: APRIL 14 2023 TIME: 9:30AM
VENUE: 505 TOCP

ORGANISED BY DEPARTMENT OF PHARMACY PRACTICE

CHIEF PATRON

SHRI S.N.V.L. NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF
INSTITUTIONS

CONVENER

DR PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

**ORGANISING
SECRETARY**

MRS LIJI
ASST PROFESSOR
DEPARTMENT OF PHARMACY
PRACTICE
TOCP



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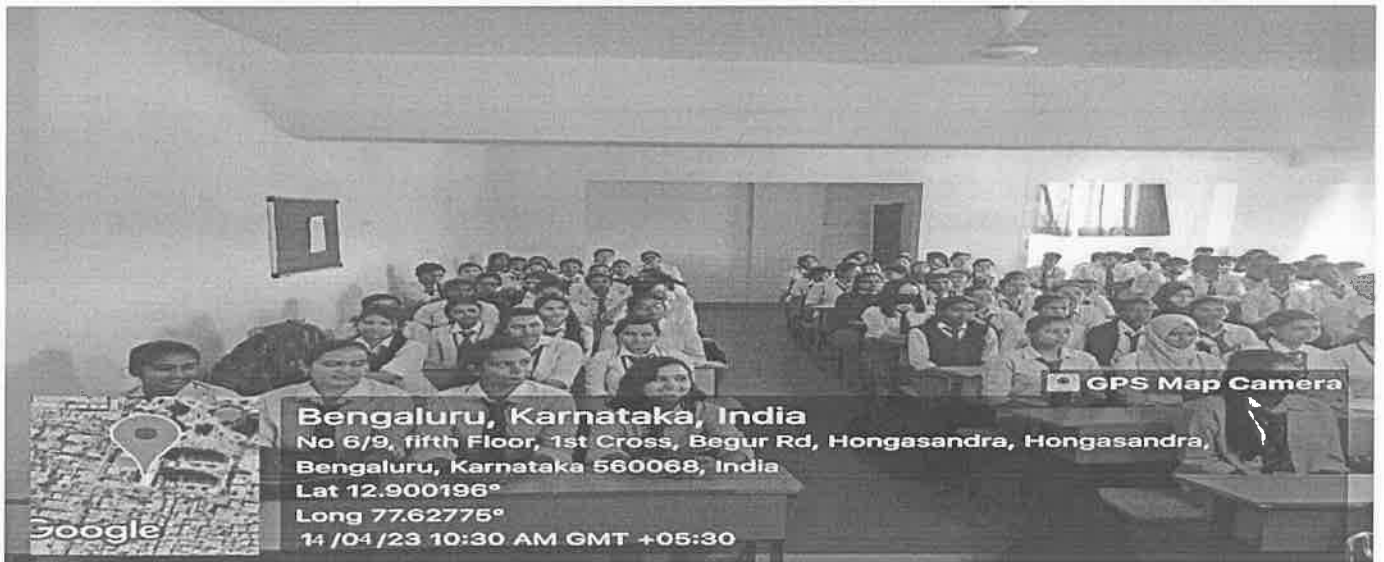
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Students Actively participated in the program



Students interacting with the speaker



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OUTCOME

Embarking on an in-depth exploration of Dr. Ambedkar's illustrious legacy, his unwavering advocacy for social justice, and his seminal role in the Constitution, students understood the pivotal historical and sociocultural undercurrents that permeate their field. Dr. Ambedkar's philosophies, notable for their timeless relevance and universal appeal, continue to serve as a source of inspiration across the globe. This academic endeavor not only enriched their cultural discernment but also catalyzed a commitment to the principles of ethical and inclusive healthcare practices. The pedagogical journey into Dr. Ambedkar's contributions extends its impact beyond academic enrichment. The program aimed at inculcating the principles laid down by Dr. B.R. Ambedkar towards development of a discrimination free society and the role of students going forward in the same. It fosters a professional and community ethos characterized by empathy, social responsibility, and a staunch commitment to fostering an environment where inclusivity and excellence are paramount to the participants. There were around 80 participants in this program.

END OF REPORT



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Date: 6/2/2023

CIRCULAR

All the teaching staff and the students of The Oxford College of Pharmacy are hereby informed that an awareness programme titled "Cyber Security and Safer Usage of Social Media" will be conducted on 09/02/2023. We look forward for the active participation for the same. All interested students are requested to give your name to the event co-ordinator.

P Padma

PRINCIPAL

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DEPARTMENT OF PHARMACY PRACTICE

ORGANIZED

AWARENESS PROGRAMME

ON

“CYBER SECURITY AND SAFER USAGE OF SOCIAL MEDIA”

THURSDAY, 9-Feb-2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr PARTHASARATHY G
HOD
DEPARTMENT OF PHARMACY PRACTICE
THE OXFORD COLLEGE OF PHARMACY



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Introduction:

Safer Internet Day takes place in February of each year to raise awareness of a safer and better internet for all, and especially for children and young people. As part of this annual celebration, The Oxford college of Pharmacy encourages everyone including students and staff and parents for safe surfing of internet and social media.

7th February 2023, was observed globally as Safer Internet Day (SID) – This worldwide annual campaign promoting a safe digital environment for children and young people. This year 2023 marks 20th anniversary of Safer Internet Day.

Objectives:

This programme on “Cyber Security and Safer Usage of Social Media”, to celebrate Safer Internet Day with the aim to create both a safer and better internet usage of social media, where children and young people are empowered to use digital technology responsibly, respectfully, critically and creatively. Playing games online can not only be a fun and engaging experience but also bring many opportunities to children and young people. Online gaming can enhance creativity, digital skills and help to connect with friends and fellow gamers. In addition, playing online games can encourage developing new skills, sparking interest in reading and writing or becoming creators of online games.

On the other hand, excessive online gaming can become a threat to their wellbeing and health, hence the need for resources and materials to inform children and young people, as well as their careers, of how to manage their online gaming experiences so that it becomes a fun and safe activity.

No of participants: 63

Schedule: 3.00 pm to 4.00 pm



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Time Schedule	Programme
3.00 pm	Welcome speech by Dr Parthasarathy
3.10 pm	Lecture by the guest Prof. Dharamvir, MCA Department, The Oxford Engineering College, Bommanahalli, Bengaluru.
3.50 pm	Vote of thanks and felicitation.

Conclusion, feedback and vote of thanks:

Social media has become a prime target for cybercrime. All organizations should take appropriate measures to be cyber-safe, and users too should protect their personal information to avoid any misuse. Cyberspace is becoming a significant area for crimes, so there is a need for comprehensive collaboration among nations to work together and combat these social network crimes and social media cyber-attacks, which are a continuously growing menace.

Students were very much impressed after the talk and interactive session was held for clarifying their doubts, if any. Everyone appreciated the topic selected for discussion and also expected more programmes in this kind.



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Professor Dharamveer interacting with students



Dr. Parthasarathy giving welcome speech



Program coordinators with the speaker



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OUTCOME

The speaker of the programme Prof. Dharamvir extensively covered the topic with detailed introduction of the cyber security issues encountered so far. He elaborated Privacy of Data, Data Mining, Virus and Malware Attacks, Legal Issues, etc. He also pointed out Risks & Challenges, like Identity theft, Whistle-blowers, Cyber Stalking, Cyber Bullying, Cyber Terrorism and also suggested the methods of safer usage of social media. Additionally, speaker instructed students to follow rules and guidelines for internet use such as approved websites and apps, use filtering and monitoring software, use privacy settings and internet safety policies. At a broader level, it elevates societal cybersecurity awareness, aids in reducing cybercrime, and bolsters economic resilience by safeguarding online transactions. The program's success manifests in a profound grasp for the students/participants on cybersecurity tenets, adoption of safer digital practices, and the empowerment of individuals to adhere to online safety—thereby nurturing a digitally savvy and ethically minded community. There were around 63 participants in this program.

END OF REPORT



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Date: 02/02/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on 'WORLD CANCER DAY 2023' will be conducted on 04/02/2023. We request for the active participation for the same.

P. Padma

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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

ORGANIZED

AWARENESS PROGRAMME

ON

“WORLD CANCER DAY”

ON

04th FEBRUARY 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Mrs. G. SUVARNA LAKSHMI

ASST PROFESSOR,

DEPARTMENT OF PHARMACEUTICAL CHEMISTRY,

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized "**WORLD CANCER DAY 2023**". It is the global uniting initiative led by the Union for International Cancer Control (UICC).

Cancer is a second-leading cause of death across the world and 70% of cancer deaths occur in low-to-middle-income countries. Each year, millions of lives can be saved by implementing resource-appropriate strategies for prevention, early detection, and treatment.

World Cancer Day 2023 is observed on 4th February every year to raise awareness about the prevention and treatment of cancer. The main aim of World Cancer Day 2023 is to promote the importance of early detection of Cancer as it can exponentially increase the chances of better treatment and curing it.

UICC (Union for International Cancer Control) declared the theme for World Cancer Day 2023 "**Close the Care Gap**".

At the same time, make people aware of how to identify the symptoms of cancer, educate people, as well as to prepare government and non-governmental organizations to help in fighting this deadly disease all over the world.

THE PROGRAM DELIVERED AS FOLLOWS:

On the occasion of World cancer day on 4th February 2023, a awareness programme was conducted by Department of Pharmaceutical chemistry.

The program was started with a welcome note and Guest speaker's introduction by Mrs. G. Suvarna Lakshmi, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.



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The lecture was by **Azeez Ali Khan, Business Head, co Guide Research Simplified**. He focused on the cancer prevention interventions. He also shared his views on adopting cancer-preventive life style.

The second lecture was by **Dr. Jyoti Shrivastava, HOD, Department of Pharmaceutical chemistry** on World cancer day theme "Close the Care Gap". People need to encourage others to take care of themselves and adopt a cancer-preventive lifestyle. Moreover, the Theme Close the Care Gap emphasizes providing better and more accessible clinical evaluation and care to people at large.

The third lecture was by **Dr. Noopur Srivastava, HOD In charge, Department of Pharmacology** on the common cancers in community and myths and taboos related to various types cancer. She also focused on how sometimes people fail to notice the early symptoms due to a lack of awareness and clinical evaluation or checkups.

The organizer Mrs. G. Suvarna Lakshmi concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, The Oxford College of Pharmacy for organizing such an event. She also expressed her gratitude to Azeez Ali Khan, Business Head, co Guide Research Simplified, Dr. Noopur Srivastava, HOD In charge, Department of Pharmacology, Dr. Jyoti Shrivastava, HOD, Department of Pharmaceutical chemistry, and to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of Participants: 80 participants

Schedule: On 4th February 2023

Time Schedule	Program
10 AM	"WORLD CANCER DAY 2023"



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CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

6/9, 1ST CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU - 560068

DEPARTMENT OF PHARMACEUTICAL CHEMISTRY, IIC



WORLD CANCER DAY
THEME: CLOSE THE CARE GAP



4th February 2023, 10 AM

GUEST SPEAKER

Azeez Ali Khan

Business Head

coGuide Research Simplified



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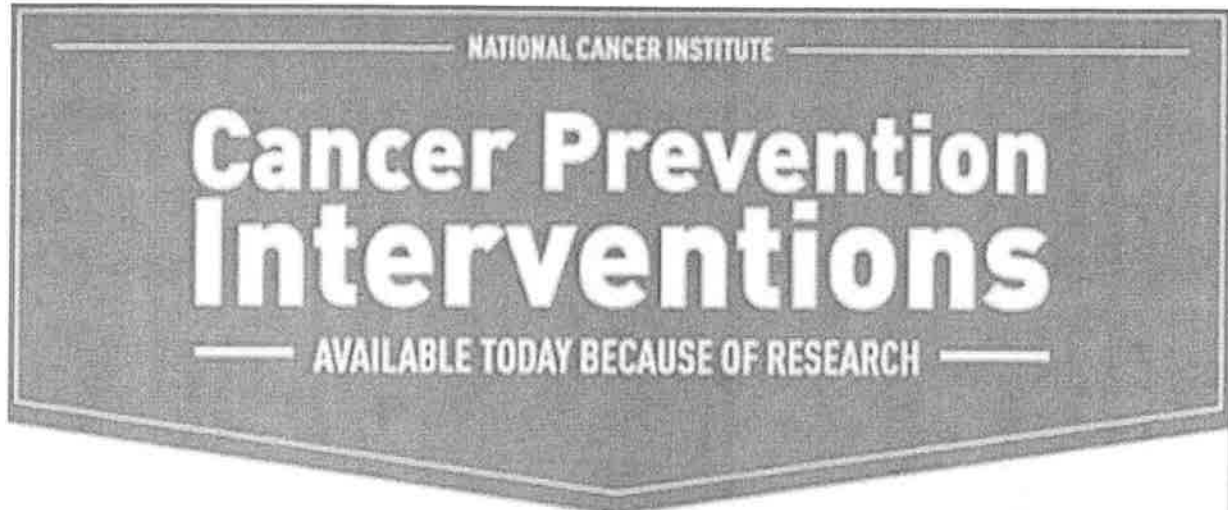
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MEDICATIONS

proven to reduce risk of breast and colon cancers in those at increased risk.



LIFESTYLE CHOICES

such as avoid or quit tobacco, limit alcohol, avoid known carcinogens, keep active & avoid obesity.



TREATMENTS FOR INFECTIONS

known to increase cancer risk, including hepatitis C, HIV, and H. pylori.



SCREENING TESTS

that allow removal of precancerous lesions, such as colon polyps.



VACCINES TO PROTECT

against infection with human papillomavirus (HPV) and hepatitis B.



SURGERY

to remove tissues at risk, such as for women with increased risk of breast and ovarian cancer.



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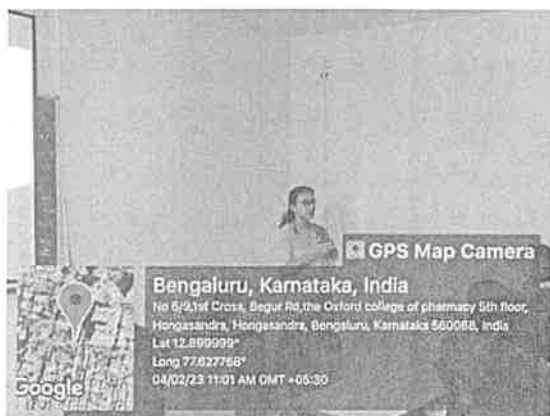
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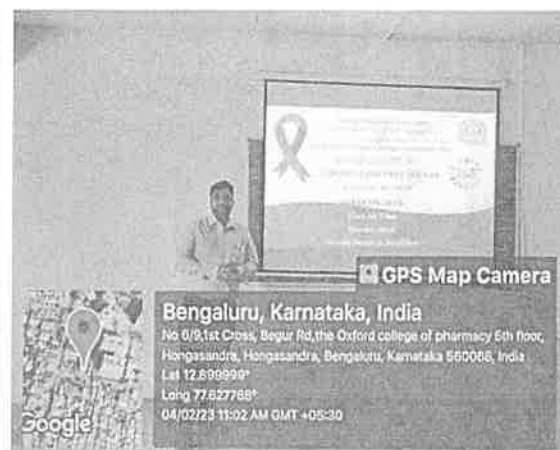
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Faculties interacting with participants



Speaker delivering speech to the participants



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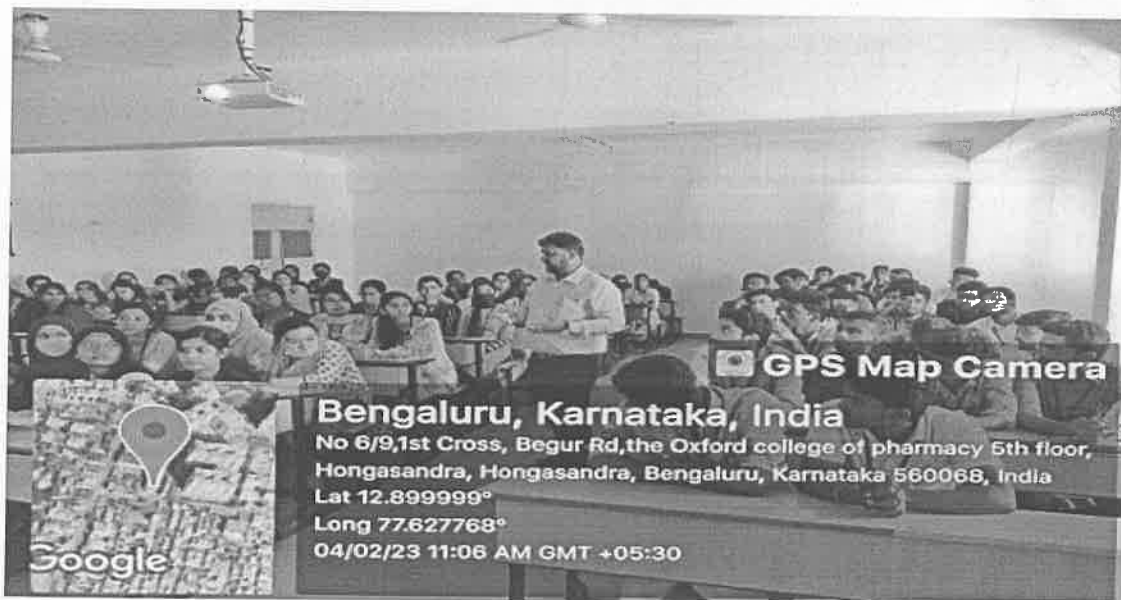
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Dr.Noopur addressing the participants



Speaker interacting with students



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OUTCOME

The program successfully reached the students and significantly increased the awareness about cancer related issues. There were around 80 participants in this program. The cancer day globally unites individuals, communities, government, private and non-private organizations with collective action of preventing, detecting, treating this devastating disease. After attending this awareness program, the students gained valuable knowledge about healthy lifestyles, early detection, and the importance of screenings and potentially impacting preventive behaviors. The programs brought together diverse communities, creating a supportive environment and encouraging active participation in cancer-related discussions. Finally, students visited in and around local community to create awareness and to sensitize the community about the occurrence of various types of cancer.

END OF THE REPORT



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LIST OF THE ACTIVITIES

2021-22

S.No	Name of the Activities
1	National Girl Child Day
2	Independence Day
3	International Women's Day
4	World Menstrual Hygiene Day
5	International Yoga Day
6	Sahaja Yoga
7	COVID Vaccine Drive
8	World AID's Day
9	Gandhi Jayanti
10	World Environment Day
11	World No Tobacco Day
12	Republic Day
13	Awareness on Irrational Usage of Antibiotics
14	World Mental Health Day
15	Awareness on Non-Communicable Diseases
16	Swatch Bharath Abhiyan

P. Padma

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DATE: 15/01/2022

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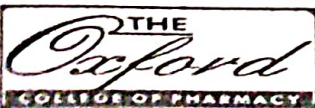
This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that program on “NATIONAL GIRL CHILD DAY 2022” for the Academic Year 2021-2022 will be conducted on 24/01/2022 in Room No.505 at 4:00 PM. We request for the active participation for the same.

P. Padua

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DEPARTMENT OF PHARMACEUTICS

ORGANIZED

PROGRAMME ON

“NATIONAL GIRL CHILD DAY 2022”

24th JANUARY 2022

CHIEF PATRON

SHRI S. N. V. L. NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZED BY:

MRS. DIVYA S KUMAR

ASSISTANT PROFESSOR,

DEPARTMENT OF PHARMACEUTICS.

RESOURCE PERSON:

Dr NOOPUR SRIVASTAVA,

HEAD OF DEPARTMENT

PHARMACOLOGY

THE OXFORD COLLEGE OF PHARMACY

Date: 24th January 2022

Time: 4:00-5:00 PM



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PREAMBLE

The Oxford College of Pharmacy, Bangalore celebrated “National Girl Child Day” on 24th January 2022, Mrs. Divya S Kumar, Assistant Professor, Department of Pharmaceutics, initiated the celebration of the program along with students. There were 100 participants.

THE CONTENT OF THE SESSION:

“National Girl Child Day” celebration was organized by The Oxford College of Pharmacy, Bangalore on 24th January 2022” with the theme “Changing Course, Transforming Education”. The program started with the welcoming of the audience and introduction of the Speaker of the day, Dr Noopur Srivastava, Head of Department Pharmacology, The Oxford College of Pharmacy. The speaker briefed about the history and significance of observing this day. The National Girl Child Day was first observed on January 24, 2008 by the Ministry of Women and Child Development. It was decided to observe the day to tackle issues related to inequalities that girls face in society. The main objectives for observing this day are to provide support and opportunities to girls from around the country, by raising awareness regarding inequalities faced by girl children, regarding the importance of female education, health care and nutrition and also to raise awareness regarding the importance of their empowerment. The main objective of National Girl Child Day 2022 is to promote the welfare of girl children in India. However, there are various factors that need to be taken into consideration which is being emphasized on National Girl Child Day 2022 were also briefed by the speaker such as

- To acknowledge people to the birthright of female children to education, health, hygiene, and nutrition and with other opportunities in life
- To create awareness on upholding and respecting the fundamental rights of every female child. It speaks for their empowerment through equal opportunities, skill development, and quality education.
- To accept girl child/children and welcome them into homes and live with respect and love and abandon the evil ideology of killing girl children in the womb and female infanticide.



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Dr Gururaj S Kulkarni, HOD, Department of Pharmaceutics, The Oxford College of Pharmacy, also shared his views regarding the role of students in spreading awareness and achieve the goal of celebrating the

National Girl Child Day. In the session, students too actively shared their thoughts and taken the pledge to have a better society for girls.




THE OXFORD COLLEGE OF PHARMACY

CHILDREN'S EDUCATIONAL SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

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75
Azadi Ka
Amrit Mahotsav

CELEBRATING NATIONAL GIRL CHILD DAY

THEME FOR 2022

"CHANGING COURSE, TRANSFORMING EDUCATION"

Organized by Extension Committee, The Oxford College of Pharmacy, IQAC

On 24TH JANUARY 2022

SPEAKER : DR. NOOPUR SHRIVATSAVA

PATRON


SRI S. N. VL. NARASIMHARAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAAMBARAKH
PRINCIPAL
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ORGANIZATION COMMITTEE

MS DIVYA S KUMAR
THE OXFORD COLLEGE OF PHARMACY





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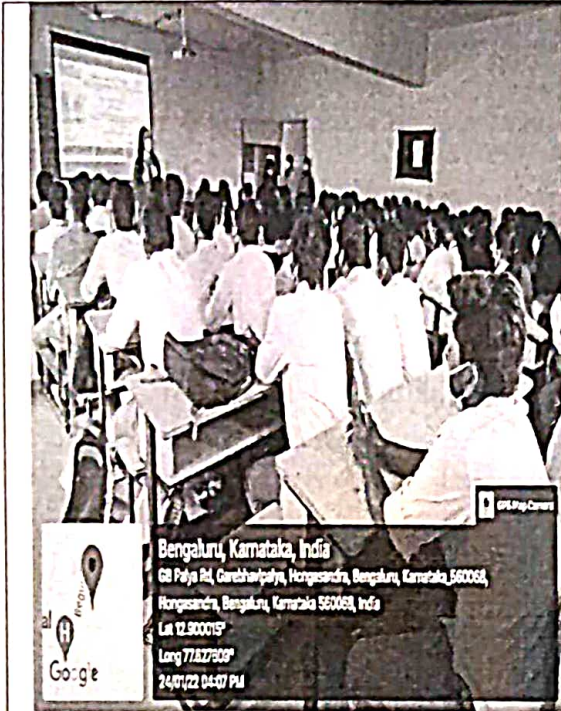
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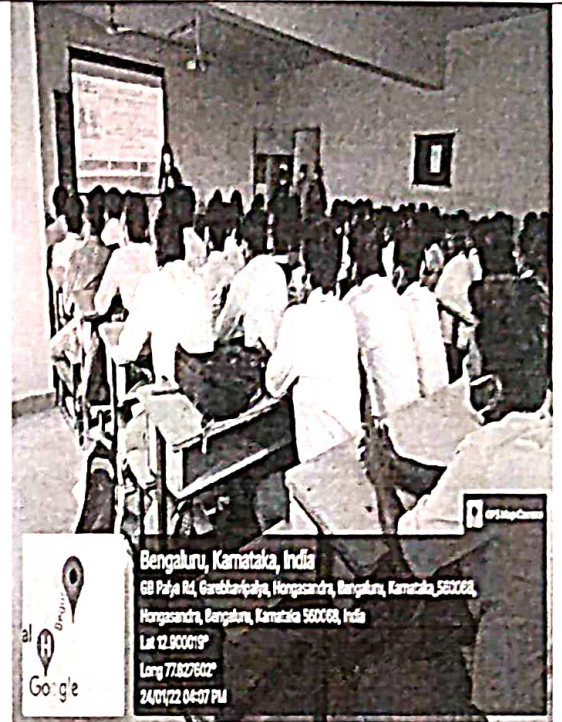
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OUTCOME OF THE PROGRAM

The importance of celebrating National Girl Child Day and its significance of bringing equality, breaking barriers of any kind of discrimination, and to provide a safe environment for their growth successfully reached the participants and increased the awareness about it in them. The equality and freedom start from the family and helps in building a better society. They help shape the values and beliefs of individuals while also providing a sense of belonging and identity. 100 students participated in the session. The students were keen to spread awareness to the society via their neighbours, community by passing this information gained during program. Few students got involved within their residential community and arranged awareness program as part of this program.

END OF REPORT



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DATE: 08/08/2021

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that the “Independence Day” will be celebrated on the 16th of August 2021. We look forward for the active participation for the same.

P. Padma

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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

PROGRAMME ON

“INDEPENDENCE DAY”

16th AUGUST 2021

CHIEF PATRON

SHRI S. N. V. L. NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZED BY

DR. JYOTI SRIVASTAVA

HOD,

DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

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INDEPENDENCE DAY

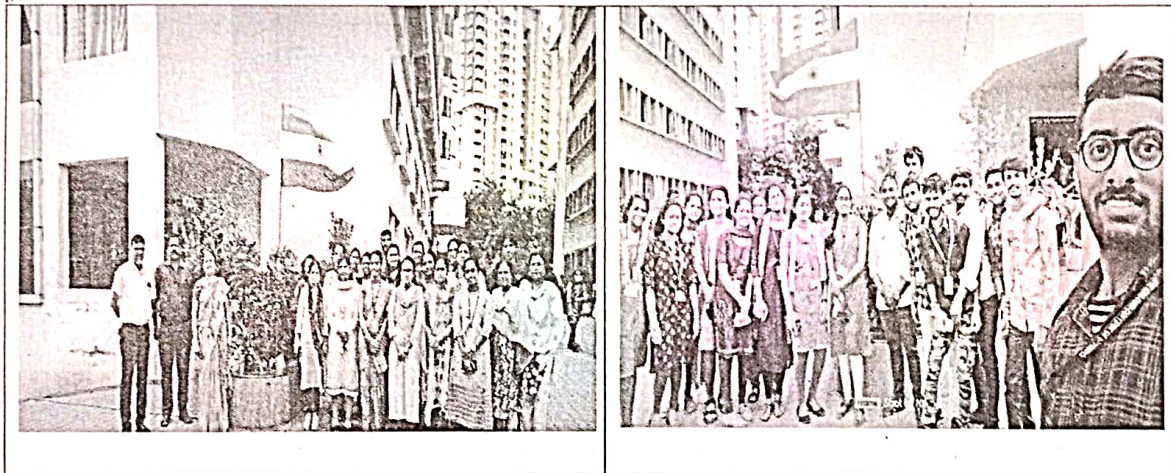
The Oxford College of Pharmacy Celebrated the 75th Independence Day as Azadi Ka Amrit Mahotsav on 16th August 2021 by Hoisting the Flag in the premises of college.

Bharat ki Azadi Ka Amrit Mahotsav is an initiative of the Government of India to commemorate 75 glorious years of progressive India and its rich history, diverse population, magnificent culture and great achievements.

The Prime Minister, Shri Narendra Modi has urged the people to strengthen the Har Ghar Tiranga Movement. Shri Modi also recalled the monumental courage and efforts of those who dreamt of a flag for free India. In a series of tweets, the Prime Minister said;

"This year, when we are marking Azadi Ka Amrit Mahotsav, let us strengthen the Har Ghar Tiranga Movement. Hoist the Tricolor or display it in your homes between 13th and 15th August. This movement will deepen our connect with the national flag."

The Oxford College of Pharmacy also celebrated Azadi ka Amrit Mahotsav by hoisting the flag in presence of Principal, Teachers, Students. Even students and staffs took initiative for Har Ghar Tiranga and hoisted the flag in their society.





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DATE: 04/03/2022

CIRCULAR

This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that "INTERNATIONAL WOMEN'S DAY" will be celebrated on the 8th March 2022. All are requested to assemble in the Room No. 505 by 3:00 PM .We look forward for the active participation for the same.


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DEPARTMENT OF PHARMACEUTICS

ORGANISED

AWARENESS PROGRAMME

ON

“INTERNATIONAL WOMEN'S DAY”

ON

08th MARCH 2022

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

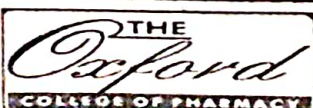
ORGANIZING SECRETARY

MRS. SURINDER KAUR

ASSISTANT PROFESSOR,

DEPARTMENT OF PHARMACEUTICS

THE OXFORD COLLEGE OF PHARMACY, BANGALORE.



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PREAMBLE:

The Oxford College of Pharmacy, Bangalore celebrated "International Women's Day" on 8th March 2022. All teachers and students from different classes attended the program with great enthusiasm. Ms. Surinder Kaur, Assistant Professor, Department of Pharmaceutics, organised the program on the occasion of "International Women's Day".

THE AWARENESS PROGRAM DELIEVERED AS FOLLOWS:

The Oxford College of Pharmacy, Bangalore celebrated "International Women's Day" on 8th March 2022. Ms. Surinder Kaur, Assistant Professor, Department of Pharmaceutics, took initiative to organize the programme for the day. She arranged for a talk as well as poster competition. Dr. Venkata Karthik Reddy, Assistant Professor, Department of Pharmacology gave a talk emphasizing the importance of equality and also the importance of such programs creating awareness regarding the same. Students participated in the poster competition and showcased their talent. The posters were judged and the participants were appreciated. The organizer Ms. Surinder Kaur concluded the program with the vote of thanks. She thanked Chairman Shri. S.N.V. L Narasimha Raju, The Oxford Group of Institutions, Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy for organizing such an event and Dr Gururaj S Kulkarni, HOD, Department of Pharmaceutics for his constant encouragement.

No. of participants: 100 participants

Schedule: On 08th March 2022

Time: 3:00-4:00 PM



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e-mail: pharmacyprincipal@theoxford.edu; info@theoxford.edu;



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CHILDREN'S EDUCATIONAL SOCIETY (REGD)

THE OXFORD COLLEGE OF PHARMACY
6/9, 1ST CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE-560063

HAPPY
Women's
DAY

THEME: GENDER EQUALITY TODAY FOR A
SUSTAINABLE TOMORROW

CHIEF PATRON
DR. S. V. N. L. NARASIMHARAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER
DR. PADMA H. RAJAJES
PRINCIPAL
THE OXFORD GROUP OF INSTITUTIONS

ORGANIZING COMMITTEE
DEPARTMENT OF
PHARMACEUTICS
THE OXFORD COLLEGE OF PHARMACY

OUTCOME OF THE PROGRAM

The program highlighted the empowerment of the women in the society. There were many events such as Speech on "Strategies to overcome barriers in society", Poster presentation by the students emphasised the role of women and the need for women empowerment in the society. The activities were interesting for 100 participants and they showed interest in attending such programs in future. On this occasion, faculty encouraged students in participation and promoting awareness among women and facilitated the



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importance of education, equality and privileges to women in the society. Empowerment of women in society will bring tremendous change in the society.

END OF REPORT



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DATE: 21/05/2022

CIRCULAR

This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that "WORLD MENSTRUAL HYGIENE DAY" will be observed on 28-05-2022. All are requested to assemble in the Room No. 505 by 11:00 AM. We look forward for the active participation for the same.

P. Padma
PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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DEPARTMENT OF PHARMACOLOGY

ORGANISED

AWARENESS PROGRAMME

ON

“WORLD MENSTRUAL HYGIENE DAY”

ON

28TH MAY 2022

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

MS NAGALAKSHMI R

ASSISTANT PROFESSOR,

DEPARTMENT OF PHARMACOLOGY

THE OXFORD COLLEGE OF PHARMACY, BANGALORE.



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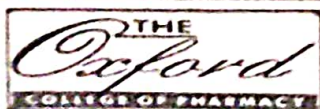
Accredited by NAAC and International Accreditation Organization (IAO)

PREAMBLE:

The Oxford College of Pharmacy, Extension Committee, Bangalore conducted session on "WORLD MENSTRUAL HYGIENE DAY " for the students on 28th May 2022. The program was initiated by Ms Nagalakshmi R, Assistant Professor, Department of Pharmacology. There were totally 90 participants. The theme for 2022 was "To create a world where no woman or girl is held back because they menstruate, by 2030"

CONTENT OF THE SESSION:

The speaker of the session was Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy. The program started with the introduction of the program by the organizing secretary Ms Nagalakshmi R followed by awareness speech on importance of World Menstrual Hygiene Day by the speaker of the day. She also emphasised importance of well being of women for the overall development of society. Menstrual Hygiene Day focuses on breaking the silence, raising awareness, and changing negative social norms around menstruation, and engaging decision-makers to increase the political priority and catalyze action for MHH, at global, national, and local levels. It highlighted the point on moving the conversation forward about MHH and destigmatizing the topic of menstruation. She also emphasized on the importance of observing this day which mainly focuses on breaking the silence, raising awareness, and changing negative social norms around menstruation, and engaging decision-makers to increase the political priority and catalyse action for MHH, at global, national, and local levels. Mrs Divya S Kumar emphasised about the importance of menstrual education. Menstruation is a key indicator of health and vitality for women and girls. Managing this hygienically and with dignity is an integral part of good sanitation and hygiene. "MHM starts with the articulation, awareness, and information about menstruation and menstrual hygiene practices. Women and girls should be able to manage the period in safety, privacy and dignity by i) having access to and using hygienic materials together with ii) the provision adequate water and soap for washing and bathing and iii) assuring adequate collection and safe disposal of sanitary products - at home, schools/colleges, institutions, workplace and in public places." A world where the taboos and stigma surrounding menstruation are history. Where everyone has access to quality menstrual products, period education and period-friendly toilets. But Menstrual Hygiene Day is more than an awareness day. Ms Nagalakshmi R also shared her views on the same and ended with emphasizing on



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the goal of this program which ensures that women, girls, and transgender and non-gender binary individuals who menstruate ("menstruators" or "individuals who menstruate") can manage menstruation safely and with dignity is a key component of Water Security, Sanitation and Hygiene (WASH) programming. It is important to demonstrate that menstrual hygiene is about more than just health – it's about power and progress. In this session awareness regarding menstrual cup and its usage was also imparted to students.



OUTCOME OF THE PROGRAM:

This program emphasised Women and girls to manage the period in safety, privacy and dignity by having access to and using hygienic materials together with the provision adequate water and soap for washing and bathing and assuring adequate collection and safe disposal of sanitary products - at home, schools/colleges, institutions, workplace and in public places. All the 90 participants were benefitted by the program as it gave them lot of new information regarding the hygiene and managing the period with dignity.

END OF REPORT



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Date: 17/06/2022

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a "Session on International yoga day" for the academic year 2021-2022 will be conducted on 21/06/2022. We look forward to the active participation for the same. All interested students are requested to give your name to the event coordinator.

P. Padma

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REPORT ON
SESSION ON INTERNATIONAL YOGA DAY 2022
ORGANISED BY NSS UNIT

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

COMMITTEE MEMBERS

MS. NAGALAKSHMI R

ASSISTANT PROFESSOR

THE OXFORD COLLEGE OF PHARMACY

RESOURCE PERSON

MR. PRASANTHAN

SAHAJA YOGA TRAINER

ASSOCIATE ARCHITECT, BENGALURU.

DATE: 21 JUNE 2022

TIME: 11:30 AM -12:30 PM



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PREAMBLE

The Oxford College of Pharmacy, NSS Committee, Bengaluru conducted the “**Session on International Yoga Day**” for the students and teaching faculties on 21 JUNE 2022 from 11:30 AM -12:30 PM. As online session became a part of the process, the event was organized using Microsoft teams as the platform. There were 50 registrations for this event, which included the faculty and students from The Oxford College of Pharmacy. MR. PRASANTHAN, Sahaja yoga trainer, Associate architect, Bangalore delivered lecture on “Sahaja yoga and meditation technique.” The content delivered in the webinar is as follows: MR. PRASANTHAN thanked Mataji Nirmala Devi for rediscovering Sahaja yoga as holistic health care for people and this session helped us to focus on awakening the dormant primordial energy (Kundalini energy), whereby a flow of subtle cool cosmic vibrations in the body was achieved which nourished and rejuvenated each and every cell of the body. The event ended with Q & A session where the participants asked few doubts regarding the Do's and Don'ts. This programme was arranged to share the knowledge on the topic “Sahaja yoga and meditation technique” by Mr. Prasanthan. The overall organization and deliverance of the webinar was helpful and satisfied the participants.



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Speaker teaching the Sahaja Yoga technique



Presentation shared by the speaker during the session



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OUTCOME OF THE PROGRAMME

The programme was observed to create awareness regarding importance of Yoga and Meditation. 50 students participated in the session. The students were made to experience and feel the changes throughout the session. Sahaja Yoga as holistic health care for people and this session helped students to focus on awakening the dormant primordial energy (Kundalini energy), whereby a flow of subtle cool cosmic vibrations in the body was achieved which nourished and rejuvenated every cell of the body. The celebration of World Yoga Day has the potential to create a positive societal impact by promoting health, well-being, cultural understanding, and community engagement.

END OF REPORT



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DATE:20/01/22

CIRCULAR

This is to inform all the students and teaching staff of The Oxford College of Pharmacy that, a program titled "SAHAJA YOGA DAY" will be conducted on 22/01/22. We request for the active participation for the same.

P. Padma
PRINCIPAL

PRINCIPAL

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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE
ORGANISED PROGRAMME
ON
“SAHAJA YOGA”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE
THE OXFORD COLLEGE OF PHARMACY

RESOURCE PERSON

MR. PRASANTHAN
SAHAJA YOGA TRAINER
ASSOCIATE ARCHITECT
BANGALORE

DATE: 22 JANUARY 2022

TIME: 11.00 AM -1.00 PM



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PREAMBLE

The Oxford College of Pharmacy, NSS Committee, Bangalore conducted the session on "SAHAJA YOGA DAY OF 2022" for the students and teaching faculties. The event was organized using Microsoft teams as the platform. There were 201 registrations for this event, which included the faculty, students from The Oxford College of Pharmacy. MR. PRASANTHAN, Sahaja yoga trainer, Associate architect, Bangalore delivered lecture on "Sahaja yoga and meditation technique".

The content delivered in the webinar is as follows:

MR. PRASANTHAN thanked Mataji Nirmala Devi for rediscovering Sahaja yoga as holistic health care for people and this session helped us to focus on awakening the dormant primordial energy (Kundalini energy), whereby a flow of subtle cool cosmic vibrations in the body was achieved which nourished and rejuvenated each and every cell of the body. The event was ended with Q & A session where the participants asked few doubts regarding the Do's and Don'ts.



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Azadi Ka
Amrit Mahotsav

CHILDREN'S EDUCATION SOCIETY ®
THE OXFORD COLLEGE OF PHARMACY
1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068



GUEST SPEAKER
MR. PRASANTHAN
SAHAJA YOGA TRAINER
ASSOCIATE ARCHITECT
BANGALORE.

CORDIALLY INVITE YOU ON OBSERVANCE OF
"SAHAJA YOGA "
ON 22ND JANUARY 2022 AT 10:30 AM.



Click [here](#) to register

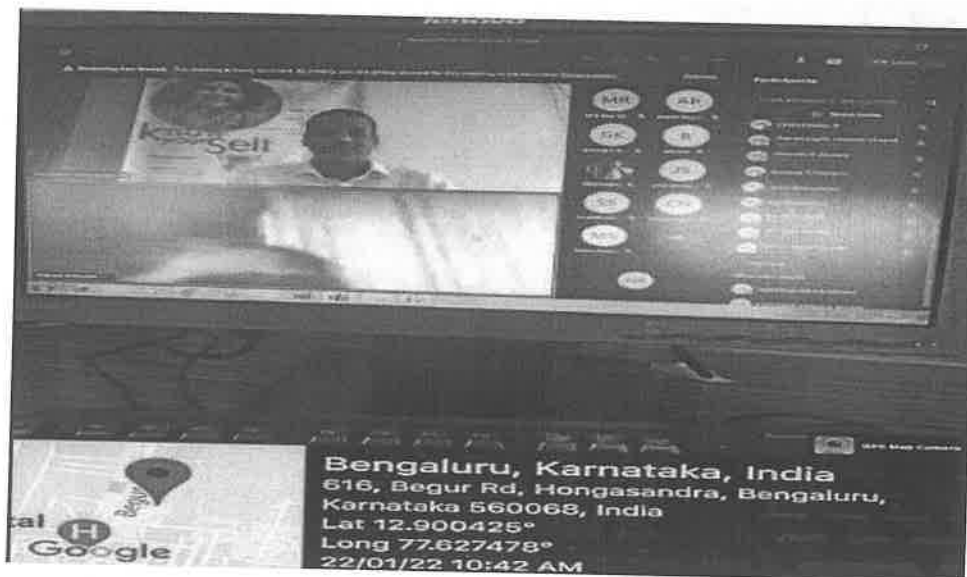
Please join us at with this [link](#)

[Feedback link](#)

PATRON
SRI S.N.V.L. NARASIMHA RAJU
CHAIRMAN
THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER
DR. M PADMAA PAARAKH,
PRINCIPAL,
THE OXFORD COLLEGE OF PHARMACY

EXTENSION COMMITTEE MEMBERS
DR. JYOTI SHRIVASTAVA
MS. NAGALAKSHMI R
THE OXFORD COLLEGE OF PHARMACY



Speaker addressing the participants



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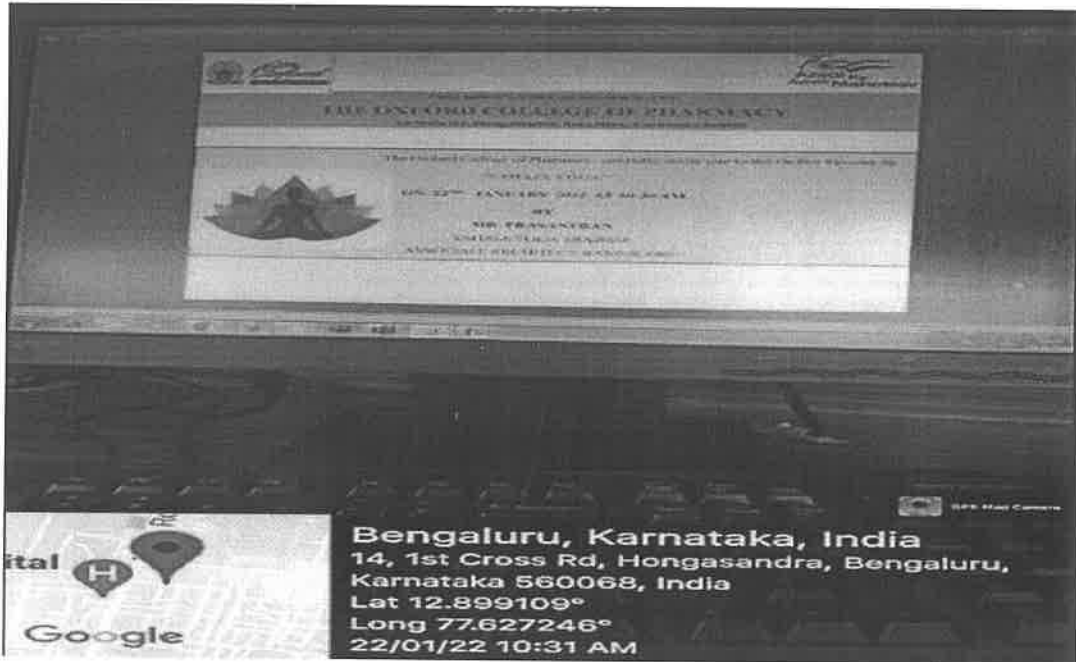
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Speaker delivering different benefits of Yoga



(Mr. Prasanthan interacting with the faculties and students)



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OUTCOME

The online session on Yoga Day was really very impactful. The session focused on how yoga is important for our overall well-being, not only for physical but also mentally too. Mr. Prasanthan stressed how it builds a sense of community and environmental awareness. Choosing yoga as a lifestyle helps us live healthier and more fulfilling lives, making society happier and more peaceful. Both students and faculty, learned how regular yoga can prevent health issues like heart problems and improve mental wellness, sleep, and stress levels. It was such a beneficial session for everyone involved. Over all 201 participants benefited through this program.

END OF REPORT



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DATE:25/06/21

CIRCULAR

This is to inform all the students, teaching and non-teaching staff of The Oxford College of Pharmacy that, a program titled “COVID VACCINE DRIVE” will be conducted on 30/06/21. We request for the active participate of the same.

P. Padure
PRINCIPAL

PRINCIPAL
The Oxford College of Pharmacy
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Bangalore - 560 068



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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE

ORGANISED

“COVID VACCINE DRIVE”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 30 JUNE 2021

TIME: 11:00 AM - 02:00 PM



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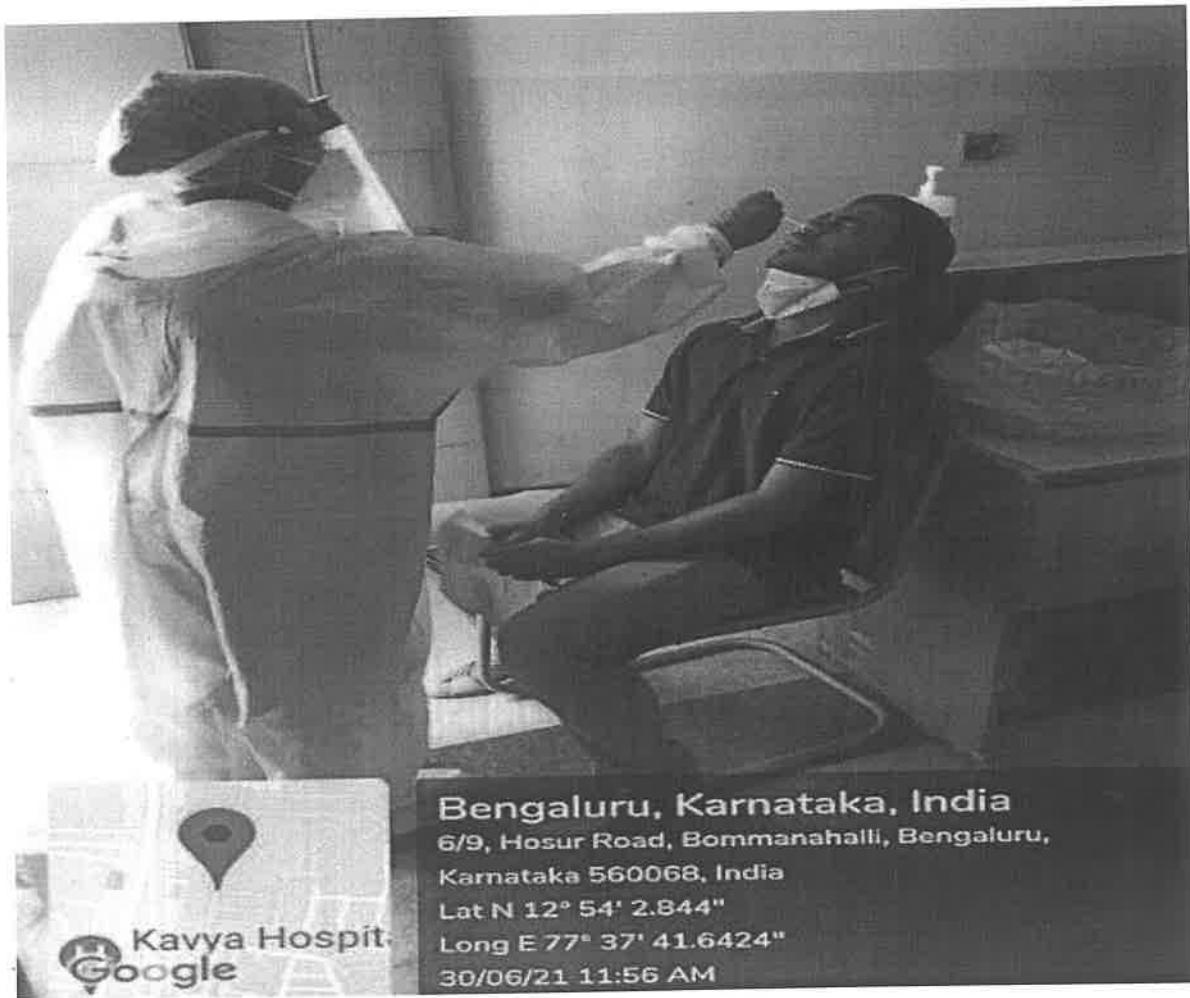
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PREAMBLE

The Oxford College of Pharmacy, NSS Committee, Bangalore organized Covid vaccine drive in college campus for the students, teaching and non-teaching faculties and nearby community. COVID Vaccination Drive kick started at The Oxford College of Pharmacy on Wednesday. The students, teaching and non-teaching faculties received the first dose of Covishield, and the RT-PCR test was performed simultaneously. There were 45 participants including the local community.



Bengaluru, Karnataka, India
6/9, Hosur Road, Bommanahalli, Bengaluru,
Karnataka 560068, India
Lat N 12° 54' 2.844"
Long E 77° 37' 41.6424"
30/06/21 11:56 AM

RTPCR Test done for students



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Community people getting vaccinated in the campus



Student volunteer helping in vaccination with Hospital staff



Students and community people getting vaccinated



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The Oxford College of Pharmacy

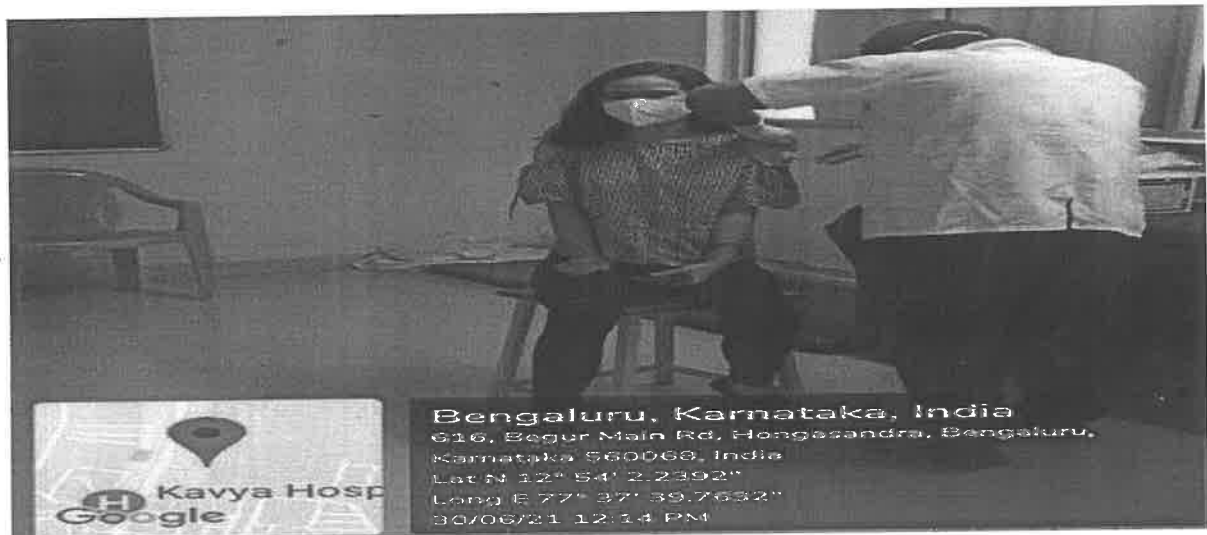
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Community people getting covid vaccinated



Student getting vaccinated

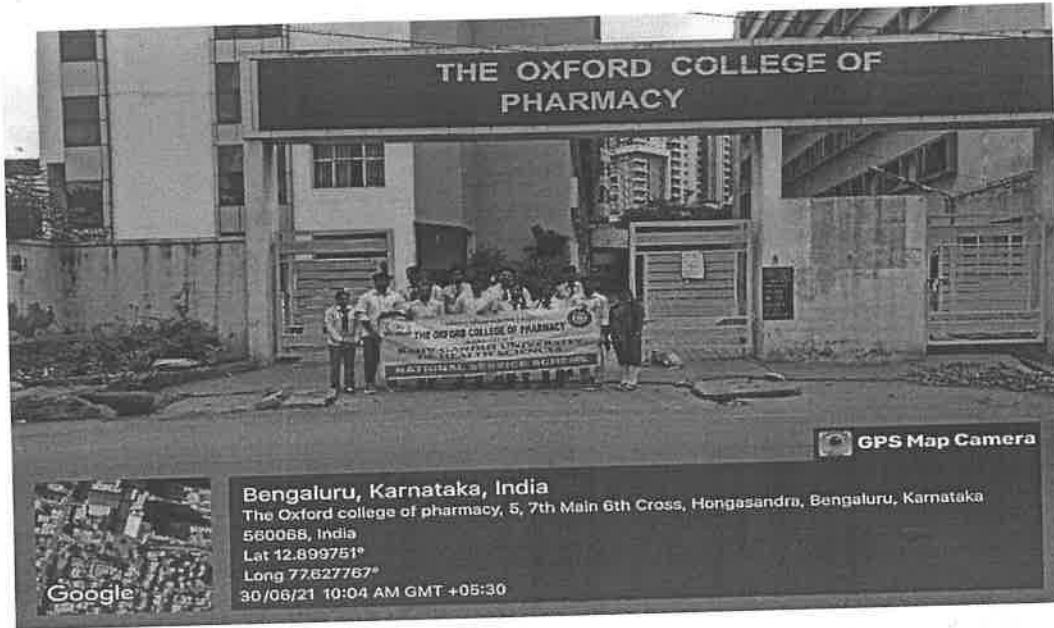


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Student Volunteers involved in – Covid Vaccine Drive

OUTCOME

The Oxford College of Pharmacy organized vaccination drive along with local government hospital in line with the ongoing COVID-19 pandemic so as to create awareness among the community regarding accessibility as well as importance of taking prescribed dose of vaccination. Along with vaccination RTPCR test also taken was very much benefited for students and society. There were 45 participants participated in this awareness program which includes teaching, non-teaching staffs. Local community people were appreciated the initiative taken by the organization.

END OF REPORT



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Date: 28/11/2022

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on 'WORLD AIDS DAY 2022' will be conducted on 01/12/2022. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE ORGANISED PROGRAMME

ON

“WORLD AIDS DAY”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

MRS.KEERTHANA

ASSISTANT PROFESSOR

THE OXFORD COLLEGE OF PHARMACY

DATE: 01 DECEMBER 2022

TIME: 03.00 PM -4: 00 PM



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The Oxford College of Pharmacy

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PREAMBLE

The Oxford College of Pharmacy, NSS Committee, Bangalore conducted the session on "WORLD AIDS DAY" for the students and teaching faculties. As offline session became a part of the process, the event was organized in 5th floor 501.

The content delivered in the session is as follows:

The event started with a awareness session by Mrs. Chanda ranjan and the pledge regarding the same was taken. The entire program was coordinated by Assistant professor Mrs Keerthana, she gave a warm welcome to Principal Dr. Padmaa M Paarakh, staff and students. The session was very informative which gave them a comprehensive understanding on the what, why and how to fight against AIDS. There were around 60 participants. DR. PARTHASARATHY, HOD pharmacy practice department has delivered the speech among the students and explain the life risk and significance of AIDS.

It was interaction section and students were actively participated and clarified their doubts.

Programme is concluded by vote of thanks by Mrs. Uma Prabha.

After the programme our students went along with faculties to nearby community and gave awareness to the society.



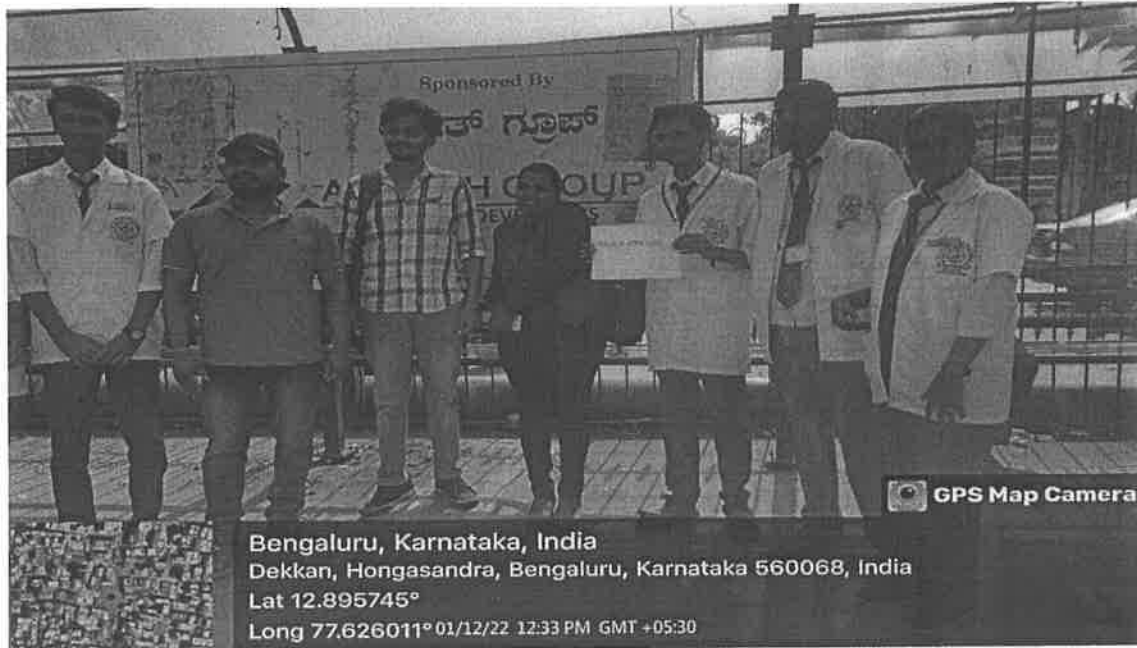
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Students interacting with public



Students creating awareness in the community



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Student Volunteers involved in World Aids Day Programme

OUTCOME

The program was observed to create awareness on AIDS and the session successfully delivered the message to the students. The session emphasized on promoting awareness, misconceptions in public regarding AIDS. The participants understood the importance, measures to avoid unwanted stigma relating to HIV/AIDS. At the same time student and faculty went around in the different communities creating awareness about the AIDS and stigma associated with it, its fatal consequences on health and family as well as how people can safeguard their health. Around 60 participants participated in this awareness program.

END OF REPORT



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DATE: 30/09/2021

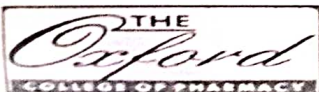
CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that the "Gandhi Jayanthi Day" will be celebrated on the 2nd of October 2021. We look forward for the active participation for the same.

P. Padma
PRINCIPAL

PRINCIPAL

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Bangalore - 560 068



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DEPARTMENT OF PHARMACEUTICS

PROGRAMME ON

“GANDHI JAYANTHI DAY”

2nd OCTOBER 2021

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZED BY:

MRS. DIVYA S KUMAR

ASSISTANT PROFESSOR,

DEPARTMENT OF PHARMACEUTICS.

THE OXFORD COLLEGE OF PHARMACY



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GANDHI JAYANTI

The Oxford College of Pharmacy, on 2nd October every year on the occasion of birthday of Mahatma Gandhi. It is the day celebrates as International Day of Non-violence.

Gandhi Jayanthi is a National Holiday Celebrated all over India. 152nd Birthday of Mahatma Gandhi is celebrated this year. This day was celebrated by giving some information to the students about the great freedom fighter, sacrifices and works he did for the nation. Thus, we celebrated this day by remembrance of his works done for the Nation.





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Date: 03/06/2022

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on 'WORLD ENVIRONMENT DAY' 2022 will be conducted on 07/06/2022. We look forward for the active participation for the same.

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DEPARTMENT OF PHARMACOGNOSY

ORGANISED PROGRAM

ON

“WORLD ENVIRONMENT DAY”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

MRS. SWEEKA K C

ASSISTANT PROFESSOR

DEPT. OF PHARMACOGNOSY

THE OXFORD COLLEGE OF PHARMACY

DATE: 7 JUNE 2022

TIME: 10 AM TO 11 AM



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PREAMBLE

The Department of Pharmacognosy organized the field visit on "World Environment Day" along with M.Pharm students of Pharmaceutics. The students visited Govt School of Hongasandra with the posters for the awareness of students, children, teaching and non-teaching faculties about keeping the environment clean and safe from pollution. There were totally 100 participants which included faculties, post graduates, school children, teaching and non-teaching staff of above-mentioned school. Later, Dr Gururaj S K shared few words about the World Environment Day. What is world environment day.

The content delivered in the field visit is as follows:

Dr Gururaj S K shared few words about the World Environment Day. How important it is to keep our surroundings clean and how to stay hygienic in day today life. Students carried few charts with good messages to plant more trees to purify the air and make the earth green. This was an amazing and students participated and celebrated world environmental day enthusiastically. They were asked to plant a sapling to create a green corner. A lot of enthusiasm was seen in the students. The event was conducted successfully with whole hearted participation and awareness about plants.



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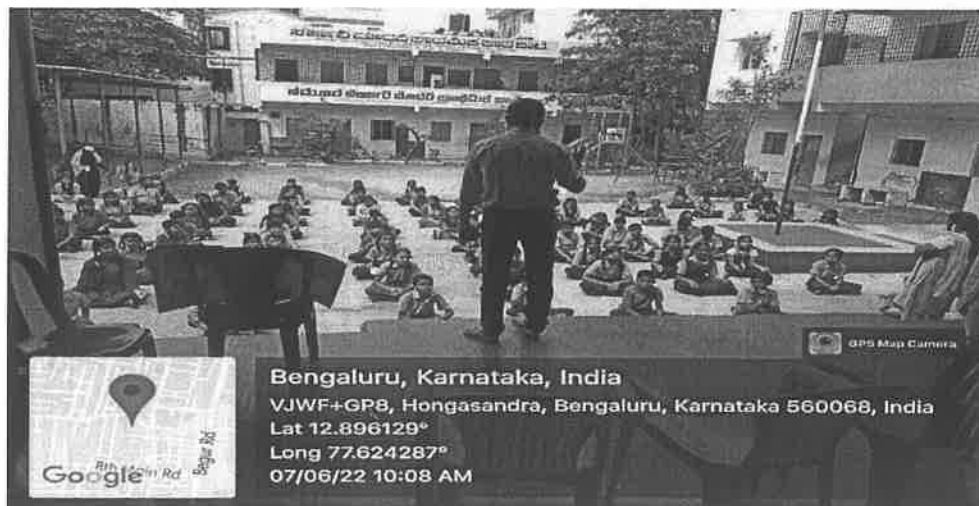
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Students and faculty participated in the awareness program



Speaker addressing the school students



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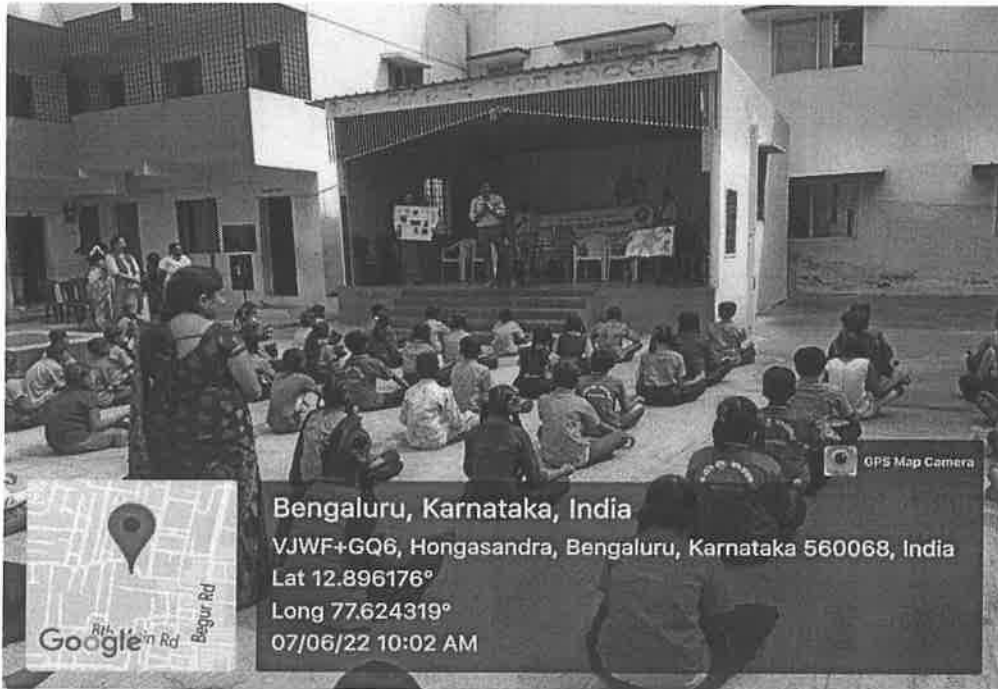
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School Students actively participated in the program



Student Volunteers involved in World environment day Program



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OUTCOME

The institution has organized a sensitizing session on "World Environment Day" with the slogan 'Only One Earth' with the intention of transforming policies so as to enable sustainable living in harmony with nature. The program aimed at promoting the importance of judicious use of natural resources, afforestation, adhering to various environmentally sustainable practices in line with SDG-30. Students visited a Government School, Hong Sandra and created awareness about the role of every individual in keeping the environment safe and healthy, keeping society free from pollution and planting more trees so as to protect society from environmental degradation. Overall, it is an important event that promotes a healthier and more sustainable future for ourselves and future generations. Around 100 participants participated in this awareness program.

END OF REPORT



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Date: 26/5/2022

CIRCULAR

This is to inform all the students and teaching staff of The Oxford College of Pharmacy that, an awareness program titled “**WORLD NO TOBACCO DAY 2022**” will be organized on 01/06/22. We request for the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL

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Bangalore - 560 068



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DEPARTMENT OF PHARMACEUTICS

ORGANISED PROGRAMME

ON

“WORLD NO TOBACCO DAY”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr. VIKRAM T

ASSISTANT PROFESSOR

DEPT OF PHARMACEUTICS

THE OXFORD COLLEGE OF PHARMACY

DATE: 01/06/ 2022

TIME: 12 PM



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized "**WORLD NO TOBACCO DAY 2022**" with an aim to educate our staffs and students about the awareness of alternative crop production and marketing opportunities for tobacco farmers.

On 1ST June 2022, WHO and public health champions around the world will come together to celebrate World No Tobacco Day (WNTD). This year's theme is "THREAT TO OUR ENVIRONMENT. It will al aim to expose the tobacco industry's efforts to interfere with attempts to substitute tobacco growing with sustainable crops, thereby contributing to the global food crisis.

Tobacco industry is causing severe harmful effects on the environment and mounting the unnecessary pressure to our planet's already scarce resources and fragile ecosystems. Tobacco kills over 8 million people every year and destroys our environment, further harming human health, through the cultivation, production, distribution, consumption, and post-consumer waste.



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Every year, on 31 May, WHO and partners everywhere mark World No Tobacco Day, highlighting the health risks associated with tobacco use and advocating for effective policies to reduce tobacco consumption. Tobacco use is the single most preventable cause of death globally and is currently responsible for killing one in 10 adults worldwide.

In 2022, the theme is "Tobacco, a threat to the environment". The harmful impact of the tobacco industry on the environment is vast and growing adding unnecessary pressure to our planet's already scarce resources and fragile ecosystems. Tobacco kills over 8 million people every year and destroys our environment, further harming human health, through the cultivation, production, distribution, consumption, and post-consumer waste.

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr. VIKRAM, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Dr. Gururaj S Kulkarni, HOD & Professor, Department of Pharmaceutics were invited to talk about the awareness "Tobacco, a threat to the environment", nutritious crops and awareness of tobacco abuse and its effects to the society. II Yr M. Pharm Pharmacology and Pharmaceutics, I Pharm D, IV Pharm D, I & II D. Pharm students were participated in the Program. Around 75 participants were there.

The organizer Dr. VIKRAM. T concluded the program with vote of thanks. He thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford college of pharmacy for organizing such an event and Dr. Gururaj S Kulkarni, HOD & Professor, Department of Pharmaceutics and to all the other faculties and students who participated in the event and helped in its successful completion of the event. After the event students went outside the campus to create awareness in the nearby community.



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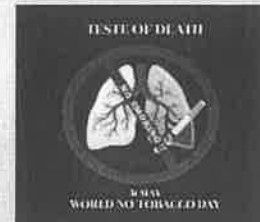
THE OXFORD COLLEGE OF PHARMACY

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DEPARTMENT OF PHARMACEUTICS

WORLD NO TOBACCO DAY

THEME: THREAT TO OUR ENVIRONMENT



CHIEF PATRON

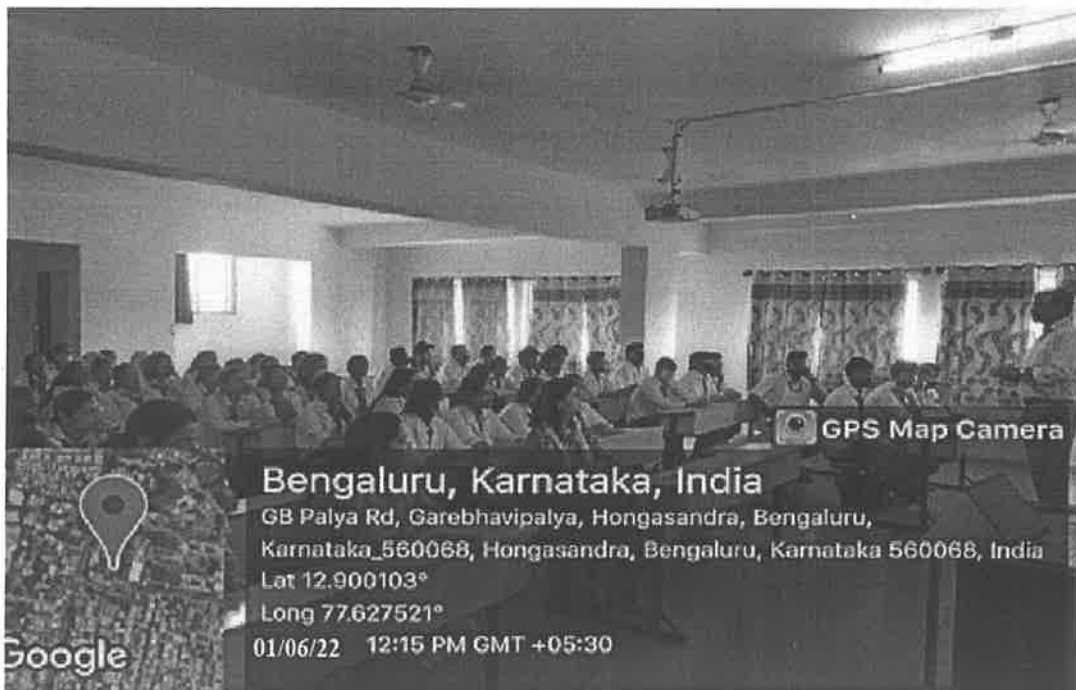
Shri. S N V L Narasimha Raju,
Chairman

CONVENER

Dr. Padmaa M. Paarakh,
Principal

ORGANIZING SECRETARY

DR. VIKRAM T,
Assistant Professor



Dr. Kulkarni delivering the speech to the participants



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Students creating awareness in the local community- No tobacco day



Students creating awareness in the local community- No tobacco day



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Student volunteers involved in World no tobacco day program

OUTCOME

This year's theme for No Tobacco Day is "Tobacco, a threat to the environment". Reducing tobacco use can positively impact society, including improved health, cost savings in healthcare, and a more equitable society for all. Additionally, various measures to mitigate usage of tobacco were also conveyed to participants like placing graphic warnings on tobacco products, ban on tobacco marketing, supporting the smokers with desire to quit smoking etc., Students along with faculties created awareness in the local society and explained the risk in consuming tobacco like it causes death through cancer, heart attacks, brain strokes, Students were appreciated by the local community. Around 75 participants participated in this awareness program.

END OF REPORT



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DATE:19/01/2021

CIRCULAR

All the teaching, non- teaching and students of The Oxford College of Pharmacy are hereby informed that the “Republic Day” will be celebrated on 26th January 2021. We look forward for the active participation for the same.

P. Padma
PRINCIPAL

PRINCIPAL

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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

PROGRAMME ON

“REPUBLIC DAY”

26th JANUARY, 2021

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZED BY:

DR. JYOTHI SRIVASTAVA

HOD,

DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

THE OXFORD COLLEGE OF PHARMACY



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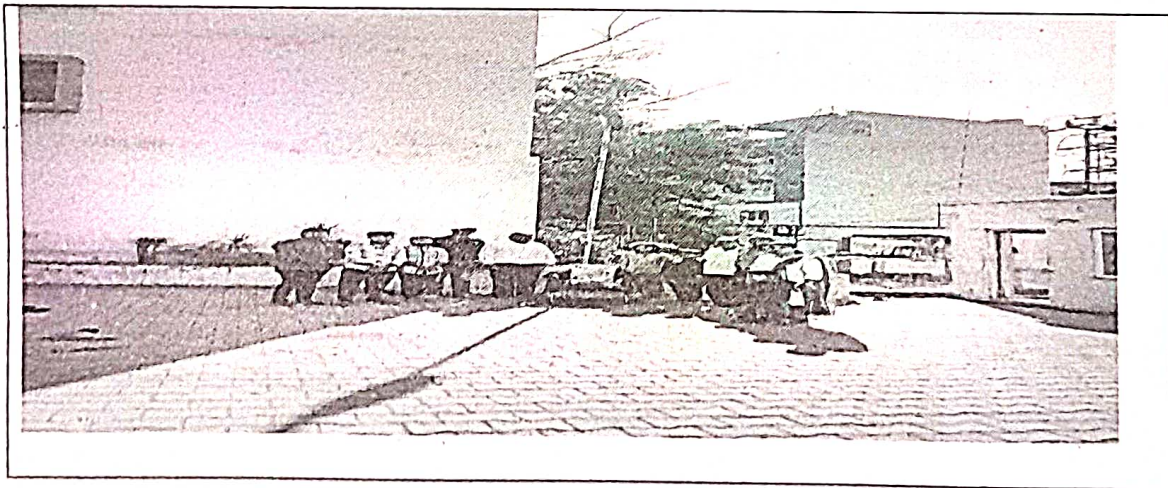
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REPUBLIC DAY

The Oxford College of Pharmacy celebrated Republic Day on 26th January 2021 by hoisting Indian flag and singing National anthem. India celebrated its 72nd Republic Day on Saturday. This day is celebrated as commemorates the adoption of the constitution of India and the country's transition into a republic which came into effect on 26 January 1950.

On 26th January, 2021 all over India celebrates its 72nd Republic Day on Tuesday. On this day i.e., in the year 1950 India's Constitution came into effect. Thus, each year this day is celebrated as Republic Day.

On this day, with the presence of Hostel students, warden members and staffs of The Oxford College of Pharmacy celebrated by hoisting Indian flag and sung National anthem.





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DATE: 15/03/22

CIRCULAR

This is to inform all the students and teaching staff of The Oxford College of Pharmacy that, an awareness and sensitization program titled as "**Irrational usage of Antibiotics and Steroids in COVID-19 Pandemic Period**" will be conducted on 18/03/22. We request for the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL

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DEPARTMENT OF PHARMACOLOGY

ORGANISED

AWARENESS PROGRAMME

ON

"IRRATIONAL USAGE OF ANTIBIOTICS AND STEROIDS IN COVID-19
PANDEMIC PERIOD"

CHIEF PATRON

SHRI S. N. V. L. NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVEYER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

DR. KARTHIK

ASSISTANT PROFESSOR

DEPARTMENT OF PHARMACOLOGY

DATE: 18/03/2022

TIME: 12:00-1:00 PM



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PREAMBLE

Antibiotics are essential medicines that fight infections caused by bacteria in humans and animals by either killing the bacteria or making it difficult for them to grow and multiply. However, their misuse and unnecessary prescription can lead to side effects and contribute to antibiotic resistance, which is a significant threat to public health.

CONTENT

An awareness program and sensitizing programme was held on 18/03/2022 at The Oxford College of Pharmacy, organised by Dr. Karthik, Dept of Pharmacology and speech delivered by Dr. Noopur Srivastava, HOD Pharmacology, she discussed in depth about awareness on antibiotic usage and explained thoroughly regarding antibiotic resistance and its effects. There were 50 Participants participated in this awareness program.

Antibiotics are potent drugs that cure certain illnesses and, when taken correctly, may save lives. They either prevent germs from multiplying or kill them. COVID-19 brought abrupt disruption in the health care field causing large number of suspected COVID-19 patients to administer antibiotics and steroids.

The administration of steroids can mask the presence of fever and lead to neutrophilic leukocytosis, making the situation complex to understand regarding secondary bacterial infection. While steroids and tocilizumab both are given as a part of COVID-19 management in severe and critically ill patients, the risk of secondary infection is also higher.

Antibiotic overuse has resulted in selection pressure and the evolution of multidrug resistant superbugs. In India, the situation is considerably worse because antibiotics may be acquired over the counter and, to make worse through internet shopping without a legitimate doctor's prescription.

You may need to take antibiotics for some bacterial infections. For example, you might not need them for many sinus infections. Taking antibiotics when they're not needed won't help you, and they can have side effects.



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Strategies to limit the development of resistance are urgently needed, and one of them is educating the general public about prudent antibiotic use. People who are aware of antibiotic resistance concerns, will put less pressure on doctors to use medicines. After the program students went out to create awareness in the society.



Bengaluru, Karnataka, India
 VJXF+XR7, Vivekananda Nagar, Bommanahalli, Bengaluru, Karnataka 560068, India
 Lat 12.900301°
 Long 77.624436° 18/03/22 02:42 PM GMT +05:30

Session taken by Dr. Noopur Shrivastava



Bengaluru, Karnataka, India
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 Lat 12.901066°
 Long 77.624167°
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Students educating the public and pharmacy store incharge



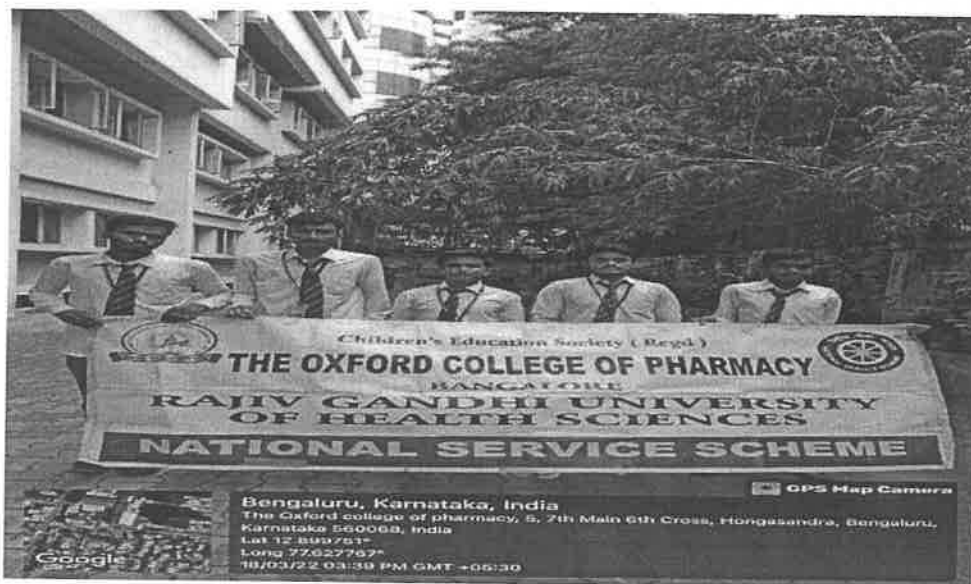
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NSS Volunteers involved in irrational usage of antibiotics and steroids in COVID -19 Pandemic period Program

OUTCOME

The sudden outburst of COVID-19 had impacted the healthcare field. There was irrational consumption of both antibiotics and steroids which could lead to untoward consequences. In light of this, the students got knowledge about, the antibiotic usage include treating infections, preventing the spread of diseases, and reducing the burden of out-of-pocket expenses. Also overuse or misuse of antibiotics can lead to antibiotic-resistance and side effects. Therefore, it is crucial to use antibiotics rationally to maximize their benefits and prevent risks. From this program the students were educated about the importance of antibiotics in treating infectious diseases provided they use it properly under the observation of doctor with prescription. If the same medicine misused, the patients may get resistance to the antibiotic and may lead to further complications to the patients. Thereafter, college has taken initiative to send students and faculty in the local community to spread awareness of the same. The students visited voluntarily to some of the pharmacies to educate and sensitize pharmacist and people working in the pharmacy shop, not to dispense antibiotics without prescription and half dosage regimen. From this discussion the pharmacists expressed their happiness for students concern towards people and society.



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Children's Education Society (Regd.)

The Oxford College of Pharmacy

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The community pharmacists assured students that they don't dispense antibiotics without proper prescription and incomplete regimen. Additionally, the students learned the scientific management of inventories, documentation practices to be adopted in line with rational use of antibiotics as per Drugs Control Department. Around 50 participants benefited through this awareness program.

END OF THE REPORT



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Date: 07/10/2021

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness program on 'WORLD MENTAL HEALTH DAY 2021' will be conducted on 10/10/2021. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

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Bangalore - 560 068



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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE
ORGANISED
"WORLD MENTAL HEALTH DAY"

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE
THE OXFORD COLLEGE OF PHARMACY

DATE: 10th OCTOBER 2021

TIME: 11:00 A.M



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PREAMBLE

The Oxford College of Pharmacy, NSS Committee, Bangalore conducted the online elocution competition on "WORLD MENTAL HEALTH DAY" for the students. There were totally 08 participants. The theme for 2021 was "mental health in an unequal world"

A special virtual session on "WORLD MENTAL HEALTH DAY" was organized by NSS Cell, The Oxford College of Pharmacy on 10TH October 2021. Ms. Divya S Kumar and Ms. Nagalakshmi, Assistant professor, conducted a virtual elocution competition for students. The virtual session was conducted through MS Teams. The judges of the event were Dr. Anjali Raj and Ms. Chanda Ranjan.

The program was organized with an intention to raise awareness about mental health issues around the world and to put efforts forward in support of mental health. The theme for the program was 'Social Media: One of the lead causes to mental health dip'. In today's times, the teenagers are involved in excess use of social media, leading to fear of missing out, feeling of inadequacy, dissatisfaction and isolation.

Students of various courses participated in the event explained the theme for which they were given 3 minutes of time, and some questions were asked by the judges and were answered spontaneously by students, event was held for one hour thirty minutes and ended on a thank you note. Overall, 50 participants participated in this virtual session.

At the end, the winners of the event were declared.

The winners of the Event as follows:

1. First Position – Priyadarshini 5th Pharm D
2. Second Position – Likitha 3rd Pharm D
3. Third Position - Arya Krishna 2nd B.pharm



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CHILDREN'S EDUCATIONA SOCIETY(REGD.)

THE OXFORD COLLEGE OF PHARMACY



6/9, 1st Main Road, Hongasandra, Bengaluru, Karnataka 560068

ONLINE ELOCUTION COMPETITION 2021

on the occasion of

"WORLD MENTAL HEALTH DAY"

Theme

"MENTAL HEALTH IN AN UNEQUAL WORLD"

Organized by NSS committee, The Oxford College of Pharmacy, IQAC

On 10th October 2021 at 11:00A.M



PATRON

SHRI S. N. V. L. NARASEMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING MEMBERS

MRS.DIVYA.S.KUMAR
MS. NAGALAKSHMI
THE OXFORD COLLEGE OF PHARMACY



CHILDREN'S EDUCATIONA SOCIETY(REGD.)

THE OXFORD COLLEGE OF PHARMACY

#6/9, 1st Main Road, Hongasandra, Bengaluru, Karnataka 560068



ONLINE ELOCUTION COMPETITION 2021

"WORLD MENTAL HEALTH DAY"

TOPIC FOR ELOCUTION

BUILDING COURAGE WITHIN

OR

SOCIAL MEDIA: ONE OF THE LEAD CAUSES TO MENTAL HEALTH DIP

HOW TO PARTICIPATE:

- Prepare the video of maximum 5 minutes.
- Video must be in English with good video resolution.
- Video should start with Name, Course and Topic selected for elocution.
- Decision made by judges will be final.
- Participants should send their video before 9th October before 5 P.M to below mail Id:

divya.skumar1984@gmail.com

nagalakshmiraghuramareddy@gmail.com

All participants
will be given
certificate of
participation.

[Click here to join with us.](#)



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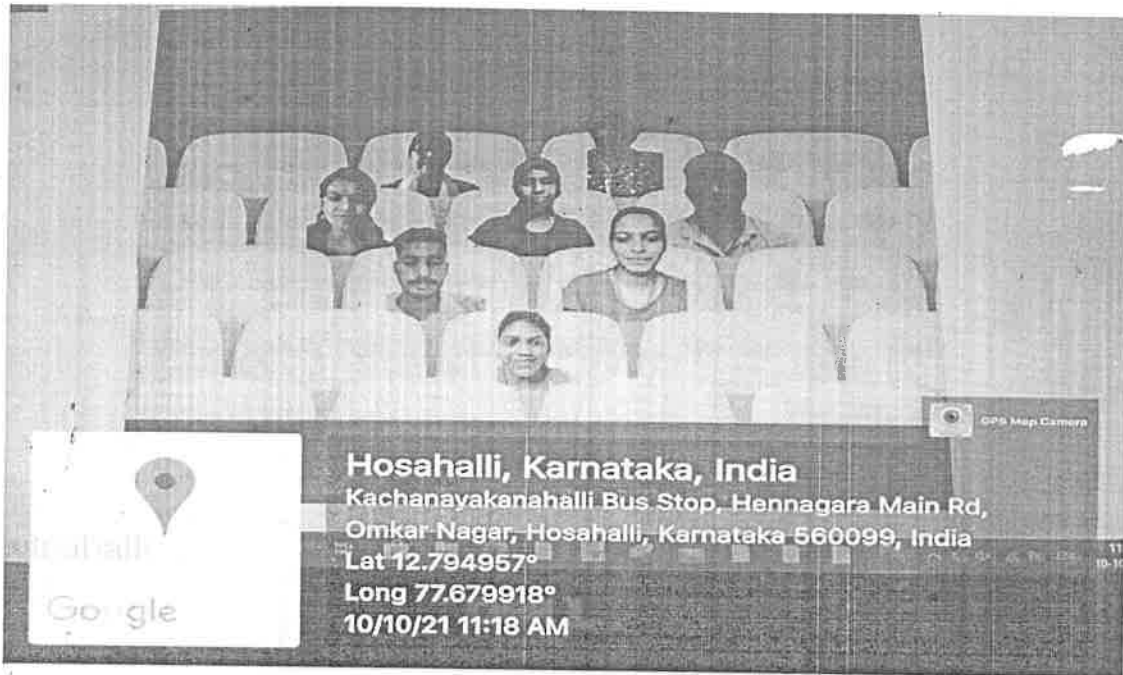
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The Oxford College of Pharmacy

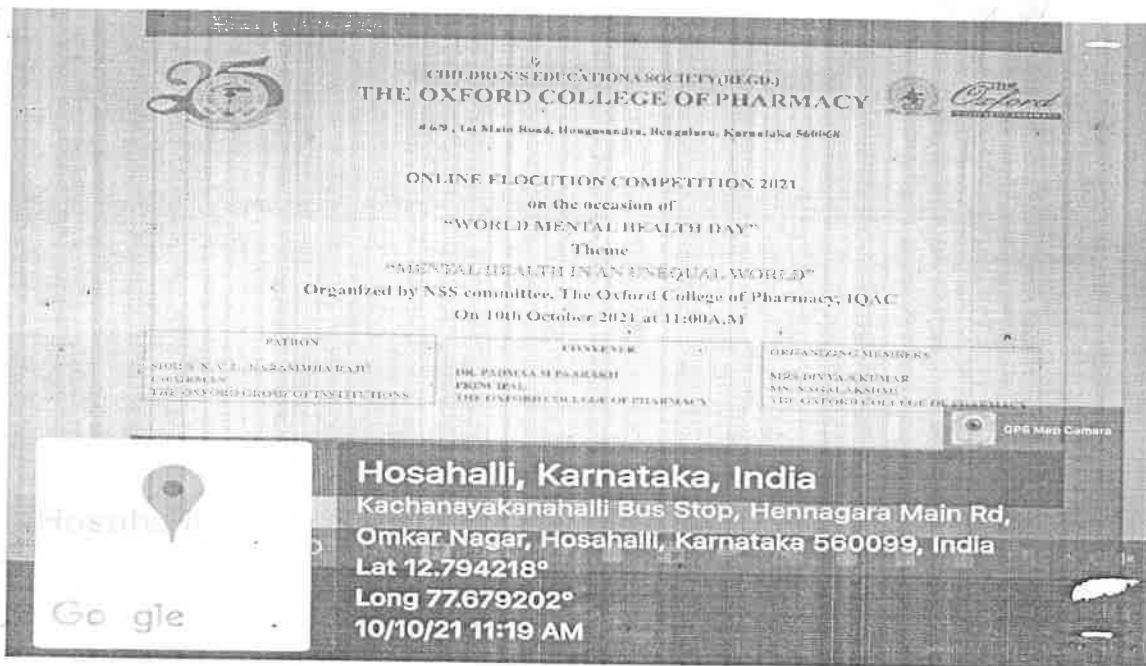
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Students participated in Elocution competition



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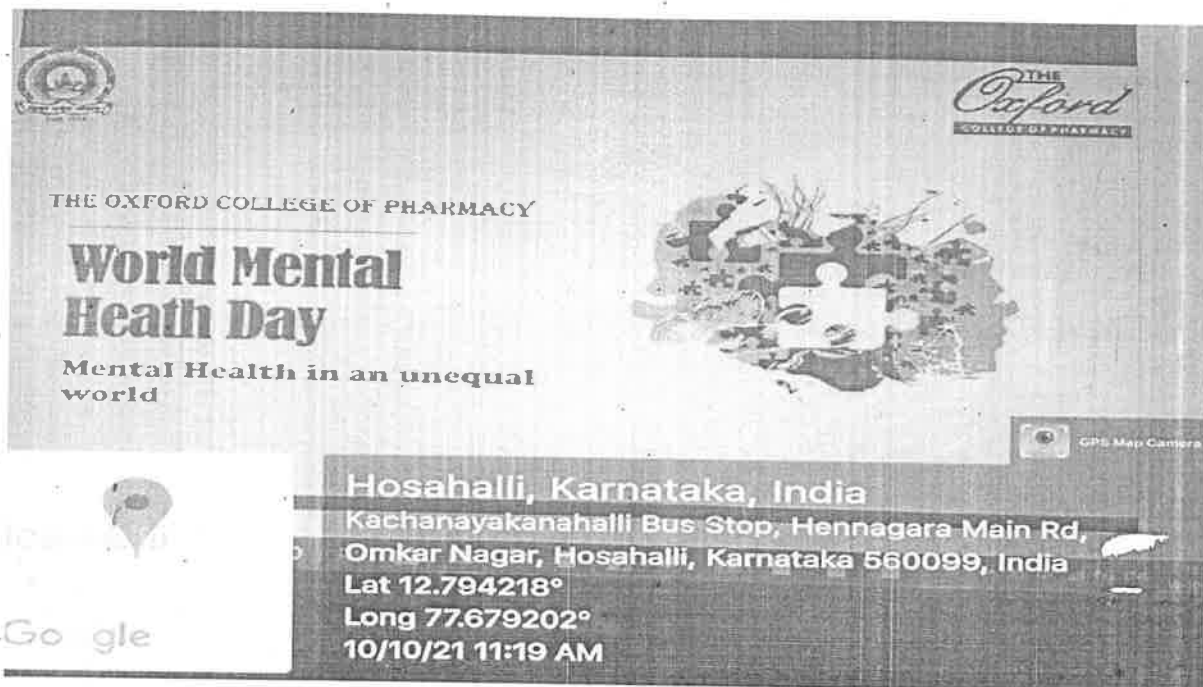
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Mental health in an unequal world- Theme

OUTCOME

On the occasion of World Mental Health Day, the institution has organized a sensitization program on mental health well-being, increasing awareness, reducing stigma, and enhancing access to mental health resources. Excess usage of social media should be kept at bay, so that youths should not get feelings like dissatisfaction, incompleteness and inadequacy. Participants have gained from improved support systems, educational initiatives, and a cultural shift towards openness and acceptance regarding mental health issues. The efforts have paved a way for the participants to understand the need of having healthier, more resilient workforce, potential long-term benefits, including more robust social cohesion. Over all 50 participants benefited through this online session.

END OF THE REPORT



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Date: 28/11/2022

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on “Non-communicable Diseases” will be conducted on 01/12/2022. We look forward for the active participation for the same.

PRINCIPAL

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DEPARTMENT OF PHARMACEUTICS

ORGANISED PROGRAMME

ON

“NON-COMMUNICABLE DISEASES”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr. VIKRAM T

ASSISTANT PROFESSOR

DEPT OF PHARMACEUTICS

THE OXFORD COLLEGE OF PHARMACY

DATE: 1st DECEMBER, 2022

TIME: 12 PM



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PREAMBLE

Dept of Pharmaceutics, The oxford college of pharmacy, Bangalore organised awareness program “**non-communicable diseases**” on 1 December 2022. around 30 students were actively participated on this program. The program was conducted in nearby local community.

Non-communicable diseases (NCDs) are medical conditions or diseases that are not caused by infectious agents. These are chronic diseases of long duration, and generally with slow progression and are the result of a combination of genetic, physiological, environmental and behavioral factors.

NCDs are one of the major challenges for public health in 21st century, not only in terms of human sufferings they cause but also the harm/burden they inflict on the socioeconomic development of the country. NCDs kill approximately 41 million people (71% of global deaths) worldwide each year, including 14 million people who die too young between the ages of 30 and 70. The majority of premature NCD deaths are preventable. According to World Health Organization (WHO) projections, the total annual number of deaths from NCDs will increase to 55 million by 2030, if timely interventions are not done for prevention and control of NCDs. NCDs are rapidly increasing globally and reached epidemic proportions in many countries, largely due to globalization, industrialization, and rapid urbanization with demographic and lifestyle changes.

Students from the oxford college of pharmacy went along with faculties to near by community and created the awareness among the society. They well explained about the risk of NCD and how to be aware of the disease.



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Students interacting with the local community people



Students creating awareness to the society- NCD



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Student Volunteers involved in NCD program

OUTCOME

The program did a great job of raising awareness about non-communicable diseases (NCDs) among community members. People got a clearer picture of what NCDs are, what puts them at risk, and why preventive measures matter. What made it really effective was how interactive it was, letting students and community members really engage with each other. After the program, community members assured that in future they will keep up with regular health check-ups. Talk on preventive healthcare motivated them to take care of their health. They were thankful for the initiative taken by the organisation and felt it could really make a difference in their lives. Overall, it was a successful program that benefited both the students and the community. Overall, 30 participants were participated and benefited.

END OF THE REPORT



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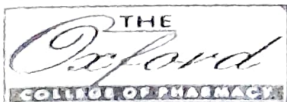
DATE: 14/04/2022

CIRCULAR

This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that "Swatch Bharat" will be organized for the academic year 2021-2022 will be conducted on 21/04/2022. We request for the active participation for the same.

P. Padma
PRINCIPAL

PRINCIPAL
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Bangalore - 560 068



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DEPARTMENT OF PHARMACOLOGY

ORGANISED

PROGRAMME ON

“SWATCH BHARATH”

21st APRIL 2022

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZED BY:

DR. G VENKATA KARTHIK REDDY

ASSISTANT PROFESSOR,

DEPARTMENT OF PHARMACOLOGY.

Date: 21st April 2022

Time: 11AM - 12 PM



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PREAMBLE

The Oxford College of Pharmacy, Bangalore organized “Swatch Bharat” on 21st April 2022. Dr G Venkata Karthik Reddy, Assistant Professor, Department of Pharmacology, initiated the program along with students. There were around 47 participants who took part in the session.

THE CONTENT OF THE SESSION:

“Swatch Bharat” campaign was organized by The Oxford College of Pharmacy, Bangalore on 21st April 2022”. Dr G Venkata Karthik Reddy acknowledged the students about significance of sanitation, simultaneously addressed the health problems. He encouraged the students to join the cleanliness drive and requested each of them to draw other students and the public to take part into the initiative. A sense of responsibility has been evoked among students through the Clean India Movement and students cleaned the college premises. He emphasised that with citizens now becoming active participants in cleanliness activities across the nation, the dream of a ‘Clean India’ once seen by Mahatma Gandhi has begun to get a shape. The principal and staff of the college motivated the students to keep the surroundings clean and praised the efforts of students and various departments and organisations for taking part in the Swatch Bharat Mission and contributing. The speaker briefed about waste disposal and segregation of waste as dry and wet waste and insisted the importance of proper disposal of waste. The students actively took part in the session and showed keen interest in keeping surroundings clean by cleaning their corridors. They also cleaned the doors, windows, desks, benches and grills in the veranda. The speaker also insisted the students to pledge for a neat and cleaner India. Taking the broom to sweep the streets, cleaning up the garbage, focussing on sanitation and maintaining a hygienic environment have become a practice after the launch of the Swatch Bharat Abhiyan. Students started to take part and are helping spread the message of ‘Cleanliness is next to Godliness.’



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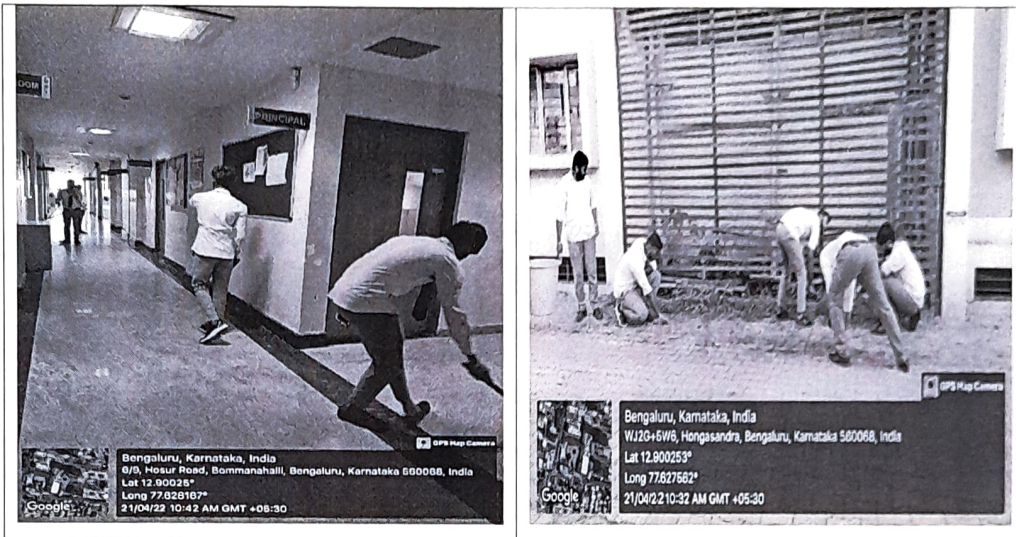
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OUTCOME OF THE PROGRAM

The program emphasised the students about the importance and need for clean and hygienic environment and how creating a healthier environment helps in development of nation. The speaker also insisted the students to pledge for a neat and cleaner India. The program ensured proper waste disposal and promoting cleanliness in classrooms and common areas. The speaker briefed on Biodegradable waste management through composting plants and talked about the adverse effects of unclean environment on people. Around 47 students actively participated in the program and showed interest in cleaning premises. The program led to reduced litter, minimized the risk of infections and created a more pleasant atmosphere for everyone. A cleaner campus will directly translate to improved health outcomes. The program nurtured a sense of ownership, making students feel connected to their college environment. The mission continues to be a symbol of national rejuvenation and progress toward a cleaner India.

END OF REPORT



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LIST OF THE ACTIVITIES

2020-21

S.No	Name of the Activities
1	Independence Day
2	Pulse Polio Programme
3	World No Tobacco Day
4	Republic Day
5	World Environment Day
6	Saraswati Pooja
7	Swatch Bharath Abhiyan
8	Karnataka Rajyothsava Celebration
9	International Yoga Day
10	Meditation & Pranayam
11	International Women's Day

P. Padma

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DATE:08/08/2020

CIRCULAR

All the teaching, non- teaching and students of The Oxford College of Pharmacy are hereby informed that the "Independence Day" will be celebrated on 15th August 2020. All are requested to assemble at the college by 8 am.

P. Padma

PRINCIPAL

PRINCIPAL

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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

PROGRAMME ON

“INDEPENDENCE DAY”

15th AUGUST 2020

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

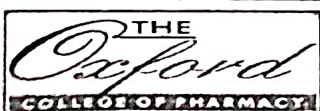
THE OXFORD COLLEGE OF PHARMACY

ORGANIZED BY

DR. JYOTI SRIVASTAVA

ASSISTANT PROFESSOR,

DEPARTMENT OF PHARMACEUTICAL CHEMISTRY



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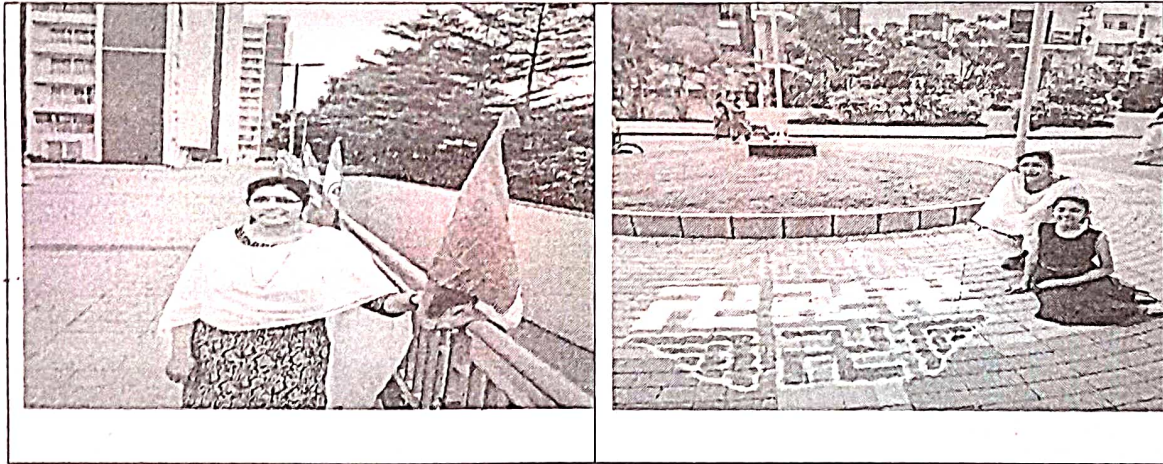
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INDEPENDENCE DAY

The Oxford College of Pharmacy celebrated 74th Independence Day on 15th August. This day is celebrated with lot of enthusiasm across India where school and college students hoist the flag and conduct grand cultural events. Amidst the restrictions of COVID staffs and students took part in celebration in their locality and send the pics of the same. On this day, we pay homage to our freedom fighters that fought for the country's freedom.

The 74th Independence Day was celebrated on 15th August 2020 for this auspicious occasion few students and teachers were asked to send the selfie with national flag as part of the celebration.





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Date: 25/01/2021

CIRCULAR

All the teaching staff and students of The Oxford College of Pharmacy are hereby informed of the **Pulse Polio Program** will be conducted from 31/01/21 to 02/02/21. We look forward to your active participation in it.

P. Padma

PRINCIPAL

PRINCIPAL

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**NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE
ORGANISED PROGRAMME**

ON

“PULSE POLIO PROGRAM”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 31 JAN TO 02 FEB 2021

TIME: 8:00 AM to 4:30 PM



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PREAMBLE

The NSS Committee, The Oxford College of Pharmacy along with Bommanahalli and Begur Government hospital organized pulse polio campaign for the Local community children from 31/01/2021 to 02/02/21. Around 80 NSS volunteers from The Oxford College of Pharmacy played a pivotal role in the Pulse Polio campaign of 2021:

Prior to the campaign, the students received comprehensive training at the college campus by the Government hospital staff on January 28, 2021. Additionally, they underwent COVID screening to ensure their own and their surroundings safety.

On the first day of the campaign, the volunteers arrived at the Begur and Bommanahalli Government hospitals promptly at 8 a.m. and were briefed by supervisors on Vaccine Vial Monitoring. The students were divided into groups and accompanied by hospital paramedical staff. On January 31, the first day of the campaign, our NSS volunteers immunized, approximately 2350 children under the age of 5 in the area. The camp concluded at around 4.30 p.m.

The same way second and third day also program was conducted for the children in local community. There were more than 3500 children benefited by campaign.



Training provided by the hospital staff regarding polio vaccination.



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COVID test was done for those students participating in the Polio Campaign.



Students vaccinating the children



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The Oxford College of Pharmacy

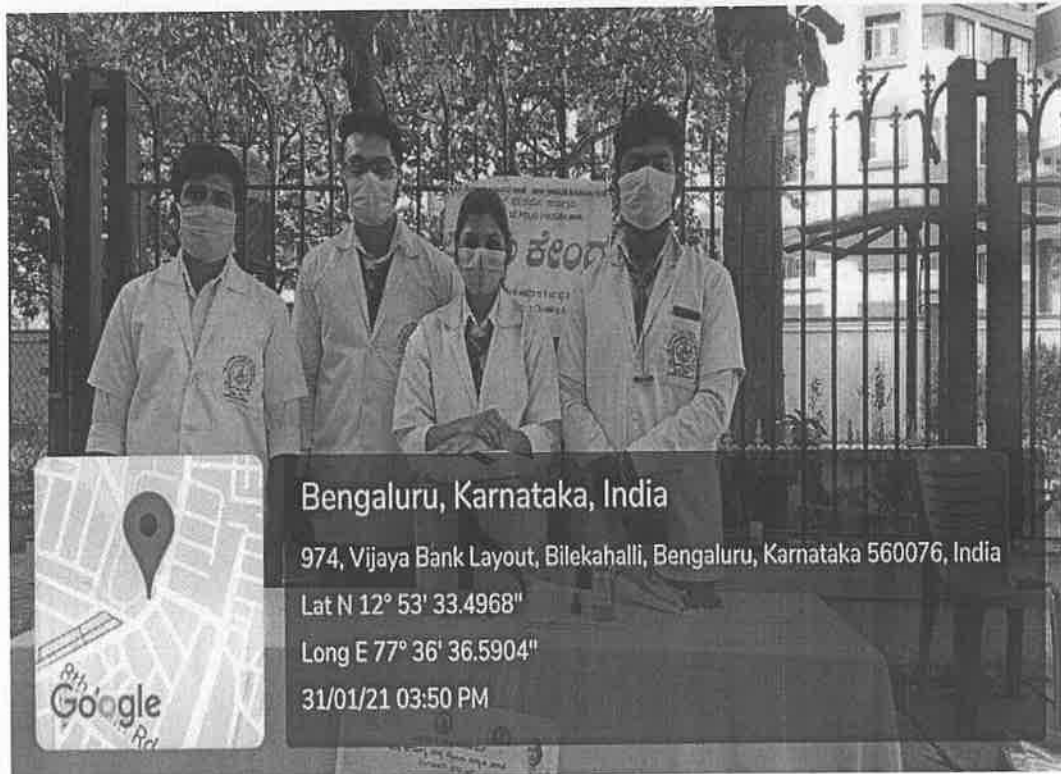
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Students involved in pulse polio program



Students actively involved in pulse polio program in different places



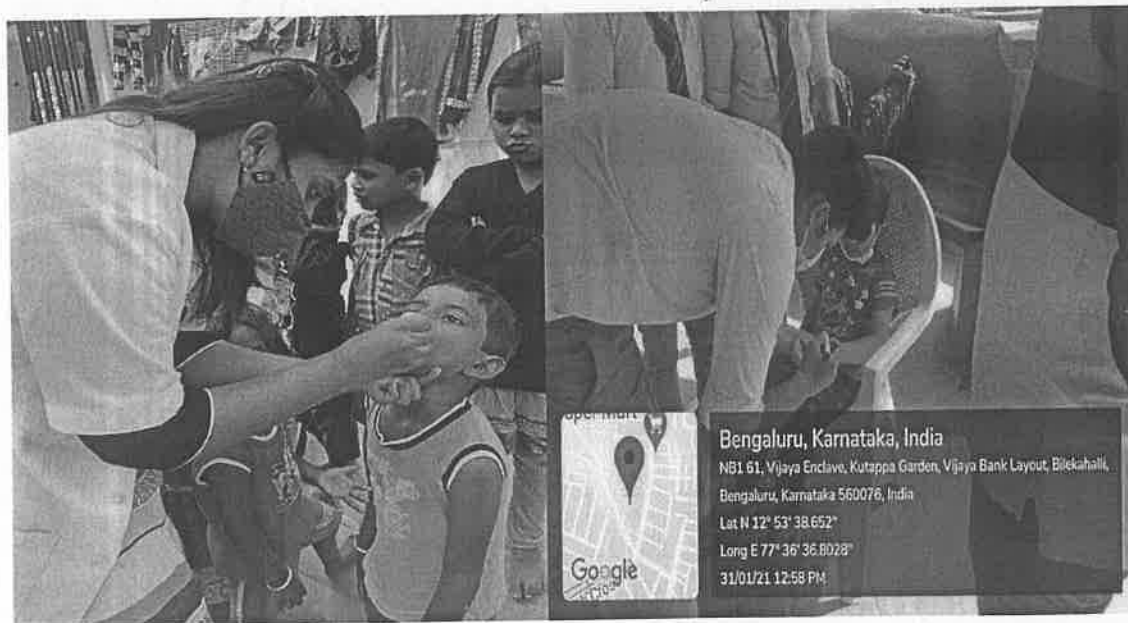
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Students with pulse polio vaccine in nearby Anganwadi



Students vaccinating the local children



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Student Volunteers involved in Pulse polio program

OUTCOME

It was the health division that trained NSS volunteers from The Oxford College of Pharmacy in polio camp and for three consequent days, started from January 31st. In just a few days, they were able to vaccinate many children and experience so much about vaccination. Through campaigns like this, students helped people to understand the importance of vaccine and how it keeps their children healthy. The whole society and students benefited from it. There were around 80 volunteers participated in this program.

END OF THE REPORT



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Accredited by NAAC and International Accreditation Organization (IAO)

Date: 20/05/2021

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness program on **MANAGEMENT OF COVID – 19 THROUGH AYURVEDA** will be conducted Online on 25/05/2021. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL

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Bangalore - 560 068



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Date: 27/05/2021

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness program on 'WORLD NO TOBACCO DAY' 2021 will be conducted on 31/05/2021. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
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**NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE
ORGANISED**

AWARENESS PROGRAMME

ON

“WORLD NO TOBACCO DAY”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 31 /05/2021

TIME: 03.00 - 4: 00 PM



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PREAMBLE

The “**WORLD NO TOBACCO DAY**” event was organized by NSS committee headed by Dr. Paadma M. Paarakh, Principal, The oxford College of Pharmacy. The webinar was organized by our faculty Ms. R. Nagalakshmi on 31st May 2021 using Microsoft teams as the platform. There were 155 participants for this webinar, which included students and teachers of TOCP.

The webinar aimed to create awareness about the hazards of tobacco and the importance of living a tobacco-free life. It was an excellent initiative demonstrating the college's dedication to promoting a healthy lifestyle among its students and faculty.

World No Tobacco Day is a global event celebrated annually on May 31 to raise awareness about the tobacco epidemic and the preventable death and disease it causes. Created by the Member States of WHO in 1987, this event seeks to inform people about the dangers of using tobacco and tobacco companies' tactics.

This year, WHO launched a global campaign under the slogan "Commit to Quit" to celebrate World No Tobacco Day 2021. The campaign aims to promote tobacco cessation by supporting robust tobacco cessation policies, improving access to cessation services, raising awareness about the risks of smoking, and supporting people who want to quit tobacco via the quit and win initiatives.

The theme for World No Tobacco Day 2021 is "Commit to Quit," and it is more relevant now than ever before. Smokers have up to a 50% higher risk of developing severe disease and death from COVID-19, making it more critical to quit smoking to lower the risk of developing cancer, heart disease and respiratory illness

CONTENT OF WEBINAR

Resource person of the day was Dr. Paadma M. Paarakh, Principal, The oxford College of Pharmacy. She spoke about the consequences of consuming tobacco, various disease and its complications. She told tobacco smoke contains toxic chemicals that can damage the linings of the airways and lungs. It also suppresses the activity of different types of immune cells, weakening immunity and impairing one's ability to fight.



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Later she explained regarding complications following Covid in smokers as compared to non-smokers, risk of developing severe disease and death from Covid and other important comorbidities

After the principal's speech, Ms. Chanda Ranjan Assistant Professor, Dept. of Pharmaceutical Chemistry made the student and teachers to take a pledge regarding no use of tobacco. Then the event was addressed by Dr. Paadma M. Paarakh, Principal, The oxford College of Pharmacy. At the end of the event, Ms. R. Nagalakshmi thanked Dr. Paadma M. Paarkh, Principal, The oxford college of Pharmacy, the speaker of the event. She also thanked all the members of the committee and students to make this event successful.

Microsoft Teams

Recording has started. This meeting is being recorded. By joining you are giving consent for this meeting to be recorded. Privacy policy

CHILDREN'S EDUCATION SOCIETY
THE OXFORD COLLEGE OF PHARMACY
1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068

WORLD NO TOBACCO DAY

This year's Theme is
'COMMIT TO QUIT.'

The World Health Organization (WHO) promotes World No Tobacco Day each year to highlight the health risks of using tobacco and to encourage governments to put policies into action that help to reduce smoking and the use of other tobacco

31 MAY 2021

BY:
EXTENSION ACTIVITY CELL
2020-2021

Slide 1 of 5

Participants: +25, AK, MD, AK, DR, AR, KR, AD, SM, NR



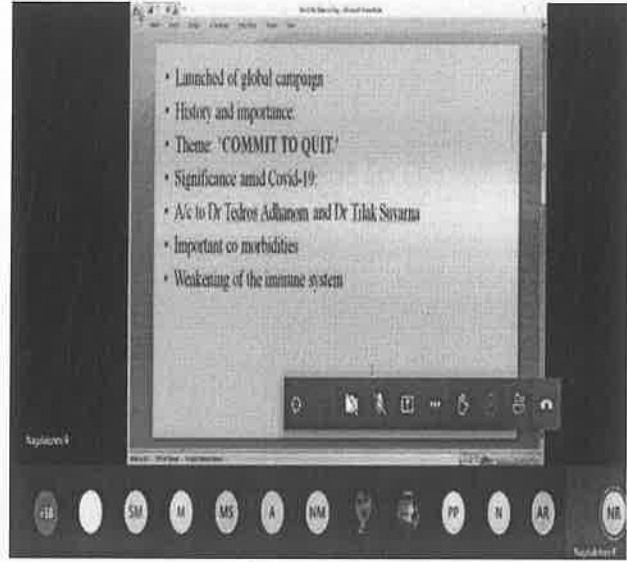
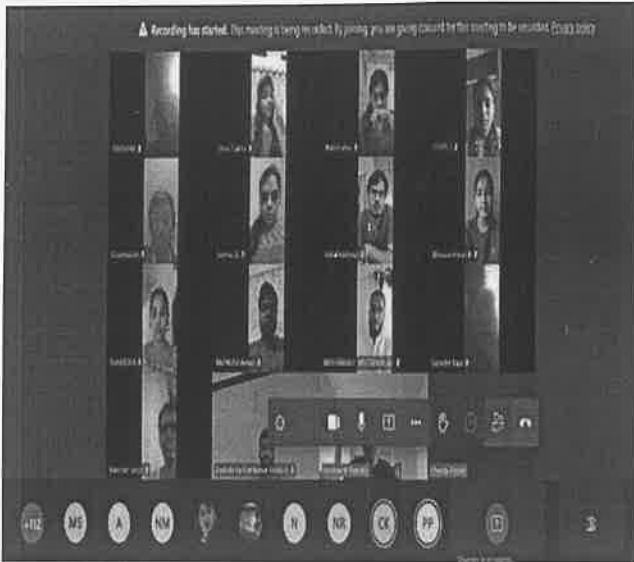
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The Oxford College of Pharmacy

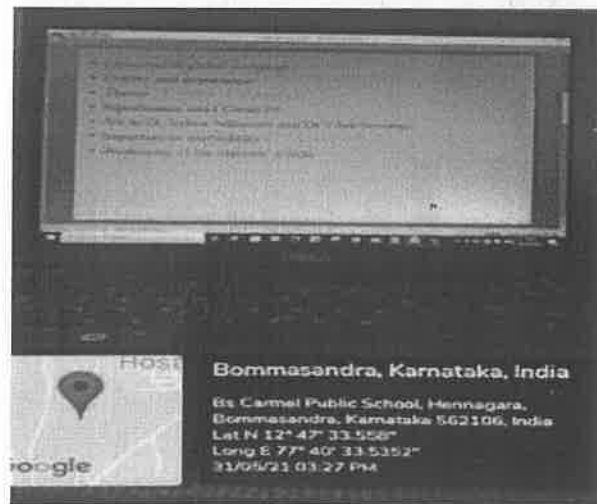
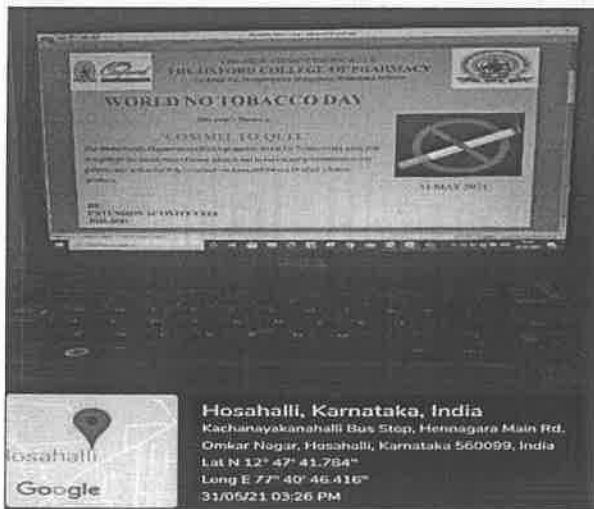
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Students from different classes participated in the webinar



Different slides emphasis the danger of tobacco consumption



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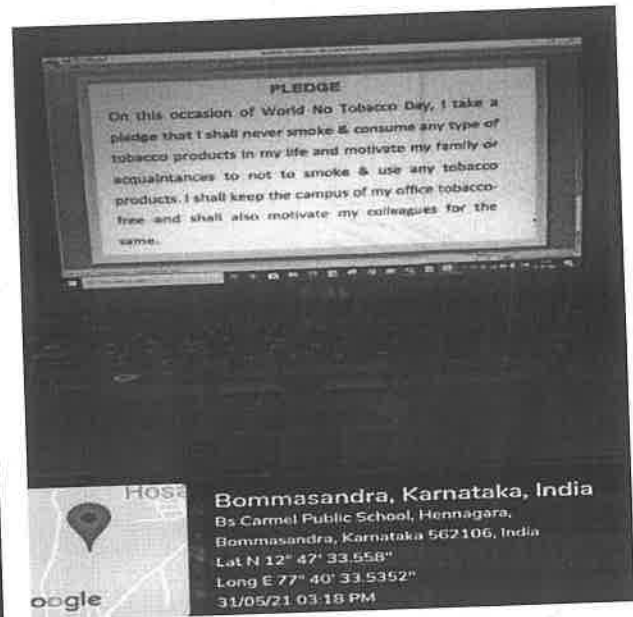
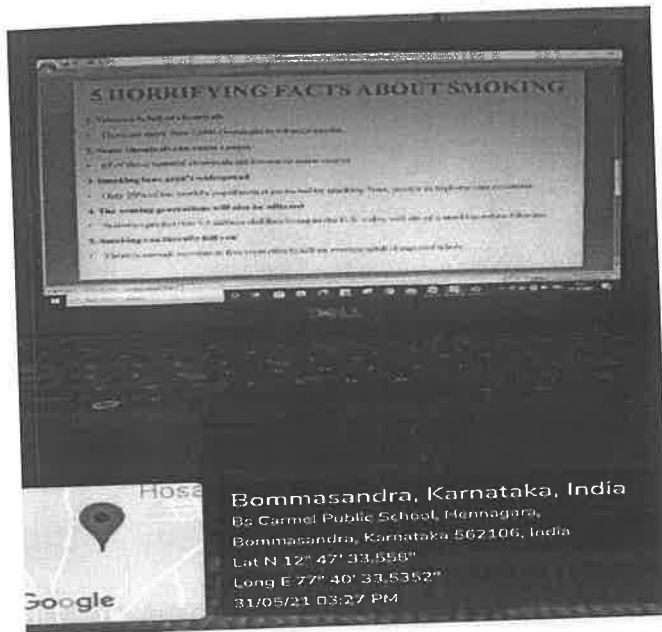


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Pledge taken in No tobacco day by the participants

OUT COME

On "World No Tobacco Day," around 155 students and faculty from The Oxford College of Pharmacy participated in an enlightening online seminar. The seminar had a profound impact on the attendees, as they gained knowledge of the severe health risks associated with tobacco usage. As a result, they made a collective commitment to refrain from tobacco consumption and increased their awareness of the harmful impact it can have on their loved ones and community, with a goal of eliminating this habit from their lives.

END OF REPORT



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DATE:19/01/2021

CIRCULAR

All the teaching, non- teaching and students of The Oxford College of Pharmacy are hereby informed that the “Republic Day” will be celebrated on 26th January 2021. We look forward for the active participation for the same.

P. Padma
PRINCIPAL

PRINCIPAL

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Bangalore - 560 068



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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

PROGRAMME ON

“REPUBLIC DAY”

26th JANUARY, 2021

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZED BY:

DR. JYOTHI SRIVASTAVA

HOD,

DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

THE OXFORD COLLEGE OF PHARMACY



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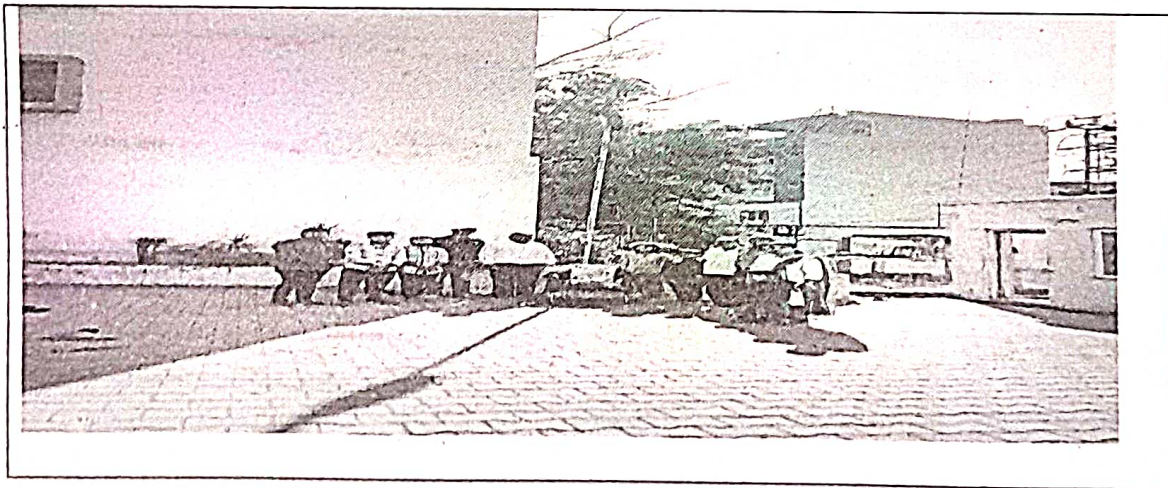
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REPUBLIC DAY

The Oxford College of Pharmacy celebrated Republic Day on 26th January 2021 by hoisting Indian flag and singing National anthem. India celebrated its 72nd Republic Day on Saturday. This day is celebrated as commemorates the adoption of the constitution of India and the country's transition into a republic which came into effect on 26 January 1950.

On 26th January, 2021 all over India celebrates its 72nd Republic Day on Tuesday. On this day i.e., in the year 1950 India's Constitution came into effect. Thus, each year this day is celebrated as Republic Day.

On this day, with the presence of Hostel students, warden members and staffs of The Oxford College of Pharmacy celebrated by hoisting Indian flag and sung National anthem.





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Date: 3/06/2021

CIRCULAR

All the students of The Oxford College of Pharmacy are hereby informed that poster presentation on '**WORLD ENVIRONMENT DAY**' will be conducted on 05/06/2021. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL
The Oxford College of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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**NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE
ORGANISED SESSION
ON
"WORLD ENVIRONMENT DAY"**

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE
THE OXFORD COLLEGE OF PHARMACY

DATE: 05TH JUNE 2021

TIME: 02:00-03:00 PM



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PREAMBLE

The Oxford College of Pharmacy in Bangalore recently hosted a poster presentation on "WORLD ENVIRONMENT DAY" with a focus on the theme of "Ecosystem Restoration". The event was organized by Ms. Chanda Ranjan and Ms. Nagalakshmi, Assistant Professors at the college, and conducted through MS Teams. 13 participants from various courses presented their posters and explained their concepts within a three-minute time frame. Judges, Dr. Jyothi Srivatsav and Ms. Prathusha asked questions and students answered in real time. The event lasted for one hour and thirty minutes and concluded with the announcement of the winners.

We are pleased to share that the winners of the poster presentation are as follows:

First Position – GAGANA K I SEM B. PHARM

Second Position – PRIYADARSHINI IV PHARM D

Third Position - SINCHANA III PHARM D

Congratulations to all participants for their hard work and dedication to environmental restoration.




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Children's Education Society
THE OXFORD COLLEGE OF PHARMACY
6/9, 1ST CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE - 560068

Online Poster competition on
World Environment day
On 5th June 2021

Theme: Ecosystem Restoration

Last Date for submission is 4th June 2021.

For Registration and submission of poster
Click Here:
https://docs.google.com/forms/d/1pDggr98VPamJcA7MUhbPaNVqHH_FkFWzwmKwEZ1PU/edit

Guidelines:

1. Poster should be in JPEG or PDF format only
2. Hand made as well as all graphic media is accepted.
3. Certificate will be awarded to all the participant.
4. The participants have to upload the poster following the link given above by 4th June 2021, and on 5th June 2021 the poster will be presented in the TEAMS meeting by the participant.

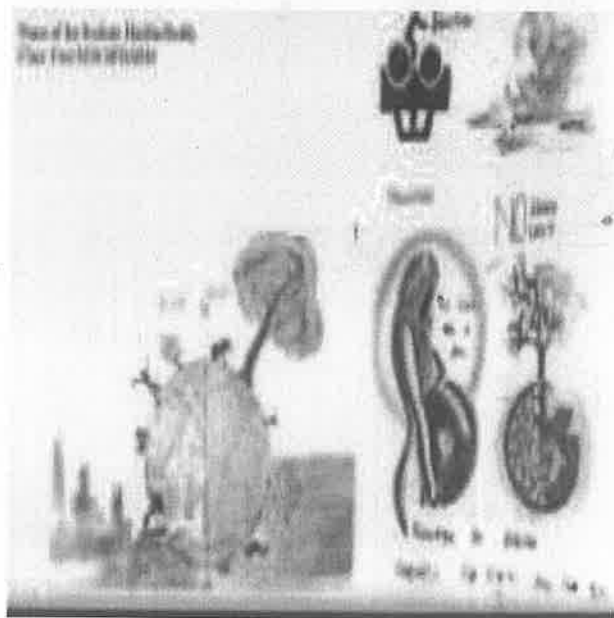
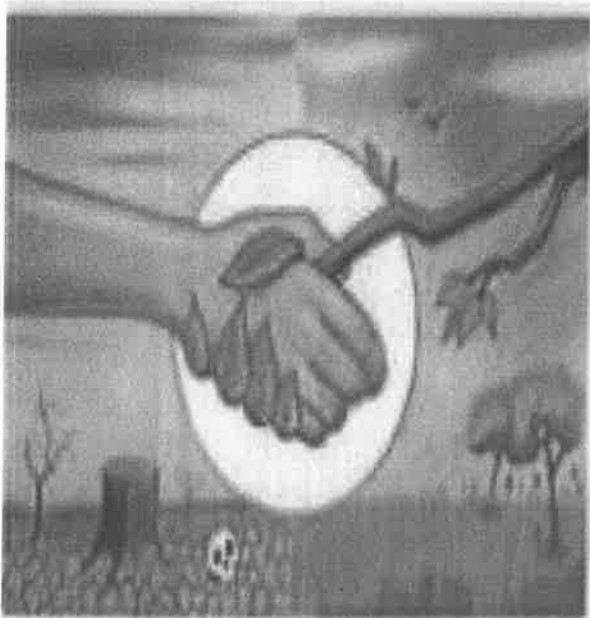
For any queries you can contact Mrs Chanda Ranjan.



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Kochanayakanahalli Bus Stop, Hennagara Main Rd, Ormkar Nagar,
Hosahalli, Karnataka 560099, India
Lat N 12° 47' 41.784"
Long E 77° 40' 46.416"
05/06/21 03:14 PM



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Different posters presented by students with the theme of Ecosystem restoration



Poster presented in the "World Environment Day".

OUTCOME

The Oxford College of Pharmacy organized program on "World Environment Day". Poster competition was held on the topic of Ecosystem Restoration which involved enthusiastic participation from students. 13 student's active participation and showcased their talent with insightful presentations on ecosystem maintenance and restoration by planting more plants, conserving water etc., The presentation not only provided valuable information but also gave students an opportunity to showcase their knowledge, enhance their presentation skills and gain confidence. The event was successful in creating awareness about environmental conservation and educating the participants about the importance of ecosystem restoration for sustainable future.

END OF REPORT



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DATE:01/10/2020

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that the "Saraswathi Pooja" will be celebrated on the 12th of October 2020. We look forward for the active participation for the same.

P. Padma
PRINCIPAL

PRINCIPAL
The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
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DEPARTMENT OF PHARMACEUTICS

PROGRAMME ON

“SARASWATHI POOJA”

12th OCTOBER, 2020

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZED BY:

Mrs SURINDER KAUR,

ASSISTANT PROFESSOR

DEPARTMENT OF PHARMACEUTICS

THE OXFORD COLLEGE OF PHARMACY



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SARASWATHI POOJA

The Oxford College of Pharmacy celebrates Saraswati pooja every year. The staff of central library took the initiative to arrange for Saraswati pooja on 12th October 2020, in the evening along with distribution of prasad to students and staffs. This festival is dedicated to the goddess of art, music and knowledge. Goddess Saraswathi is offered with sweets and prayed for well-being.





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DATE: 11/04/2021

CIRCULAR

This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that "Swatch Bharat" will be observed for the academic year 2020-2021 will be conducted on 19/04/2021. We request for the active participation for the same.

P. Padma
PRINCIPAL

PRINCIPAL

The Oxford College of Pharmacy
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Estd. 1974



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DEPARTMENT OF PHARMACEUTICS

ORGANISED

PROGRAMME ON

“SWATCH BHARATH”

19th APRIL 2021

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZED BY:

DR VIKRAM T

ASSISTANT PROFESSOR,

DEPARTMENT OF PHARMACEUTICS

Date: 19th April 2021



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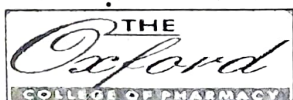
PREAMBLE

The Oxford College of Pharmacy, Bangalore observed “Swatch Bharat” on 19th April 2021. Dr. Vikram T, Assistant Professor, Department of Pharmaceutics, initiated the program along with students. There were around 25 participants.

THE CONTENT OF THE SESSION:

“Swatch Bharat” campaign was organized by The Oxford College of Pharmacy, Bangalore on 19th April 2021”. The campaign of Swatch Bharat was initiated by Dr Vikram T, irrespective of covid, by asking students to send pics cleaning their surroundings. The speaker briefed about the mission of Swatch Bharat Abhiyan that, it is a great start to make India cleaner and greener and the campaign emphasised the responsibilities of citizens that proper disposal of waste and recycling waste, helps in development of the country.

He emphasised that all the citizens should come together and participate in this drive. Moreover, when the hygienic conditions of India will improve, all of us will benefit equally. The speaker briefed about waste disposal and segregation of waste as dry and wet waste and insisted the importance of proper disposal of waste. Students actively took part in the session and showed keen interest in keeping surroundings clean by cleaning their corridors and shared the pictures of the same. They also cleaned the doors, windows, desks, benches and grills in the veranda. The mission of swatch bharath was then inculcated so as to bring a positive transformation in the society.



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Students Actively Participated In The Session By Cleaning Surroundings And Neighbourhood

OUTCOME OF THE PROGRAM

The program enlightened and motivated the students about the importance and need for clean environment and to keep the premises clean and hygienic creating a healthier environment for them. The program ensured proper waste disposal and promoting cleanliness in classrooms and common areas. Around 25 students participated in the session. The speaker highlighted Biodegradable waste management through composting plants (GOBAR-DHAN) and talked about hand washing techniques. The program led to reduced litter minimized the risk of infections and created a more pleasant atmosphere for everyone. A cleaner campus will directly translate to improved health outcomes. The program nurtured a sense of ownership, making students feel connected to their college environment. The mission continues to be a symbol of national rejuvenation and progress toward a cleaner India. Students actively participated and showed interest in cleaning premises around surroundings.

END OF REPORT



Children's Education Society (Regd.)

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DATE:25/10/2020

CIRCULAR

All the teaching, non- teaching and students of The Oxford College of Pharmacy are hereby informed that the “Karnataka Rajyothsava” will be celebrated on 1st November 2020. We look forward for the active participation for the same

P. Padma

PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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DEPARTMENT OF PHARMACEUTICS

PROGRAMME ON

“KARNATAKA RAJYOTHSAVA”

1st NOVEMBER, 2020

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZED BY:

MRS. DIVYA S KUMAR

ASSISTANT PROFESSOR,

DEPARTMENT OF PHARMACEUTICS

THE OXFORD COLLEGE OF PHARMACY



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KARNATAKA RAJYOTSAVA

The Oxford College of Pharmacy celebrated Karnataka Rajyotsava on 1st November every year. It is also known as Karnataka Foundation Day. It is the day when all the people in Karnataka come together to commemorate the formation of the state of Karnataka. This year we are celebrating 65th Karnataka Formation Day.

We celebrated this day in our college by hoisting the Karnataka flag.





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Date:19/06/2021

CIRCULAR

This is to inform all the B. Pharm, M Pharm and Pharm D students that The Oxford College of Pharmacy is organizing "Life skills program on international yoga day of 2021" on 21/06/2021. All interested students can attend the program.

P. Padma
PRINCIPAL

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No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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REPORT ON "LIFE SKILLS PROGRAM ON INTERNATIONAL YOGA DAY OF 2021"

ORGANISED BY NSS COMMITTEE

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

COMMITTEE MEMBERS

MRS. NAGALAKSHMI R

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

RESOURCE PERSON:

MR. PRASANTHAN

SAHAJA YOGA TRAINER,

ASSOCIATE ARCHITECT, BANGALORE.

DATE: 21 JUNE 2021

TIME: 11:30 AM - 12:30 AM



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PREAMBLE

The NSS Committee of The Oxford College of Pharmacy, Bangalore, organized a webinar on **Life skills program on international yoga day of 2021** for the students and faculty members. Due to the ongoing pandemic, the event was conducted online using Microsoft Teams, and it received 263 registrations from the college. The resource person for the event was Mr. Prasanthan, a Sahaja yoga trainer and associate architect based in Bangalore. In his lecture, he spoke about the benefits of Sahaja yoga and meditation techniques and thanked Mataji Nirmla Devi for rediscovering it as holistic healthcare for people. The session aimed to help participants awaken their dormant primordial energy (Kundalini energy) and achieve a flow of subtle, cool cosmic vibrations in the body, which nourished and rejuvenated every cell. The event concluded with a Q&A session where participants had the opportunity to ask questions about the Do's and Don'ts.



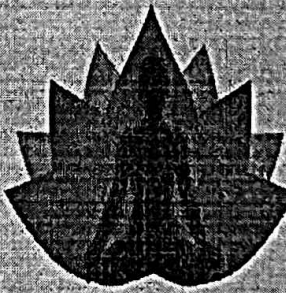
CHILDREN'S EDUCATION SOCIETY
THE OXFORD COLLEGE OF PHARMACY
1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068



**CORDIALLY INVITE YOU ON OBSERVANCE OF
"INTERNATIONAL YOGA DAY"**

**THE THEME OF THE IDY 2021 IS
"YOGA FOR WELL-BEING"**

**ON
21ST JUNE 2021 AT 11:30 AM.**



GUEST SPEAKER
MR. PRASANTHAN
SAHAJA YOGA TRAINER
ASSOCIATE ARCHITECT
BANGALORE.

[Click here to register](#)

CHIEF PATRON
SRI. S.N.V.L. NARASIMHA RAJU
CHAIRMAN
THE OXFORD EDUCATIONAL
INSTITUTIONS

PATRONS
DR. N.MALMURUGAN,
DIRECTOR,
THE OXFORD EDUCATIONAL
INSTITUTIONS

CONVENER
DR. M PADMA PAARAKH,
PRINCIPAL,
THE OXFORD COLLEGE OF
PHARMACY

**NSS COMMITTEE
MEMBERS**
MS. NAGALAKSHMI
MS. CHANDRANJAN



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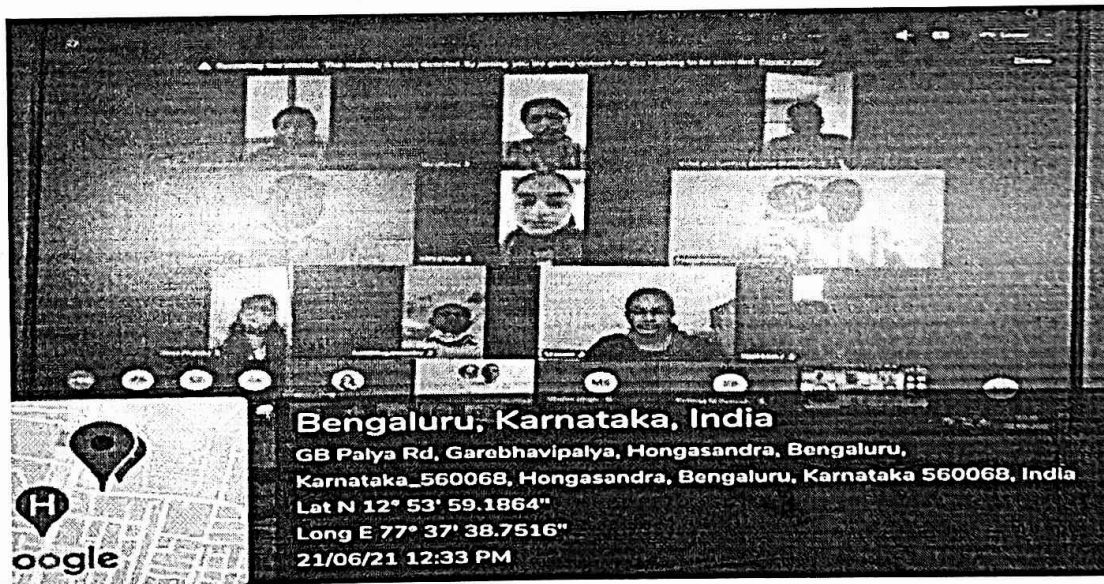
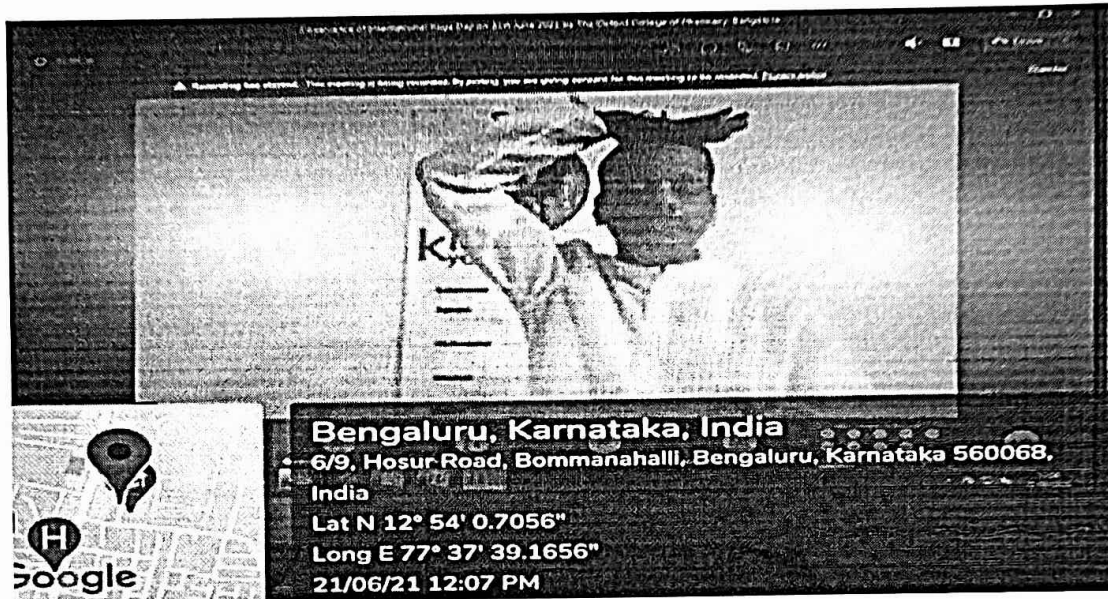
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The Awakening of Divine Power Within

- The potent energy within us, which is the reflection of all pervading power of God Almighty awakens.
- Enlightens all the Nerve Centres known as Chakras, Energy Channels known as Nadis and the Spirit residing in the Heart.
- Places the Brahma Prakriti, known as Atma in the subtle, core of the brain, and connects with the All Pervading Power of God Almighty.
- The Cool Breeze, known as Chaitanya or Santat, is felt on the palm, in the spinal chord, in and above head, in the heart granting a very soothing experience.
- This Union is called YOGA, the union of two, the divine power within us and the All Pervading Power of God Almighty.

Bengaluru, Karnataka, India
 616, Begur Main Rd, Hongasandra, Bengaluru, Karnataka 560068,
 India
 Lat N 12° 53' 59.9928"
 Long E 77° 37' 37.722"
 21/06/21 11:54 AM

The Awakening of Divine Power Within

- The potent energy within us, which is the reflection of all pervading power of God Almighty awakens.
- Enlightens all the Nerve Centres known as Chakras, Energy Channels known as Nadis and the Spirit residing in the Heart.
- Places the Brahma Prakriti, known as Atma in the subtle, core of the brain, and connects with the All Pervading Power of God Almighty.
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Bengaluru, Karnataka, India
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 India
 Lat N 12° 53' 58.6176"
 Long E 77° 37' 39.7524"
 21/06/21 11:58 AM



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OUTCOME OF THE PROGRAMME

The event successfully promoted awareness of the importance of Yoga and Meditation, and attendees were able to experience the positive changes that come with practicing these techniques. 263 students participated in the event. Sahaja Yoga, in particular, emerged as an excellent holistic health care approach, awakening dormant primordial energy (Kundalini energy) and achieving a flow of subtle cool cosmic vibrations in the body. This nourishes and rejuvenates every cell of the body, leading to better overall health and well-being. Celebrating World Yoga Day has the potential to create a positive societal impact by promoting cultural understanding, community engagement, and a focus on health and well-being. We encourage everyone to embrace the benefits of Yoga and Meditation and join in the celebration of World Yoga Day.

END OF REPORT



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Date: 20/05/2021

CIRCULAR

This is to inform all the B. Pharm, M. Pharm, and Pharm. D students that The Oxford College of Pharmacy is organizing a “Life skill program on meditation and pranayama” on 23/05/2021. All interested students can attend the program.

P. Padma
PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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REPORT ON

“LIFE SKILLS PROGRAM ON MEDITATION AND PRANAYAMA” ORGANISED BY NSS COMMITTEE, BANGALORE

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

COMMITTEE MEMBERS

MRS NAGALAKSHMI R

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

RESOURCE PERSON:

MS. MEGHANA B V

CERTIFIED YOGA INSTRUCTOR FROM SVYASA

NETWORK ENGINEER,

WIPRO BENGALURU.

DATE: 23 MAY 2021

TIME: 06:30 AM



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PREAMBLE

The NSS Committee of the Oxford College of Pharmacy in Bangalore recently organized a life skills program focused on "**Meditation and Pranayama**" for both students and faculty members. A total of 30 individuals attended the event. Ms. Meghana B V, a network engineer at Wipro, delivered a lecture on the topic and began the session with a Pranayama Prayer. She went on to explain the basics of meditation and Pranayama, as well as various asanas such as Kapalabathi Pranayama, Bhastrika Pranayama, Bhramari Pranayama, Nadi Suddhi Pranayama, Trataka (Eye Exercises), and OM chanting. Meghana also demonstrated how to perform each asana, explained their benefits, and provided guidance on posture and potential risks associated with each exercise. The participants followed Meghana's instructions and shared their feedback after each exercise. The session concluded with a Q&A session where participants asked questions about the dos and don'ts of meditation and Pranayama. Meghana patiently answered each query and provided a Questionnaire to help clarify any remaining doubts. The webinar ended with a vote of thanks and feedback links provided by The Oxford College of Pharmacy.

CHILDREN'S EDUCATION SOCIETY
THE OXFORD COLLEGE OF PHARMACY
1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068

**CORDIALLY INVITE YOU TO THE SESSION
OF "MEDITATION AND PRANAYAMA"
ON
SUNDAY, 23RD MAY 2021 AT 06:30 AM.**

GUEST SPEAKER
MS. MEGHANA B V
CERTIFIED YOGA INSTRUCTOR FROM
SUYASA
NETWORK ENGINEER, WIPRO
BANGALORE.

CHIEF PATRON
SRI. S.N.V.L. NARASIMHARAJU
CHAIRMAN
THE OXFORD EDUCATIONAL
INSTITUTIONS

PATRONS
DR. N.MALMURUGAN,
DIRECTOR,
THE OXFORD EDUCATIONAL
INSTITUTIONS

CONVENER
DR. M.PADMAA PAARAKH,
PRINCIPAL,
THE OXFORD COLLEGE
OF PHARMACY

COMMITTEE MEMBERS
DR. JYOTI SHRIVASTAVA
MRS. HYMASARA VARGHES
MS. NAGALAKSHMI
DR. K. ARTHIK

Brochure for Life skill program on meditation and pranayama



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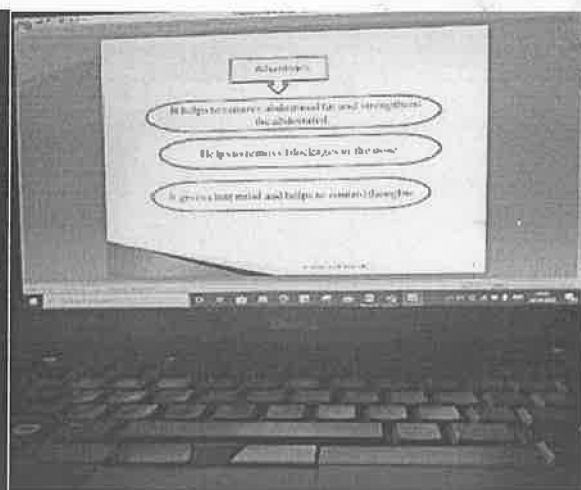
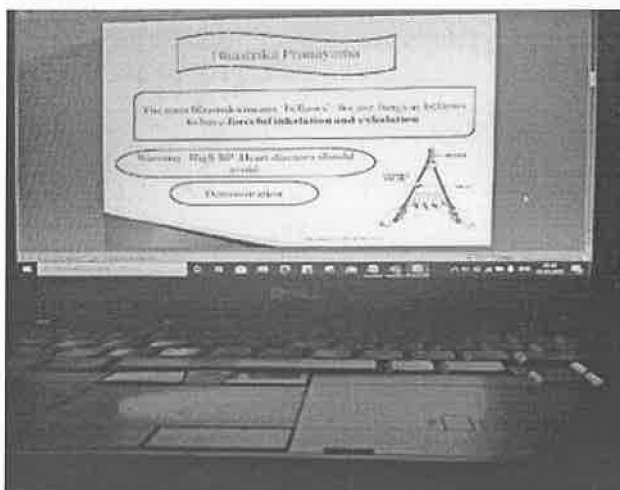
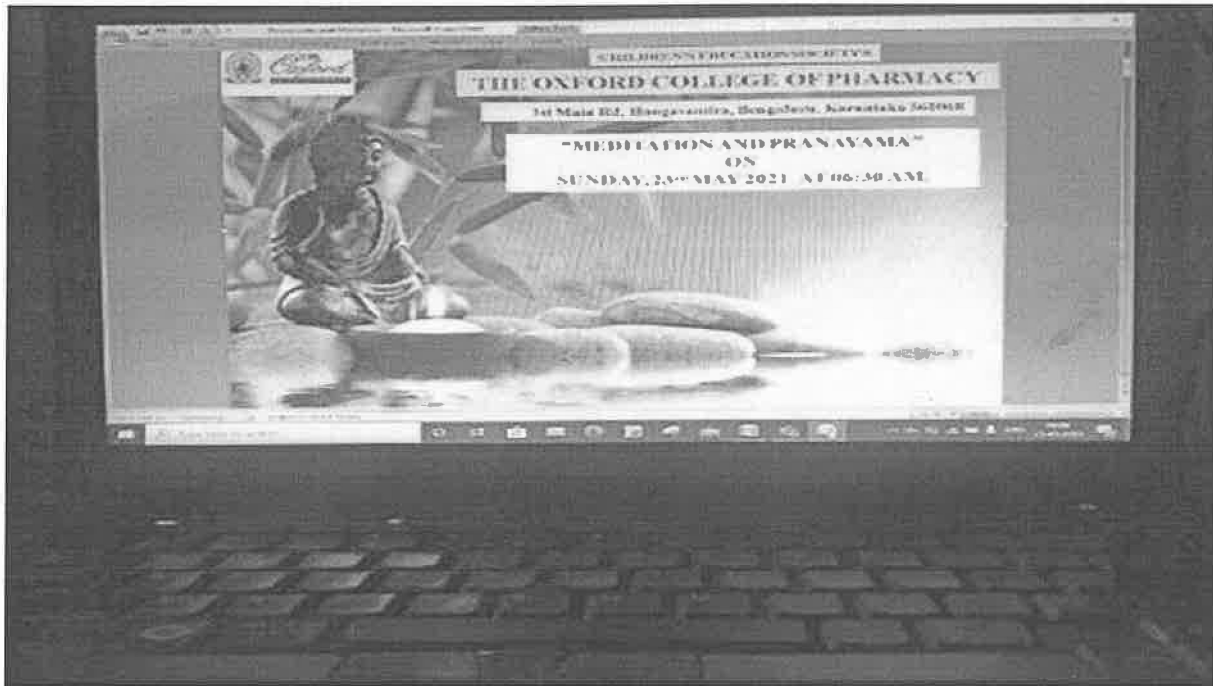
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Presentation shared by the speaker





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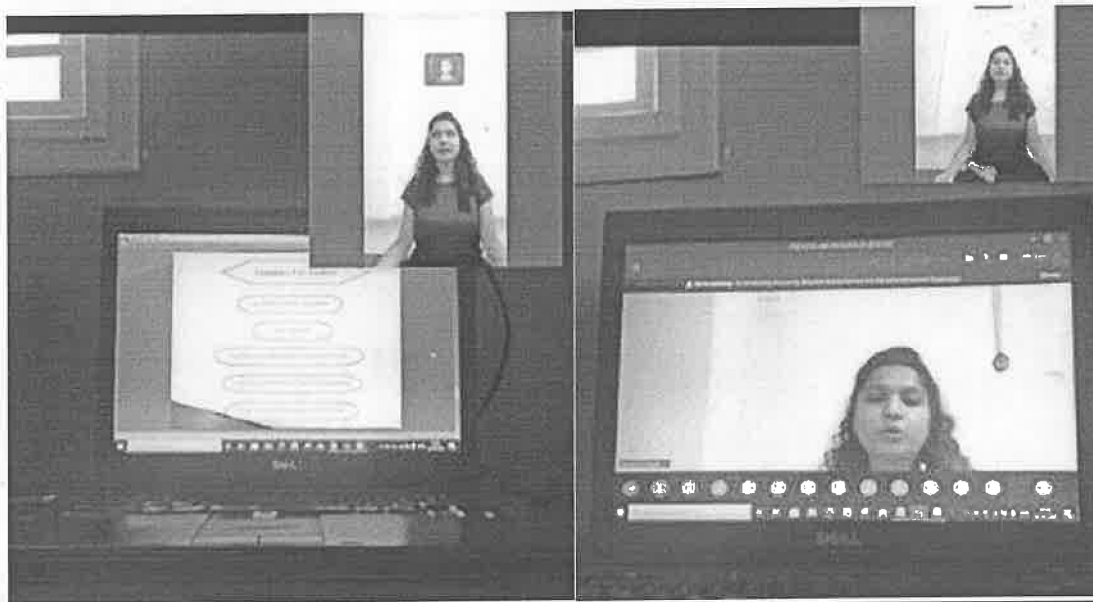
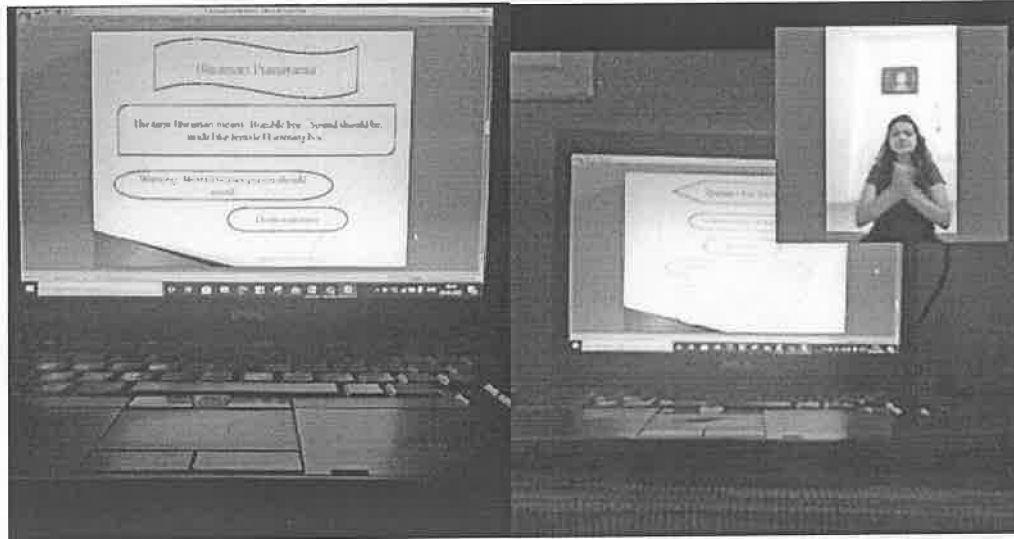
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Presentation shared by the speaker





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OUTCOME OF THE PROGRAMME

The webinar was a great success, with enthusiastic participation from all students. 30 students attended the programme. They learned valuable tools of meditation and pranayama to manage fear during the pandemic and improve their health. These techniques will have a long-lasting impact, equipping them to handle challenging situations in the future. Overall, the webinar had a positive impact on their personal and professional development.

END OF REPORT



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DATE: 01/03/2021

CIRCULAR

This is to inform that all students and teaching staff of The Oxford College of Pharmacy, Bangalore that "INTERNATIONAL WOMEN'S DAY" will be celebrated on the 08-03-2021. The event will be conducted in Room No.505 at 11:00 AM. All are requested to participate actively for the same.

P. Padme

PRINCIPAL

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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

ORGANISED

“INTERNATIONAL WOMEN’S DAY”

ON

8th MARCH 2021

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Ms CHANDA RANJAN

ASST PROFESSOR,

DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

THE OXFORD COLLEGE OF PHARMACY, BANGALORE



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PREAMBLE

The Oxford College of Pharmacy, Bangalore celebrated "International Women's Day" on 8th March 2021. Mrs. Chanda Ranjan, Assistant Professor, Department of Pharmaceutical Chemistry, initiated the celebration of the program along with students.

CONTENT OF THE SESSION:

A Women's Day celebration was organized at The Oxford College of Pharmacy, Bangalore on 8th March 2021 in the college premises. The celebration started with a poster presentation competition on the theme "Women in leadership: Achieving an equal future in a COVID-19 world".

The students displayed the posters in 4th floor at 3:00 PM. Altogether six posters were displayed covering the different perspective of women in the society and working place.

The event was conducted by Mrs Chanda Ranjan and the posters were evaluated by Dr Jyoti Shrivastava, Department of Pharmaceutical Chemistry and Mrs Prathyusha, Department of Pharmacognosy. They evaluated the posters and interacted with the students and motivated them to work for the betterment of the society. The posters were evaluated and the marks were given for presentation, explanations and overall. The highest marks were scored by III Pharm D students followed by I Diploma and II Pharm D students. The results were announced on the next day. The poster presentation was concluded by the Mrs Chanda Ranjan by thanksgiving to all the participants and teachers.

TALK on "Women in leadership: Achieving an equal future in a COVID-19 world".

Speaker: Mrs Surinder Kaur (Department of Pharmaceutics)

All the women faculty members and some students were cordially invited to join the talk on Women in leadership: Achieving an equal future in a COVID-19 world". Nearly 50 members attended the talk. A welcome speech was addressed by Mrs Chanda Ranjan to inspire and encourage all the women to keep excelling consistently and to keep moving every time. The talk was started by Mrs Surinder Kaur who talked about empowering women in the various stages of the society. She mentioned that empowering women should not be taken as a duty or responsibility rather it is like a practice of treating us equally in all the very aspects. She also emphasized that women should also work on themselves and realize that they are not less than men and keeps more potential. she quoted so many day-to-day examples where



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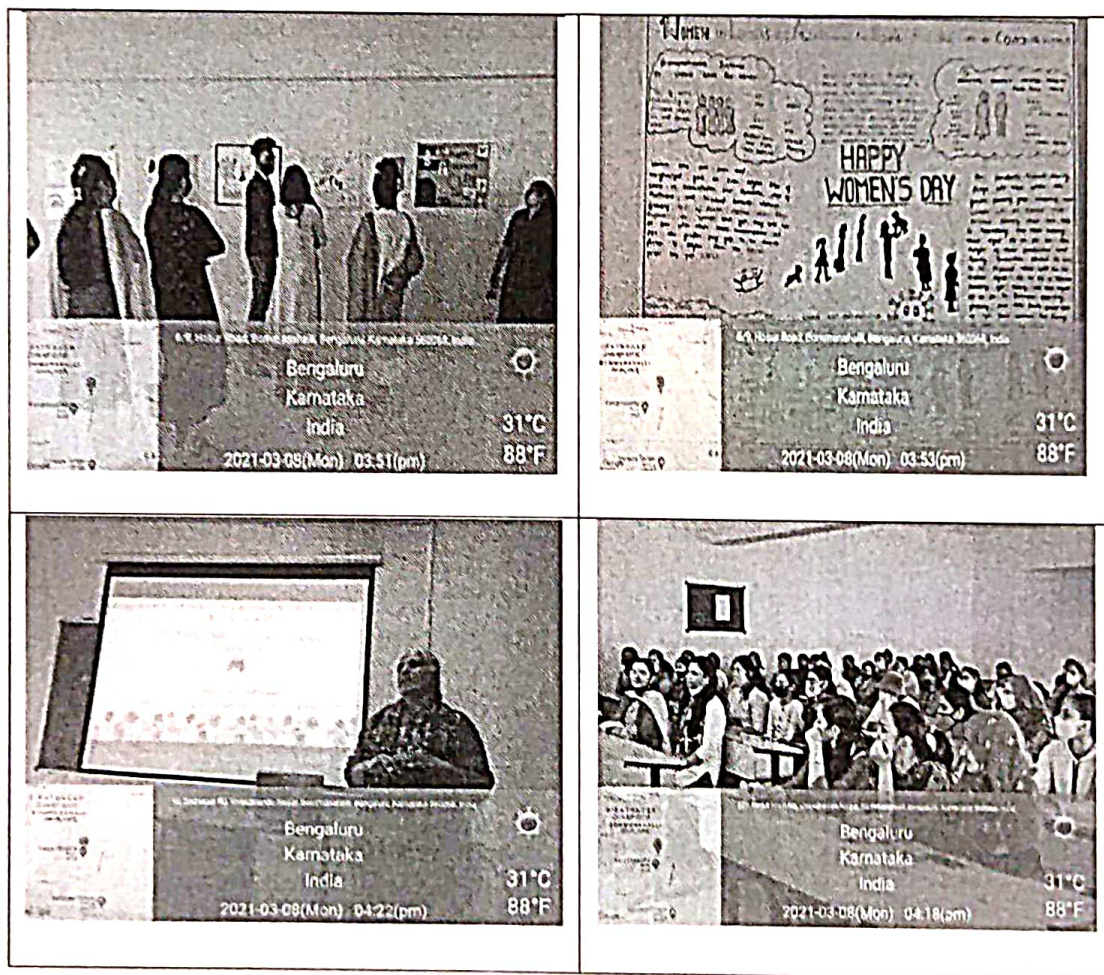
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women are suffering and asked the students present to have an outlook about such problems. She asked the students to see in their life if they are facing any gender bias for themselves or any other member and to stand for it and raise their voice against it. She thanked and concluded her talk. Dr Jyoti Shrivastava from Department of Pharmaceutical Chemistry also shared her thoughts on women's day and asked the girls students that empowerment starts itself if they give priority to their studies and do well in their career. She also interacted with the students and asked their views on Women's empowerment. Students also shared their views on some issues being faced by the women in the society. The talk was concluded by Mrs Chanda Ranjan by thanksgiving the entire faculty and the students.



OUTCOME OF THE PROGRAM:

This program highlighted on points such as empowering women should not be taken as a duty or responsibility rather it is like a practice of treating us equally in all the very aspects. All the 50 participants were able to understand different aspects spoken on the day and shown



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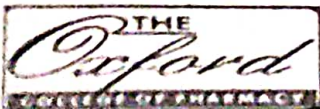
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interest to spread the awareness regarding Women leadership to their near ones. Women should also work on them and realize that they are not less than men and keeps more potential. Evaluation of posters and interaction with the students and motivated them to work for the betterment of society. They got inspired and taken pledge to encourage women to keep excelling consistently.

END OF REPORT



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LIST OF THE ACTIVITIES

2019-20

S.No	Name of the Activities
1	Independence Day
2	Sadbhavana Diwas
3	Fit India Movement
4	World Pharmacist Day
5	Gandhi Jayanti Celebration
6	Saraswati Pooja
7	National Unity Day
8	Karnataka Rajyothsava Celebration
9	National Youth Day
10	National Girl Child Day
11	National Voter's Day
12	Republic Day
13	Observing Mask Day
14	International Yoga Day

P. Padma

PRINCIPAL

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INDEPENDENCE DAY

73rd Independence Day was celebrated on 15th August 2019 at The Oxford College of Pharmacy. The Indian flag was hoisted in college premises.

On this day, we pay homage to our freedom fighters that fought for the country's freedom. On this day, students and staff also hoist the tri-colour flag and sing the national anthem and pay homage to the freedom fighters.

The students, security personal, hostel wardens and staff members gathered for flag hoisting. The day was celebrated with remembrance of all those freedom fighters who sacrificed their lives to get freedom for India.





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SADHBHAVANA DIWAS

Sadhbavana Diwas is celebrated every year to commemorate the birth anniversary of former Prime Minister Rajiv Gandhi. This day is celebrated to encourage the national integration, peace, affection and communal harmony among the Indian people of all religions.

On this day, The Oxford College of Pharmacy celebrated Sadh Bhavana Diwas by gathering the students, staffs in the classroom and Sadh Bhavana Diwas Pledge are taken by all the people assembled.

Sadhbavna Diwas Pledge:

I take this solemn pledge that I will work for the emotional oneness and harmony of all the people of India regardless of caste, region, religion, or language. I further pledge that I shall resolve all differences among us through dialogue and constitutional means without resorting to violence.





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Date: 26/08/2019

CIRCULAR

All the teaching, non-teaching, and students of The Oxford College of Pharmacy are hereby informed that an awareness program on 'FIT INDIA MOVEMENT' will be conducted on 29/08/2019. We look forward for the active participation for the same.

P. Padma
PRINCIPAL

PRINCIPAL
The Oxford College of Pharmacy
No.6/9, 1st Cross, Begur Road, Hongasandra,
Bengaluru - 560 068



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**NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE
ORGANISED PROGRAM**

ON

“FIT INDIA MOVEMENT”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 29 AUGUST 2019

TIME: 09:00 AM – 12:00 PM



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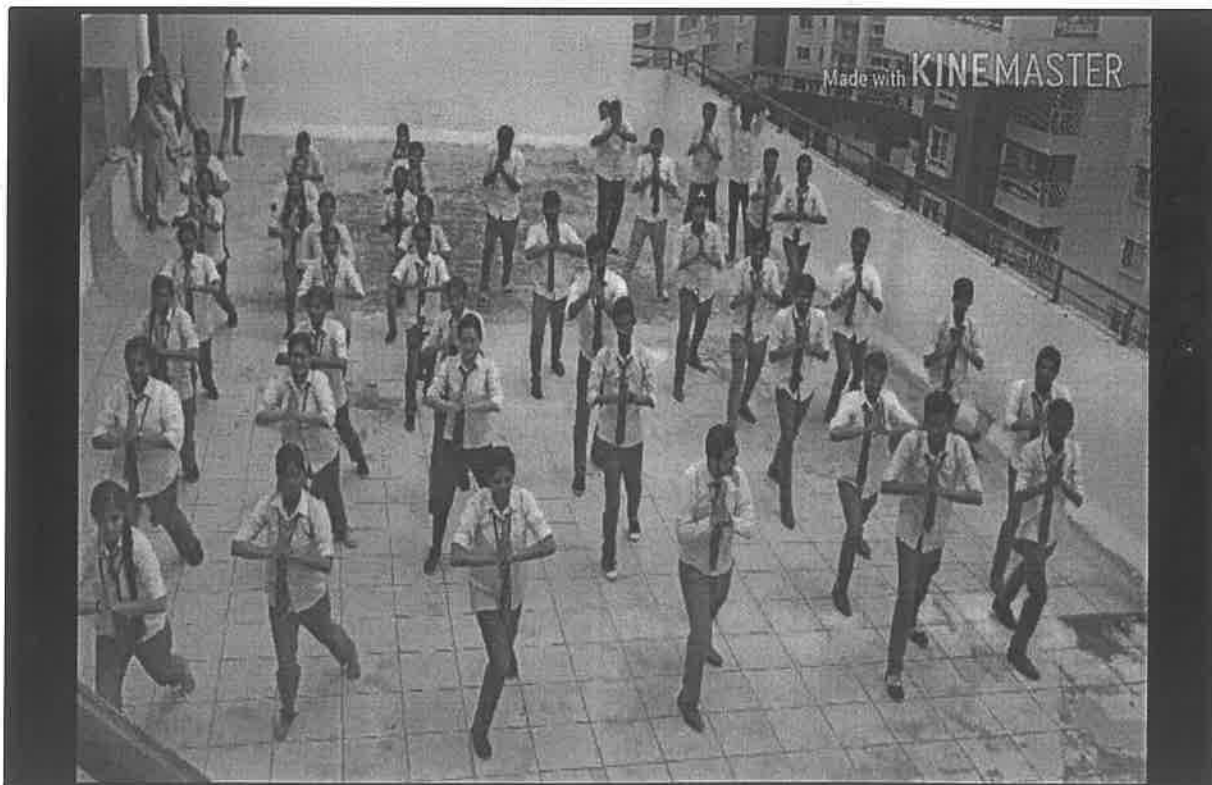
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PREAMBLE

The NSS committee, The Oxford College of Pharmacy, Bangalore, has organized the FIT INDIA MOVEMENT 2019, an initiative taken by our Honourable Prime Minister Shri Narendra Modi, on 29 August 2019, with the motto of this event that is to make a healthy generation. Around 120 participants participated in the program, including the staff of The Oxford College of Pharmacy.

Dr Mallikarjuna Setty, HOD, Department of Pharmaceutics, The Oxford College of Pharmacy, addressed the students and briefed them regarding the purpose of following the Fit India movement and its importance in our lives. followed by

Dr Parthasarathy, HOD, Department of Pharmacy Practice, enlightened the students on Yoga and mentioned various diseases whose risk can be reduced with regular physical activities. Overall, the session was interactive and helpful.



Students actively doing the physical exercise



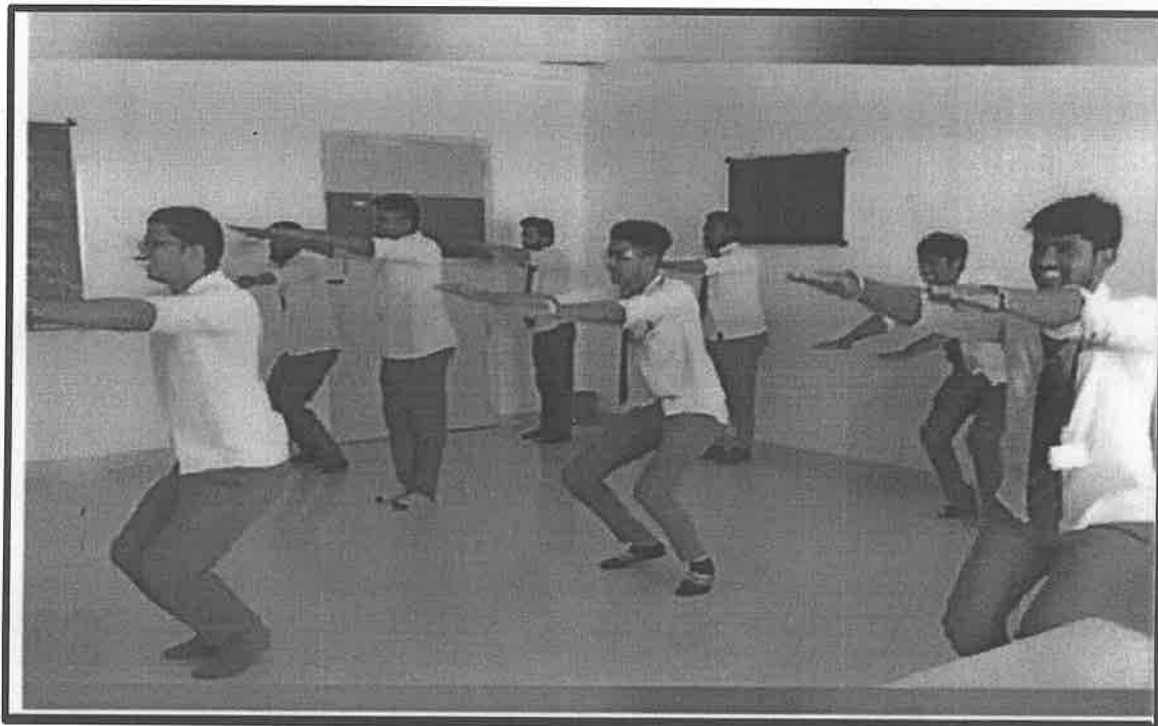
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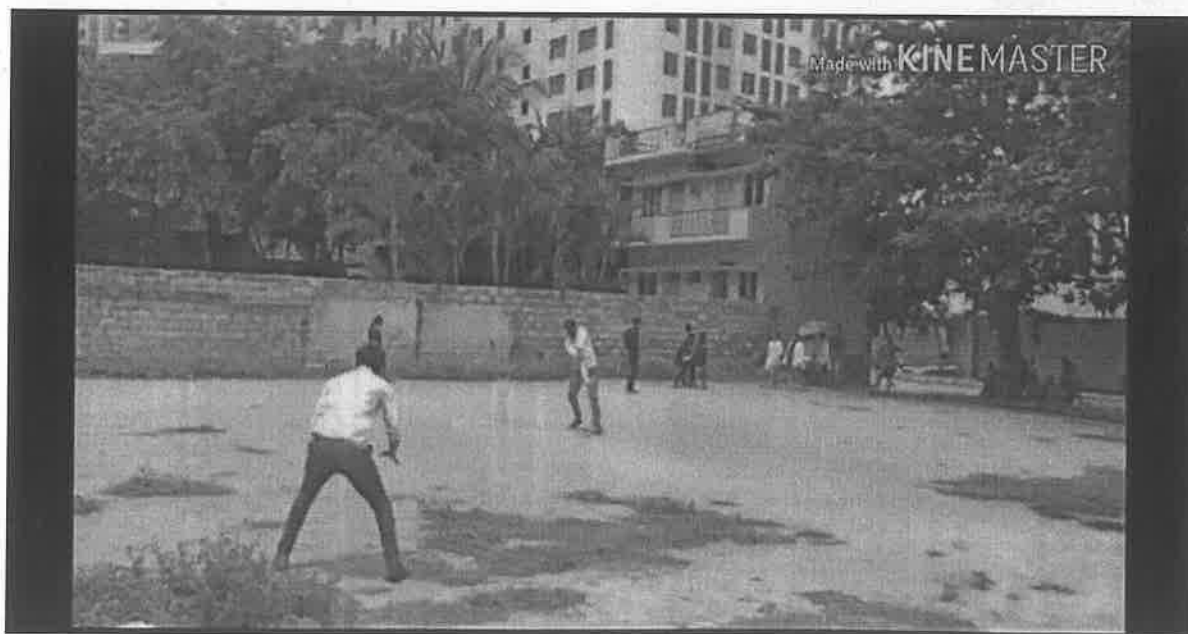
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Students involved in different physical activities



Boys involved in sports activities



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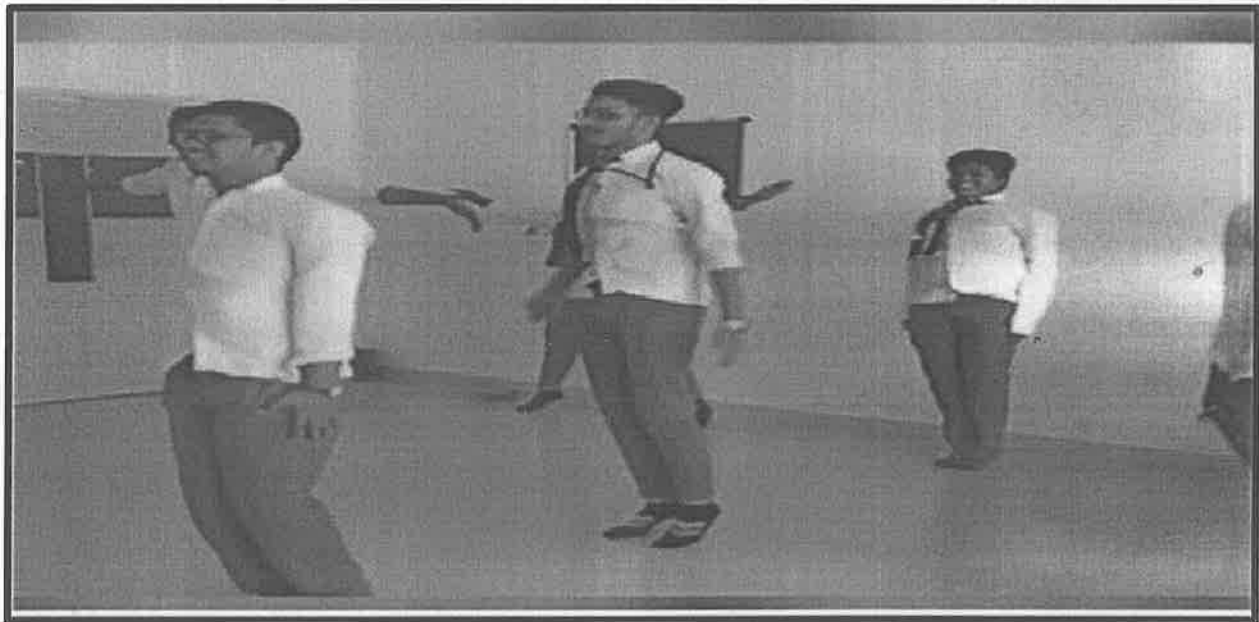
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Girls actively practicing the step climbing activities



Students enthusiastically participated in the Jumping activities



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OUTCOME

The Oxford College of Pharmacy's Fit India Movement is one that has a lot of meaning and benefits. It has created awareness about the importance of being physically active and having good health, besides making students and community near it to embrace wellness and fitness in their daily lives. Physical fitness plays a vital role in academic and personal development because it helps maintain the body's overall well-being both mentally and physically which is important for learning. The program's advantages are anticipated to be permanent with positive outcomes on participants' general health as well as welfare. This laudable move has impacted all participants significantly. There were approximately 120 attendees participated in this program.

END OF REPORT



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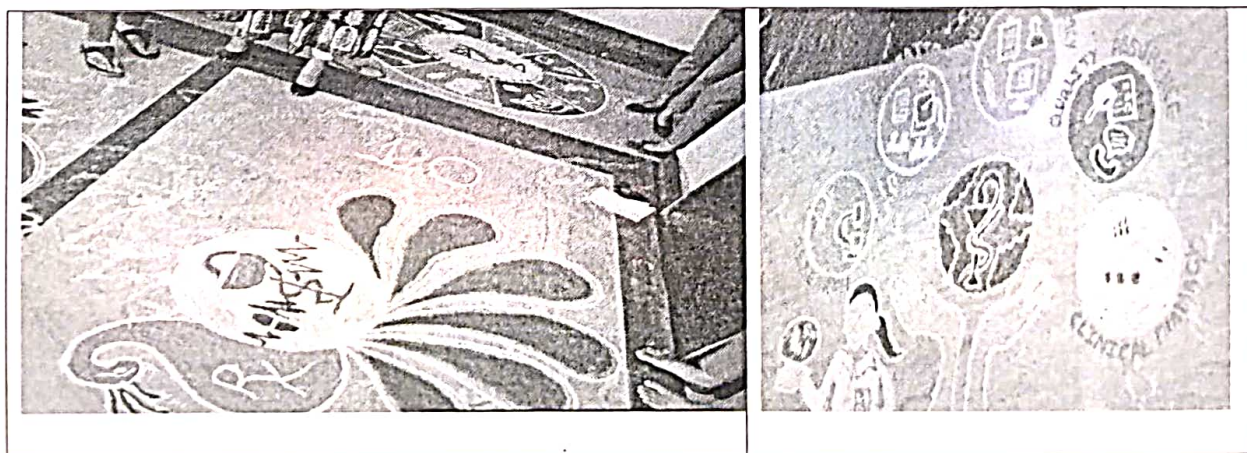
WORLD PHARMACIST DAY

The Oxford College of Pharmacy on 25th September 2019 celebrated World Pharmacist day. World Pharmacist Day was first observed in 2009, by the International Pharmaceutical Federation council in Istanbul, Turkey. The day is meant to encourage pharmacists to promote and advocate their Profession.

Pharmacists play an important role in taking care of people's health all over the world. This day reminds us that Hospital Pharmacists work in different areas of Hospitals. Some Pharmacists work with patients, while others might manage pharmacy staff, provide information about medicines to other health care professionals or conduct research.

The theme of World Pharmacists Day 2019 is "Safe and effective medicines for all", it shows the important role of all pharmacists in remaining the patient's safety due to improving medicines and reducing the risks. Rangoli competition was organized on this occasion. Girl students participated with great enthusiasm on the occasion and showcased their talent. Ms Hyma and Ms Uma Prabha judged the competition. Total of 10 groups of 3-4 students each participated in the competition. Principal appreciated the enthusiasm of students and encouraged them to participate in future.

A Rally was also organized by the NSS committee of The Oxford College of Pharmacy, on this occasion. Students actively participated in this rally and made it a success. There were total of 250 students and 6 faculty members attended this event. Rally was supported by banners and posters regarding the role and importance of pharmacist.



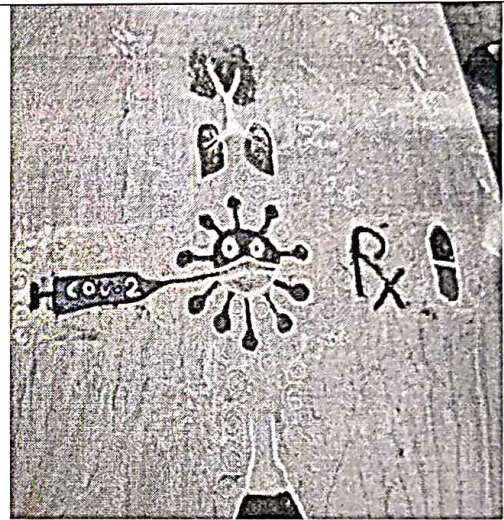
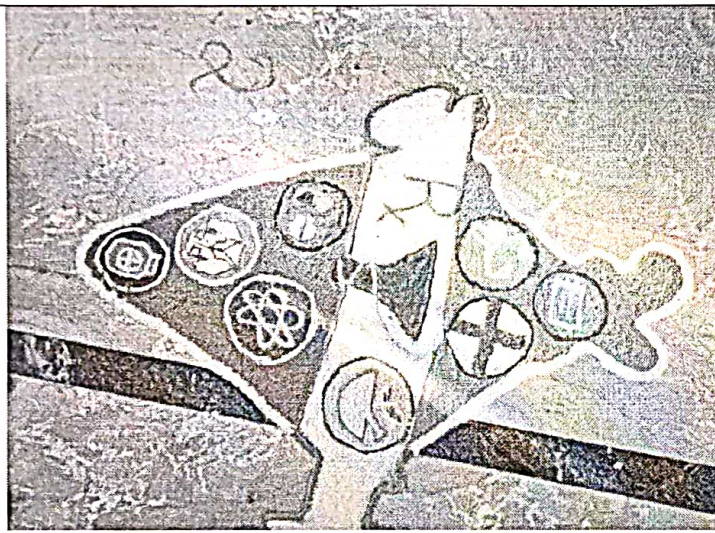
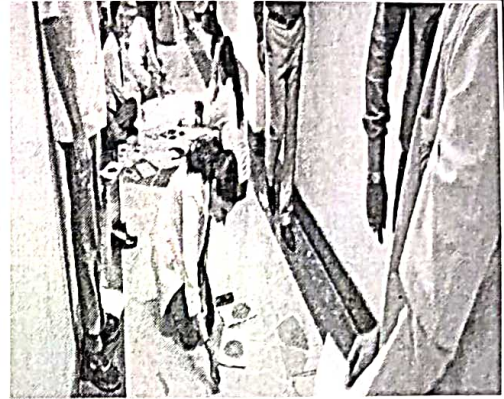


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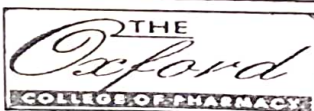
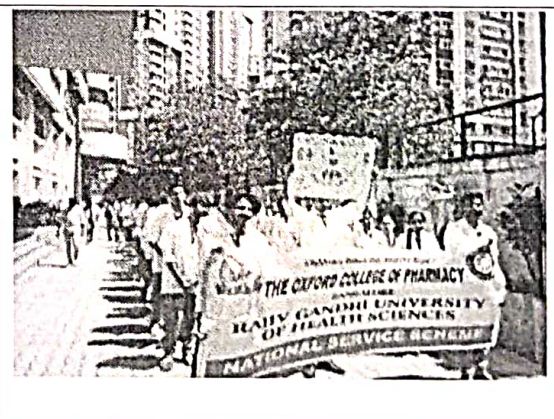
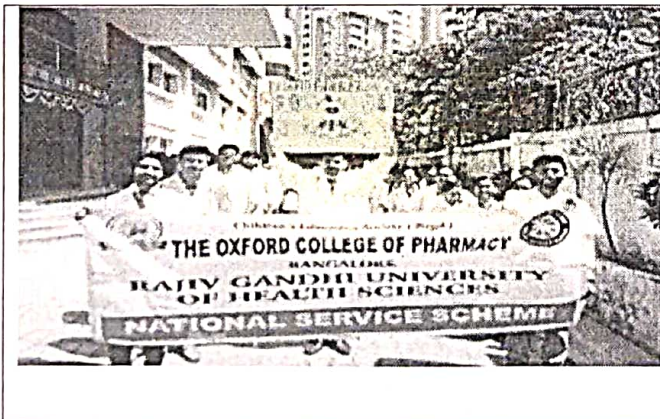
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Glimpse of Rangoli made on Pharmacist Day



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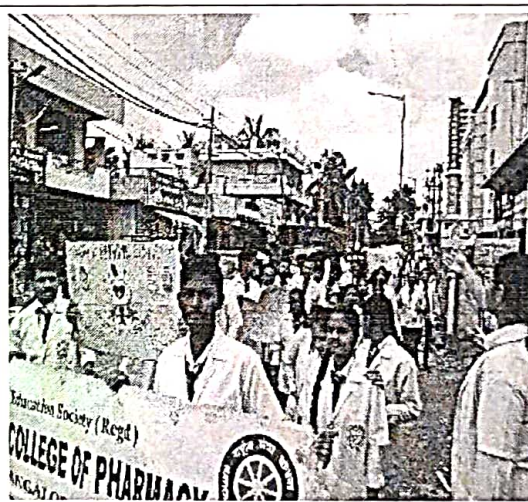
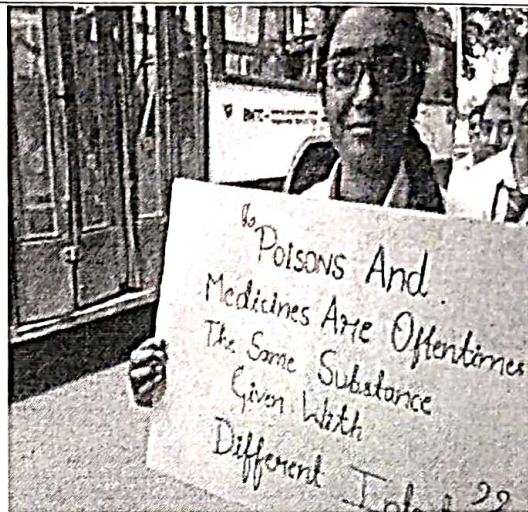
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Glance of students participating in Rally on Pharmacist Day



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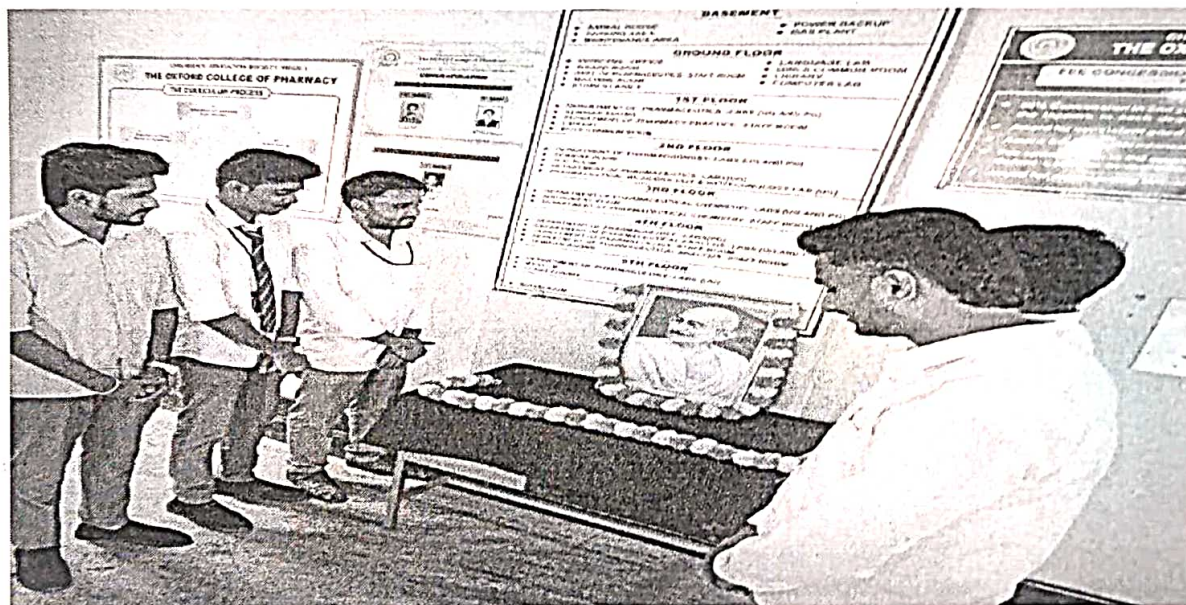
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GANDHI JAYANTHI CELEBRATION

Gandhi Jayanthi is celebrated on 2nd October every year on the occasion of birthday of Mahatma Gandhi. It is the day celebrates as International Day of Non-violence.

Gandhi Jayanthi is a National Holiday Celebrated all over India. 150th Birthday of Mahatma Gandhi is celebrated this year.

This day was celebrated by giving some information to the students about the great freedom fighter, sacrifices and works he did for the nation. Thus, we celebrated this day by remembrance of his works done for the Nation.





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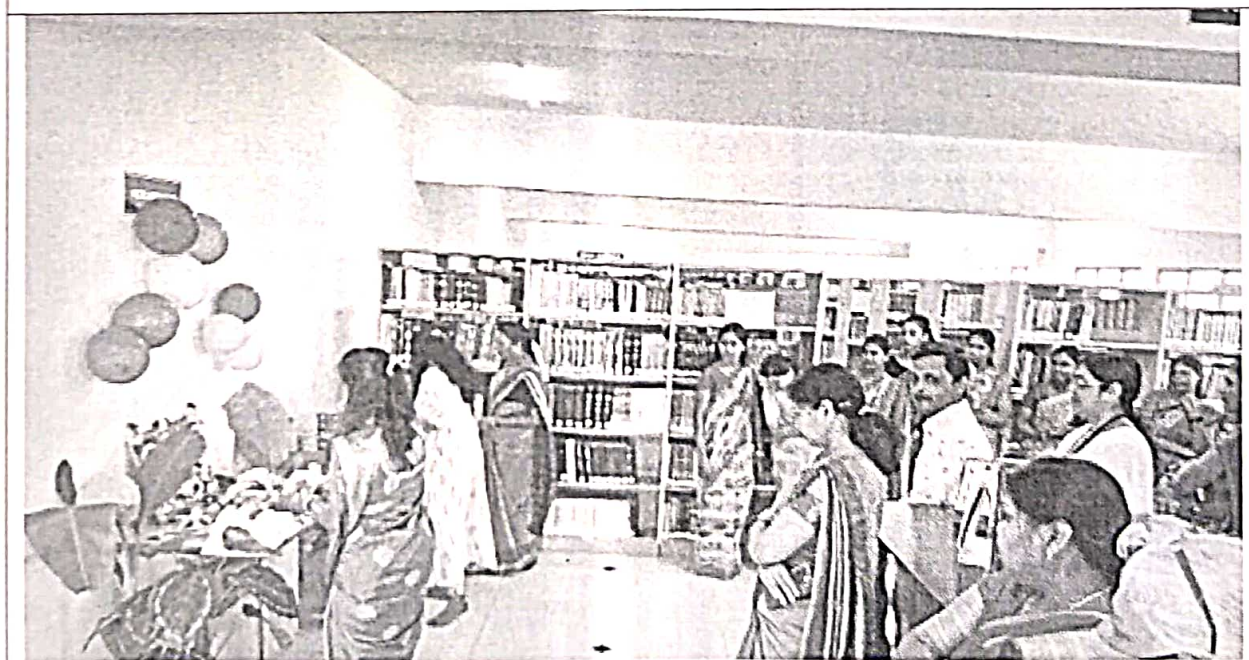
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SARASWATI POOJA

The Oxford College of Pharmacy celebrates Saraswati pooja every year. The staff of central library take the initiative to arrange for Saraswati pooja to be celebrated on the eve of 4th October 2019. All the faculty and students participated in the pooja, which was further proceeded with distribution of prasad to students and staffs. This festival is dedicated to the goddess of art, music and knowledge. Goddess Saraswathi is offered with sweets and prayed to for well-being.





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KARNATAKA RAJYOTHSAVA CELEBRATION

The Oxford College of Pharmacy observed Karnataka Rajyothsava on 1st November. It is also known as Karnataka Foundation Day. It is the day when all the people in Karnataka come together to commemorate the formation of the state of Karnataka. This year we are celebrating 61st Karnataka Formation Day.

This year all faculties joined together for the celebration in the Oxford Engineering College campus college by hoisting the Karnataka flag and state anthem. The students and staff of The Oxford College of Pharmacy participated in various activities organized on this occasion with enthusiasm.





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NATIONAL YOUTH DAY

The NSS cell of The Oxford College of Pharmacy had organized a seminar on National youth day on 11th Jan 2020 with the theme "Challenging youth power for nation building." The main objective behind the celebration is to make a better future of the country by motivating the youth and spreading the idea of Swami Vivekananda. The session was addressed by Mrs. Divya S Kumar, Associate professor, Department of Pharmaceutics.

The program commenced with Prayer by the students. Our Honorable Principal Dr. Padmaa M Paarakh welcomed all the attendees of the program and emphasized about the importance of celebrating National Youth Day with the main objective of National Youth Day and the reason for its observance is to create a platform for the youth and address their problems in various spectrums of life. and to encourage the youth in the country to become a better person and achieve an honorable life contributing to the development of the country. The teachings of peace and wisdom that Swami Vivekananda followed is inculcated to students by universities, colleges and governmental institutions across India. In the 21st century era where there is cut-throat competition for youth to make a good career, the life philosophies of Swami Vivekananda inspirational and push students to their limit to achieve the impossible.

She also ended the welcome speech with a quote by Swami Vivekananda.

"Take up one idea. Make that one idea your life -think of it, the dream of it, live on that idea. Let the brain, muscles, nerves, every part of your body, be full of that idea, and just leave every other idea alone. This is the way to success"

After the welcome speech, rest of the session was addressed by Mrs. Divya S Kumar, Associate professor, Department of Pharmaceutics. Divya S Kumar spoke about the Role of Youth. She started the session with praise for Swami Vivekananda as an ideal role model for the youth because of his strong, mind, body and spirit and his inspirational role in the nation-building activities during the Indian Independence movement and quoted one of his popular quotes "faith in ourselves and faith in God this is the secret of greatness". Nation building refers to the process of engaging all the citizens in the development of the nation. The future as well as the present of our country is in the hands of its youths. So, the contribution of youth is important in structuring the nation. She emphasized the youth as the time when innovative and creative thoughts and ideas pop up in mind and which shape up the community and the nation, we live in. The policies, plans and development work of the



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nation can best be implemented by youth. They are more enthusiastic and energetic and if their potential is used in the right direction, they can ensure rapid progress. Our youth can bring social reform and improvement in society.

National Youth Day is celebrated on 11th of January every year to commemorate the birth anniversary of Swami Vivekananda. The main objective of National Youth Day and the reason for its observance is to create a platform for the youth and address their problems in various spectrums of life. The teachings, philosophies and ideologies of Swami Vivekananda are propagated through, universities, schools and colleges on National Youth Day every year. The birth anniversary of Swami Vivekananda and way he has lived his life inspires millions of you, not just in India but around the world. She also mentioned the ways to see how the development of any country requires active participation from the youth. It does not matter which field we want to progress in, whether it is the technical field or sports field, youth is needed. It is up to us how to help the youth in playing this role properly. We must make all the youth aware of their power and the role they have to play in nation-building.

She emphasized on the three key elements that contribute towards the progress of a nation. These are education, employment and empowerment. A nation develops at a steady pace when the youth of the country is educated and their education is put to right use. Illiteracy is one of the biggest problems of our nation. The illiterate population of our country holds back and hinders the progress of our nation. The government of our country must make special efforts to provide right education to them in order to make them think logically, rationally and open mindedly. This will help them act in a responsible manner and work for the progress of our nation and how we can take small initiatives for the overall development of nation.

The program was concluded with Vote of thanks by Mrs. Hyma Sara Varghese. She didn't forget to inspire the students with a small quote by Swami Vivekananda "Arise, awake and do not stop until the goal is reached."



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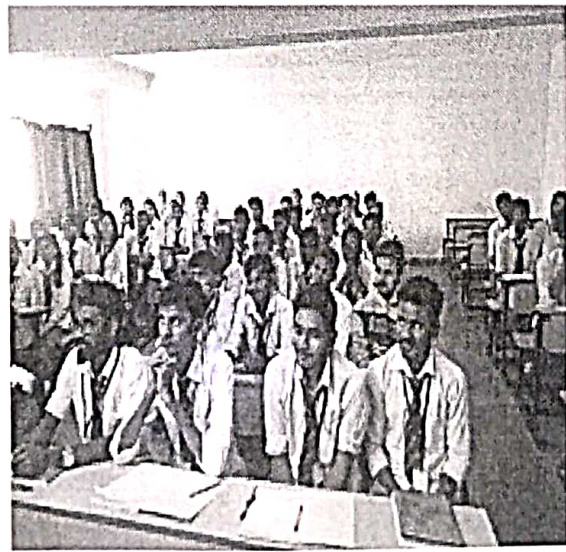
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NATIONAL GIRL CHILD DAY

“National Girl Child Day” celebration was organized by The Oxford College of Pharmacy, Bangalore on 24th January 2020” with the theme “My Voice, Our Common Future”. The program was organized by Ms Divya S Kumar, Asst Professor, Department of Pharmaceutics, The Oxford College of Pharmacy, started with the welcoming of the audience and introduction of the Speaker of the day, Mrs Surinder Kaur, Asso. Professor, Department of Pharmaceutics, The Oxford College of Pharmacy. The speaker briefed about the history and significance of observing this day.

The National Girl Child Day was first observed on January 24, 2008 by the Ministry of Women and Child Development. It was decided to observe the day to tackle issues related to inequalities that girls face in society. The main objectives for observing this day are to provide support and opportunities to girls from around the country, by raising awareness regarding inequalities faced by girl children, regarding the importance of female education, health care and nutrition and also to raise awareness regarding the importance of their empowerment. The main objective of National Girl Child Day 2020 is to promote the welfare of girl children in India. However, there are various factors that need to be taken into consideration which is being emphasized on National Girl Child Day 2020 were also briefed by the speaker such as:

To accept girl child/children and welcome them into homes and live with respect and love and abandon the evil ideology of killing girl children in the womb and female infanticide

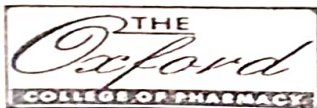
To acknowledge people to the birthright of female children to education, health, hygiene, and nutrition and with other opportunities in life.

It speaks for their empowerment through equal opportunities, skill development, and quality education.

To promote the idea of the elimination of any form of discrimination against the girl child at home or outside world.

To encourage girls in achieving impossible to possible and history of great female leaders and achievers in worldwide.

Mrs Surinder Kaur, Asso. Professor, Department of Pharmaceutics, The Oxford College of Pharmacy, also shared her views regarding the role of students in spreading awareness and achieve the goal of celebrating the National Girl Child Day. In the session, the speaker



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initiated an interactive session with the participants to understand their level of knowledge and motivated them to spread awareness about Beti Bachao Beti Padhao schemes to the helpers at their home as well as in the nearby community where they reside.



CHILDREN'S EDUCATIONAL SOCIETY (REGD.)



THE
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6/9, 1ST CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE-560068

CELEBRATING NATIONAL GIRL CHILD DAY-2020

"My Voice, Our Common Future"

Organized Under IQAC, The Oxford College of Pharmacy

Conducted On 24TH JANUARY 2020

PATRON

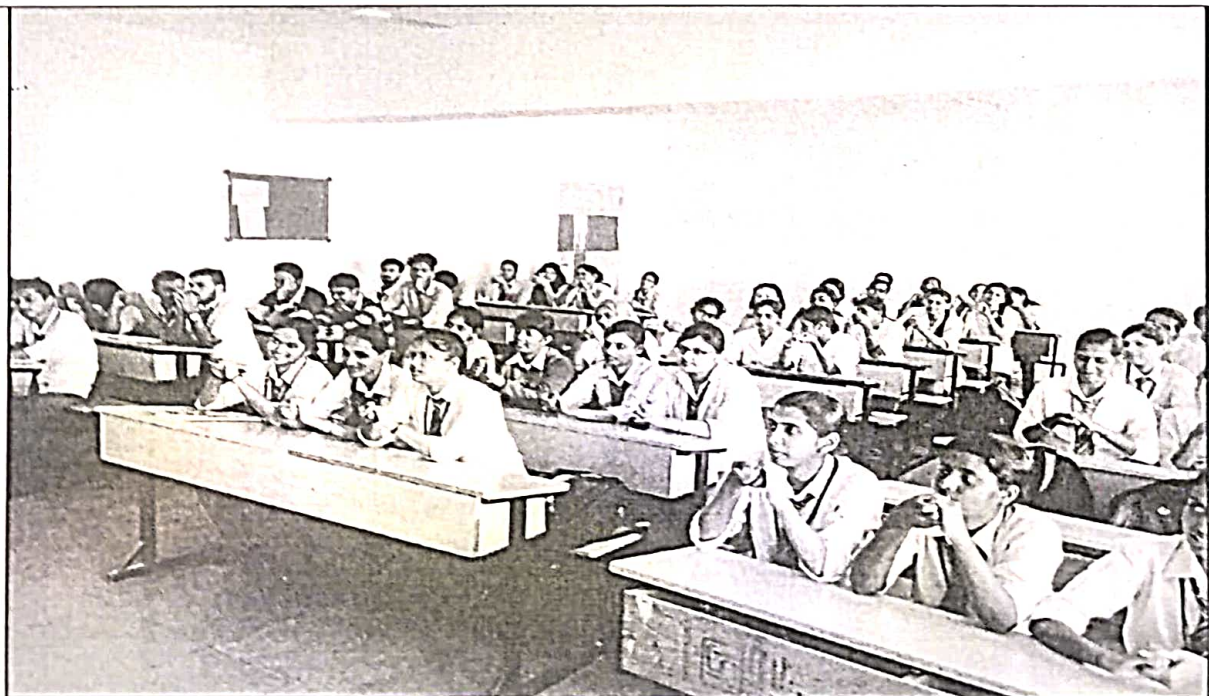
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PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING MEMBER

MS. DIVYA S KUMAR
ASST. PROFESSOR
THE OXFORD COLLEGE OF PHARMACY



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NATIONAL VOTER'S DAY

The NSS cell of The Oxford College of Pharmacy had conducted Pledge for "Cast Your Vote Ethical" in collaboration with Election Commission on 25/01/2020. As per Election Commission of India's guidelines, the poll officers have been conducting a number of awareness programs about the mandatory need for casting votes and the evils of selling votes. Around 150 students and 5 faculty members were taken the oath.

India is the largest democracy of the world and elections play an important role in it. Similarly, the Election Commission of India is a very huge body which has a lot of responsibilities on their shoulders. It was formed in the year of 1950. The Election Commission of India has made things easier for people ever since they came into existence. They have to look after a lot many tasks that help in the smooth functioning of the electoral procedure. It is constantly evolving to make the election scenario better.

The program commenced with Prayer by the students. Our Honorable Principal Dr. Padmaa M Paarakh welcomed all the attendees of the program and emphasized about the importance of Elections and Voting. Principal spoke about importance of election and how elections are conducted in the country. She briefed regarding the process of election through which people can express their political opinion. They express this opinion by public voting to choose a political leader. Furthermore, this political leader would have authority and responsibility. The election is certainly a vital pillar of democracy. This is because; Election ensures that the government is of the people, by the people, and for the people. Suffrage is an important part of Election. Most noteworthy, suffrage refers to the right to vote in Elections. The question of who may vote is certainly an important issue. The electorate probably never includes the entire population. Almost all countries prohibit individuals under the age of majority from voting. For example, in India, the age of majority is attainable at the age of 18 years. The nomination of a candidate is also an important characteristic of Election. This means to officially suggest someone for Election. Nomination refers to the process of selecting a candidate for election to a public office. Another essential characteristic of Election is electoral systems. Electoral systems refer to detailed constitutional arrangements and voting systems.

Furthermore, detailed constitutional arrangements and voting systems convert the vote into a political decision.



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She emphasized that election is an excellent opportunity for people to express their resentment. Most noteworthy, if people are unhappy with a particular leadership, then they can remove it from power. People can certainly replace an undesirous leadership with a better alternative through Election. The election is a handsome opportunity for political participation. Furthermore, it is a way by which new issues can be raised in public

The oath was taken in the following manner:

I (name)..... take a pledge that in any situation I will use my invaluable right to cast vote.

My right is not merely limited to elect only the candidate but is also a responsibility towards my nation

Further I will also inspire and encourage my friends and family members to vote for the best candidate who can meet the aspirations of the people and work in the interest of the nation,

I will never vote out of fear or greed and will not be influenced by any religious, caste considerations.

The poll officers who came to promote the awareness program also briefed regarding the Right to vote in India that democratic governments consider participating in national elections a right of citizenship. In India, the right to vote is provided by the Constitution and the Representation of People's Act, 1951, subject to certain disqualifications. Article 326 of the Constitution guarantees the right to vote to every citizen above the age of 18. Further, Section 62 of the Representation of Peoples Act (ROPA), 1951 states that every person who is in the electoral roll of that constituency will be entitled to vote. Thus, the Constitution and the RoPA make it clear that every individual above the age of 18, whose name is in the electoral rolls, and does not attract any of the disqualifications under the Act, may cast his vote. This is a non-discriminatory, voluntary system of voting

Students and faculty members were taken the Oath to cast vote ethically. The program was concluded with Vote of Thanks by Mrs. Hyma Sara Vargheese.



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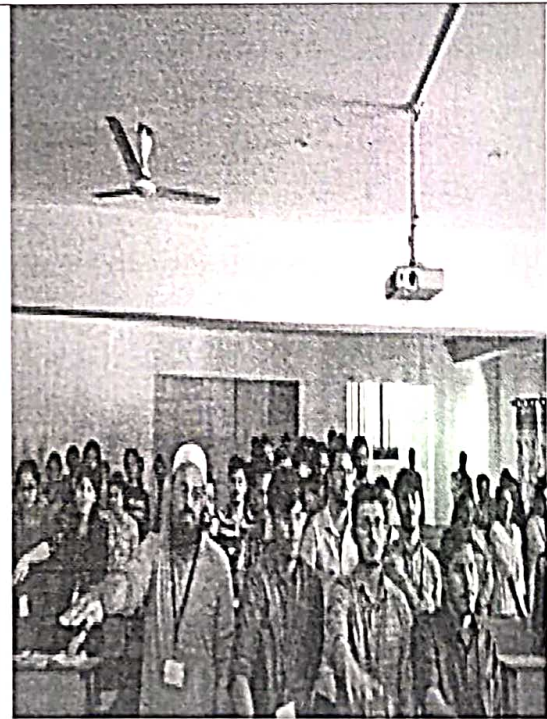
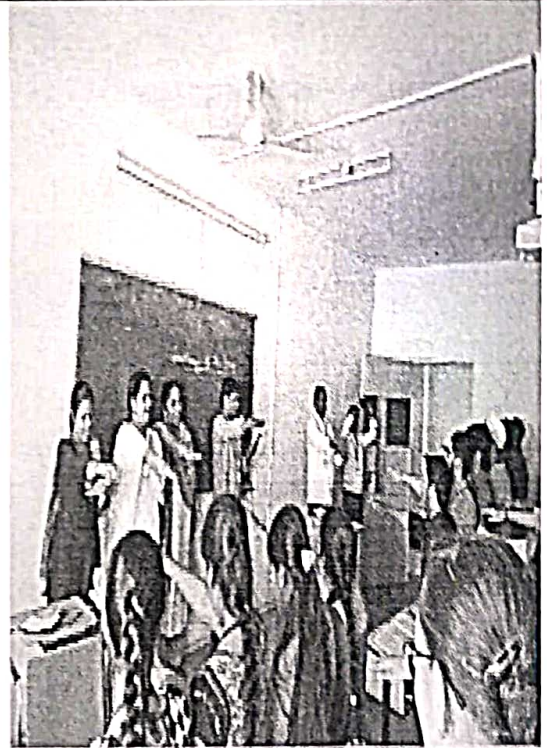
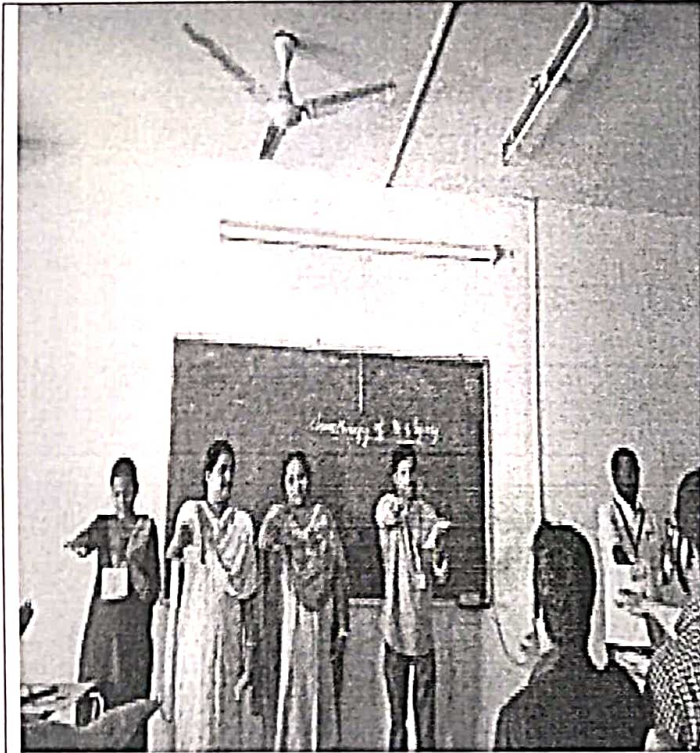
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REPUBLIC DAY

India celebrated its 71st Republic Day on 26th January, 2020 Sunday. The Oxford College of Pharmacy also celebrated Republic Day by hoisting Indian flag and sung National anthem. The hostel students, warden along with few staffs attended the program.





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Date: 15/06/2020

CIRCULAR

All the teaching staff and students of The Oxford College of Pharmacy are hereby informed that an awareness program on “**OBSERVING MASK DAY**” will be conducted online on 18/06/2020. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL

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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE

ORGANISED PROGRAM

ON

“OBSERVING MASK DAY”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

PATRON

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 18TH JUNE 2020

TIME: 11:00 AM-12:00PM



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PREAMBLE

The NSS committee, and The Oxford College of Pharmacy, Bangalore, organized online program on "Observing Mask Day" on June 18, 2020. Mrs. Hyma Sara Varghese, Assistant Professor at the Oxford College of Pharmacy, delivered the speech at the program. The program was conducted by using the online platform.

Emphasizing the importance of wearing a mask during the COVID-19 pandemic, the Chief Minister of Karnataka, B.S. Yeddyurappa, ministers, celebrities, and a host of officials observed Mask Day on 18 June 2020 to create awareness about the importance of wearing a mask as a preventive measure against Covid-19. The theme of the year was "Wear mask, Protect yourself and surrounding people."

CONTENT OF THE PROGRAM

The program was conducted online due to the COVID-19 pandemic. Mrs. Hyma Sara Varghese spoke regarding the importance of the mask and many people who have COVID-19 and are asymptomatic but can still spread the virus through droplets that escape from the mouth when speaking, sneezing, and coughing. Scientists have proven that using masks lowers COVID-19 cases, even in the long term. As we approach back-to-school season, public knowledge of proper masking techniques is now more important than ever. She also mentioned that Children and aged citizens should wear masks in public settings. When you wear a mask, you protect others as well as yourself. Masks work best when everyone wears one. A mask is NOT a substitute for social distancing. Masks should still be worn in addition to staying at least 6 feet apart, especially when indoors around people who don't live in your household. Wash your hands with soap and water for at least 20 seconds, or use hand sanitizer with at least 60% alcohol after touching or removing your mask.

She highlighted that the reason for this is that the virus that causes COVID-19 can be spread even before symptoms appear by such things as coughing, sneezing, or even speaking at close range. Cloth face coverings have been recommended due to their low cost and ready availability. Using cloth face coverings, it preserves surgical masks and N-95 masks for healthcare workers who may be involved in direct care of patients with COVID-19. Wearing masks in conjunction with social distancing and frequent handwashing or use of hand sanitizer will be important in limiting the spread of COVID-19 as we return to our usual activities.



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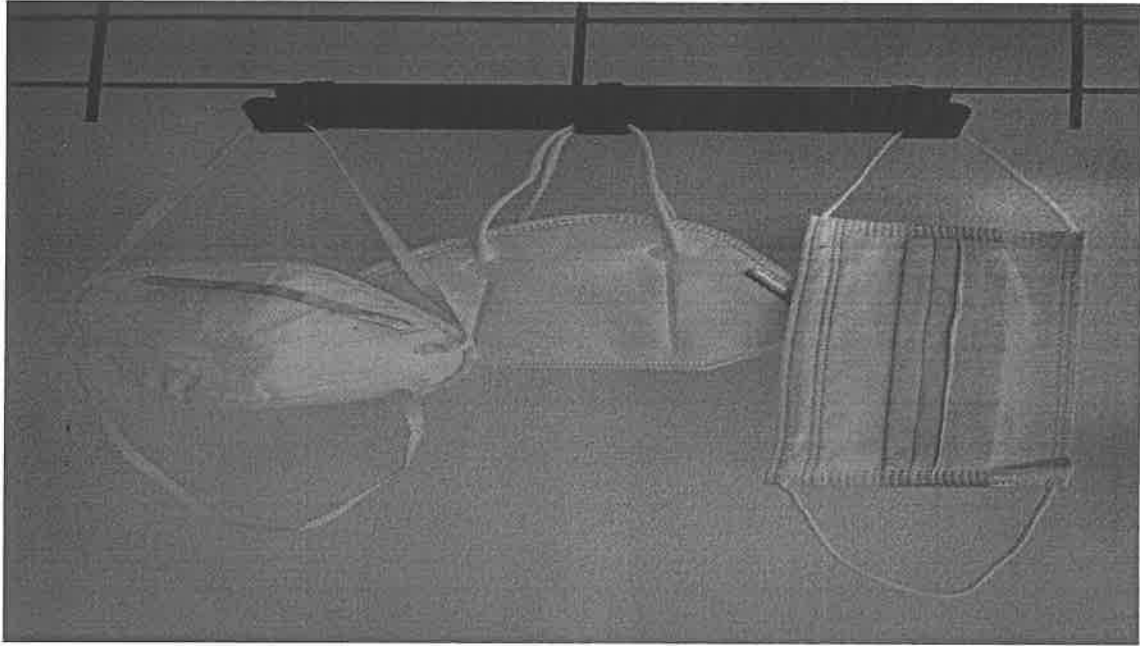
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Showcasing different types of masks in the webinar

The students shared their opinions about the importance of wearing masks and also mentioned that the government alone cannot curb the spread of the pandemic without the active support and participation of the people. Then, Mrs. Hyma Sara Varghese concluded her speech, followed by Mrs. Nagalakshmi, Assistant professor at the Oxford College of Pharmacy. She thanked everyone who had joined the program and assured them to conduct awareness programs in the near future. There were around 75 participants participated this program.



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Students attending an online program



Students and faculties supporting the use of mask



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OUTCOME

The Oxford College of Pharmacy conducted an online program on Mask Day, emphasizing the significance of wearing masks to safeguard oneself and those around one. Participants discussed lively in this virtual program, sharing their viewpoints and experiences amidst the current pandemic situation. In this program, it was delivered that different types of masks available in the market and their advantages and disadvantages very clearly. It was evident that all attendees comprehended the importance of mask-wearing in not only protecting themselves but also their environment. The virtual event was successful. Around 75 participants benefited by this program.

END OF REPORT



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INTERNATIONAL YOGA DAY

The Oxford College of Pharmacy, organized International Yoga Day on 21 June 2020. It was observed for the first time in 2015. The United Nations General Assembly proposed on December 11 and established June 21 as "International Yoga Day." The date was assigned for the occasion as it is the longest day when the sun is out at its most compared to every other day of the year.

A certain day for yoga was introduced to raise awareness worldwide about the importance and impact of yoga on the health of people. It is an ancient form of physical, mental and spiritual exercise which helps achieve mental and physical fitness.

Due to the coronavirus outbreak, this year International Yoga Day was observed at home through digital media. Students of The Oxford College of Pharmacy celebrated International Yoga Day on a virtual platform because of Covid-19.

The theme for International Yoga Day 2020 is "**Yoga at Home and Yoga with Family.**" Students and teachers joined in Yoga Day celebrations virtually.

Keeping social distancing in mind, an online session was arranged by the college. The event started with a speech by the principal, Dr. Padma M Paarakh. She shared the importance and need of practicing yoga to stay fit and healthy on this occasion. She added that the celebration of International Yoga Day was a reminder to incorporate yoga in every day routine to enjoy a healthy life and reduce the effects of stress.

Dr. Padma M Paarakh mentioned that the year of 2020 has been unprecedented for more than one reason. Right from the start of the decade, with the Covid-19 outbreak, fire outbreaks, airplane crashes, locust swarms and cyclones, the last six months have been tough. She added that the pandemic has shown the importance of immunity and healthy living. Yoga is something that brings these qualities together.

After the speech, teachers and students performed different asanas in their homes along with their family members under the guidance of teachers.

Students also made charts on occasion of International Yoga Day and presented them in the online session. They explained about the importance of yoga from the ancient times.



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Some of the students wrote slogans about the International Yoga Day. Some of the slogans are

1. Yoga without requiring to be paid pays you with sound health leading to great wealth!
2. Inculcate the habit of practicing yoga in your life!
3. Be a part of International Yoga Day to draw more and more people towards practicing Yoga!
4. Transcend from the state of being in the state of sorrow to that of happiness with Yoga!

The event came to an end with vote of thanks by Mrs. Hyma.



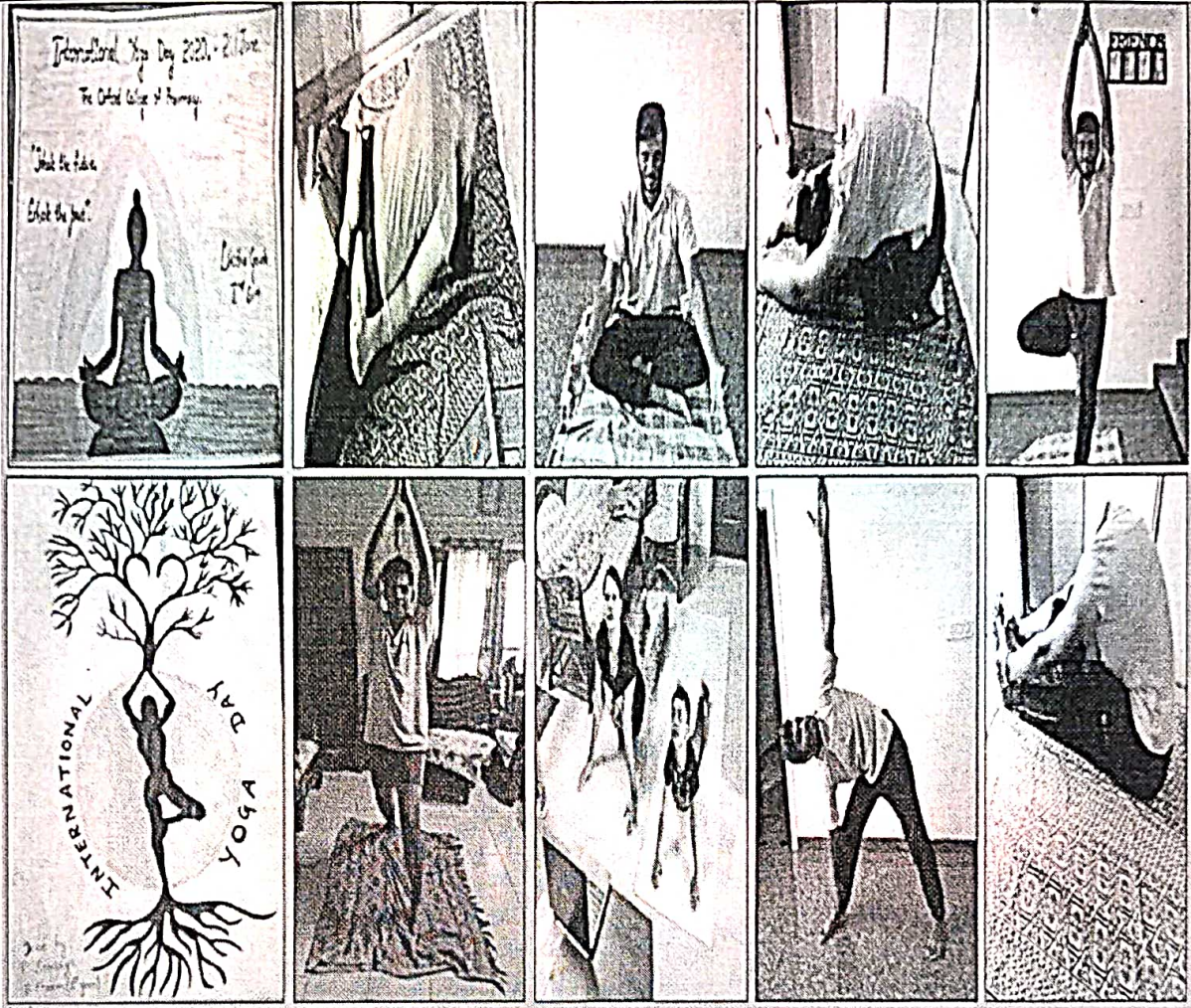
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LIST OF THE ACTIVITIES

2018-19

S.No	Name of the Activities
1	Independence Day Celebration
2	Kerala Flood Relief Drive
3	Sadbhavana Diwas
4	Swatch Bharath Abhiyan
5	World Pharmacist Day
6	Gandhi Jayanti Celebration
7	Saraswati Pooja
8	National Unity Day
9	Karnataka Rajyotsava Celebration
10	Republic Day
11	International Women's Day
12	Pulse Polio Campaign
13	Work on Cashless India-Digital India
14	World Environment Day
15	Go Green Program
16	National Girl Child Day

P. Padma

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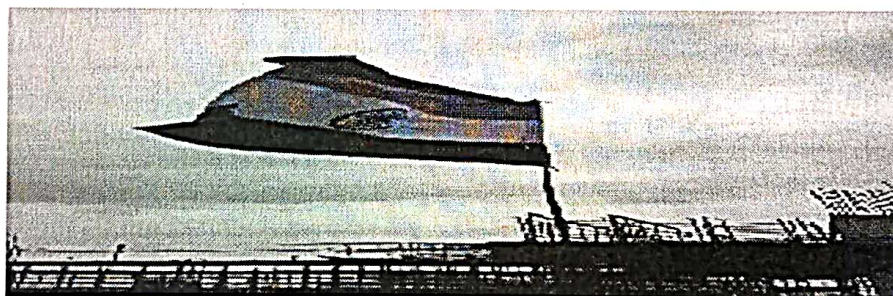
2018-19

INDEPENDENCE DAY CELEBRATION

72nd Independence Day was celebrated on 15th August at The Oxford College of Pharmacy. Students gathered together in Engineering campus and enthusiastically celebrated 72nd Independence Day.

This day is celebrated with lot of enthusiasm across India where school and college students hoist the flag and conduct grand cultural events. On this day, we pay homage to our freedom fighters that fought for the country's freedom. On this day, students and staff also hoist the tri-colour flag and sing the national anthem and pay homage to the freedom fighters.

The college conducted 72nd Independence Day in our college premises on 15th august 2018 for this auspicious occasion students, security personal, hostel wardens and our department staff members participated in this event. Students and staffs gathered to hoist flag, all stood for national anthem and distributed the sweets as per instructions of management.





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Date: 20/08/2018

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an “KERALA FLOOD RELIEF DRIVE” will be conducted on 23/08/2018 & 24/08/2018. We look forward for the active participation for the same.

P. Padma
PRINCIPAL

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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE

ORGANISED

“KERALA FLOOD RELIEF DRIVE”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 23/08/2018 & 24/08/2018



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PREAMBLE

Students of The Oxford College of pharmacy extend their support by two days collection drive to raise money and daily needs like food, medicines, sanitary napkins, blankets, drinking water, etc. to help the flood victims and the money collected was deposited in to the Chief Minister's flood relief fund account. Around 25 volunteers participated in the program.



NSS Volunteers handing over the money collected to support the flood victims to The Principal, The Oxford College of Pharmacy.





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NSS volunteers participated in flood relief program

दिनांक Date	24/08/2018	ग्राहक पत्रवर्ती Customer Acknowledgment
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Bank Draft- Kerala flood relief drive

OUTCOME

The Kerala flood relief initiative was a successful philanthropical effort that aided and supported people affected by the floods in August 2018. The government of Kerala directed the program in partnership with NGOs and volunteers. Around 25 volunteers from The Oxford College of Pharmacy collected money for the flood relief and handed over the amount to Principal madam. This fund provided very important provisions and also set up relief camps. The relief drive program also received noteworthy backing from various parts of the country and overseas nations, making it a outstanding example of joint effort in times of natural calamity.



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SADHIBHAVANA DIWAS

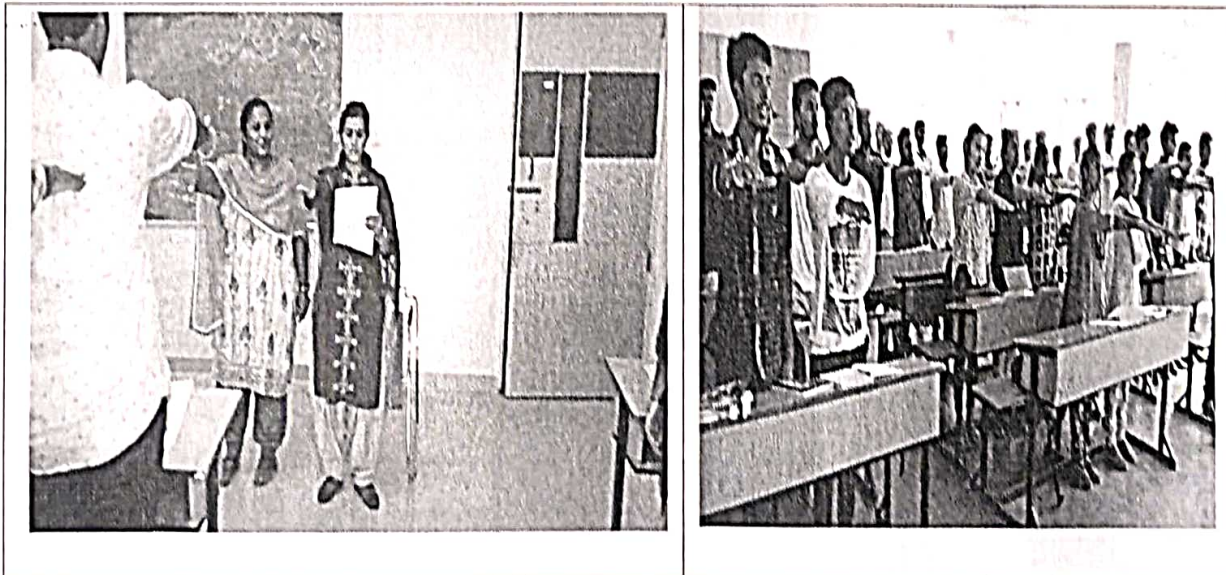
The Oxford College of Pharmacy observed Sadhbhavana Diwas on 20th August 2018 by gathering the students, staffs in the classrooms.

Sadhbhavana Diwas is celebrated every year to commemorate the birth anniversary of former Prime Minister Rajiv Gandhi. This day is celebrated to encourage the national integration, peace, affection and communal harmony among the people of all religions, languages and regions.

Pledge was taken by all the students & faculties assembled in their respective classrooms. The pledge was read by the teachers in the class repeated by students.

Sadhbavna Diwas Pledge:

"I take this solemn pledge that I will work for the emotional oneness and harmony of all the people of India regardless of caste, region, religion, or language. I further pledge that I shall resolve all differences among us through dialogue and constitutional means without resorting to violence"





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Date: 13/09/2018

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness program on 'SWACHH BHARATH ABHIYAN' will be conducted on 15/09/2018. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

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PREAMBLE

The NSS committee, the oxford college of pharmacy organized awareness program on **"SWACHH BHARATH ABHIYAN"** on 15 September 2018, the students and staff from the oxford college of pharmacy participated and cleaned the college campus and outside the campus actively. Around 50 volunteers actively participated in the program.

The national movement for 'Swachh Bharath' can also be viewed as 'Swachh Bharath' as it comprises of a series of public health initiatives towards practicing preventive health. Shri Narendra Modi is the first ever Prime Minister of India who has paid attention to this crucial link between open defecation/sanitation and health of the nation. Although, building toilets will be job half-done but ending open defecation is as much about fighting mind-sets and PM Modi is driving this transition through behavioural change among people through awareness campaigns, speeches and celebrity involvement in the program. Swachh Bharath Abhiyan receives 15 per cent of the funding for Information, Education and Communication (IEC) to trigger behaviour change and generate demand for sanitation.



NSS team along with student volunteers



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Students actively cleaning the campus



Students cleaning the streets outside the college



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Students and faculties after the program

OUTCOME

The initiative of Swachh Bharath Abhiyan has had a positive impact on students of The Oxford College of Pharmacy. One of the outcomes of this program was bringing improved responsiveness, which has led to students taking more accountability for keeping their institution and communities clean. Around 50 participants participated and cleaned the college campus and outside the college premises which was highly appreciated by the public surrounded by the college.

Additionally, the importance on upgraded hygiene has made college a safer and more hygienic space for students. Through this program, student body also learned about waste management and how to be more environmentally aware community. Overall, the Swachh Bharath Abhiyan has helped to community accountability and pride amongst the students.

END OF REPORT



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WORLD PHARMACIST DAY

The Oxford College of Pharmacy, NSS committee celebrated World Pharmacist Day on 25th September 2018. World Pharmacist Day was first observed in 2009, by the International Pharmaceutical Federation council in Istanbul, Turkey. The day is meant to encourage pharmacists to promote and advocate their Profession.

Pharmacists play an important role in taking care of people's health all over the world. This day reminds us that Hospital Pharmacists work in different areas of Hospitals. Some Pharmacists work with patients, while others might manage pharmacy staff, provide information about medicines to other health care professionals or conduct research.





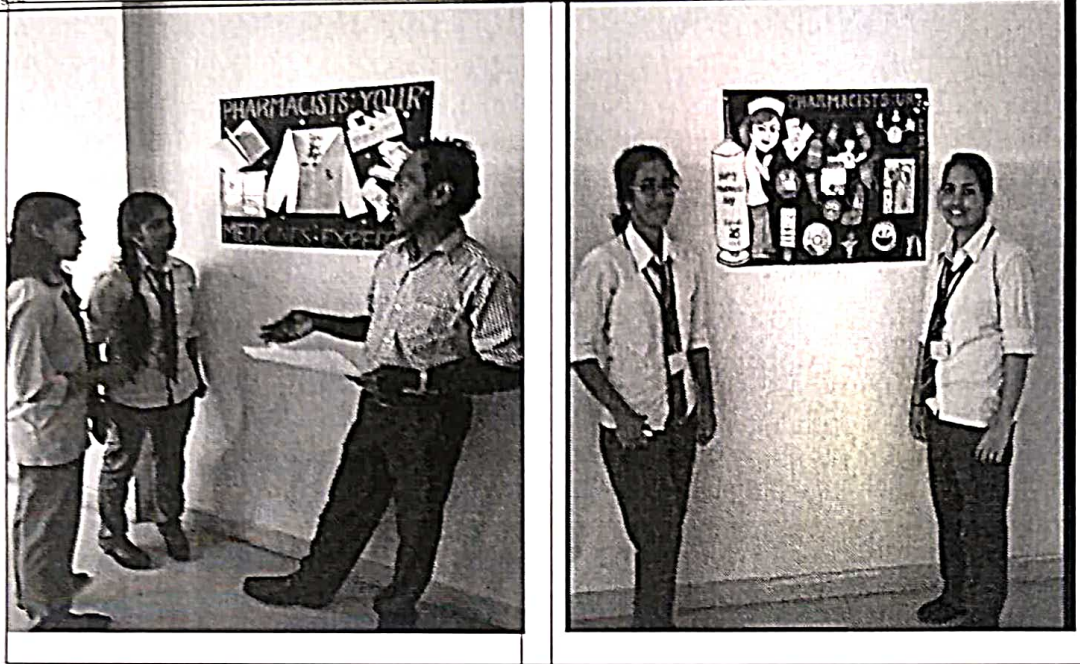
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The theme of World Pharmacists Day 2018 is “Pharmacists: your medicines experts”. It is meant to emphasize that pharmacists are a trusted source of knowledge and advice, not just for patients, but also for healthcare professionals. Poster competition was held on this occasion in which students participated actively and showcased their talent.



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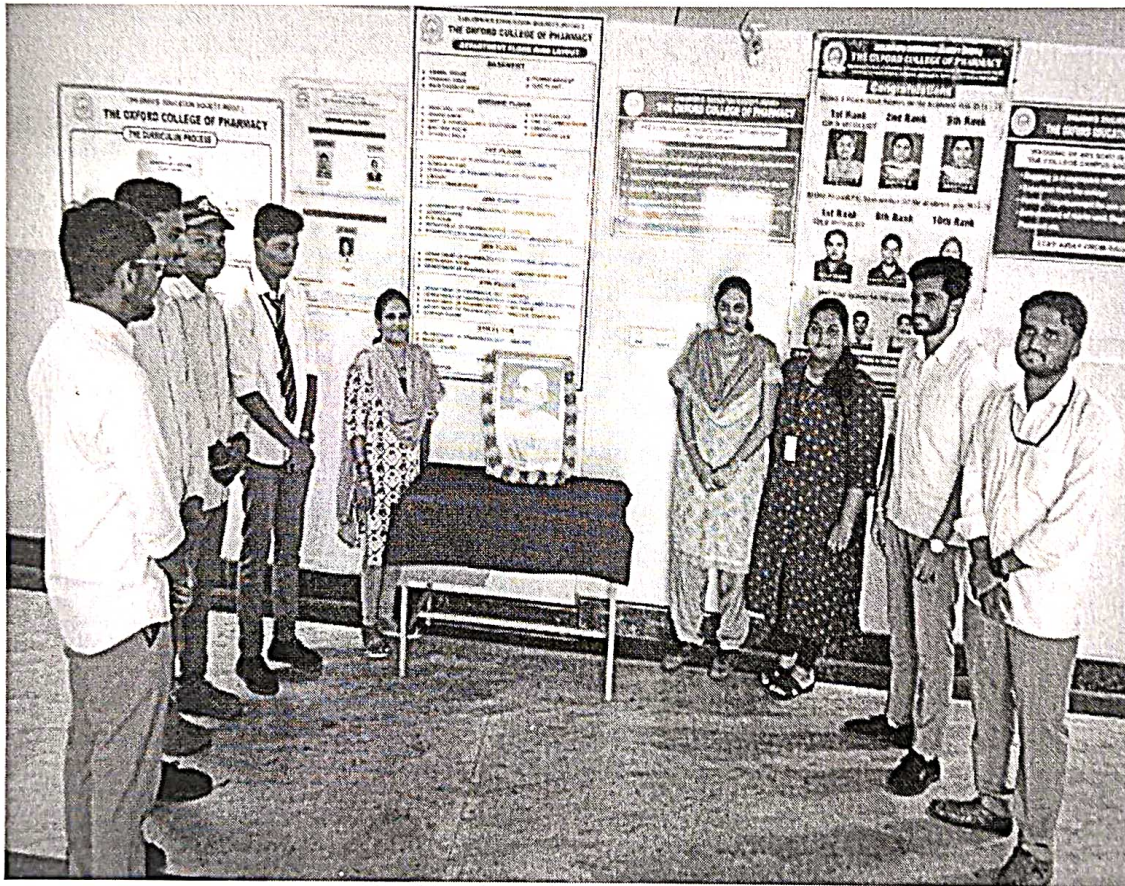
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GANDHI JAYANTHI CELEBRATION

The Oxford College of Pharmacy, on 3rd October 2018 observed Gandhi Jayanthi on the occasion of birthday of Mahatma Gandhi. It is also the day celebrates as International Day of Non-Violence.

Gandhi Jayanthi is a National Holiday Celebrated all over India. 150th Birthday of Mahatma Gandhi is celebrated this year. This day was celebrated by giving some information to the students about the great freedom fighter, sacrifices and works he did for the nation. The college took initiative to celebrate this day by remembrance of his works done for the Nation.





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SARASWATI POOJA

The Oxford College of Pharmacy celebrates Saraswati pooja every year. The Saraswati pooja was organized on 16 October 2018. The staff of central library take the initiative to arrange for Saraswati pooja in the evening along with distribution of prasada to students and staffs. This festival is dedicated to the goddess of art, music and knowledge. Goddess Saraswati is offered with sweets and prayed to for well-being.



Saraswati Pooja Celebration at Library



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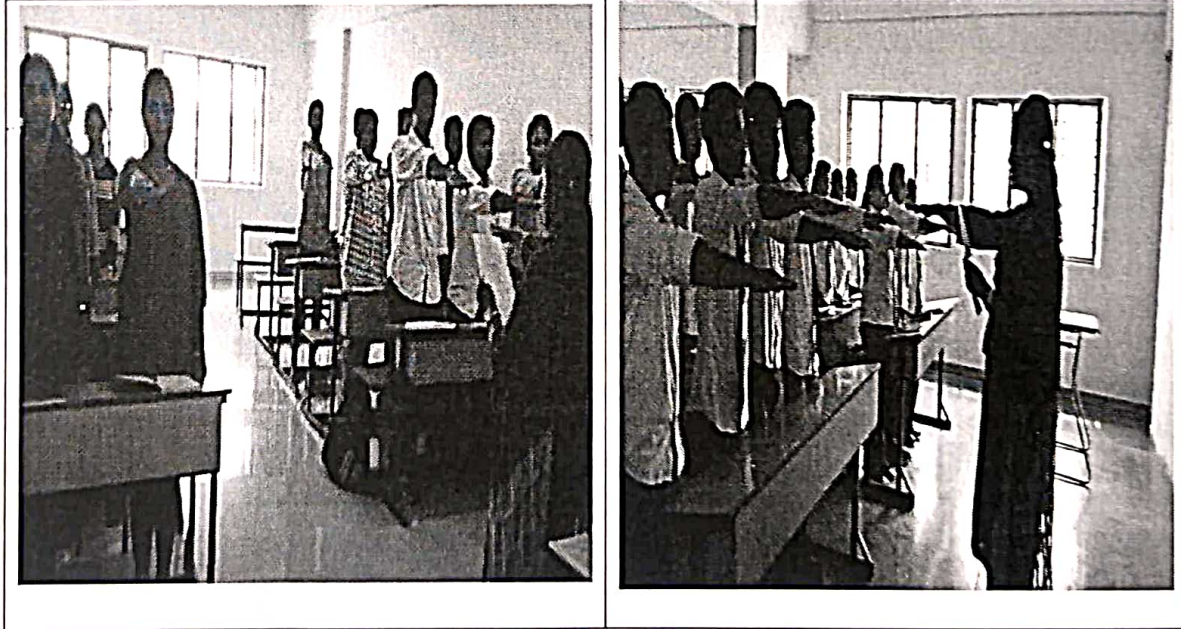
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NATIONAL UNITY DAY

The Oxford College of Pharmacy observed National Unity Day on 31st October 2018 which is also known as Rashtriya Ektha Diwas. It was introduced by the Government of India in 2014. The day is celebrated to mark the birth anniversary of Vallabhbhai Patel who had a major role in the political integration of India. This occasion provides us an opportunity to re-affirm the inherent strength and resilience of our nation to withstand the actual and potential threats to the unity, integrity and security of our country. On this occasion the students took pledge on this day.

Pledge of the day

“I solemnly pledge that I dedicate-myself to preserve the unity, integrity and security of the nation and also strive hard to spread this message among my fellow countrymen. I take this pledge in the spirit of unification of my country which was made possible by the vision and actions of Sardar Vallabhbhai Patel. I also solemnly resolve to make my own contribution to ensure internal security of my country”.





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KARNATAKA RAJYOTHSAVA CELEBRATION

The Oxford College of Pharmacy celebrates with the sister institution Karnataka Rajyothsava on 1st November every year. It is also known as Karnataka Foundation Day. It is the day when all the people in Karnataka come together to commemorate the formation of the state of Karnataka. This year we celebrated 61st Karnataka Formation Day. The day was observed by hoisting the Karnataka flag and state anthem was sung by all students and staff of The Oxford College of Pharmacy. This celebration also symbolizes that Karnataka stands as a shining example of unity in diversity, embracing people from various linguistic and cultural backgrounds.





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REPUBLIC DAY

The Oxford College of Pharmacy celebrated Republic Day on 26th January 2019 by hoisting Indian flag and singing National anthem. India celebrated its 70th Republic Day on Saturday. This day is celebrated as commemorates the adoption of the constitution of India and the country's transition into a republic which came into effect on 26 January 1950.

On this day, with the presence of Hostel students, warden members and staffs of the Oxford Institute hoisted the flag.





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INTERNATIONAL WOMEN'S DAY

The Oxford College of Pharmacy observed International Women's Day on 8th March 2019. The program for the day was organized by Mrs Gowri Shri, Asst Professor, Department of Pharmacology started at 10 am with the welcoming of the audience and introduction of the Speaker of the day, Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy. Our beloved Principal mam addressed the gathering regarding International Women's Day which is a global day celebrating the social, economic, cultural, and political achievements of women. The day also marks a call to action for accelerating gender parity. Significant activity is witnessed worldwide as groups come together to celebrate women's achievements or rally for women's equality. Marked annually on March 8th is one of the most important days of the year to celebrate women's achievements educate and awareness raise about women's equality call for positive change advancing women for accelerated gender parity fundraise for women-focused charities. The theme of this year was "Think equal, build smart, innovate for change".

Mam also emphasized on the theme which will focus on innovative ways in which we can advance gender equality and the empowerment of women, particularly in the areas of social protection systems, access to public services and sustainable infrastructure. She also made awareness regarding the achievement of the ambitious Sustainable Development Goals (SDGs) requires transformative shifts, integrated approaches and new solutions, particularly when it comes to advancing gender equality and the empowerment of all women and girls.

Innovation and technology provide unprecedented opportunities, yet trends indicate a growing gender digital divide and women are under-represented in the field of science, technology, engineering, mathematics and design. It prevents them from developing and influencing gender-responsive innovations to achieve transformative gains for society. From mobile banking to artificial intelligence and the internet of things, it is vital that women's ideas and experiences equally influence the design and implementation of the innovations that shape our future societies.

Mam also asked students to volunteer themselves in spreading awareness regarding different schemes to help ladies for game-changing start-ups, social entrepreneurs, gender equality



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Children's Education Society (Regd.)

The Oxford College of Pharmacy

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Accredited by NAAC and International Accreditation Organization (IAO)

Date: 8/03/2019

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that "PULSE POLIO CAMPAIGN" will be conducted from 10/03/19-13/03/19. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

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The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE
ORGANISED

“PULSE POLIO CAMPAIGN”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 10 TO 13 MARCH 2019

TIME: 9:00 AM – 4:00 PM



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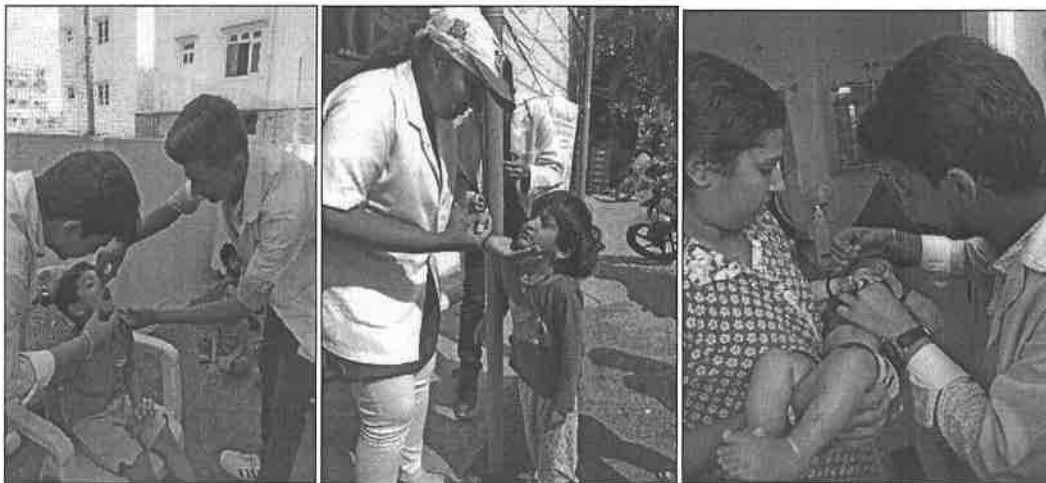
PREAMBLE:

The NSS committee, The Oxford College of pharmacy were deployed for the Government organized Pulse polio campaign at Begur and Roopena Agrahara government hospitals from March 10, 2019 to March 13, 2019. Around 100 NSS Volunteers were involved in making this campaign a grand success.

Concerned over any entry of polio virus from other countries, the government on Saturday launched Pulse Polio program for 2018. As a part of the drive, more than 17 crore children of less than five years across the country will be given polio drops to sustain polio eradication from the country.



Student Volunteers contributed for Pulse polio campaign.



Students vaccinating the children



Children's Education Society (Regd.)

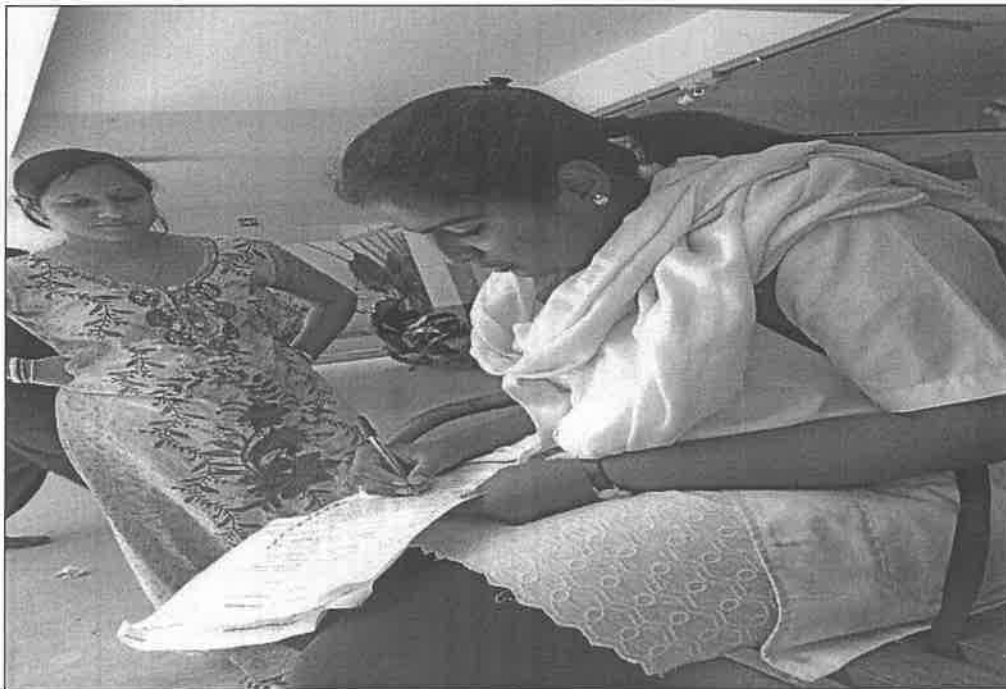
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Students accounting the records for all polio vaccinated children.



Students helping in entering the data for vaccination



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OUTCOME

The prime focus of the Pulse Polio Campaign by The Oxford College of Pharmacy was to eradicate the spread of polio in India by managing oral polio vaccine drops to all children under the age of five years. A group of 100 Students from The Oxford College of Pharmacy has actively participated in pulse polio program for 3 days along with government hospital's health team and vaccinated the children of the surrounding areas.

This program has facilitated to increase awareness about the importance of Polio vaccination and also has contributed to the overall improvement of child health in the nearby community.

END OF REPORT



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Date: 10/03/2019

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that “**WORK ON CASHLESS INDIA- DIGITAL INDIA**” will be conducted on 16/03/2019. We look forward for the active participation for the same.

P Padma

PRINCIPAL

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No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE

ORGANISED PROGRAMME

ON

“WORK ON CASHLESS INDIA- DIGITAL INDIA”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 16 MARCH 2019

TIME: 09:00 AM – 12:00 PM



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PREAMBLE

The NSS committee, The Oxford College of Pharmacy, Bangalore organized program on “Work on cashless India- digital India” on 16 march 2019. Around 15 Students from The Oxford College Pharmacy participated actively.

The Digital India program is a flagship program of the Government of India with a vision to transform India into a digitally empowered society and knowledge economy. “Faceless, Paperless, Cashless” is one of professed role of Digital India.

The Oxford College of pharmacy has promoted “Digital India” and importance of digitalizing every payment and money transfer through online applications on 16 March 2019

Students of The Oxford College of Pharmacy familiarizing the shop keepers about the usage of various applications for the payments.



Volunteer's educating vendors about different payment applications like Paytm, Google Pay, BHIM, PayU, PhonePe, Amazon Pay, etc. on digitalization and advantages of having digital money transfers and its importance for the self and country.



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Students Volunteer's educating different vendors



NSS Volunteers actively participated in the program

OUTCOME

The new initiative by the students by The Oxford College of Pharmacy to take part in the "Work on Cashless India" revolutionary movement, which was aligns with the Indian government's efforts to promote digital money transactions and reduce currency corruption. It was mainly for educating the local business community about the benefits of digital payment methods such as mobile wallets and online banking through mobile app can indeed help increase financial attachment and reduce dependence on physical cash. It was great to hear the response, that the community and shopkeepers benefited from this outreach program and highly appreciated the efforts of the college and its student's body. Around 15 students participated in this program.

END OF THE REPORT



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WORLD ENVIRONMENT DAY

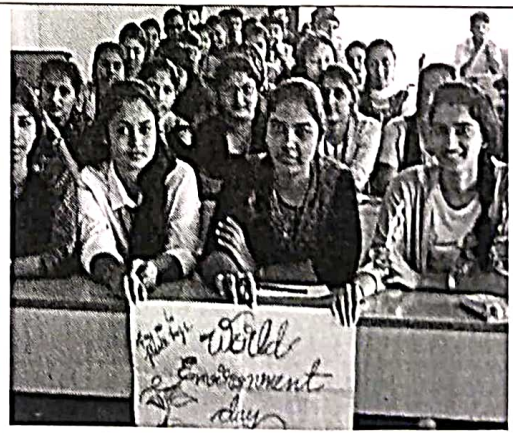
The Oxford College of Pharmacy organized a Seminar on World Environmental day 05th June 2019. All teaching Staff, Students & Non-teaching staff actively participated in this event.

The event was organized to bring awareness about the importance of environmental resources and safe utilization, preservation for the upcoming generations. The session lasted for about 2 hours. The session ended by distributing the plants for the non-teaching staff and students by the organizing committee.

Students who attended the seminar on the day of the event with a slogan of "Say no to plastics" with an intention of safeguarding the environment.



Faculty members who attended the session and listening to the talk by NSS representative.





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Distribution of plants to the non-teaching staff and students by the organizing committee promoting the importance and necessity of planting trees across our surroundings.





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Date: 20/06/2019

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an “ENVIRONMENTAL AWARENESS PROGRAM- GO GREEN” will be conducted on 25/06/2019. We look forward for the active participation for the same.

PRINCIPAL

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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE

ORGANISED

"ENVIRONMENTAL AWARENESS PROGRAM- GO GREEN"

CHIEF PATRON

SHRI S. N. V. L. NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 25 JUNE 2019

TIME: 09:00 AM – 12:00 PM



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PREAMBLE

The NSS Committee, The Oxford College of Pharmacy celebrated Environmental Awareness Program on the theme "Go Green" on June 25. In this event students from different courses were actively participated in Poster presentation and Face painting competitions.

World Environment Day is celebrated every 5th June and in the year 2019, it had been themed as "Air Pollution". It is a chance to teach people on different environmental problems whereby each year has one theme that highlights one specific issue.

It can be estimated that around seven million premature deaths are caused by air pollution globally, with a substantial proportion of these being experienced in Asia-Pacific region. Hence, World Environment Day serves as a hub for diverse people such as communities, individuals, government departments and industries among others to meet together and propose remedies for this challenge by calling for green technology and encouraging renewable sources of energy targeting at bettering air quality in various cities and regions worldwide. This marks an important milestone towards mitigating the consequences due to the polluted air. Around 50 participants participated in the program.

In support of this idea, intelligent face painted posters were displayed by students who were conversant about the topic.



students who contributed for the poster presentation



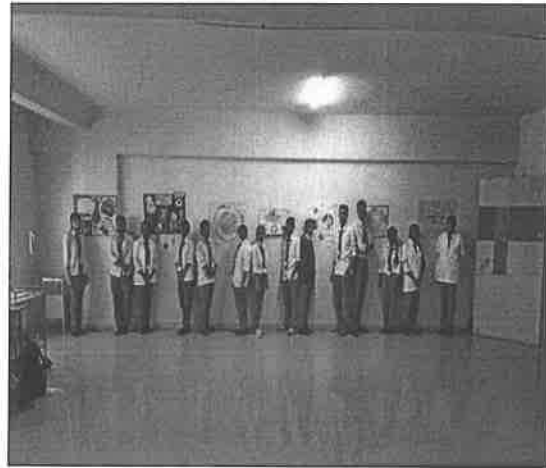
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All the student participants and Organizers are actively contributed for the Go Green poster presentation program.



Evaluators screening the Poster presentation and Oral presentation.



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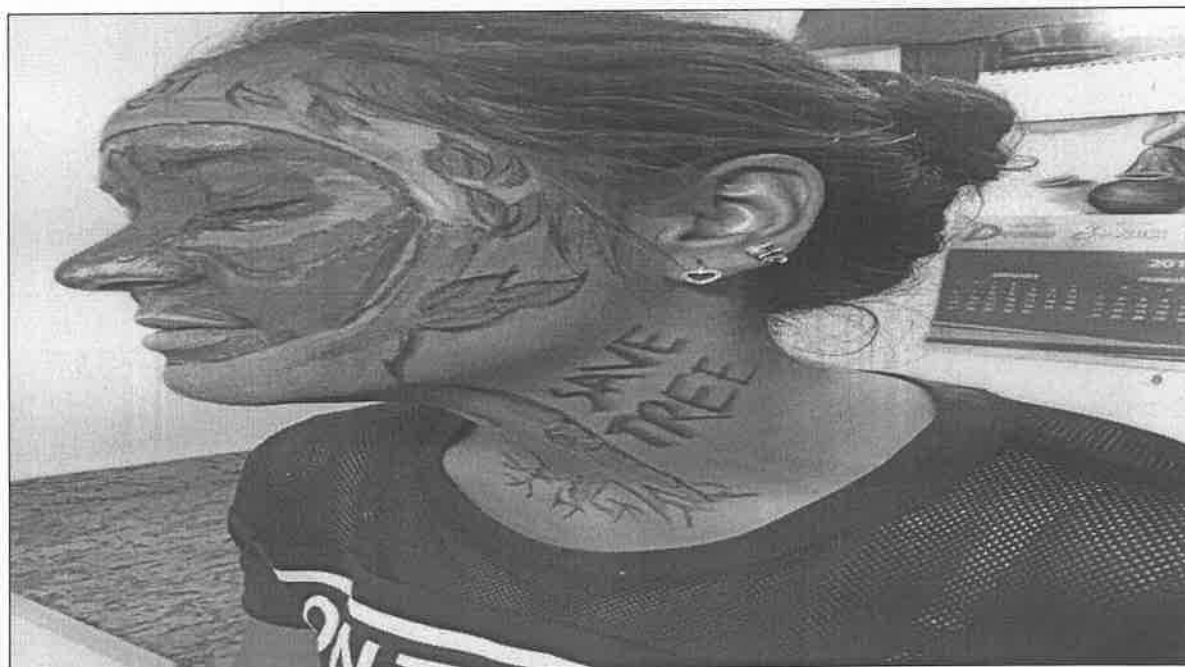
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Students who participated in Face painting competition and declared their strong support to the theme of safe guarding our environment



Face painting of Environmental Awareness



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Students are creating environmental awareness to the communities



Students creating awareness in different communities



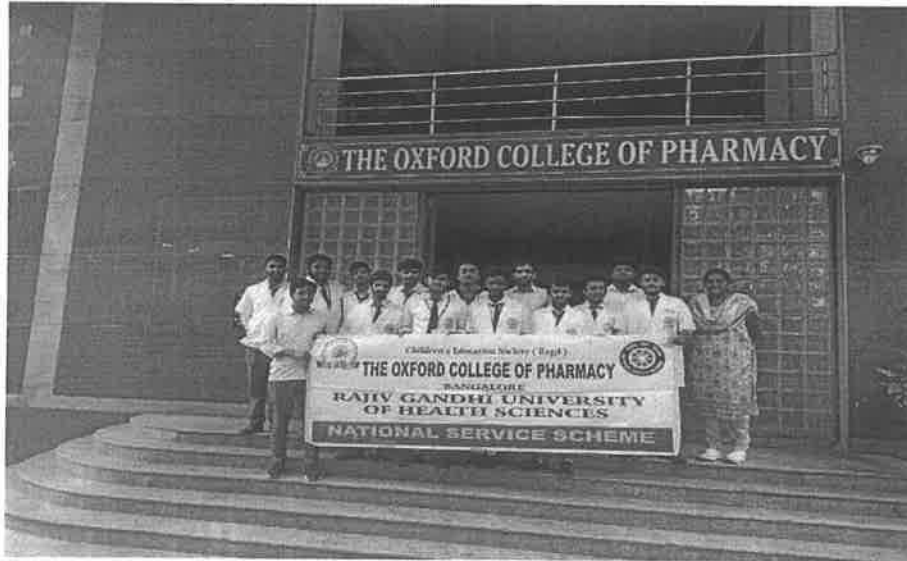
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NSS Volunteers actively participated in the program

OUTCOME

Students after completing the poster presentation and face painting competition went out to nearby communities for the awareness related to the world environment day. The program effectively increased awareness about World Environment Day and its critical issues of air pollution among both college students and local peoples. There were around 50 participants participated in this eco-awareness drive.

Engaging with all the age groups of local communities, students facilitated meaningful deliberations and knowledge sharing sessions. Surrounding Residents very well acknowledged and appreciated the efforts of the students, indicating a optimistic reception to the program's ultimate message.

The emphasis on planting trees as a solution to air pollution motivated individuals to take tangible steps towards environmental preservation. Several community members of all genders expressed their willingness to actively participate in tree planting endeavors and also pledged to contribute to these ongoing efforts aimed at modifying environmental degradation. Over all the program was very successful and benefited both the college students and local society

END OF THE REPORT



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NATIONAL GIRL CHILD DAY

“National Girl Child Day” celebration was organized by The Oxford College of Pharmacy, Bangalore on 24th January 2019 with the theme “Empowering girls for brighter tomorrow”. The program was organized by Ms Hyma Sara Varghese, Assistant Professor, Department of Pharmacology and started with the welcoming of the audience and introduction of the Speaker of the day, Dr S Jaikumar, Head of Department Pharmacology, The Oxford College of Pharmacy. The speaker briefed about the history and significance of observing this day. The National Girl Child Day was first observed on January 24, 2008 by the Ministry of Women and Child Development in the year 2008. It was decided to observe the day to tackle issues related to inequalities that girls face in society. The main objectives for observing this day are to provide support and opportunities to girls from around the country, by raising awareness regarding inequalities faced by girl children, regarding the importance of female education, health care and nutrition and also to raise awareness regarding the importance of their empowerment. The main objective of National Girl Child Day 2019 is to promote the welfare of girl children in India. The theme for the year was Empowering girls for brighter tomorrow. The program was attended by about 90 students.

Dr S Jaikumar, HOD, Department of Pharmacology, The Oxford College of Pharmacy, also shared his views regarding the role of students in spreading awareness and achieve the goal of celebrating the National Girl Child Day. He emphasized on the main objective Beti Bachao Beti Padhao. In the session, students too actively shared their thoughts and taken the pledge to have a better society for girls.



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CHILDREN'S EDUCATIONAL SOCIETY (REGD.)  


THE OXFORD COLLEGE OF PHARMACY

6/9, 1st CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE - 560068

CELEBRATING NATIONAL GIRL CHILD DAY-2019

"Empowering Girls for a Brighter Tomorrow"

Organized Under IQAC, The Oxford College of Pharmacy
Conducted On 24th JANUARY 2019



National
GIRL CHILD
Day

24 January

PATRON


SRI S. N. V. L. NARASIMHARAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

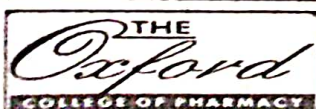
CONVENER

DR PADMA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING MEMBER

MS. HYMA SARA VARGHESE
ASST. PROFESSOR
THE OXFORD COLLEGE OF PHARMACY





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